## **Startsheet**

## **Norwich ABC 10**

Start Number	Start Time	Rider	Club	Gender	Category
n/a	n/a	Liam Gentry		male	Senior
n/a	n/a	Gary Empson		male	
n/a	n/a	Mark Arnold		male	
n/a	n/a	Geoff Frost		male	Vet
n/a	n/a	Mark Westrup		male	
n/a	n/a	James Trenchard	Godric CC	male	
n/a	n/a	Will Bamber		male	Senior
n/a	n/a	Paul Jay		male	Senior
n/a	n/a	Martin Pyne	Anglia Velo	male	
n/a	n/a	Aidan Bond	Iceni Velo	male	
n/a	n/a	Chris Nudds	CC Breckland	male	
n/a	n/a	Simon Scott	Anglia Velo	male	Senior
n/a	n/a	Kevin Norman		male	
n/a	n/a	David Moore		male	Vet
n/a	n/a	Patrick Ellis		male	
n/a	n/a	Guy Stevens	East Anglian CC	male	
n/a	n/a	Ed Dean		male	
n/a	n/a	Adrian Whiting		male	
n/a	n/a	Danny Watkins	Anglia Velo	male	
n/a	n/a	Catherine Essex	Kings Lynn CC	male	
n/a	n/a	Mark Ready		male	
n/a	n/a	Alan Hale	Anglia Velo	male	
n/a	n/a	Brian Davies	Anglia Velo	male	
n/a	n/a	Michael Fry	Glendene CC	male	
n/a	n/a	Laura Gambling	CC Breckland	male	
n/a	n/a	Michael Wood	CC Breckland	male	
n/a	n/a	Martin Sida-Page	Godric CC	male	
n/a	n/a	Michael Jones		male	
n/a	n/a	Ray Turner	CC Breckland	male	
n/a	n/a	George Boden	Chelmer CC	male	
n/a	n/a	Richard Polley		male	
n/a	n/a	Graham Hurst		male	
n/a	n/a	William Broadfield	Chelmer CC	male	
n/a	n/a	Colin Lown	Ipswich BC	male	
n/a	n/a	Ron Back		male	
n/a	n/a	Ged Coles		male	

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

Start Number	Start Time	Rider	Club	Gender	Category
n/a	n/a	Phil Hollingsworth	CC Breckland	male	
n/a	n/a	John Swanbury	VC Baracchi	male	
n/a	n/a	Nigel Hodge		male	Vet
n/a	n/a	Sally Withey		male	Vet
n/a	n/a	Ray Ross		male	
n/a	n/a	Andrew Oakley		male	
n/a	n/a	David Young		male	
n/a	n/a	Chris Worsfold		male	
n/a	n/a	Robert Day		male	Vet
n/a	n/a	Chris Jolliffe	New Forest CC	male	
n/a	n/a	Peter Baumber	Cambridge CC	male	
n/a	n/a	Matt Hardy		male	
n/a	n/a	John Vidler		male	
n/a	n/a	Jim Caplin	Godric CC	male	
n/a	n/a	Anna Dugdale		male	
n/a	n/a	Denese Hallahan		male	
n/a	n/a	Peter Laws		male	
n/a	n/a	Tony Howard	Colchester Rovers CC	male	
n/a	n/a	Patrick Sheppard	Godric CC	male	
n/a	n/a	Eddie Fone		male	
n/a	n/a	Edmund Slater		male	
n/a	n/a	Chris Tye		male	
n/a	n/a	Mark Elmy		male	
n/a	n/a	Scott Davidson		male	
n/a	n/a	David Clark		male	
n/a	n/a	Rickaby Shearly- Sanders	Colchester Rovers CC	male	
n/a	n/a	Stephen Penney	Anglia Velo	male	