

# **FTP Racing (Road Bikes Only, No Aero Equip, No Tri Bars, No Aero Helmets) 08th April 2023**

**08/04/2023 14:00**

**U7B**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## **Headquarters**

Stone cricket club - Booth field - berkley - GL13 9JL

## **Route from HQ to start**

youll see the start from the HQ gate :)

## **Course details**

Start on A38 in northern end of layby (GR695963) approximately half a mile South of Newport.

Proceed north on the A38 through Berkeley Road and over the railway bridges to the Slimbridge roundabout where turn (5.3 miles).

Circle and retrace south on the A38 to finish on opposite side of the road to a bus stop just South of Newport (GR698971) approx. ¼ mile before the start.

## Local regulations

we are running roadbike rules of

NO TT helmets

NO disk wheel or tri spokes

NO clip on bars

NO elbows on the base bar

## Organiser contact details

Billy Oliver  
231 New Cheltenham Road Bristol  
07487584188

ftpcyclecoaching@gmail.com

## Time keepers/officials

the legends of Andy and Dennis are again timekeeping for us as they have every event for the last 3 years , we are a small club and all our members are racers so have given up their race to support today. please show your appreciation to them on the day

## Course records

i will try and find out the roadbike course record

### Solo Male

00:19:15  
Arthur Franklin  
FTP Racing

### Solo Female

00:21:34  
Megan Dickerson  
12-Jun-21 | The University of Bristol Cycling Club

### Solo Male (Junior)

00:21:42  
Euan Taylor

11-May-19 | Bristol South Cycling Club

### **Solo Female (Junior)**

00:24:51

Freya Richardson

11-May-19 | Bristol South Cycling Club

### **Tandem**

00:19:00

Chris McDonald, Adam Duggleby

09-Apr-22 | FTP Racing (Tandems)(fee per rider)

### **Awards/prizes**

we will award the 1st place male and 1st place female rider

### **NOTES TO COMPETITORS:**

#### 17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## FTP Racing (Road Bikes Only, No Aero Equip, No Tri Bars, No Aero Helmets) 08th April 2023

Start Number	Start Time	Rider	Club	Gender	Category
42	14:42:00	Mary-Jane Hutchinson	Bristol South Cycling Club	female	Vet
43	14:43:00	Claire Ablett	Portishead Cycling Club	female	Senior
44	14:44:00	Katie Peace	Dursley Road Club	female	Vet
45	14:45:00	Robert Hutchinson	Bristol South Cycling Club	male	Vet
46	14:46:00	Russell Rubas	FTP ( Fulfil The Potential ) Race Team	male	Senior
47	14:47:00	Robert Latchem	Somer Valley Cycling Club	male	Vet
48	14:48:00	Russell Peace	FTP ( Fulfil The Potential ) Race Team	male	Senior
49	14:49:00	Kev Fowler	VTTA West Group	male	Vet
50	14:50:00	Karl Norris	360VRT	male	Vet
51	14:51:00	Bob Brabbins	VTTA West Group	male	Vet
52	14:52:00	Andrew Edwards	FTP ( Fulfil The Potential ) Race Team	male	Vet