

Lea Valley CC (MM Slower than 22:40 LTS) (90 rider max across 3 events)

SEE DOCUMENTS FOR STARTSHEET COVER

03/07/2021 14:00

E2/10

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.

Image not found or type unknown



Headquarters

<https://www.google.com/maps/place/Westerley+Waterless+Village+Hall/@52.1788854,0.373432,16z/data=!3m1!1e3>

Route from HQ to start

SEE DOCUMENTS FOR STARTSHEET COVER

Course details

All dual carriageway. A bit rolling, but only one fast roundabout turn. A quick course.

Local regulations

Organiser contact details

Mark Freeman
61 Lonsdale Avenue East Ham
07739214194
07739214194
markfreeman70@ymail.com

Time keepers/officials

Course records

Solo Male

17:20
Alex Dowsett
30-May-14 | ECCA 10

Solo Female

19:40
Alice Lethbridge
05-May-18 | lea valley cc (3 events - 180 machines)

Solo Male (Junior)

18:46
Thomas Day
31-Aug-19 | RTTC National 10 mile Championship (London East DC)(Women & Juniors)(Entries close 03/08/19)

Solo Female (Junior)

20:40
Elynor Backstedt
31-Aug-19 | RTTC National 10 mile Championship (London East DC)(Women & Juniors)(Entries close 03/08/19)

Tandem

18:06
Glenn Taylor, Mark Arnold
05-May-18 | lea valley cc (3 events - 180 machines)(tandems)(fee per rider)

Awards/prizes

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

Lea Valley CC (MM Slower than 22:40 LTS)(90 rider max across 3 events)

| Start Number | Start Time | Rider | Club | Gender | Category |
|--------------|------------|-------------------------|------------------------------------|--------|----------|
| 1 | 14:01:00 | Ian Pike (Trike) | Lincoln Wheelers CC | Male | Vet |
| 2 | 14:02:00 | Mark Vowells (Tricycle) | San Fairy Ann CC | Male | Vet |
| 3 | 14:03:00 | John Saysell | North Road CC | Male | Vet |
| 4 | 14:04:00 | John Shellard | VTTA (East Anglia Group) | Male | Vet |
| 5 | 14:05:00 | Robert Hagger | Chelmer CC | Male | Vet |
| 6 | 14:06:00 | Andrew Porter | Welwyn Whs | Male | Vet |
| 7 | 14:07:00 | Murray Kirton | A5 Rangers CC | Male | Vet |
| 8 | 14:08:00 | Mark Careless | Newmarket Cycling & Triathlon Club | Male | Vet |
| 9 | 14:09:00 | Graham Hurst | Norwich A B C | Male | Vet |
| 10 | 14:10:00 | Andrew Merchant | Southend Wheelers | Male | Vet |
| 11 | 14:11:00 | Brian Martin | Ciclos Uno | Male | Vet |
| 12 | 14:12:00 | Anthony Whale | Harlow CC | Male | Vet |
| 13 | 14:13:00 | Anton Blackie | Welwyn Whs | Male | Senior |
| 14 | 14:14:00 | Phil Wright | Hartlepool CC | Male | Vet |
| 15 | 14:15:00 | Andrew Glessing | Shaftesbury CC | Male | Vet |
| 16 | 14:16:00 | James Poulain | Shaftesbury CC | Male | Vet |
| 17 | 14:17:00 | Karen Ayles | Maldon & District CC | Female | Vet |
| 18 | 14:18:00 | Stephen Watson | Hertfordshire Whs | Male | Vet |
| 19 | 14:19:00 | Chris Dunn | Maldon & District CC | Male | Vet |
| 20 | 14:20:00 | Eva Zsigoova | ...a3crg | Female | Senior |
| 21 | 14:21:00 | Steve Cornish | Mid Shropshire Wheelers | Male | Vet |
| 22 | 14:22:00 | Keith Stockwell | Welwyn Whs | Male | Vet |
| 23 | 14:23:00 | Alexander Kew | Kingston Phoenix RC | Male | Vet |
| 24 | 14:24:00 | Paul Breeze | Peterborough CC | Male | Vet |
| 25 | 14:25:00 | John Curtin | Hitchin Nomads CC | Male | Vet |
| 26 | 14:26:00 | Brian Evans | North Road CC | Male | Vet |
| 27 | 14:27:00 | Phil Guy | North Shropshire Wheelers | Male | Vet |
| 28 | 14:28:00 | Vida Sutova | Redbridge CC | Female | Vet |
| 29 | 14:29:00 | Matthew Scales | CC Ashwell | Male | Senior |
| 30 | 14:30:00 | Bethany Spencer | Kettering CC | Female | Junior |

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

| Start Number | Start Time | Rider | Club | Gender | Category |
|--------------|------------|-------------------|-------------------------------------|--------|----------|
| 31 | 14:31:00 | Graham Lawrenson | Hainault RC | Male | Vet |
| 32 | 14:32:00 | Glen Clark | Ely & District CC/B&T Motor Repairs | Male | Vet |
| 33 | 14:33:00 | Kevin Creese | Chronos RT | Male | Vet |
| 34 | 14:34:00 | Neil Davies | Lea Valley CC | Male | Senior |
| 35 | 14:35:00 | David Prom | San Fairy Ann CC | Male | Vet |
| 36 | 14:36:00 | Chris Worsfold | API-Metrow | Male | Vet |
| 37 | 14:37:00 | Laurence Toombs | West Kent RC | Male | Vet |
| 38 | 14:38:00 | Peter Noble | Epsom CC | Male | Vet |
| 39 | 14:39:00 | Dominic Whitehead | Cambridge CC | Male | Vet |
| 40 | 14:40:00 | James Chalklen | Eagle Road Club | Male | Junior |
| 41 | 14:41:00 | John McGlashan | Redmon CC | Male | Vet |
| 43 | 14:43:00 | Andrew Grant | Chelmer CC | Male | Vet |
| 44 | 14:44:00 | Nigel Finch | Mercia - Lloyds Cycles CC | Male | Vet |
| 45 | 14:45:00 | Mark Ready | Diss & District CC | Male | Vet |
| 46 | 14:46:00 | Ian Auger | Fenland Clarion CC | Male | Vet |
| 47 | 14:47:00 | Andrew Bright | Chronos RT | Male | Vet |
| 48 | 14:48:00 | Bob Quarton | Wolsey RC | Male | Vet |
| 49 | 14:49:00 | Mark Fairhead | CC Breckland | Male | Vet |
| 50 | 14:50:00 | Madeleine Gammons | Jadan Vive Le Velo | Female | Espoir |
| 51 | 14:51:00 | Simon Hall | Stourbridge CC | Male | Vet |
| 52 | 14:52:00 | Colin Ashcroft | West Kent RC | Male | Vet |
| 53 | 14:53:00 | Deborah Beare | Icknield RC | Female | Senior |
| 54 | 14:54:00 | Tom Cosgrove | VTTA (London & Home Counties) | Male | Vet |
| 55 | 14:55:00 | Thomas Hewins | Lea Valley CC | Male | Vet |
| 56 | 14:56:00 | Stefan Hurst | Ronde Cycling Club | Male | Senior |
| 57 | 14:57:00 | Rob Moore | Shaftesbury CC | Male | Vet |
| 58 | 14:58:00 | Carmelo Luggeri | CC Ashwell | Male | Vet |
| 59 | 14:59:00 | Sam O'Rourke | St Ives CC | Male | Senior |
| 60 | 15:00:00 | Isabella Johnson | Datalynx-Parenesis Cycling | Female | Espoir |
| 61 | 15:01:00 | David Wells | CC Ashwell | Male | Vet |
| 62 | 15:02:00 | Nicholas Hitchens | Team Bottrill | Male | Vet |
| 63 | 15:03:00 | David Creese | Chronos RT | Male | Vet |