

Results

pontypool rcc (men)(welsh championship) (5 events 240 riders max)

| Position | First Name | Last Name | Gender | Category | Club | Time | Avg. Speed | Points |
|----------|-----------------------------|--------------------------|--------|----------|---|-------|------------|---------|
| 1 | Kieron | Davies | Male | Senior | DRAG2ZERO | 19:01 | 31.551 Mph | 150 |
| 2 | George | Evans | Male | Espoir | Team Bottrill | 19:19 | 31.061 Mph | 148.718 |
| 3 | James | Rix | Male | Vet | Crawley Wheelers | 19:20 | 31.034 Mph | 147.436 |
| 4 | David | Janes | Male | Senior | Veloton | 19:29 | 30.796 Mph | 146.154 |
| 5 | Matt | Slater | Male | Vet | Revo Racing | 19:37 | 30.586 Mph | 144.872 |
| 6 | Ben | Skinner | Male | Senior | Bath Cycling Club | 19:43 | 30.431 Mph | 143.59 |
| 7 | Liam | Bard | Male | Senior | Revo Racing | 19:58 | 30.05 Mph | 142.308 |
| 8 | Chris | Massey | Male | Vet | Team Bottrill | 20:09 | 29.777 Mph | 141.026 |
| 9 | Ben | Anstie | Male | Vet | 73 Degrees Bicycles, WestSide Coaching rt | 20:22 | 29.46 Mph | 139.744 |
| 10 | Simon | Garrett | Male | Vet | Worcester St. Johns CC | 20:23 | 29.436 Mph | 138.462 |
| 11 | Carwyn | Davies | Male | Vet | Cwmcarn Paragon Road Club | 20:36 | 29.126 Mph | 137.179 |
| 12 | Anthony | Jones | Male | Vet | | 20:41 | 29.009 Mph | 135.897 |
| 13 | David | Bucknall | Male | Vet | Royal Dean Forest Cycle Club | 20:53 | 28.731 Mph | 134.615 |
| 14 | Christopher | Jones | Male | Vet | Port Talbot Whs CC | 20:55 | 28.685 Mph | 133.333 |
| 15 | Graeme | Boswell | Male | Vet | Cardiff Ajax CC | 20:59 | 28.594 Mph | 132.051 |
| 16 | Michael | Davis | Male | Senior | Dursley Road Club | 21:00 | 28.571 Mph | 130.769 |
| 17 | Grant | Arnold | Male | Senior | Pembrokeshire Velo | 21:01 | 28.549 Mph | 129.487 |

| Position | First Name | Last Name | Gender | Category | Club | Time | Avg. Speed | Points |
|----------|----------------------------|----------------------------|--------|----------|-------------------------------|-------|------------|---------|
| 18 | Nathan | Leaves | Male | Espoir | NFTO | 21:05 | 28.458 Mph | 128.205 |
| 19 | Jason | Streather | Male | Vet | Velo Club St Raphael | 21:07 | 28.414 Mph | 126.923 |
| 20 | Danny Glyn | Roberts | Male | Senior | Anglesey Cycling Group | 21:11 | 28.324 Mph | 125.641 |
| 21 | Jeremy | Pile | Male | Vet | VC Sevale (Malvern) | 21:12 | 28.302 Mph | 124.359 |
| 22 | Paul | Hayward | Male | Vet | Cwmcarn Paragon Road Club | 21:13 | 28.28 Mph | 123.077 |
| 23 | Andrew | Rowles | Male | Vet | Cardiff Ajax CC | 21:18 | 28.169 Mph | 121.795 |
| 24 | Philip | Sims | Male | Vet | Newport Phoenix CC | 21:28 | 27.95 Mph | 120.513 |
| 24 | Stuart | Day | Male | Vet | City Cycle Centre.com | 21:28 | 27.95 Mph | 120.513 |
| 26 | Nick | Brown | Male | Vet | Team NBCC | 21:29 | 27.929 Mph | 117.949 |
| 27 | Steve | Potts | Male | Vet | Velo Club St Raphael | 21:30 | 27.907 Mph | 116.667 |
| 28 | Ben | Phillips | Male | Senior | | 21:38 | 27.735 Mph | 115.385 |
| 29 | Emyr | Griffiths | Male | Vet | | 21:41 | 27.671 Mph | 114.103 |
| 30 | Steven | Cottington | Male | Vet | Bath Cycling Club | 21:45 | 27.586 Mph | 112.821 |
| 31 | Mike | Appleyard | Male | Vet | Lancashire RC | 21:46 | 27.565 Mph | 111.538 |
| 32 | Rob | Hall | Male | Vet | Salt and Sham Cycle Club | 21:47 | 27.544 Mph | 110.256 |
| 33 | Ben | Connelly | Male | Vet | Severn Road Club | 21:48 | 27.523 Mph | 108.974 |
| 34 | Nathan | Preece | Male | Vet | Worcester St. Johns CC | 21:49 | 27.502 Mph | 107.692 |
| 35 | Grant | Whiteside | Male | Vet | Pontypool Road Cycling Club | 21:53 | 27.418 Mph | 106.41 |
| 36 | Julian | Harper | Male | Vet | Revo Racing | 21:55 | 27.376 Mph | 105.128 |
| 37 | Morgan | Davies | Male | Senior | Pedalcover Insurance | 21:56 | 27.356 Mph | 103.846 |
| 38 | Mark | Woolford | Male | Vet | trainSharp | 22:03 | 27.211 Mph | 102.564 |
| 39 | Ian | Lindsay | Male | Vet | Royal Navy & Royal Marines CA | 22:04 | 27.19 Mph | 101.282 |

| Promoted for and on behalf of Cycling Time Trials under its rules and regulations | | | | | | Time | Avg. Speed | Points |
|---|-------------------------|------------------------------|--------|----------|---|-------|------------|--------|
| Position | First Name | Last Name | Gender | Category | Club | | | |
| 40 | Paul | Coles | Male | Vet | 73 Degrees Bicycles, WestSide Coaching rt | 22:05 | 27.17 Mph | 100 |
| 41 | Mark | Rosser | Male | Vet | Ogmore Valley Wheelers | 22:06 | 27.149 Mph | 98.718 |
| 42 | Paul | Winchcombe | Male | Vet | Chippenham & District Wheelers | 22:09 | 27.088 Mph | 97.436 |
| 42 | Chris | Fishbourne | Male | Vet | Abercynon Road Club | 22:09 | 27.088 Mph | 97.436 |
| 44 | Michael | Portlock | Male | Vet | Merthyr CC | 22:11 | 27.047 Mph | 94.872 |
| 45 | Robert | Hughes | Male | Vet | Ride Bike Wales | 22:12 | 27.027 Mph | 93.59 |
| 46 | Scott | Nash | Male | Vet | Pembrokeshire Velo | 22:16 | 26.946 Mph | 92.308 |
| 47 | Gary | Flower | Male | Vet | Acme Whs (Rhondda) CC | 22:19 | 26.886 Mph | 91.026 |
| 48 | Owain | Roberts | Male | Senior | Port Talbot Whs CC | 22:26 | 26.746 Mph | 89.744 |
| 49 | Mike | Lindsay | Male | Vet | Pembrokeshire Velo | 22:27 | 26.726 Mph | 88.462 |
| 49 | Andrew | Derrick | Male | Vet | Severn Road Club | 22:27 | 26.726 Mph | 88.462 |
| 51 | Derek | Dowdeswell | Male | Vet | Gloucester City Cycling Club | 22:30 | 26.667 Mph | 85.897 |
| 52 | Michael | Stephens | Male | Vet | Hereford Triathlon Club | 22:33 | 26.608 Mph | 84.615 |
| 53 | Edward | Dursley | Male | Vet | Worcester St. Johns CC | 22:34 | 26.588 Mph | 83.333 |
| 54 | Gary | Jones | Male | Vet | Pontypool Road Cycling Club | 22:36 | 26.549 Mph | 82.051 |
| 54 | Niall | Foster | Male | Vet | Cardiff Ajax CC | 22:36 | 26.549 Mph | 82.051 |
| 54 | Paul | Jones | Male | Vet | Ystwyth CC | 22:36 | 26.549 Mph | 82.051 |
| 54 | Mike | Amery | Male | Vet | VC Sevale (Malvern) | 22:36 | 26.549 Mph | 82.051 |
| 58 | David | Wilson-evans | Male | Vet | Bynea Cycling Club | 22:37 | 26.529 Mph | 76.923 |
| 59 | Rob | Allen | Male | Senior | Milford Tritons Cycling Club | 22:38 | 26.51 Mph | 75.641 |
| 60 | Richard | Coleman | Male | Vet | Stourbridge Velo | 22:39 | 26.49 Mph | 74.359 |
| 61 | Andrew | Milner | Male | Vet | | 22:43 | 26.412 Mph | 73.077 |

| Promoted for and on behalf of Cycling Time Trials under its rules and regulations | | | | | | | | |
|---|--------------------------|---------------------------|--------|----------|-------------------------------|-------|------------|--------|
| Position | First Name | Last Name | Gender | Category | Club | Time | Avg. Speed | Points |
| 62 | Steven | Brown | Male | Vet | Gloucester City Cycling Club | 22:45 | 26.374 Mph | 71.795 |
| 63 | John | O'dwyer | Male | Senior | Dursley Road Club | 22:48 | 26.316 Mph | 70.513 |
| 64 | Dean | Prosser | Male | Vet | Hereford & Dist Whs CC | 22:52 | 26.239 Mph | 69.231 |
| 64 | Andy | Hunt | Male | Vet | Ystwyth CC | 22:52 | 26.239 Mph | 69.231 |
| 66 | Lee | Gaughan | Male | Vet | Climb on Bikes RT | 22:59 | 26.106 Mph | 66.667 |
| 67 | Stuart | Evans | Male | Vet | Port Talbot Whs CC | 23:00 | 26.087 Mph | 65.385 |
| 67 | Matt | Heaman | Male | Vet | Severn Valley Cycles | 23:00 | 26.087 Mph | 65.385 |
| 69 | Adam | Taylor | Male | Vet | Royal Dean Forest Cycle Club | 23:04 | 26.012 Mph | 62.821 |
| 69 | Josh | Townsend | Male | Espoir | Bynea Cycling Club | 23:04 | 26.012 Mph | 62.821 |
| 71 | Daryl | Godden | Male | Vet | Gloucester City Cycling Club | 23:07 | 25.955 Mph | 60.256 |
| 72 | Ray | Perkins | Male | Vet | Clevedon & District Road Club | 23:19 | 25.733 Mph | 58.974 |
| 73 | Matthew | Phillips | Male | Senior | | 23:28 | 25.568 Mph | 57.692 |
| 74 | Guy | Evans | Male | Vet | Hereford & Dist Whs CC | 23:30 | 25.532 Mph | 56.41 |
| 75 | Mike | Parry | Male | Vet | Hereford Triathlon Club | 23:31 | 25.514 Mph | 55.128 |
| 76 | Terry | Anthony | Male | Vet | Ogmore Valley Wheelers | 23:33 | 25.478 Mph | 53.846 |
| 77 | David | Singleton | Male | Vet | Acme Whs (Rhondda) CC | 23:36 | 25.424 Mph | 52.564 |
| 78 | Steven | Madeley | Male | Vet | Ogmore Valley Wheelers | 23:46 | 25.245 Mph | 51.282 |
| 79 | Luke | Bradford | Male | Vet | Hereford Triathlon Club | 23:49 | 25.192 Mph | 50 |
| 80 | Andrew | Hayward | Male | Vet | Cwmcarn Paragon Road Club | 23:57 | 25.052 Mph | 48.718 |
| 81 | Robert | Finch | Male | Vet | Arctic Tacx RT | 23:58 | 25.035 Mph | 47.436 |
| 82 | Craig | Hopkins | Male | Vet | Pontypool Road Cycling Club | 24:08 | 24.862 Mph | 46.154 |
| 83 | Jonathan | Webb | Male | Vet | Gannet CC | 24:09 | 24.845 Mph | 44.872 |

| Promoted for and on behalf of Cycling Time Trials under its rules and regulations | | | | | | | | |
|---|--------------------------|-----------------------------|--------|----------|--------------------------------|-------|------------|--------|
| Position | First Name | Last Name | Gender | Category | Club | Time | Avg. Speed | Points |
| 84 | Paul | Freegard | Male | Vet | Chippenham & District Wheelers | 24:11 | 24.81 Mph | 43.59 |
| 85 | Alan | Cooper | Male | Vet | Avonlea/Treasure RT | 24:12 | 24.793 Mph | 42.308 |
| 86 | Chris | Hughes | Male | Vet | Hereford & Dist Whs CC | 24:14 | 24.759 Mph | 41.026 |
| 87 | Paul | Stephens | Male | Vet | Ross on Wye & Dist CC | 24:15 | 24.742 Mph | 39.744 |
| 88 | Joe | Rees | Male | Espoir | Wyre Forest Cycle Racing Club | 24:21 | 24.641 Mph | 38.462 |
| 89 | Jeffrey | Rees | Male | Vet | Acme Whs (Rhondda) CC | 24:22 | 24.624 Mph | 37.179 |
| 90 | Anthony | Mansell | Male | Vet | Ogmore Valley Wheelers | 24:23 | 24.607 Mph | 35.897 |
| 91 | Vincent | Jenkins | Male | Vet | LeisureLakesBikes.com | 24:24 | 24.59 Mph | 34.615 |
| 92 | Robert | Jones | Male | Vet | Cardiff 100 Miles RCC | 24:31 | 24.473 Mph | 33.333 |
| 93 | Alistair | Morgan | Male | Vet | Pontypool Road Cycling Club | 24:33 | 24.44 Mph | 32.051 |
| 94 | Nicholas | Forbes | Male | Vet | Bynea Cycling Club | 24:37 | 24.374 Mph | 30.769 |
| 94 | Brad | Davies | Male | Vet | Bynea Cycling Club | 24:37 | 24.374 Mph | 30.769 |
| 96 | Gareth | Hill | Male | Vet | Abercynon Road Club | 24:40 | 24.324 Mph | 28.205 |
| 97 | Jon | Airey | Male | Vet | Ross on Wye & Dist CC | 24:46 | 24.226 Mph | 26.923 |
| 97 | John | Shehan | Male | Vet | Bynea Cycling Club | 24:46 | 24.226 Mph | 26.923 |
| 99 | Garry | Shuker | Male | Vet | Walsall Roads Cycling Club | 24:50 | 24.161 Mph | 24.359 |
| 100 | Russell | Boon | Male | Vet | Avonlea/Treasure RT | 25:01 | 23.984 Mph | 23.077 |
| 101 | Steve | Summerhayes | Male | Vet | Somerset Road Club | 25:14 | 23.778 Mph | 21.795 |
| 102 | Robert | Smith | Male | Vet | Pembrokeshire Velo | 25:31 | 23.514 Mph | 20.513 |
| 103 | Bob | Symons | Male | Vet | Salt and Sham Cycle Club | 25:38 | 23.407 Mph | 19.231 |
| 104 | Kevin | Fiander | Male | Vet | VTTA (South Wales) | 25:47 | 23.271 Mph | 17.949 |
| 105 | Kevin | Bessant | Male | Vet | Bynea Cycling Club | 25:49 | 23.241 Mph | 16.667 |

| Position | First Name | Last Name | Gender | Category | Club | Time | Avg. Speed | Points |
|----------|--------------------------|---------------------------|--------|----------|------------------------------------|---------|------------|--------|
| 106 | Robin | Fox | Male | Vet | Dursley Road Club | 25:51 | 23.211 Mph | 15.385 |
| 107 | Ed | Hadley | Male | Vet | Hereford & Dist Whs CC | 26:29 | 22.656 Mph | 14.103 |
| 108 | Michael | Williams | Male | Vet | Hereford & Dist Whs CC | 26:45 | 22.43 Mph | 12.821 |
| 109 | David | Steel | Male | Vet | Hereford & Dist Whs CC | 26:59 | 22.236 Mph | 11.538 |
| 110 | Ron | Boast | Male | Vet | Ogmore Valley Wheelers | 27:30 | 21.818 Mph | 10.256 |
| 111 | Aled | Roberts | Male | Vet | Team Elite/Paul Bethell Electrical | 27:46 | 21.609 Mph | 8.974 |
| 112 | Patrick | Jerome | Male | Vet | Ride Bike Wales | 28:21 | 21.164 Mph | 7.692 |
| 113 | Kevin | Grant | Male | Vet | Frome and District Wheelers | 28:33 | 21.016 Mph | 6.41 |
| 114 | Ken | Evans | Male | Vet | Salt and Sham Cycle Club | 28:36 | 20.979 Mph | 5.128 |
| 115 | Terry | Harradine | Male | Vet | CC Topp | 28:39 | 20.942 Mph | 3.846 |
| 116 | Roger | Wakeling | Male | Vet | Antelope Racing Team | 31:08 | 19.272 Mph | 2.564 |
| 117 | Simon | Kinsey | Male | Vet | Acme Whs (Rhondda) CC | 1:21:43 | 7.342 Mph | 1.282 |
| DNS | Tom | Ward | Male | Senior | Langdale Lightweights R T | | | 0 |
| DNS | Jonathan | Barnes | Male | Senior | | | | 0 |
| DNS | Earl | Smith | Male | Vet | Severn Valley Cycles | | | 0 |
| DNS | William | Perrett | Male | Senior | Langdale Lightweights R T | | | 0 |
| DNS | Andy | Stuart | Male | Vet | Velo Club St Raphael | | | 0 |
| DNS | Michael | Tarling | Male | Vet | West Wales Cycle Racing Team | | | 0 |
| DNS | Arwel | Davies | Male | Vet | | | | 0 |
| DNS | Andy | Davies | Male | Senior | Cardiff Jif | | | 0 |
| DNS | Rob | Jones | Male | Vet | Cardiff Ajax CC | | | 0 |
| DNS | Dan | Evans | Male | Senior | ASSOS Equipe UK | | | 0 |
| DNS | Steve | Curry | Male | Vet | Ogmore Valley Wheelers | | | 0 |
| DNS | Colin | Pritchard | Male | Senior | Anglesey Cycling Group | | | 0 |
| DNS | Michael | Lewis | Male | Senior | Rhyl CC | | | 0 |
| DNS | Tom | Bowering | Male | Senior | PMR | | | 0 |

| Promoted for and on behalf of Cycling Time Trials under its rules and regulations | | | | | | | | |
|---|-------------------------|---------------------------|--------|----------|--------------------------------------|------|------------|--------|
| Position | First Name | Last Name | Gender | Category | Club | Time | Avg. Speed | Points |
| DNS | Jason | Cole | Male | Senior | Milford Tritons Cycling Club | | | 0 |
| DNS | Stephen | Taylor | Male | Vet | Pembrokeshire Velo | | | 0 |
| DNS | Mitch | Russell | Male | Senior | Energy Cycling Club/Clwb Beicio Egni | | | 0 |
| DNS | Neil | Meredith | Male | | Abercynon Road Club | | | 0 |
| DNS | Dave | Williams | Male | Vet | Anglesey Cycling Group | | | 0 |
| DNS | Stephen | Ratcliffe | Male | Vet | Brecon Wheelers | | | 0 |
| DNS | Adrian | Lane | Male | Espoir | 1st Chard Wheelers | | | 0 |
| DNS | Tony | Emery | Male | Vet | Dursley Road Club | | | 0 |
| DNS | Derek | Morgan | Male | Vet | Gannet CC | | | 0 |
| DNS | Brian | Newton | Male | Vet | Team Echelon | | | 0 |
| DNS | Andy | Kelly | Male | Vet | Bristol South Cycling Club | | | 0 |