# Addiscombe CC (50% Priority To Females)

19/05/2024 09:00

G25/42

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



# **Headquarters**

Loxwood Sports Association , The Pavilion, Recreation Ground, Plaistow Road, Loxwood, West Sussex, RH14 0SX

# Route from HQ to start

To the Start - Left out of the HQ, turn left at Foxbridge Lane, continue to the end of the lane

At the finish - countinue round the course until you reach the HQ

## **Course details**

# CTT LONDON SOUTH DC - 25 MILES COURSE - G25/42

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#### IFOLD/KIRDFORD/GUNSHOT COMMON/B2133/LOXWOOD/IFOLD/ x 3

#### **COURSE DETAILS**

OS REF	DETAILS DISTANCES
019297 Road	<u>START</u> at southern end of Foxbridge Lane, 5 yards from junction with Plaistow 0.00
013271 1.73 1.73	LEFT at junction and proceed to T junction at western end of Kirdford
018266 0.41	LEFT and follow road through Kirdford Village to T junction at eastern end of Kirdford 2.14
040269 Lane	LEFT and follow road round to the right past Birkfold Manor to junction with Skiff 1.58 3.72
041303 2.14 5.86	LEFT and follow Skiff Lane via Gunshot Common to junction with B2133

041304	LEFT on B2133 to junction with Plaistow Road 0.07 5.93			
023307 Ifold	LEFT along Plaistow Road to junction with Foxbridge Lane, 1.19 7.12			
019297	LEFT south on Foxbridge Lane to complete the first circuit 0.69 7.81			
019297 Continue past the start to complete second and third circuits 15.62 23.43				
013273 Begin the fourth circuit to FINISH opposite rough lay-by, 0.1 mile 1.59 25.02				
north of T-junction at western end of Kirdford.				

# COURSE NOTES

(RJ/LSDC/0923)

Course designed and measured by Robin Johnson

## GENERAL NOTES to be displayed at Signing On Point

London South District regulation: No vehicles, except those of the timekeepers and event officials, shall be parked in the

vicinity of the start and finish areas.

#### SAFETY INSTRUCTIONS

Competitors are requested not to warm up on the course after the first competitor has started.

Details of any Additional Hazards not listed on the Start Sheet will be displayed or advised at the Signing On Point. All Competitors must read these details when they sign on.

Competitors must exercise extra care when joining the B2133 from Skiff Lane

No times will be given at the Finish

(A form) (Revised 25.09.09) (RJ/LSDC/COURSE G25/42)

# Local regulations

No Times will be given at the finish

Check Resultsheet for live updates

# Organiser contact details

Jonathan Pontin 6 Hurst Way South Croydon 07732674317

jonathanpontin@hotmail.co.uk

# Time keepers/officials

Timekeeper - Paul Tunnell - Addiscombe CC

# Course records

Solo Open 00:52:23 Christopher McNamara 22-Oct-23 | Brighton Mitre CC (TT Bikes)

Solo Female 1:08:24 Olivia Webb 22-Oct-23 | Brighton Mitre CC (Road Bikes)

## Awards/prizes

Open Race - 1st / 2nd (£30 / £20)

Women only - 1st / 2nd (£30 / £20)

#### NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race

number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# **Startsheet**

# Addiscombe CC (50% Priority To Females)

Start Number	Start Time	Rider	Club	Gender	Category
1	09:01:00	Vivienne Inglis	Addiscombe CC	Female	Vet
2	09:02:00	Teresa Goddard	Kingston Wheelers CC	Female	Vet
3	09:03:00	Leena Lindvall	Addiscombe CC	Female	Vet
4	09:04:00	Robin Johnson	Brighton Mitre CC	Open	Vet
5	09:05:00	Mike Marchant	Southdown Velo	Open	Vet
6	09:06:00	Steve Grout	Epsom CC	Open	Vet
7	09:07:00	Daniel Loveday	Charlotteville Cycling Club	Open	Vet
8	09:08:00	Pete Robins	DRAG2ZERO	Open	Vet
9	09:09:00	Jamie Freeland	Addiscombe CC	Open	Vet
10	09:10:00	David Smith	VC de Londres	Open	Vet
11	09:11:00	Jonathan Besly	Dorking Cycling Club	Open	Vet
12	09:12:00	Robert Gilmour	Hounslow & District Whs	Open	Vet
13	09:13:00	James Stone	Brighton Excelsior CC	Open	Vet
14	09:14:00	Stephen Garvey	Addiscombe CC	Open	Senior
15	09:15:00	Olly Thomas	Sussex Revolution Velo Club	Open	Senior
16	09:16:00	Jim Burdett	Addiscombe CC	Open	Vet
17	09:17:00	Paul Haywood	Epsom CC	Open	Vet
18	09:18:00	Pjotrs Suhovs	Paceline RT	Open	Vet
19	09:19:00	Stuart Hourigan	VeloRefined Rule 5	Open	Vet