Lea Valley CC (MM Slower than 22:40 LTS)(90 rider max across 3 events)

SEE DOCUMENTS FOR STARTSHEET COVER

03/07/2021 14:00

E2/10

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.

Headquarters

https://www.google.com/maps/place/Westerley+Waterless+Village+Hall/@52.1788854,0.373432,16z/dat

Route from HQ to start

SEE DOCUMENTS FOR STARTSHEET COVER

Course details

All dual carriageway. A bit rolling, but only one fast roundabout turn. A quick course.

Local regulations

Organiser contact details

Mark Freeman
61 Lonsdale Avenue East Ham
07739214194
07739214194
markfreeman70@ymail.com

Time keepers/officials

Course records

Solo Male
17:20
Alex Dowsett
30-May-14 | ECCA 10

Solo Female
19:40
Alice Lethbridge
05-May-18 | lea valley cc (3 events - 180 machines)

Solo Male (Junior)
18:46
Thomas Day
31-Aug-19 | RTTC National 10 mile Championship (London East DC)(Women & Juniors)(Entries close 03/08/19)

Solo Female (Junior)
20:40
Elynor Backstedt
31-Aug-19 | RTTC National 10 mile Championship (London East DC)(Women & Juniors)(Entries close 03/08/19)

Tandem
18:06
Glenn Taylor, Mark Arnold
05-May-18 | lea valley cc (3 events - 180 machines)(tandems)(fee per rider)

Awards/prizes

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

Lea Valley CC (MM Slower than 22:40 LTS)(90 rider max across 3 events)

Start Number	Start Time	Rider	Club	Gender	Category
1	14:01:00	Ian Pike (Trike)	Lincoln Wheelers CC	male	Vet
2	14:02:00	Mark Vowells (Tricycle)	San Fairy Ann CC	male	Vet
3	14:03:00	John Saysell	North Road CC	male	Vet
4	14:04:00	John Shellard	VTTA (East Anglia Group)	male	Vet
5	14:05:00	Robert Hagger	Chelmer CC	male	Vet
6	14:06:00	Andrew Porter	Welwyn Whs	male	Vet
7	14:07:00	Murray Kirton	A5 Rangers CC	male	Vet
8	14:08:00	Mark Careless	Newmarket Cycling & Triathlon Club	male	Vet
9	14:09:00	Graham Hurst	Norwich A B C	male	Vet
10	14:10:00	Andrew Merchant	Southend Wheelers	male	Vet
11	14:11:00	Brian Martin	Ciclos Uno	male	Vet
12	14:12:00	Anthony Whale	Harlow CC	male	Vet
13	14:13:00	Anton Blackie	Welwyn Whs	male	Senior
14	14:14:00	Phil Wright	Hartlepool CC	male	Vet
15	14:15:00	Andrew Glessing	Shaftesbury CC	male	Vet
16	14:16:00	James Poulain	Shaftesbury CC	male	Vet
17	14:17:00	Karen Aylen	Maldon & District CC	female	Vet
18	14:18:00	Stephen Watson	Hertfordshire Whs	male	Vet
19	14:19:00	Chris Dunn	Maldon & District CC	male	Vet
20	14:20:00	Eva Zsigoova	...a3crg	female	Senior
21	14:21:00	Steve Cornish	Mid Shropshire Wheelers	male	Vet
22	14:22:00	Keith Stockwell	Welwyn Whs	male	Vet
23	14:23:00	Alexander Kew	Kingston Phoenix RC	male	Vet
24	14:24:00	Paul Breeze	Peterborough CC	male	Vet
25	14:25:00	John Curtin	Hitchin Nomads CC	male	Vet
26	14:26:00	Brian Evans	North Road CC	male	Vet
27	14:27:00	Phil Guy	North Shropshire Wheelers	male	Vet
28	14:28:00	Vida Sutova	Redbridge CC	female	Vet
29	14:29:00	Matthew Scales	CC Ashwell	male	Senior
30	14:30:00	Bethany Spencer	Kettering CC	female	Espoir

Start Number	Start Time	Rider	Club	Gender	Category
31	14:31:00	GrahamLawrenson	Hainault RC	male	Vet
32	14:32:00	Glen Clark	Ely & District CC/B&T Motor Repairs	male	Vet
33	14:33:00	Kevin Creese	Chronos RT	male	Vet
34	14:34:00	Neil Davies	Lea Valley CC	male	Senior
35	14:35:00	David Prom	San Fairy Ann CC	male	Vet
36	14:36:00	Chris Worsfold	API/Anglia Sport	male	Vet
37	14:37:00	Laurence Toombs	West Kent RC	male	Vet
38	14:38:00	Peter Noble	Epsom CC	male	Vet
39	14:39:00	Dominic Whitehead	Cambridge CC	male	Vet
40	14:40:00	James Chalklen	Eagle Road Club	male	Espoir
41	14:41:00	John McGlashan	Redmon CC	male	Vet
43	14:43:00	Andrew Grant	Chelmer CC	male	Vet
44	14:44:00	Nigel Finch	Mercia - Lloyds Cycles CC	male	Vet
45	14:45:00	Mark Ready	Diss & District CC	male	Vet
46	14:46:00	Ian Aunger	Fenland Clarion CC	male	Vet
47	14:47:00	Andrew Bright	Chronos RT	male	Vet
48	14:48:00	Bob Quarton	Wolsey RC	male	Vet
49	14:49:00	Mark Fairhead	CC Breckland	male	Vet
50	14:50:00	Madeleine Gammons	Jadan Vive Le Velo	female	Senior
51	14:51:00	Simon Hall	Stourbridge CC	male	Vet
52	14:52:00	Colin Ashcroft	West Kent RC	male	Vet
53	14:53:00	Deborah Beare	Icknield RC	female	Senior
54	14:54:00	Tom Cosgrove	VTTA (London & Home Counties)	male	Vet
55	14:55:00	Thomas Hewins	Lea Valley CC	male	Vet
56	14:56:00	Stefan Hurst	Ronde Cycling Club	male	Senior
57	14:57:00	Rob Moore	Shaftesbury CC	male	Vet
58	14:58:00	Carmelo Luggeri	CC Ashwell	male	Vet
59	14:59:00	Sam O'Rourke	St Ives CC	male	Senior
60	15:00:00	Isabella Johnson	Parenesis-TougHuman Cycling	female	Espoir
61	15:01:00	David Wells	CC Ashwell	male	Vet
62	15:02:00	Nicholas Hitchens	Team Bottrill	male	Vet
63	15:03:00	David Creese	Chronos RT	male	Vet