

# **West Pennine RC (Max 100 Riders)(Preference North DC Clubs)**

**West Pennine Road Club 10 mile time trial on Levens,  
Saturday 13 May 2023**

**13/05/2023 18:00**

**L1015**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## **Headquarters**

Lay-by on Nannypie Lane leading to Sizergh Castle.

## **Route from HQ to start**

## **Course details**

START in lay-by alongside the A590 approximately 500 yards south-west of junction with southbound A6 in line with the three white marks on kerb edge which are 20 yards west of a drainage grate which is 5 yards west of the eastern end of footpath and 25 yards east of a drainage grate almost in line with the SOS telephone point. This mark is directly in line with a wooden fence post with two angled supports in the hedge and almost in line with a 'Please take your litter home sign'. Proceed along the A590 in a south-westerly direction to encircle the roundabout on Lindale by-pass (5.243 miles). Retrace along the A590 to FINISH in line with the metal cover in northern grass verge embossed 'Charlton Iron Works Sheffield' which is approximately 12 yards east of large road sign on slip-road to the A6 approximately 90 yards short of Levens Bridge/Levens Village road (10 MILES).

## Local regulations

### ***Cycling Time Trials – North D.C. 2022 – Local Regulations L1015, L2524, L308***

The following Local Regulations have been approved by the National Committee in accordance with Regulation 38 Any breaches may lead to disciplinary action being taken.

#### **CTT Regulation 14 Competitors Machine – FRONT WHITE LIGHT & REAR RED LIGHT.**

**NO COMPETITOR** shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine **A WORKING FRONT WHITE LIGHT**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. **A WORKING REAR RED LIGHT** must be affixed to the rear of the machine, that is illuminated and in a position that is clearly visible to other road users

#### **Regulation 17: Signing-on Sheet and Signing-Out Sheet:**

The Competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

In Type A events a competitor must return to the events HQ either during the event or within a reasonable time after the last rider has finished the even and must (i) return their number and (ii) sign the official Signing–Out Sheet

#### **Local Reg No 5**

For the duration of the event, competitors must not ride past the timekeepers, except when actually competing.

#### **Local Reg No 6**

Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event

### **Local Reg No 10**

Course L1015, L2524 & L308 – warming up on the course is not permitted during the duration of the event.

### **Local Reg No 12**

No parking on the car park or on the frontage of the Strickland Arms.

### **Local Reg No 15**

Riders must keep to the left-hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

**ALL the ABOVE to be included on the START SHEET**

### **IN ADDITION TO THE ABOVE**

Riders must give their number at the finish and elsewhere on the course if requested.

Riders must NOT STAND in the road at the start or finish. (This constitutes obstruction and is a breach of Regulations).

Riders must NOT ride with their heads down.

### **Helmets:**

All competitors **MUST** wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised Standard (See Regulation 15).

**NOTE - ALL of the above MUST be included on the start sheet for the riders' information.**

**The following local regulations / recommendations / information applies to the event promoters.**

### **Local Reg No 7**

The start sheet must include the designated point for the completion of the Signing on and Signing-Out sheet, receiving any further instructions and the collection of numbers [see Regulation No 27(e)(xi) and 27(h)(i)]

### **Local Reg No 11**

For all events in the North District at least 50% of the entry fees (less levies) must be allocated to awards.

### **In Addition to the above**

A copy of the warning sign 'Head Down' should be displayed at event H.Q. or start.

**Safety:** In the interests of safety, marshals should wear fluorescent clothing.

**Risk Assessment:** The event must comply with the Risk Assessment relevant to the course

being used, also any instructions/warnings etc. for the rider on the Risk Assessment must be included on the start sheet.

'Event Safety Form' to be completed and returned to the Asst Sec for Open Events with the copy of the result sheet.

**Course:** The course details on Police Forms and Start Sheets must be identical to the details as enclosed.

**Event Officials:** A competent person must be appointed as the "Start Line Official" who will "manage" the start line and assist the timekeeper.

***The following recommendations should also be adopted by event promoters***

1All timekeepers should be offered a fee of not less than £20.00.

2The first rider off should be a member of the promoting club.

**Note** - A general guide to the duties of a promoting secretary are given on page 89 of the current handbook, you will also be issued with a copy and a check list.

Although you should have studied and generally understood C.T.T. Rules and Regulations, in particular the following are brought to your attention-

**Rule 1**           Disciplinary Action and Appeals by Promoting Clubs.

**Regulation 15**Protective Helmets.

**Regulation 42**Reporting Accidents.

The current standard entry form is dated May 2018 or the Cycling Time Trials internet entry system

**Organiser contact details**

Mark Hulme  
7 Brockway Rochdale

01706 359792  
markhulme66@btinternet.com

**Time keepers/officials**

Time Keepers Tracey Moore and Tom Wall

**Course records**

**Solo Male**

00:17:29

Simon Wilson

19-Sep-21 | Springfield Financial (90 riders) (Charity event)(Preference North DC Clubs)(No Start Order Preferences)

**Solo Female**

00:19:14

Anna Turvey

22-Jun-19 | Springfield Financial Racing Team(Charity event)(Preference North DC Clubs)(No Start Order Preferences)

### **Solo Male (Junior)**

00:18:36

Thomas Day

09-Aug-20 | Croston Velo (Preference North DC Clubs)

### **Solo Female (Junior)**

00:21:32

Maddie Leech

17-Apr-21 | East Lancashire Road Club (Preference North DC Clubs)(90 Riders)

### **Tandem**

00:20:08

Richard Dixon , Tim Humphries

18-Aug-18 | wigan wheelers(charity event)(tandems)(fee per rider)

## **Awards/prizes**

### **Overall**

**1st** 35

**2nd** 25

**3rd** 20

**4th** 15

**5th** 10

**vet 40-49** 10

**vet 50-59** 10



**vet 60-69** 10

**vet 70+** 10

**1st Espoir** 10

**1st Junior** 10

**1st Juvenile** 10

**1st Trike** 10

**Fastest Team of 3 ( £10 each)**30

**Course Record** 35

**Female**

**1st** 35

**2nd** 25

**3rd** 20

**4th** 15

**5th** 10

**vet 40-49** 10

**vet 50-59** 10

**vet 60+** 10

**Course Record** 35

### **NOTES TO COMPETITORS:**

#### 17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## West Pennine RC (Max 100 Riders)(Preference North DC Clubs)

Start Number	Start Time	Rider	Club	Gender	Category
1	18:01:00	Maxwell Hereward	360cycling	male	Espoir
2	18:02:00	Graham Jones	Edinburgh Road Club	male	Vet
3	18:03:00	Joanna Cebrat	360cycling	female	Vet
4	18:04:00	Hope Dixon	Lancashire RC	female	Senior
5	18:05:00	Dan Kendall	Rock to Roll CC	male	Senior
6	18:06:00	Steven Hankey	Warrington Road Club/Horton Light Engineering	male	Vet
7	18:07:00	Alex Critcher	Team Wheelguru	male	Vet
8	18:08:00	Craig Howarth	Rossendale RC	male	Vet
9	18:09:00	Brian Moore	The Tricycle Association - North Western Region	male	Vet
10	18:10:00	Thomas Brazier	HUUB WattShop	male	Senior
11	18:11:00	Sam Straw	ADDFORM Vive Le Velo	male	Senior
12	18:12:00	Simon Horsley	Legato Racing Team (LRT)	male	Vet
13	18:13:00	Louise Scupham	Jadan Vive Le Velo	female	Senior
14	18:14:00	Emma Glen	Springfield Financial Racing Team	female	Vet
15	18:15:00	John Fiddies	HIVE Racing	male	Vet
16	18:16:00	Alastair Semple	Legato Racing Team (LRT)	male	Vet
17	18:17:00	Susan Semple	Legato Racing Team (LRT)	female	Vet
18	18:18:00	Karen Taylor	Springfield Financial Racing Team	female	Vet
19	18:19:00	Derek Black	Wigan Whs CC	male	Vet
20	18:20:00	Derek Parkinson	Springfield Financial Racing Team	male	Vet
21	18:21:00	Matt Stell	Springfield Financial Racing Team	male	Vet
22	18:22:00	Peter Greenwood	Clayton Velo	male	Vet
23	18:23:00	Mike Westmorland	Border City Whs CC	male	Vet
24	18:24:00	Chris Thomas	Blackburn & District CTC	male	Vet
25	18:25:00	Matt Hill	Velo Club Godalming & Haslemere	male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
26	18:26:00	Benjamin Horrobin	Horwich Cycling Club	male	Senior
27	18:27:00	Deborah Moss	Springfield Financial Racing Team	female	Vet
28	18:28:00	Clifford Degraff	Velo Club Cumbria	male	Vet
29	18:29:00	Philip Rawlinson	Cleveleys Road Club	male	Vet
30	18:30:00	Thomas Minns	Springfield Financial Racing Team	male	Senior
31	18:31:00	Darren Harvey	Pendle Forest CC	male	Vet
32	18:32:00	Neil Shepherd	SBRT – Outsider Events	male	Senior
33	18:33:00	William Coles	Evolution Racing Academy	male	Youth
34	18:34:00	William Armstrong	Velo Club Cumbria	male	Vet
35	18:35:00	Alex Coles	Evolution Racing Academy	male	Youth
36	18:36:00	Paul Shallicker	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	male	Vet
37	18:37:00	Paul Singleton	Kent Valley RC	male	Vet
38	18:38:00	Peter Haigh	VTTA North Lancs and Lakes Group	male	Vet
39	18:39:00	Martin Kerry	Lancashire RC	male	Vet
40	18:40:00	Kamil Waligora	360cycling	male	Senior
41	18:41:00	Tony Scott	GTR - Return To Life p/b Streamline	male	Vet
42	18:42:00	Warren Giddins	Warrington Road Club/Horton Light Engineering	male	Vet
43	18:43:00	Dan Pons	Velo Club Cumbria	male	Senior
44	18:44:00	Simon Myerscough	Ribble Valley C&RC	male	Vet
45	18:45:00	Rob Graham	GTR - Return To Life p/b Streamline	male	Senior
46	18:46:00	Paul Blackburn	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	male	Vet
47	18:47:00	Anna Weaver	Team Kirkley Cycles	female	Senior
48	18:48:00	Iain Hazell	Rosendale RC	male	Vet
49	18:49:00	Charlotte Boothman	HIVE Racing	female	Senior
50	18:50:00	Jason Bateman	VTTA North Lancs and Lakes Group	male	Vet
51	18:51:00	Kevin Chadwick	Lakes Road Club	male	Vet
52	18:52:00	Eddie Monteith	Warrington Road Club/Horton Light Engineering	male	Senior
53	18:53:00	David Rundall	Chorley Cycling Club	male	Vet
54	18:54:00	Phil Barnes	SheHair Racing Team	male	Vet

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55	18:55:00	Alastair McNicol	Dooleys RT	male	Senior
56	18:56:00	Paul Newman	Richmond CC	male	Vet
57	18:57:00	Sharon Clifford	SheHair Racing Team	female	Vet
58	18:58:00	Andrew Newey	Ribble Valley C&RC	male	Senior
59	18:59:00	Helen Thomas	Rossendale RC	female	Vet
60	19:00:00	Chris Humphries	Bioracer UK RT	male	Senior
61	19:01:00	Allistair Moffat	Velo Club Cumbria	male	Vet
62	19:02:00	Rachel Brown	Brother Uk - Team OnForm	female	Senior
63	19:03:00	Mick Braithwaite	Springfield Financial Racing Team	male	Vet
64	19:04:00	Richard Durham	Settle Wheelers	male	Vet
65	19:05:00	Sebastian Grindley	North Cheshire Clarion	male	Junior
66	19:06:00	Stephen Makin	Falkirk B C	male	Vet
67	19:07:00	Andrew Barlow	Kent Valley RC	male	Vet
68	19:08:00	Karen Bailey	East Lancashire RC	female	Vet
69	19:09:00	Michael White	Springfield Financial Racing Team	male	Vet
70	19:10:00	Oliver Bridgewood	Bath Cycling Club	male	Senior
71	19:11:00	Alistair Woodman	Swift Racing	male	Vet
72	19:12:00	Ashley Steventon	Royal Air Force Cycling Association	male	Senior
73	19:13:00	Martin Welsh	Pendle Forest CC	male	Vet
74	19:14:00	Hebe Picking	RFDA (Racescene Female Development Accademy)	female	Espoir
75	19:15:00	Richard Helm	Barrow Central Wheelers	male	Vet
76	19:16:00	Robin Gillespie	Beacon Wheelers	male	Vet
77	19:17:00	Russell Marsden	Pendle Forest CC	male	Vet
78	19:18:00	Scott Taylor	Springfield Financial Racing Team	male	Vet
79	19:19:00	Alan Shuttleworth	Weaver Valley CC	male	Vet
80	19:20:00	Tristan Pilling	360cycling	male	Senior
81	19:21:00	Luke Greenwood	Pendle Forest CC	male	Senior
82	19:22:00	Joe Hands	GTR - Return To Life p/b Streamline	male	Vet
83	19:23:00	Craig Venske	Rossendale RC	male	Senior
84	19:24:00	Sue Cheetham	North Lancashire Road Club	female	Vet
85	19:25:00	Ben Marsh	Beeston Cycling Club	male	Espoir
86	19:26:00	Tom Maher	Horwich Cycling Club	male	Vet
87	19:27:00	Dave Isherwood	North Lancashire Road Club	male	Vet
88	19:28:00	Randle Shenton	Legato Racing Team (LRT)	male	Vet
89	19:29:00	Michael Cox	North Lancashire Road Club	male	Vet

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<b>Start Number</b>	<b>Start Time</b>	<b>Rider</b>	<b>Club</b>	<b>Gender</b>	<b>Category</b>
90	19:30:00	Scott Burns	Manchester Bicycle Club	male	Vet
91	19:31:00	Michael Greaney	Stockport Clarion CC	male	Vet
92	19:32:00	Arran Gannicott	SBRT – Outsider Events	male	Senior
93	19:33:00	Richard Tyson	Rock to Roll CC	male	Vet
94	19:34:00	Martin Lee	Bury Clarion CC	male	Vet
95	19:35:00	Marc Anderson	GTR - Return To Life p/b Streamline	male	Vet
96	19:36:00	Roy Nield	East Lancashire RC	male	Vet
97	19:37:00	Andrew Smith	VC Glasgow South	male	Vet
98	19:38:00	Bill Maxwell	Border City Whs CC	male	Vet
99	19:39:00	Cara Rawlinson	Cleveleys Road Club	female	Senior
100	19:40:00	Douglas Watson	GTR - Return To Life p/b Streamline	male	Vet