

Wheal Velocity

OPEN 10TT S6/10TT Ladock

05/05/2024 08:00

S6/10

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Tresillian Village Hall. Fairfax Road, Tresillian, Truro, Cornwall, TR2 4AZ.

Route from HQ to start

Head towards Probus and the start is just past the Mercedes garage on the B3275

Course details

S6/10 – Start on B3275 (formerly the A390) at entrance to Trecurno, approximately 100 yards West of layby and 0.5 mile East of Tresillian (GR SW879470). Proceed Northeastwards for approximately 0.5 mile where turn left, still on B3275. Continue northeastwards on B3275 through Ladock anD Newmills to turn at Brighton Roundabout. Retrace outward route through Newmills and Ladock. Finish at a point 5 yards before a field gate and 0.25 mile North of, and prior to, the B3275/Probus to Tresillian Road junction. (GR SW 887476) Intermediate distance: - Brighton Cross 5.4 miles

Local regulations

PLEASE CALL OUT NUMBER LOUD AND CLEAR WHEN FINISHING.

Parking- There is very little parking at the HQ. Riders may benefit from collecting their numbers and then heading to the large Probus lay-by to get ready and warm-up. Please use the toilets at the HQ.

Sign On - Please sign on at the hall from 7am, if you are a junior please bring a signed parental consent form. Please be respectful of residents when parking and keep noise to a minimum as it is very early for some and we do not want to upset the local community.

Warming up/After the race - Please allow 10mins to ride to the start approx. 1.5miles away, please do not congregate at start, do not arrive more than 5 minutes before, there is a big layby approx 100meters up the road opposite you can wait in if early. Once the race starts at 8am the course must not be used for warming up, this is in respect of fellow riders, if a rider is found to be using the course during the race this could lead to disqualification.

During the race - NO FRONT & REAR LIGHTS, NO HELMET = NO RIDE. Sleeveless Jerseys/Tri suits are not permitted.

Please ride sensibly, keep yourself safe by looking ahead always, (no headphones) please respect Marshalls if you are told to STOP, please note Marshalls are not there to stop the traffic or give directions, riders to shout their number at the finish. Most importantly, have great fun.

After the race - Please return to the hall, do not warm down on the course, return number, and sign out.

Tea, coffee and cake will be available inside the hall. Donations welcome.

Organiser contact details

Sarah Tregear 2 Trevow Way St Buryan Penzance 07810781087

sarahitregear@sky.com

Time keepers/officials

Time Keepers - Phil Bowden / Chris Fearnley

Marshalls – TBC

Sign on/hall Assistants - Philip McNevin / Beth Berriman

Course records

Solo Open

00:19:46 Steve Lampier 09-May-21 | Tri-logic (inc SW DC Champs)

Solo Female

00:22:45 Melanie Sneddon 05-Aug-18 | giant helston

Solo Open (Junior)

00:21:19 Nicolas Makin 26-Jul-23

Solo Female (Junior)

00:25:38 Hannah Rainger 30-Aug-20 | Saint Piran

Team TT

00:23:53

Tom Smith, Nigel Polkinghorne
03-Apr-22 | Penzance Wheelers CC (2-up TTT)(fee per rider)

Awards/prizes

Medals for all finishers

NOTES TO COMPETITORS:

- 17. Signing-on Sheet and Signing-out Sheet
- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

Wheal Velocity

Start Number	Start Time	Rider	Club	Gender	Category
1	08:01:00	Kevin Treloar	Wheal Velocity	Open	Junior
2	08:02:00	Angharad Berriman	Penzance Wheelers CC	Female	Vet
3	08:03:00	Sophie Treloar	Wheal Velocity	Female	Youth
4	08:04:00	Holly Tregear	Kernow Racing Team	Female	Youth
5	08:05:00	Graham Lobb	www.giant- helston.co.uk	Open	Vet
6	08:06:00	Neil Coyte	6AM Cycling	Open	Vet
7	08:07:00	David Phillips	Penzance Wheelers CC	Open	Vet
8	08:08:00	Maria Curtin	Truro CC	Female	Vet
9	08:09:00	Steve Neal	Wheal Velocity	Open	Vet
10	08:10:00	Steve Lampier	Kernow Racing Team	Open	Vet
11	08:11:00	Sam Nancarrow	Saint Piran	Open	Senior
12	08:12:00	Mark Pimlott	One and All Cycling	Open	Vet
13	08:13:00	Phil Walker	Kernow Racing Team	Open	Vet
14	08:14:00	Bridget Buchanan	Kernow Racing Team	Female	Vet
15	08:15:00	Tony Rowell	Wheal Velocity	Open	Vet
16	08:16:00	Gila Freudenthal	Kernow Racing Team	Female	Vet
17	08:17:00	lain Worrallo	Wheal Velocity	Open	Vet
18	08:18:00	Simon Dodd	Wheal Velocity	Open	Vet
19	08:19:00	Lindsay Philp	PDQ Cycle Coaching	Female	Vet
20	08:20:00	Tom Nancarrow	Poole Wheelers Cycling Club	Open	Senior
21	08:21:00	Paul Craddock	St Austell Whs CC	Open	Vet
22	08:22:00	lan Darcy	Saint Piran	Open	Vet
23	08:23:00	Hari Slade	Penzance Wheelers CC	Open	Vet
24	08:24:00	Andy Blake	Wheal Velocity	Open	Vet
25	08:25:00	Felix Whetter	Mid Devon Cycling Club	Open	Espoir
26	08:26:00	Larry Martin	Tri Logic Cornwall	Open	Vet
27	08:27:00	lan Houvenaghel	Saint Piran	Open	Vet
28	08:28:00	John Fazakerley	Penzance Wheelers CC	Open	Vet

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Start Number	Start Time	Rider	Club	Gender	Category
29	08:29:00	Oliver Baylin	www.giant- helston.co.uk	Open	Senior
30	08:30:00	Jason Mcgowan	Kernow Racing Team	Open	Vet