

# Newmarket Cycling & Triathlon Club

**26/03/2023 14:00**

**B10/48**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## **Headquarters**

Cheveley Pavilion,  
Cheveley,  
Cambridgeshire

HQ will open from 13:00

## **Route from HQ to start**

Turn left out of Cheveley Pavilion onto High Street. Bear left onto Coach Lane to arrive at the start. (0.7 miles)

## **Course details**

Start in Cheveley at the bus shelter beside the Red Lion pub.

Proceed north until left turn at Cheveley School onto Park Road (0.54 miles)

Proceed west until T junction with Duchess Drive (1.48 miles). Turn left onto Duchess Drive.

Continue on un-numbered road through Saxon Street and Kirtling. Turn left onto The Belt towards Lidgate(6.09 miles).

Turn left at T junction onto B1063 (7.13 miles). Continue along B1063 through Lidgate and Ashley until FINISH 30 metres beyond last warning sign in Ashley.

## Local regulations

1. No riding with your head down, any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action.
2. NO 'U' TURNS are allowed within sight of either the start or finish area.
3. Numbers will be situated at the HQ; sign in before and sign out after you have finished.
4. NO cars to stop or park at the start or finish areas.
5. No warming-up by competitors is allowed along any part of the designated course other than going to the start, after the event has started.
6. NO riders allowed in the start area more than 3 minutes before starting & no more than 4 at any one time.

### Road Bike Rules:

1. No aerobars, clip on aerobars or aero extensions can be used
2. Hands must be holding the handlebars at all times whilst racing (ie. not with forearms resting on the handlebar)
3. Wheels may have no more than 90mm depth and must have at least 12 spokes
4. Helmets must have no visor
5. Ears must not be covered by the helmet

## Organiser contact details

Matt Meek  
35 Ellis Gardens Burwell  
07500 895559

matt.meek100@gmail.com

## Time keepers/officials

Michael Keen-Wezel  
Frida Keen-Wezel  
Richard Newell

## Course records

N/A - new course

## Awards/prizes

Open:

Men:

1st - £20

2nd - £15

3rd - £10

**Women:**

1st - £20

2nd - £15

3rd - £10

**Road Bikes:**

1st Man - £15

1st Woman - £15

**Juvenile/Juniors Open:**

1st Juvenile/Junior - £15

Competitors can enter either the Open or the Road Bike competition, not both.

**NOTES TO COMPETITORS:**

**17. Signing-on Sheet and Signing-out Sheet**

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## Newmarket Cycling & Triathlon Club

Start Number	Start Time	Rider	Club	Gender	Category
1	14:01:00	Caroline Wyke	CC Sudbury	female	Vet
2	14:02:00	Derek Sargeant	VTTA (East Anglia Group)	male	Vet
3	14:03:00	Jonathan Brown	Rapha Cycling Club	male	Vet
4	14:04:00	Robert Speers	Cambridge CC	male	Vet
5	14:05:00	Simon Butteriss	Ely & District CC/B&T Motor Repairs	male	Vet
6	14:06:00	Chris Bean	Harp RC	male	Vet
7	14:07:00	Amy Sole	Full Moo Cycling	female	Vet
8	14:08:00	Helen McKay	Les Filles Racing Team	female	Vet
9	14:09:00	Tim Baggs	Sherwood CC	male	Vet
10	14:10:00	Jordan Black	West Suffolk Wheelers	male	Senior
11	14:11:00	Charlie Payne	Newmarket Cycling & Triathlon Club	male	Junior
12	14:12:00	Kerry Brennand	Newmarket Cycling & Triathlon Club	female	Vet
13	14:13:00	Mark Howlett	Newmarket Cycling & Triathlon Club	male	Vet
14	14:14:00	Nicholas Webber	CC Sudbury	male	Vet
15	14:15:00	Samuel Asker	Richardsons-Trek RT	male	Senior
16	14:16:00	Megan Free	West Suffolk Wheelers	female	Espoir
17	14:17:00	David Young	West Suffolk Wheelers	male	Senior
18	14:18:00	James Wylie	Ely & District CC/B&T Motor Repairs	male	Vet
19	14:19:00	Lara Franklin	Stowmarket & District CC	female	Senior
20	14:20:00	Alex Purcell	CC Sudbury	male	Senior
21	14:21:00	Martyn Wagner	West Suffolk Wheelers	male	Vet
22	14:22:00	Viv Smith	West Suffolk Wheelers	male	Vet
23	14:23:00	Claire Hall	North Essex Velo	female	Vet
24	14:24:00	Lee Sturman	West Suffolk Wheelers	male	Vet
25	14:25:00	James Wood	West Suffolk Wheelers	male	Vet
26	14:26:00	Gerry Barton	West Suffolk Wheelers	male	Vet
27	14:27:00	Adam Baker	West Suffolk Wheelers	male	Vet