

# Results

## Cardiff 100 Miles RCC

| Position | First Name                  | Last Name                  | Gender | Category | Club                                          | Time    | Avg. Speed |
|----------|-----------------------------|----------------------------|--------|----------|-----------------------------------------------|---------|------------|
| 1        | <a href="#">David</a>       | <a href="#">Medhurst</a>   | Male   | Senior   | Cardiff Ajax CC                               | 1:45:11 | 28.522 Mph |
| 2        | <a href="#">Anthony</a>     | <a href="#">Jones</a>      | Male   | Vet      | VMCC powered by Y Beic                        | 1:45:24 | 28.463 Mph |
| 3        | <a href="#">Stuart</a>      | <a href="#">Day</a>        | Male   | Vet      | VC Sevale (Malvern)                           | 1:46:16 | 28.231 Mph |
| 4        | <a href="#">Tim</a>         | <a href="#">Wood</a>       | Male   | Vet      | Team Echelon                                  | 1:48:51 | 27.561 Mph |
| 5        | <a href="#">Malachi</a>     | <a href="#">Cashmore</a>   | Male   | Espoir   | Malvern Cycle Sport                           | 1:50:55 | 27.047 Mph |
| 6        | <a href="#">Lee</a>         | <a href="#">Williams</a>   | Male   | Senior   | Newport Phoenix CC                            | 1:51:07 | 26.999 Mph |
| 7        | <a href="#">Nick</a>        | <a href="#">Buss</a>       | Male   | Vet      | Bristol & District Triathletes (BAD TRI)      | 1:51:26 | 26.922 Mph |
| 8        | <a href="#">Simon</a>       | <a href="#">Adcook</a>     | Male   | Vet      | Worcester St. Johns CC                        | 1:51:36 | 26.882 Mph |
| 9        | <a href="#">Mark</a>        | <a href="#">Hamer</a>      | Male   | Vet      | Stratford Cycling Club                        | 1:54:37 | 26.174 Mph |
| 10       | <a href="#">Craig</a>       | <a href="#">Burrows</a>    | Male   | Senior   | American Flyers                               | 1:56:14 | 25.81 Mph  |
| 11       | <a href="#">Mike</a>        | <a href="#">Hall</a>       | Male   | Vet      | Port Talbot Whs CC                            | 1:56:41 | 25.711 Mph |
| 12       | <a href="#">Rhys</a>        | <a href="#">Jones</a>      | Male   | Senior   | Porth & District CC                           | 1:56:48 | 25.685 Mph |
| 13       | <a href="#">Steven</a>      | <a href="#">Cottingham</a> | Male   | Vet      | Bath Cycling Club                             | 1:57:12 | 25.597 Mph |
| 14       | <a href="#">Claire</a>      | <a href="#">Hann</a>       | Female | Senior   | Bristol & District Triathletes (BAD TRI)      | 1:58:16 | 25.366 Mph |
| 15       | <a href="#">Hugh</a>        | <a href="#">Pascoe</a>     | Male   | Senior   | Port Talbot Whs CC                            | 2:00:21 | 24.927 Mph |
| 16       | <a href="#">Hannah</a>      | <a href="#">Saitch</a>     | Female | Senior   | Whittlefit Performance                        | 2:01:18 | 24.732 Mph |
| 17       | <a href="#">Craig</a>       | <a href="#">Patterson</a>  | Male   | Vet      | N.E.W.T Newport and East Wales Triathlon Club | 2:02:39 | 24.46 Mph  |
| 18       | <a href="#">Christopher</a> | <a href="#">Newby</a>      | Male   | Vet      | Bristol CX                                    | 2:02:46 | 24.437 Mph |
| 19       | <a href="#">Ian</a>         | <a href="#">Gibson</a>     | Male   | Vet      | Abercynon Road Club                           | 2:03:26 | 24.305 Mph |
| 20       | <a href="#">Jason</a>       | <a href="#">Hanson</a>     | Male   | Senior   | Monmouth Tri Club                             | 2:04:03 | 24.184 Mph |
| 21       | <a href="#">Allan</a>       | <a href="#">Hodgson</a>    | Male   | Vet      | Newport Phoenix CC                            | 2:04:11 | 24.158 Mph |

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

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|----------|-------------------------|---------------------------|--------|----------|-----------------------------------|---------|------------|
| 22       | <a href="#">Daniel</a>  | <a href="#">Kempe</a>     | Male   | Vet      | Bristol South Cycling Club        | 2:04:32 | 24.09 Mph  |
| 23       | <a href="#">Tony</a>    | <a href="#">Lake</a>      | Male   | Vet      | Gloucester City Cycling Club      | 2:05:00 | 24 Mph     |
| 24       | <a href="#">Phillip</a> | <a href="#">Turner</a>    | Male   | Vet      | Bynea Cycling Club                | 2:05:09 | 23.971 Mph |
| 25       | <a href="#">Roger</a>   | <a href="#">Whittle</a>   | Male   | Vet      | Gloucester City Cycling Club      | 2:07:04 | 23.61 Mph  |
| 26       | <a href="#">Andrea</a>  | <a href="#">Parish</a>    | Female | Vet      | VeloSistas TT Team                | 2:08:36 | 23.328 Mph |
| 27       | <a href="#">Heath</a>   | <a href="#">Williams</a>  | Male   | Vet      | Port Talbot Whs CC                | 2:10:52 | 22.924 Mph |
| 28       | <a href="#">Charly</a>  | <a href="#">Helyar</a>    | Female | Vet      | VTTA West Group                   | 2:12:14 | 22.687 Mph |
| 29       | <a href="#">Robert</a>  | <a href="#">Jones</a>     | Male   | Vet      | Cardiff 100 Miles RCC             | 2:16:29 | 21.981 Mph |
| 30       | <a href="#">Cliff</a>   | <a href="#">Voller</a>    | Male   | Vet      | Newbury RC                        | 2:16:41 | 21.949 Mph |
| 31       | <a href="#">Ellie</a>   | <a href="#">Reynolds</a>  | Female | Senior   | Cardiff 100 Miles RCC             | 2:20:51 | 21.299 Mph |
| 32       | <a href="#">Joanna</a>  | <a href="#">Knight</a>    | Female | Vet      | Bristol South Cycling Club        | 2:21:26 | 21.211 Mph |
| 33       | <a href="#">Simon</a>   | <a href="#">Howarth</a>   | Male   | Vet      | Pontypool Road Cycling Club       | 2:22:58 | 20.984 Mph |
| 34       | <a href="#">Nichola</a> | <a href="#">Rorke</a>     | Female | Vet      | Exeter Whs CC                     | 2:30:39 | 19.914 Mph |
| 35       | <a href="#">Lisa</a>    | <a href="#">Cutterham</a> | Female | Vet      | FTP (Fulfil The Potential) Racing | 2:30:46 | 19.898 Mph |
| 36       | <a href="#">John</a>    | <a href="#">Howells</a>   | Male   | Vet      | Corinium Cycle Club               | 2:48:22 | 17.818 Mph |
| DNS(A)   | <a href="#">Chris</a>   | <a href="#">Lowe</a>      | Male   | Vet      | Swindon Road Club                 |         |            |
| DNS(A)   | <a href="#">Laura</a>   | <a href="#">Addie</a>     | Female | Senior   | Viceroy's Triathlon Club          |         |            |
| DNS(A)   | <a href="#">Peter</a>   | <a href="#">Owen</a>      | Male   | Vet      | Norwood Paragon CC                |         |            |
| DNS(A)   | <a href="#">Tommy</a>   | <a href="#">Barlow</a>    | Male   | Vet      | Clevedon & District Road Club     |         |            |
| DNS(A)   | <a href="#">Andy</a>    | <a href="#">Kelly</a>     | Male   | Vet      | Bristol South Cycling Club        |         |            |
| DNS(A)   | Andrew                  | Clarke                    | Male   |          | North Shropshire Wheelers         |         |            |