Startsheet

ECCA 3up 24

| Start Number | Start Time | Rider | Club | Gender | Category |
|-----------------|---------------|--|----------------------------|--------|----------|
| n/a | n/a | Colin Ward , Nicholas Hastler, Colin Wilgress | Essex Roads CC | male | |
| n/a | n/a | Craig Chappell , Gonzalo Rodriguez, Rob Chaplin | East London Velo | male | |
| n/a | n/a | Graham Painter , Tim Wood, Daniel Babbs | Chelmer CC | male | Vet |
| n/a | n/a | Stuart Clarke , John Golder, Peter Barton | Chelmer CC | male | |
| n/a | n/a | Daniel Scott , Mark Howard, Joe Giggins | | male | |
| n/a | n/a | Alex Eason , Ann Shuttleworth, Cathy Wood | Chelmer CC | male | |
| n/a | n/a | David Crisp , Darren Pratt, Darren Rule | | male | |
| n/a | n/a | Paul Hart , Zena Shean, Daniel Stuart | | male | Senior |
| n/a | n/a | Terry Butcher , Bruce Gander, Martin Sutton | | male | |
| n/a | n/a | Graham Pearl , Phillip Haysom, Michael Dean | | male | |
| n/a | n/a | Katie Kinnaird , Tracy Brown, Janet Bywater | East London Triathletes | male | |
| n/a | n/a | Janet Harris , Clare Bailey, Carol Cartwright | | male | |
| n/a | n/a | Erron Field , Glenn Taylor, Antony Stapleton(DNF) | | male | |
| n/a | n/a | Martin Harris (DNF), Adrian Cartwright, Nick Khan | | male | |