

Lea Valley CC (Tandems)(fee per rider)

10 mile Time Trial on the F2A/10 course

08/07/2023 14:00

F2A/10

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Dry Drayon Village Hall, 23 High St, Dry Drayton, Cambridge, CB23 8BS

[Dry Drayton Village Hall - Google Maps](#)

[30 High St - Google Maps](#)

Route from HQ to start

See enclosed attachment

Course details

START (GR367598) on old A428 eastbound, about 120 yds east of Hardwick RAB, 40 yards west of western end of Armco barrier. Proceed to Hardwick RAB where 1st exit onto A428 westbound, under Cambourne flyover junction to:- TURN (4.63 mls.) at Caxton Gibbett RAB (junction with A1198). Retrace A428 eastbound, under Cambourne flyover and Hardwick flyover to:- FINISH (GR377597) in layby, about $\frac{3}{4}$ mile past Hardwick F/O, at a point 22 yards east of (past) P sign. Police Area(s) Cambridgeshire

Local regulations

LOCAL REGULATIONS No.1 and 3 (page 13) apply.

SAFETY RULES AT FINISH

DO NOT STOP anywhere near the finish line as you are still on the dual carriageway at the finish and **IT NOT SAFE TO STOP**. Please ensure that once past the finish you **DO RIDE ON** beyond the finish along the A428 and **EXIT AT MADINGLEY ROUNDABOUT** to make you way back to the Race HQ.

Organiser contact details

Mark Freeman
61 Lonsdale Avenue East Ham
07739214194
07739214194
markfreeman70@ymail.com

Time keepers/officials

See enclosed attachment

Course records

Solo Male

00:17:55
Michael Gill
24-Jul-21 | Chronos RT (cheques to David Creese)

Solo Female

00:21:10
Sophie Lankford
28-Jul-18 | Chronos RT (cheques to David Creese)

Solo Male (Junior)

00:18:25
Oscar Nilsson-Julien
25-Jul-20 | Chronos RT (Std road bikes only)(cheques to David Creese)

Solo Female (Junior)

00:21:49
Eva Callinan

25-Jul-20 | Chronos RT (Std road bikes only)(cheques to David Creese)

Tandem

00:20:54

Gary Pamment, Barry McDonald

28-Jul-18 | Chronos RT (Tandems)(cheques to David Creese)(Fee per rider)

Team TT

00:19:01

Paul Pardoe, Matthew Senter

27-Jul-19 | Chronos RT (2 up TTT)(fee per rider)(Cheques to David Creese)

Awards/prizes**Prizes**

	Scratch		Middle Markers		Tandem
	Women	Men	Women	Men	
1st	£40	£40	£40	£40	£30
2nd	£30	£30	£30	£30	
3rd	£20	£20	£20	£20	

NOTES TO COMPETITORS:**17. Signing-on Sheet and Signing-out Sheet**

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If

your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

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Start Number	Start Time	Rider	Club	Gender	Category
117	15:57:00	Murray Kirton	A5 Rangers CC	male	Vet
117	15:57:00	David Stockley	A5 Rangers CC	male	Vet
118	15:58:00	Christopher York	Maldon & District CC	male	Vet
118	15:58:00	Joanne York	Maldon & District CC	female	Vet