

Sussex CA (Tandems)(fee per rider)

07/05/2022 07:00

G10/97

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Route from HQ to start

Course details

CTT LONDON SOUTH DC - 10 MILES COURSE - G10/97

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STEYNING/SHOREHAM/SYEYNING - A283

COURSE DETAILS

<u>OS</u>	<u>REF</u>	<u>DETAILS</u>	<u>DISTANCES</u>
164128 Farm	0.00	<u>START</u> on A283 at yellow paint mark 39 yards east of centre of entrance to Hammes (and Studio) and 0.52 miles west of junction with B2135	0.00
Bridge		Proceed southeastwards along A283 via Bramber Castle and Beeding Court RBTs to Adur	
209065 (CHECK)	RBT,	Shoreham, where	5.41 5.41
173123		4th exit to retrace on A283 via Beeding Court and Bramber Castle RBTs to FINISH at yellow paint mark 25 yards west of "Public Bridleway" sign and 271 yards before turn into Steyning	10.00 10.00

COURSE NOTES

(CR/LSDC/0101)

District Reg. revised 05/07

Course measured by Ray Douglass/checked by Mike Gibbs & Mike Bloom; Start & Finish revised 0910 and measured By Robin Johnson

GENERAL NOTES to be displayed at signing On Point

London South District regulation: No vehicles, except those of the timekeepers and event officials, shall be parked in the

vicinity of the start and finish areas.

SAFETY INSTRUCTIONS

Competitors are requested not to warm up on the course after the first competitor has started.

Details of any Additional Hazards will be displayed or advised at the Signing On Point. All Competitors must take note

of these details when they sign on.

Competitors must exercise extra care at the start and at all roundabouts.

No times will be given at the Finish.

GUIDANCE NOTES for Event Promoters

Promoters should refer to the GENERIC Risk Assessment and check that all measures to reduce risk have been covered.

Promoters should also complete a SPECIFIC Risk Assessment to identify any additional risks shortly before the event,

contacting the Highways Authority and briefing Competitors at the Signing On Point if necessary. On the day after the event,

The Specific Risk Assessment Sheet/s must be posted to the London South Assistant Secretary (Courses & Risk Assessment)

-see details in the CTT Handbook.

Promoters should be familiar with CTT Regulations and, in particular, the Sections "Duties of Promoting Secretaries" and

"Abandonment or Postponement of Events" as published in the CTT Handbook.

Promoters should keep the Entry Forms, Signing On Sheets and Check Cards for one year after the event if there has been no

Incident in connection with the event and for three years if there has been an incident.

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Details of safe routes to the Start and Finish may be added to the Safety Instructions on the Start Sheet where appropriate.

COURSE DETAILS for submission on the Police Notification Form.

The Course details given below are in a format suitable for the Police Notification Form:-

G10/97 START on A283 at yellow paint mark 39 yards east of centre of entrance to Hammes Farm. Proceed southeastwards along A283 via Bramber Castle and Beeding Court RBTS to TURN at Adur Bridge RBT, Shoreham. Retrace on A283 to Finish at yellow paint mark 25 yards past of "Public Bridleway" sign and 271 yards before left turning into Steyning.

(A form) (Revised 05.05.13)
(CR/LSDC/COURSE G10/97)

Local regulations

Organiser contact details

Stuart Bettis
43 Greystone Avenue Worthing
07732818817

stuart.bettis@hotmail.co.uk

Time keepers/officials

Course records

Solo Male

00:19:18
James Rix
14-Jul-18 | Brighton Excelsior CC (Entries close 06/07/18)

Solo Female

00:21:31
Joscelin Lowden
22-Jun-19 | Horsham Cycling

Solo Male (Junior)

00:20:02
Mattie Dodd
19-Jun-21 | National Youth Championship (London South DC) (Horsham Cycling)(Under 17 on 31st August)

Solo Female (Junior)

00:27:35
Grace Davies
19-Jun-21 | Horsham Cycling(90 Riders Two events)

Tandem

00:24:30
David Eccles, Jon Frost
28-May-17 | brighton mitre cc (max 150 riders 7 events)(tandems)(fee per rider)

Awards/prizes

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

Sussex CA (Tandems)(fee per rider)

Start Number	Start Time	Rider	Club	Gender	Category
32	08:04:00	Mark Jones	GS Stella	male	Vet
32	08:04:00	Tony Reeves	GS Stella	male	Vet