

# **CC Sudbury (District Championship)**

**500 yard standing start Helmets must be worn**

**09/10/2022 11:00**

**BHC/1**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## **Headquarters**

headquarters will be held at Hollowtree farm shop Semer IP7 6HX

we have plenty of parking and a 2 minute walk to the finish line for spectators, Hollowtrees also has a lovely cafe and outside tuck shop (advisable to book) and a farm trail.

## **Route from HQ to start**

from the HQ turn right till the junction , turn left for appox half mile, turn left to start. allow 10 minutes

## **Course details**

Start at edge of driveway approx five yards from electricity pole no 5 at foot of hill. Finish at gap in hedge just over brow of hill on left.

## Local regulations

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## Organiser contact details

Daniel Upton  
22 Spring Lane Lavenham Sudbury  
07903 181943  
01787 249650  
djupton.du@googlemail.com

## Time keepers/officials

Brian Wedder

David Miller

Linda Pillet

## Course records

### Solo Male

00:39.9

Calum Brown

15-Oct-17 | cc sudbury (district championship)

### Solo Female

00:58.8

Becky Ridge

14-Oct-18 | CC Sudbury (District Championship)

### Solo Male (Junior)

00:49.6

Arthur Hitchen

13-Oct-19 | C.C.Sudbury (District Championship)

### Solo Female (Junior)

01:07.58

Mollie Bilner

10-Oct-21 | CC Sudbury (District Championship)(Semer Hill)

## Awards/prizes

## **NOTES TO COMPETITORS:**

### **17. Signing-on Sheet and Signing-out Sheet**

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## CC Sudbury (District Championship)

Start Number	Start Time	Rider	Club	Gender	Category
1	11:01:00	James Rush	CC Sudbury	male	Vet
2	11:02:00	Matthew Peck	Ipswich BC	male	Vet
3	11:03:00	Andrew Lovelock	Tri Sudbury	male	Senior
4	11:04:00	Greg Andrews	Colchester Rovers CC	male	Vet
5	11:05:00	Ryan Klein	Ipswich BC	male	Senior
6	11:06:00	Richie Edwards	CC Sudbury	male	Vet
7	11:07:00	Dave Roberts	Diss & District CC	male	Vet
8	11:08:00	Steve Everett	Tri Sudbury	male	Vet
9	11:09:00	Alex Harrison	Stowmarket & District CC	male	Senior
10	11:10:00	Charlie Heeks	CC Sudbury	male	Senior
11	11:11:00	Remi Aubrun	Orwell Velo	male	Senior
12	11:12:00	Neil Hughes	Schils - Doltcini RT	male	Vet
13	11:13:00	Mark Bramhall	Colchester Rovers CC	male	Vet
14	11:14:00	Jennifer Lovelock	Tri Sudbury	female	Senior
15	11:15:00	Hannah O'Brien	Loose Cannon's Conditioning	female	Vet
16	11:16:00	Katie Holmes	Tri Sudbury	female	Senior
17	11:17:00	Isabella Johnson	Parenesis-TougHuman Cycling	female	Espoir
18	11:18:00	Lindsay Hobden	Tri Sudbury	female	Vet
19	11:19:00	Dean Death	CC Sudbury	male	Senior
20	11:20:00	Jonathan Schofield	Tri Sudbury	male	Vet
21	11:21:00	Lloyd Chapman	Loose Cannon's Conditioning	male	Senior
22	11:22:00	Anna Brown	Tri Sudbury	female	Vet
23	11:23:00	Ross Harle	Colchester Rovers CC	male	Senior
24	11:24:00	Harvey Etheridge	Great Yarmouth C C	male	Senior
25	11:25:00	Carl Davey	Diss & District CC	male	Vet
26	11:26:00	Sandra MacKay	Parenesis-TougHuman Cycling	female	Vet
27	11:27:00	Thomas Smith	Schils - Doltcini RT	male	Senior
28	11:28:00	Barry McDonald	Parenesis-TougHuman Cycling	male	Vet
29	11:29:00	Sandy Telfer	Norwich A B C	male	Senior

StartNumber	Start Time	Rider	Club	Gender	Category
30	11:30:00	Kirsty Fenner	CC Sudbury	female	Vet
31	11:31:00	Keith Sparkes	Wolsey RC	male	Vet
32	11:32:00	Angela Lesslie	CC Sudbury	female	Vet
33	11:33:00	Paul East	Reading CC	male	Vet
34	11:34:00	Karl Fitt	Velouse Flyers	male	Vet
35	11:35:00	Patrick Hannah	Ford CC	male	Senior
36	11:36:00	Tom Codling	Tri Sudbury	male	Senior
37	11:37:00	Chris Pugh	VC Revolution	male	Senior
38	11:38:00	Oskar Everett	Orwell Velo	male	Junior
39	11:39:00	Richard Stoodley		male	Vet
40	11:40:00	Chris Crabtree	Orwell Velo	male	Senior
41	11:41:00	Alastair Merrill	VC 10	male	Vet
42	11:42:00	James Potter	Loose Cannon's Conditioning	male	Vet
43	11:43:00	Pascal Genin	Colchester Rovers CC	male	Vet
44	11:44:00	Gary Freeman	Orwell Velo	male	Senior
45	11:45:00	Rob Hobbs	Diss & District CC	male	Vet
46	11:46:00	Robert Smith	CC Sudbury	male	Senior
47	11:47:00	Simon Daniel	Tri Sudbury	male	Vet
48	11:48:00	Matt Day	Orwell Velo	male	Senior
49	11:49:00	Dominic Lowden	Diss & District CC	male	Vet
50	11:50:00	Tom White	Colchester Rovers CC	male	Espoir
51	11:51:00	Charlie Openshaw	Team Lifting Gear Products	male	Vet
52	11:52:00	Stephen Clark	Orwell Velo	male	Senior
53	11:53:00	Nicola Soden	Parenesis-ToughHuman Cycling	female	Senior
54	11:54:00	Shane Jarvis	Colchester Rovers CC	male	Senior
55	11:55:00	Morris Bacon	D A P Cycling Club	male	Senior
56	11:56:00	Joseph Phillips	Ipswich BC	male	Youth
57	11:57:00	Charlie Upton	CC Sudbury	male	Youth
58	11:58:00	Isla Widdowson	Colchester Rovers CC	female	Youth
59	11:59:00	Oscar Karta-Smith	Colchester Rovers CC	male	Junior
60	12:00:00	Isla Peck	Ipswich BC	female	Youth