# PDQ Cycle Coaching 10m TT

# Open 10m Time Trial on the Latton Course at the Cotswold Gateway Centre

22/07/2023 09:00

**U48** 

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## **Headquarters**

Signing On at Gateway Cafe?/Cotswold Outdoor car park (Spine Road East, GL7 5TL). Additional parking available just after the finish on the Latton Road.

#### Route from HQ to start

Turn right out of the Gateway Centre car park, cross over the first mini roundabout and take the first left hand exit on the second roundabout towards Driffield. The start is approxmiately 1 mile from the roundabout.

#### **Course details**

Starting on unclassified road (Driffield), proceed onto RAB of Spine Road (B4696) and A419/417.

Two 'laps' of Latton road turning at the end of each leg on RAB at (B4696)/A419 and RAB of A419/Marston Meysey.

Upon finishing riders are to proceed to RAB of B4696 and follow Spine Road back to Event HQ

Note: Risk Assessment needs updating even though there have been no changes to the roads

## **Local regulations**

## Organiser contact details

Niel Dunnage 2 Rose Cottage, Cowley, Cheltenham 447967686175 447967686175 niel.dunnage@gmail.com

### Time keepers/officials

Marianne Streather

**Chris Broad Drake** 

#### Course records

#### Solo Male

18.35 Marcin Bialoblocki

#### **Solo Female**

21:49 Charlotte Berry

#### **Tandem**

00:21:16

Peter Oliver, Christopher Edginton

27-Aug-22 | PDQ Cycle Coaching (Tandems)(fee per rider)

# Awards/prizes

**TBD** 

#### **NOTES TO COMPETITORS:**

- 17. Signing-on Sheet and Signing-out Sheet
- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race

number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# **Startsheet**

# PDQ Cycle Coaching 10m TT

| Start<br>Number | Start Time | Rider                   | Club                                   | Gender | Category     |
|-----------------|------------|-------------------------|--|--------|--------------|
| 1               | 09:01:00   | Mike Anderson           | Velo Club St Raphael                   | male   | Vet          |
| 2               | 09:02:00   | Jamie Dawe              | Bath Amphibians<br>Triathlon Club      | male   | Vet          |
| 3               | 09:03:00   | Richard Broadbent       | Corinium Cycle Club                    | male   | Vet          |
| 4               | 09:04:00   | Mary-Jane<br>Hutchinson | Bristol South Cycling Club             | female | Vet          |
| 5               | 09:05:00   | Robert Hutchinson       | Bristol South Cycling Club             | male   | Vet          |
| 6               | 09:06:00   | Peter Wilson            | Bath Cycling Club                      | male   | Vet          |
| 7               | 09:07:00   | John Eames              | Chippenham & District<br>Wheelers      | male   | Vet          |
| 8               | 09:08:00   | Angela Simpson          | PDQ Cycle Coaching                     | female | Vet          |
| 9               | 09:09:00   | Bob Brabbins            | VTTA West Group                        | male   | Vet          |
| 10              | 09:10:00   | Stu Carver              | North Hampshire RC                     | male   | Vet          |
| 11              | 09:11:00   | Rachel Green            | Cheltenham & County Cycling Club       | female | Vet          |
| 12              | 09:12:00   | Desmond Green           | Velo Club Bristol                      | male   | Vet          |
| 13              | 09:13:00   | Andy Merrett            | Velo Club Bristol                      | male   | Vet          |
| 14              | 09:14:00   | Bob Symons              | PDQ Cycle Coaching                     | male   | Vet          |
| 15              | 09:15:00   | Simon Richardson<br>Mbe | 05/03                                  | male   | Para-cyclist |
| 16              | 09:16:00   | Steven Buckley          | PDQ Cycle Coaching                     | male   | Vet          |
| 17              | 09:17:00   | Stuart Curtis           | Bath Cycling Club                      | male   | Vet          |
| 18              | 09:18:00   | Richard Gower           | Performance Cycles CC                  | male   | Vet          |
| 19              | 09:19:00   | Lisa Francis            | Hereford Cycle Hub<br>Cycling Club     | female | Senior       |
| 20              | 09:20:00   | Josh Griffiths          | FTP (Fulfil The Potential) Race Team   | male   | Senior       |
| 21              | 09:21:00   | Andrew Alcorn           | Bath Cycling Club                      | male   | Vet          |
| 22              | 09:22:00   | Arja Scarsbrook         | Team Echelon                           | female | Vet          |
| 23              | 09:23:00   | Kevin Parry             | Hereford Cycle Hub<br>Cycling Club     | male   | Vet          |
| 24              | 09:24:00   | John Berry              | PDQ Cycle Coaching                     | male   | Vet          |
| 25              | 09:25:00   | John Orridge            | VTTA (London & Home<br>Counties)       | male   | Vet          |
| 26              | 09:26:00   | Josie Harcourt          | FTP ( Fulfil The Potential ) Race Team | female | Senior       |

Startsheet for: PDQ Cycle Coaching 10m TT
Promoted for and on behalf of Cycling Time Trials under its rules and regulations

| Start<br>Number | Start Time | Rider            | Club                       | Gender | Category |
|-----------------|------------|------------------|----------------------------|--------|----------|
| 27              | 09:27:00   | Jo Spencer       | Swindon Wheelers           | female | Senior   |
| 28              | 09:28:00   | Darren Wrintmore | Westbury Wheelers          | male   | Vet      |
| 29              | 09:29:00   | Paul Rogoll      | PDQ Cycle Coaching         | male   | Vet      |
| 30              | 09:30:00   | Lee Francis      | Velo Club Bristol          | male   | Vet      |
| 31              | 09:31:00   | Paul James       | VTTA West Group            | male   | Vet      |
| 32              | 09:32:00   | Mark Bradley     | Bristol South Cycling Club | male   | Vet      |
| 33              | 09:33:00   | Haydn Davies     | Giant CC Halo Films        | male   | Vet      |
| 34              | 09:34:00   | Maris Brugis     | Bristol Road Club          | male   | Senior   |
| 35              | 09:35:00   | Nick Creed       | Somer Valley Cycling Club  | male   | Vet      |
| 36              | 09:36:00   | Graham Morrison  | Newbury Velo               | male   | Vet      |
| 37              | 09:37:00   | Antony Neads     | PDQ Cycle Coaching         | male   | Vet      |
| 38              | 09:38:00   | Kevin Garland    | PDQ Cycle Coaching         | male   | Vet      |
| 39              | 09:39:00   | Nick Hill        | Bristol Mile Monkeys       | male   | Vet      |
| 40              | 09:40:00   | John Aspell      | Port Talbot Whs CC         | male   | Vet      |
| 41              | 09:41:00   | Oliver Hitchings | Velo Club Venta            | male   | Senior   |
| 42              | 09:42:00   | Joe Schvartz     | Team Swindon Cycles        | male   | Vet      |
| 43              | 09:43:00   | Matt Boulton     | AeroCoach                  | male   | Vet      |
| 44              | 09:44:00   | Nick English     | AeroCoach                  | male   | Vet      |
| 45              | 09:45:00   | Leigh Schvartz   | OxfordTri                  | male   | Senior   |