

FTP Racing (part of the FTP series and the WEST DC short BAR)

**Race 1 of 5 of the FTP series - 25,50,100 and HC all to
come in 2022**

09/04/2022 14:00

U7B

Sponsored By



The logo for 76 PROJECTS features the number '76' in a bold, black, sans-serif font, enclosed within a white circle. To the right of the circle, the word 'PROJECTS' is written in a large, white, all-caps, sans-serif font. The entire logo is set against a solid black rectangular background.The logo for @nopinz features a stylized '@' symbol in white, followed by the word 'nopinz' in a bold, italicized, white, sans-serif font. Below the word 'nopinz', the phrase 'TAILORED FOR SPEED' is written in a smaller, white, all-caps, sans-serif font. The entire logo is set against a solid black rectangular background.



Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

The HQ this year is at Stone Cricket Club, its a excellent location close to the start , there is plenty of parking but please respect any areas taped off and do not park on the grass. This is the first time using this venue and we would like to make it possible for other clubs to use in the future.

when you enter the HQ please be aware the start is close by and cars might be overtaking riders so take extra care when entering and exiting the HQ by car or bike , do not come out of the HQ and turn right to warm up as you will be on the course.

You can warm up at the HQ or there are many surrounding laybys that are suitable , we will look to hava a path way to the start that you can wheel your bike the short walk from HQ to the start along the grass verge if possible.

We have Stimulatte coffee on site serving top quality hot drinks

THE CLUB HOUSE
Stone Cricket Club
Swanley
Berkeley
Gloucestershire
GL13 9JL

Route from HQ to start

The start is a few hundred yards from the HQ

Course details

Start on A38 in northern end of layby (GR695963) approximately half a mile South of Newport.

Proceed north on the A38 through Berkeley Road and over the railway bridges to the Slimbridge roundabout where turn (5.3 miles).

Circle and retrace south on the A38 to finish on opposite side of the road to a bus stop just South of Newport (GR698971) approx. ¼ mile before the start.

Local regulations

PLEASE READ - the new rules changes will be checked and enforced , please read them and make sure your ready to race

No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

Organiser contact details

Billy Oliver
231 New Cheltenham Road Bristol
07487584188

ftpcyclecoaching@gmail.com

Time keepers/officials

we are pleased to have the time keepers back for 2022 that did such a great job in 2021 at all the FTP events in

Dennis Davies and Andy Greatwood .

FTP points of contact for any issues / questions on the day are Steve Bray , Will Hamilton and Billy Oliver one of which will be at the HQ all day

Marshalls will be allocated on the day , and we will thank them in the results, as everyone knows events cant run without the help and support of the hosting clubs memebers so a huge thank you to those who give up there time and support the clubs efforts to put these races on

Course records

Solo Male

00:19:19

David Janes

29-Aug-20 | FTP Racing

Solo Female

00:21:34

Megan Dickerson

12-Jun-21 | The University of Bristol Cycling Club

Solo Male (Junior)

00:21:42

Euan Taylor

11-May-19 | Bristol South Cycling Club

Solo Female (Junior)

00:24:51

Freya Richardson

11-May-19 | Bristol South Cycling Club

Tandem

00:21:15

Jon Wiggins, Chris McDonald

31-Jul-21 | PDQ Cycle Coaching (Tandems) (fee per rider)

Awards/prizes

WE have a awesome selection of prizes supplied by Team sponsor 76 Projects , these are custom on off trophies awarded to

Female - 1,2,3

Male - 1,2,3

Female -V40,50,60

Male - V40,50,60

Team Prize is per mixed team that must have at least 1 female rider

We will have a presentation straight after in the HQ

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

FTP Racing (part of the FTP series and the WEST DC short BAR)

Start Number	Start Time	Rider	Club	Gender	Category
18	14:18:00	Amelia Mitchell	FTP (Fulfil The Potential) Race Team	female	Senior
19	14:19:00	Roger Taylor	Frome and District Wheelers	male	Vet
20	14:20:00	Megan Dickerson	FTP (Fulfil The Potential) Race Team	female	Senior
21	14:21:00	Jonathan Warner	LFGSS CC	male	Vet
22	14:22:00	Phillip Blackwell	Stourbridge CC	male	Vet
23	14:23:00	Justin Di Tommaso	Gloucester City Cycling Club	male	Vet
24	14:24:00	Laura Anstey		female	Senior
25	14:25:00	Stephanie Clutterbuck	FTP (Fulfil The Potential) Race Team	female	Senior
26	14:26:00	Tim Radley	Gloucester City Cycling Club	male	Vet
27	14:27:00	Roger Whittle	Gloucester City Cycling Club	male	Vet
28	14:28:00	Tom Woollard	Northover VT / Rudy Project / SCS	male	Vet
29	14:29:00	Robert Latchem	Somer Valley Cycling Club	male	Vet
30	14:30:00	Andrew Butcher	Cwmcarn Paragon Cycling Club	male	Vet
31	14:31:00	Paul Rogoll	PDQ Cycle Coaching	male	Vet
32	14:32:00	Edric Hobbs	VTTA West Group	male	Vet
33	14:33:00	Paul Winchcombe	Chippenham & District Wheelers	male	Vet
34	14:34:00	Adriano Dos Santos	Swindon Road Club	male	Vet
35	14:35:00	Michael Davis		male	Vet
36	14:36:00	Tom Burke-Nott	Bristol South Cycling Club	male	Vet
37	14:37:00	Deacon Cutterham		male	Senior
38	14:38:00	Elizabeth Williams	The Ark Cycles	female	Vet
39	14:39:00	Joanna Knight	Bristol South Cycling Club	female	Vet

Start Number	Start Time	Rider	Club	Gender	Category
40	14:40:00	Andrew Legge	Bristol South Cycling Club	male	Vet
41	14:41:00	Vincent Douglas	Gloucester City Cycling Club	male	Vet
42	14:42:00	Daniel Kempe	Bristol South Cycling Club	male	Vet
43	14:43:00	Tony Russell	Dursley Road Club	male	Vet
44	14:44:00	Tony Lake	Gloucester City Cycling Club	male	Vet
45	14:45:00	Josh Griffiths	FTP (Fulfil The Potential) Race Team	male	Senior
46	14:46:00	Christopher Davis	Giant CC Halo Films	male	Vet
47	14:47:00	Daryl Stroud	Gloucester City Cycling Club	male	Vet
48	14:48:00	Gary Paddon	Swindon Wheelers	male	Senior
49	14:49:00	Adrian Rowley	Gloucester City Cycling Club	male	Vet
50	14:50:00	David Leighton	Severn Road Club	male	Vet
51	14:51:00	Arran Armstrong		male	Vet
52	14:52:00	Dan Smith	VØRANJE	male	Senior
53	14:53:00	Dan Letherbarrow	Cheltenham & County Cycling Club	male	Senior
54	14:54:00	Fergus Phelan	University of Bath Cycling Club	male	Senior
55	14:55:00	Tony Chapman	Frome and District Wheelers	male	Vet
56	14:56:00	Owen Burgess	Chippenham & District Wheelers	male	Senior
57	14:57:00	Alastair McChesney	Bath Cycling Club	male	Vet
58	14:58:00	Alex Morrice	University of Bath Cycling Club	female	Senior
59	14:59:00	Gareth Jones	Clevedon & District Road Club	male	Vet
60	15:00:00	Dean Robson	Velo Sport Jersey	male	Senior
61	15:01:00	Sheldon White	Backpedal	male	Senior
62	15:02:00	Tom Biggs	Cheltenham & County Cycling Club	male	Senior
63	15:03:00	Ben Jones	Portishead Cycling Club	male	Senior
64	15:04:00	John O'Dwyer	Dursley Road Club	male	Vet
65	15:05:00	Mark Bradley	Bristol South Cycling Club	male	Vet
66	15:06:00	Andrew Derrick	Portishead Cycling Club	male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
67	15:07:00	Daniel Capel-Smith	University of Bath Cycling Club	male	Senior
68	15:08:00	Niel Dunnage	PDQ Cycle Coaching	male	Vet
69	15:09:00	Kevin Grant	Frome and District Wheelers	male	Vet
70	15:10:00	Jake Sargent	FTP (Fulfil The Potential) Race Team	male	Senior
71	15:11:00	Luke Smith	Bristol South Cycling Club	male	Vet
72	15:12:00	Paul Derrick		male	Senior