

# Liverpool Braveheart BC

## April Fools Time Trial

01/04/2023 14:00

D10/1

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Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## Headquarters

Signing on will be in the layby (Ormskirk RD) near to the Wheatsheaf/Holdi Indian restaurant (sat nav WA11 7TA).

Please note, there are no changing or toilet facilities. Please arrive race ready.

Each competitor must sign on when collecting and returning their race numbers at the signing on area, this is a CTT Requirement. Please pick up your number from the signing on area and return it at the end of the race, do not forget to sign out. Numbers should be pinned to the lower back area and be clearly visible.

Make sure you call out your number at the finish, otherwise your time may not be recorded. Do not remain, or ask for your time, at the finish.

Parking will be available near to signing on, please pay attention to the marshals who will advise you on the best place to park, please do not park near to the houses/bungalows in the local area or in the Holdi car park. NO parking near to the start or finish.

## Route from HQ to start

Please use the following map to ride up to the start. Competitors who have not yet started should not travel in the direction of finish past the timekeeper at the finishing point, follow the green arrows to the start and to return. **At times you will be riding on the course, please be respectful of other competitors and ride single file.**

## Course details

Rainford 10 mile TT course. START at a white mark painted on the kerb adjacent to the entrance to a bridleway on Intake Lane (to the SE of Bickerstaffe Church). Proceed to join the A570 Rainford by-pass dual carriageway at the Wheatsheaf traffic island (1.691 mi). LEFT and proceed on the A570 to the traffic island at the M58 interchange (3.353 mi). ENCIRCLE and retrace to the Wheatsheaf traffic island. STRAIGHT ON along the A570 to the next traffic island (Rainford island - 6.980 mi)). ENCIRCLE and retrace to the Wheatsheaf traffic island (8.763 mi). LEFT and proceed ahead to finish at the gated entrance to a plantation, some 700 or so yards short of the starting point.

## Local regulations

Cycling Time Trials strongly advise you to wear a hard shell helmet that conforms to a recognised safety standard.

In accordance with Regulation 15 all competitors under 18 must wear a helmet.

A working front and rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use. **No Lights, No ride.**

Riders **MUST NOT** stand in the road at the start or finish. Riders **MUST NOT** make U-turns in the road near the start or finish.

Riders **MUST NOT** ride with their head down. Any rider observed to be riding in an unsafe manner or disregarding the Highway Code may face disciplinary action

Riders must exercise care at all road junctions, riders must come up off their tri bars and be in full control of their bike at all 3 roundabouts on the course.

Riders must cover the shoulders and top of your arm (traditional tri suits are not acceptable if they do not cover the shoulders and upper arm).

## Organiser contact details

Richard Gadsden  
15 Bamforth Place Bromborough  
07800818263

gaggy15@hotmail.co.uk

## Time keepers/officials

**Timekeepers - Katherine Wooder & Dom McGuinness**

## Course records

### Solo Male

00:18:45

Phil Williams

24-Apr-21 | Mersey Tri

### Solo Female

00:22:26

Becky Lewis

03-Jun-17 | liverpool phoenix cc (aintree)(wcttca 4 of 11)

**Solo Male (Junior)**

00:21:55

Thomas Stewart

02-Sep-17 | frodsham wheelers (charity event)

**Solo Female (Junior)**

00:28:40

Kathryn Schofield

21-Apr-18 | Runcorn CC (Entries close 08/04/2018)

**Tandem**

00:24:08

Steve Hodge, Iain Hodge

27-May-17 | Harry Middleton CC (Tandems) (Fee per rider)

**Team TT**

00:19:57

Darren Maironis, David James Williams

15-Sep-18 | liverpool braveheart bc (2-up ttt)(fee per rider)

**Awards/prizes**

**NOTES TO COMPETITORS:**

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## Liverpool Braveheart BC

Start Number	Start Time	Rider	Club	Gender	Category
34	14:34:00	Janet Fairclough	Liverpool Phoenix CC (Aintree)	female	Vet
35	14:35:00	Sarah-Louise Robson	Liverpool Phoenix CC (Aintree)	female	Vet
36	14:36:00	Oliver Liptrot	Graham Weigh Racing-Deeside Olympic	male	Youth
37	14:37:00	William Campbell	Weaver Valley CC	male	Vet
38	14:38:00	Shirley Fox	Liverpool Phoenix CC (Aintree)	female	Vet
39	14:39:00	Keith Nield	Chester RC	male	Vet
40	14:40:00	Paul Edwards	Graham Weigh Racing-Deeside Olympic	male	Vet
41	14:41:00	Graham Williams	Anfield BC	male	Vet
42	14:42:00	Chris Lawson	Graham Weigh Racing-Deeside Olympic	male	Vet
43	14:43:00	Martin Sturge	Graham Weigh Racing-Deeside Olympic	male	Vet
44	14:44:00	Penny Thorn	Port Sunlight Wheelers	female	Vet
45	14:45:00	Paul Edwards	Graham Weigh Racing-Deeside Olympic	male	Vet
46	14:46:00	Tony Perrin	Stone Wheelers CC	male	Vet
47	14:47:00	Philip Hill	Chester RC	male	Vet
48	14:48:00	Brian Woods	Graham Weigh Racing-Deeside Olympic	male	Vet
49	14:49:00	Rebecca Holland	Chester RC	female	Vet
50	14:50:00	Andy Whitehead	Seamons CC	male	Vet
51	14:51:00	Michelle Fairclough	Velotik Racing Team	female	Vet
52	14:52:00	Mark Donnelly	Birkenhead North End CC	male	Vet
53	14:53:00	Mark Jones	Graham Weigh Racing-Deeside Olympic	male	Vet
54	14:54:00	Matthew Welsh	Graham Weigh Racing-Deeside Olympic	male	Vet
55	14:55:00	Martin Harney	Manchester Bicycle Club	male	Vet
56	14:56:00	Barry Murphy	Graham Weigh Racing-Deeside Olympic	male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
57	14:57:00	Wesley Iyanda	Liverpool Phoenix CC (Aintree)	male	Vet
58	14:58:00	Mark Liptrot	Graham Weigh Racing-Deeside Olympic	male	Vet
59	14:59:00	Jarod Garrington	Velotik Racing Team	male	Vet
60	15:00:00	Arthur Winstanley	Liverpool Phoenix CC (Aintree)	male	Vet
61	15:01:00	David Fox	Warrington Road Club/Horton Light Engineering	male	Vet
62	15:02:00	Paul Basson	ABC Centreville	male	Vet
63	15:03:00	Reuben Corlett	Birkenhead North End CC	male	Espoir
64	15:04:00	Rik Waddon Ply	Para-T	male	Para-cyclist
65	15:05:00	Mick Hutchins	Congleton CC - MyWindsock	male	Vet
66	15:06:00	Jac Gruffydd	Caffi Gruff	male	Senior
67	15:07:00	Niall Kenyon	Graham Weigh Racing-Deeside Olympic	male	Senior
68	15:08:00	Alan Broadbent	Graham Weigh Racing-Deeside Olympic	male	Vet
69	15:09:00	Mike Walker	Congleton CC - MyWindsock	male	Vet
70	15:10:00	David Wright	Warrington Road Club/Horton Light Engineering	male	Vet
71	15:11:00	Kevin Larmer	Port Sunlight Wheelers	male	Vet
72	15:12:00	Louis Thomas-Messenger	Macclesfield Wheelers	male	Senior
73	15:13:00	Deborah Moss	Springfield Financial Racing Team	female	Vet
74	15:14:00	Ben Love	Graham Weigh Racing-Deeside Olympic	male	Vet
75	15:15:00	James Meldrum	Liverpool Phoenix CC (Aintree)	male	Vet
76	15:16:00	Jamie Fletcher	Fibrax Fenwicks Wrexham Cycling Club	male	Senior
77	15:17:00	Graham Noble	Graham Weigh Racing-Deeside Olympic	male	Vet
78	15:18:00	Sam Smith	Protech Velo	male	Senior
79	15:19:00	Andrew Smith	VC Glasgow South	male	Vet
80	15:20:00	Warren Giddins	Warrington Road Club/Horton Light Engineering	male	Vet
81	15:21:00	Tim Marshall	Seamons CC	male	Vet
82	15:22:00	Kevin Blades	360cycling	male	Vet
83	15:23:00	Keri Parton	Team Boompods	female	Senior
84	15:24:00	Paul Blackburn	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	male	Vet
85	15:25:00	Paul Shallicker	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	male	Vet

<b>Start Number</b>	<b>Start Time</b>	<b>Rider</b>	<b>Club</b>	<b>Gender</b>	<b>Category</b>
86	15:26:00	Thomas Hanlon	Harry Middleton CC	male	Senior
87	15:27:00	Robin Hennessy	North Wirral Velo	male	Senior
88	15:28:00	Adrian Hughes	Seamons CC	male	Vet
89	15:29:00	Michael Greaney	Stockport Clarion CC	male	Vet
90	15:30:00	Matthew Wales	Fibrax Fenwicks Wrexham Cycling Club	male	Senior
91	15:31:00	Stephen Dooley	Seamons CC	male	Vet
92	15:32:00	Kamil Waligora	East Lancashire RC	male	Senior
93	15:33:00	Alastair Ribbands	Congleton CC - MyWindsock	male	Senior
94	15:34:00	Chris Humphries	Bioracer UK RT	male	Senior
95	15:35:00	David Parkin	Velotik Racing Team	male	Senior
96	15:36:00	Simon Wilson	HUUB WattShop	male	Vet
97	15:37:00	Joe Cosgrove	Anexo Group Race Team	male	Junior