

# Results

## www.realteam.co.uk (chq to M Heritage-Owen)

| Position | First Name               | Last Name                  | Gender | Category | Club                         | Precise Time | Avg. Speed | Points |
|----------|--------------------------|----------------------------|--------|----------|------------------------------|--------------|------------|--------|
| 1        | <a href="#">Ed</a>       | <a href="#">Laverack</a>   | Male   | Senior   | JLT Condor                   | 11:14.5      | 17.626 Mph | 150    |
| 2        | <a href="#">Hefin</a>    | <a href="#">Evans</a>      | Male   | Senior   | Bynea Cycling Club           | 12:30.6      | 15.84 Mph  | 140    |
| 3        | <a href="#">Rob</a>      | <a href="#">Jones</a>      | Male   | Vet      | Cardiff Ajax CC              | 14:07.6      | 14.026 Mph | 130    |
| 4        | <a href="#">Scott</a>    | <a href="#">Ramsey</a>     | Male   | Vet      | Union Cycliste Ystrad Mynach | 14:11.9      | 13.96 Mph  | 120    |
| 5        | <a href="#">Jonathan</a> | <a href="#">Heath</a>      | Male   | Senior   | Brecon Wheelers              | 14:14.0      | 13.911 Mph | 110    |
| 6        | <a href="#">David</a>    | <a href="#">Thomas</a>     | Male   | Vet      | Rhondda Triathlon Club       | 14:29.3      | 13.671 Mph | 100    |
| 7        | <a href="#">Jack</a>     | <a href="#">Ramsbottom</a> | Male   | Junior   | West Wales Cycle Racing Team | 14:29.9      | 13.671 Mph | 90     |
| 8        | <a href="#">Luke</a>     | <a href="#">Protheroe</a>  | Male   | Espoir   | Merthyr CC                   | 14:40.8      | 13.5 Mph   | 80     |
| 9        | <a href="#">Tim</a>      | <a href="#">Bailey</a>     | Male   | Vet      | Cwmcarn Paragon Road Club    | 16:19.2      | 12.135 Mph | 70     |
| 10       | <a href="#">Clare</a>    | <a href="#">Good</a>       | Female | Senior   | www.realteam.co.uk           | 16:32.7      | 11.976 Mph | 60     |
| 11       | <a href="#">Tim</a>      | <a href="#">Strang</a>     | Male   | Vet      | Clwb Seiclo Caron            | 16:33.8      | 11.964 Mph | 50     |
| 12       | <a href="#">Dorian</a>   | <a href="#">Rees</a>       | Male   | Vet      | Sarn Helen Club              | 17:30.5      | 11.314 Mph | 40     |
| 13       | <a href="#">Phillip</a>  | <a href="#">Bradshaw</a>   | Male   | Vet      | Cwmcarn Paragon Road Club    | 19:38.7      | 10.085 Mph | 30     |
| 14       | <a href="#">David</a>    | <a href="#">Parry</a>      | Male   | Vet      | Cwmcarn Paragon Road Club    | 20:17.4      | 9.762 Mph  | 20     |
| 15       | <a href="#">Floyd</a>    | <a href="#">Bailey</a>     | Male   | Juvenile | Cwmcarn Paragon Road Club    | 24:43.3      | 8.011 Mph  | 10     |
| DNS      | <a href="#">Lawrence</a> | <a href="#">Cronk</a>      | Male   | Senior   | Team CRANC                   | 00:00.0      |            | 0      |
| DNS      | <a href="#">Euan</a>     | <a href="#">Hawkins</a>    | Male   | Junior   | Maindy Flyers Cycling Club   | 00:00.0      |            | 0      |