

Lea valley CC (150 machines max)

08/07/2023 14:00

F2A/10

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Dry Drayon Village Hall, 23 High St, Dry Drayton, Cambridge, CB23 8BS

[Dry Drayton Village Hall - Google Maps](#)

[30 High St - Google Maps](#)

Route from HQ to start

See Attached document to front of event.

The Lea Valley Cycling Club_Scratch_MM_Tandem_10_Startsheet Info_F2A-10_8-7-2023

Course details

START (GR367598) on old A428 eastbound, about 120 yds east of Hardwick RAB, 40 yards west of western end of Armco barrier. Proceed to Hardwick RAB where 1st exit onto A428 westbound, under Cambourne flyover junction to:- TURN (4.63 mls.) at Caxton Gibbett RAB (junction with A1198). Retrace A428 eastbound, under Cambourne flyover and Hardwick flyover to:- FINISH (GR377597) in layby, about $\frac{3}{4}$ mile past Hardwick F/O, at a point 22 yards east of (past) P sign. Police Area(s) Cambridgeshire

Local regulations

LOCAL REGULATIONS No.1 and 3 (page 13) apply.

SAFETY RULES AT FINISH

DO NOT STOP anywhere near the finish line as you are still on the dual carriageway at the finish and **IT NOT SAFE TO STOP**. Please ensure that once past the finish you **DO RIDE ON** beyond the finish along the A428 and **EXIT AT MADINGLEY ROUNDABOUT** to make you way back to the Race HQ.

Organiser contact details

Mark Freeman
61 Lonsdale Avenue East Ham
07739214194
07739214194
markfreeman70@ymail.com

Time keepers/officials

See Attached Document

Course records

Solo Male

00:17:55
Michael Gill
24-Jul-21 | Chronos RT (cheques to David Creese)

Solo Female

00:21:10
Sophie Lankford
28-Jul-18 | Chronos RT (cheques to David Creese)

Solo Male (Junior)

00:18:25
Oscar Nilsson-Julien
25-Jul-20 | Chronos RT (Std road bikes only)(cheques to David Creese)

Solo Female (Junior)

00:21:49
Eva Callinan

25-Jul-20 | Chronos RT (Std road bikes only)(cheques to David Creese)

Tandem

00:20:54

Gary Pamment, Barry McDonald

28-Jul-18 | Chronos RT (Tandems)(cheques to David Creese)(Fee per rider)

Team TT

00:19:01

Paul Pardoe, Matthew Senter

27-Jul-19 | Chronos RT (2 up TTT)(fee per rider)(Cheques to David Creese)

Awards/prizes**Prizes**

| | Scratch | | Middle Markers | | Tandem |
|-----------------------|----------------|------------|-----------------------|------------|---------------|
| | Women | Men | Women | Men | |
| 1st | £40 | £40 | £40 | £40 | £30 |
| 2nd | £30 | £30 | £30 | £30 | |
| 3rd | £20 | £20 | £20 | £20 | |

NOTES TO COMPETITORS:**17. Signing-on Sheet and Signing-out Sheet**

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If

your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

Lea valley CC (150 machines max)

| Start Number | Start Time | Rider | Club | Gender | Category |
|--------------|------------|----------------|-------------------------------------|--------|----------|
| 41 | 14:41:00 | Linda Dewhurst | Team Milton Keynes | female | Vet |
| 42 | 14:42:00 | David Creese | Chronos RT | male | Vet |
| 43 | 14:43:00 | John Saysell | North Road CC | male | Vet |
| 44 | 14:44:00 | Ian Braybrook | Basildon CC | male | Vet |
| 45 | 14:45:00 | Kevin Creese | Chronos RT | male | Vet |
| 46 | 14:46:00 | Adam Fisher | Cambridge CC | male | Vet |
| 47 | 14:47:00 | Mark Welch | Oxted Cycle Club | male | Vet |
| 48 | 14:48:00 | Denise Hurren | Sole Bay Cycle Sport | female | Vet |
| 49 | 14:49:00 | Mark Thomas | Bigfoot CC | male | Vet |
| 50 | 14:50:00 | Chris Dyason | Cambridge CC | male | Vet |
| 51 | 14:51:00 | Tom Cosgrove | VTTA (London & Home Counties) | male | Vet |
| 52 | 14:52:00 | Lee Garrod | Sole Bay Cycle Sport | male | Vet |
| 53 | 14:53:00 | Mark Greenhow | St Neots CC | male | Vet |
| 54 | 14:54:00 | David Prom | San Fairy Ann CC | male | Vet |
| 55 | 14:55:00 | Paul Birkin | Buxton CC/Sett Valley Cycles | male | Vet |
| 56 | 14:56:00 | Roger Porter | Verulam CC | male | Vet |
| 57 | 14:57:00 | Stuart Supple | Sole Bay Cycle Sport | male | Vet |
| 58 | 14:58:00 | Tim Baggs | Sherwood CC | male | Vet |
| 59 | 14:59:00 | Richard Mellor | Team Bottrill | male | Vet |
| 60 | 15:00:00 | Loz Staples | Spalding CC | male | Vet |
| 61 | 15:01:00 | Mark Redwood | Velo Club Long Eaton | male | Vet |
| 62 | 15:02:00 | Dena Ford | High Wycombe CC | female | Vet |
| 63 | 15:03:00 | Simon Inman | OVB | male | Vet |
| 64 | 15:04:00 | Becky Ridge | Loose Cannon's Conditioning | female | Vet |
| 65 | 15:05:00 | Alex Leek | Wrekinsport CC | male | Senior |
| 66 | 15:06:00 | Nick Partridge | Sole Bay Cycle Sport | male | Vet |
| 67 | 15:07:00 | Henry Okill | Southend Wheelers | male | Senior |
| 68 | 15:08:00 | Michael Martin | CC Ashwell | male | Vet |
| 69 | 15:09:00 | Will Shepherd | Ely & District CC/B&T Motor Repairs | male | Vet |
| 70 | 15:10:00 | David Ackerley | | male | Vet |
| 71 | 15:11:00 | Hans Nilsson | London Phoenix CC | male | Vet |

| Start Number | Start Time | Rider | Club | Gender | Category |
|--------------|------------|------------------|-------------------------------------|--------|----------|
| 72 | 15:12:00 | Tony Ball | Legato Racing Team (LRT) | male | Vet |
| 73 | 15:13:00 | Paul Smith | VeloRefined Rule 5 | male | Vet |
| 74 | 15:14:00 | Joseph Costello | Legato Racing Team (LRT) | male | Vet |
| 75 | 15:15:00 | Colin Lizieri | Cambridge CC | male | Vet |
| 76 | 15:16:00 | Colin Parkinson | South Western Road Club | male | Vet |
| 77 | 15:17:00 | Gary Pamment | CC Sudbury | male | Vet |
| 78 | 15:18:00 | Chris Ford | High Wycombe CC | male | Vet |
| 79 | 15:19:00 | Anastasia Bowler | | female | Senior |
| 80 | 15:20:00 | Murat Ozdenya | Team Vision Racing - Silverhook | male | Vet |
| 81 | 15:21:00 | Craig Chappell | API/Anglia Sport | male | Vet |
| 82 | 15:22:00 | John Manlow | Ely & District CC/B&T Motor Repairs | male | Vet |
| 83 | 15:23:00 | Dan Jenkins | Hart Performance Coaching | male | Vet |
| 84 | 15:24:00 | Robert Watson | Cambridge CC | male | Vet |
| 85 | 15:25:00 | Luke Howells | Dulwich Paragon CC | male | Senior |
| 86 | 15:26:00 | Matthew Peck | Ipswich BC | male | Vet |
| 87 | 15:27:00 | Rory Havis | Ely & District CC/B&T Motor Repairs | male | Vet |
| 88 | 15:28:00 | Cliff Price | Metropolitan Police Cycle Club | male | Vet |
| 89 | 15:29:00 | Mark Woolford | ZeroBC Race Team | male | Vet |
| 90 | 15:30:00 | Luca Morrone | Onyx RT | male | Senior |
| 91 | 15:31:00 | Oliver Milk | Epic Orange Race Team | male | Vet |
| 92 | 15:32:00 | Andrew Grant | Cambridge CC | male | Vet |
| 93 | 15:33:00 | Eddie Humphreys | Nottingham Clarion CC | male | Vet |
| 94 | 15:34:00 | Martin Reynolds | Cambridge CC | male | Vet |
| 95 | 15:35:00 | Richard O'Rourke | Team Vision Racing - Silverhook | male | Vet |
| 96 | 15:36:00 | Sean Sanders | Drighlington BC | male | Vet |
| 97 | 15:37:00 | Terry Garlinge | Easterley Road Club | male | Vet |
| 98 | 15:38:00 | Daniel Chambers | Bicester Millennium CC | male | Senior |
| 99 | 15:39:00 | Max Sahota | Team Bottrill | male | Senior |
| 100 | 15:40:00 | Myles Davidson | Bigfoot CC | male | Vet |
| 101 | 15:41:00 | Howard Shaw | trainSharp | male | Senior |
| 102 | 15:42:00 | Paul Schofield | Ely & District CC/B&T Motor Repairs | male | Vet |
| 103 | 15:43:00 | Paul Willcox | North Road CC | male | Vet |

| Start Number | Start Time | Rider | Club | Gender | Category |
|--------------|------------|-----------------|--|--------|----------|
| 104 | 15:44:00 | Sam Harding | Rugby Velo | male | Senior |
| 105 | 15:45:00 | Samuel Thienel | Elysium Kalas Race Team | male | Senior |
| 106 | 15:46:00 | Nic Pillinger | St Neots CC | male | Vet |
| 107 | 15:47:00 | Darran Bennett | Ely & District CC/B&T Motor Repairs | male | Vet |
| 108 | 15:48:00 | Matt O'Brien | Loose Cannon's Conditioning | male | Vet |
| 109 | 15:49:00 | Lee Turner | Arctic Aircon RT | male | Vet |
| 110 | 15:50:00 | Stuart Hourigan | VeloRefined Rule 5 | male | Vet |
| 111 | 15:51:00 | Kevin Tye | VeloRefined Rule 5 | male | Vet |
| 112 | 15:52:00 | Mark Jones | DRAG2ZERO | male | Vet |
| 113 | 15:53:00 | Piotr Zulawski | Cambridge CC | male | Senior |
| 114 | 15:54:00 | Alex Pritchard | HUUB WattShop | male | Senior |
| 115 | 15:55:00 | Richard Oakes | Team Ohten Aveas | male | Vet |
| 116 | 15:56:00 | James Jenkins | Richardsons-Trek RT | male | Senior |