

# **PDQ Cycle Coaching 10m TT**

## **Open 10m Time Trial on the Latton Course at the Cotswold Gateway Centre**

**22/07/2023 09:00**

**U48**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## Headquarters

Signing On at Gateway Cafe?/Cotswold Outdoor car park (Spine Road East, GL7 5TL). Additional parking available just after the finish on the Latton Road.

## Route from HQ to start

Turn right out of the Gateway Centre car park, cross over the first mini roundabout and take the first left hand exit on the second roundabout towards Driffield. The start is approximately 1 mile from the roundabout.

## Course details

Starting on unclassified road (Driffield), proceed onto RAB of Spine Road (B4696) and A419/417.

Two 'laps' of Latton road turning at the end of each leg on RAB at (B4696)/A419 and RAB of A419/Marston Meysey.

Upon finishing riders are to proceed to RAB of B4696 and follow Spine Road back to Event HQ

Note: Risk Assessment needs updating even though there have been no changes to the roads

## Local regulations

## Organiser contact details

Niel Dunnage  
2 Rose Cottage, Cowley, Cheltenham  
447967686175  
447967686175  
niel.dunnage@gmail.com

## Time keepers/officials

Marianne Streater

Chris Broad Drake

## Course records

### Solo Male

18.35 Marcin Bialoblocki

### Solo Female

21:49 Charlotte Berry

### Tandem

00:21:16

Peter Oliver, Christopher Edginton

27-Aug-22 | PDQ Cycle Coaching (Tandems)(fee per rider)

## Awards/prizes

TBD

## NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race

number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## PDQ Cycle Coaching 10m TT

Start Number	Start Time	Rider	Club	Gender	Category
1	09:01:00	Mike Anderson	Velo Club St Raphael	male	Vet
2	09:02:00	Jamie Dawe	Bath Amphibians Triathlon Club	male	Vet
3	09:03:00	Richard Broadbent	Corinium Cycle Club	male	Vet
4	09:04:00	Mary-Jane Hutchinson	Bristol South Cycling Club	female	Vet
5	09:05:00	Robert Hutchinson	Bristol South Cycling Club	male	Vet
6	09:06:00	Peter Wilson	Bath Cycling Club	male	Vet
7	09:07:00	John Eames	Chippenham & District Wheelerers	male	Vet
8	09:08:00	Angela Simpson	PDQ Cycle Coaching	female	Vet
9	09:09:00	Bob Brabbins	VTTA West Group	male	Vet
10	09:10:00	Stu Carver	North Hampshire RC	male	Vet
11	09:11:00	Rachel Green	Cheltenham & County Cycling Club	female	Vet
12	09:12:00	Desmond Green	Velo Club Bristol	male	Vet
13	09:13:00	Andy Merrett	Velo Club Bristol	male	Vet
14	09:14:00	Bob Symons	PDQ Cycle Coaching	male	Vet
15	09:15:00	Simon Richardson Mbe	05/03	male	Para-cyclist
16	09:16:00	Steven Buckley	PDQ Cycle Coaching	male	Vet
17	09:17:00	Stuart Curtis	Bath Cycling Club	male	Vet
18	09:18:00	Richard Gower	Performance Cycles CC	male	Vet
19	09:19:00	Lisa Francis	Hereford Cycle Hub Cycling Club	female	Senior
20	09:20:00	Josh Griffiths	FTP ( Fulfil The Potential ) Race Team	male	Senior
21	09:21:00	Andrew Alcorn	Bath Cycling Club	male	Vet
22	09:22:00	Arja Scarsbrook	Team Echelon	female	Vet
23	09:23:00	Kevin Parry	Hereford Cycle Hub Cycling Club	male	Vet
24	09:24:00	John Berry	PDQ Cycle Coaching	male	Vet
25	09:25:00	John Orridge	VTTA (London & Home Counties)	male	Vet
26	09:26:00	Josie Harcourt	FTP ( Fulfil The Potential ) Race Team	female	Senior

<b>Start Number</b>	<b>Start Time</b>	<b>Rider</b>	<b>Club</b>	<b>Gender</b>	<b>Category</b>
27	09:27:00	Jo Spencer	Swindon Wheelers	female	Senior
28	09:28:00	Darren Wrintmore	Westbury Wheelers	male	Vet
29	09:29:00	Paul Rogoll	PDQ Cycle Coaching	male	Vet
30	09:30:00	Lee Francis	Velo Club Bristol	male	Vet
31	09:31:00	Paul James	VTTA West Group	male	Vet
32	09:32:00	Mark Bradley	Bristol South Cycling Club	male	Vet
33	09:33:00	Haydn Davies	Giant CC Halo Films	male	Vet
34	09:34:00	Maris Brugis	Bristol Road Club	male	Senior
35	09:35:00	Nick Creed	Somer Valley Cycling Club	male	Vet
36	09:36:00	Graham Morrison	Newbury Velo	male	Vet
37	09:37:00	Antony Neads	PDQ Cycle Coaching	male	Vet
38	09:38:00	Kevin Garland	PDQ Cycle Coaching	male	Vet
39	09:39:00	Nick Hill	Bristol Mile Monkeys	male	Vet
40	09:40:00	John Aspell	Port Talbot Whs CC	male	Vet
41	09:41:00	Oliver Hitchings	Velo Club Venta	male	Senior
42	09:42:00	Joe Schvartz	Team Swindon Cycles	male	Vet
43	09:43:00	Matt Boulton	AeroCoach	male	Vet
44	09:44:00	Nick English	AeroCoach	male	Vet
45	09:45:00	Leigh Schvartz	OxfordTri	male	Senior