

# **VTTA London & Home Counties (150 riders) (Pref to VTTA members)(entries close 29/06/21)**

**10 mile Time Trial under CTT rules**

**18/07/2021 08:00**

**F11/10**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.

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## **Headquarters**

**Event HQ opens at 7 am**

**Aylesbury Rugby Club**

**Brook End, Weston Road, Aylesbury, HP22 5RN**

## **Route from HQ to start**

A full Start Sheet with all necessary details will be provided shortly and emailed to all riders. Please read the notes concerning the First Turn and the Finish where you must leave the main carriageway BEFORE the white arrows on the roadway to avoid disqualification

## **Course details**

START on southbound sliproad to A41 on the Western Tring junction approx 40 yards from the start of the sliproad. Proceed along A41 to come off at first sliproad (Eastern Tring junction) to:- TURN (approx 2.0 miles) by taking 4th exit out of RAB and under the A41, going around 2nd RAB to take 2nd exit back onto the A41 westbound and continue past all junctions to RAB at end of Aston Clinton by-pass to:- TURN (7.87 miles) by taking 3rd exit out of RAB back along the by-pass, again ignoring College Road junction to:- FINISH on Buckland sliproad 9 yards south-east of manhole cover on grass verge, about 91 yards north-west of (i.e. before) separation of slip road and main carriageway, also about 460 yards north-west of the B489 overbridge.

## Local regulations

See separate brochure to be emailed.

## Organiser contact details

David Guy  
2-5 Warwick Court London  
07711697900  
0207 421 5315  
ovcyclingclub@hotmail.co.uk

## Time keepers/officials

See Separate Brochure

## Course records

### Solo Male

17:11

Harry Tanfield

16-Jun-18 | Hemel Hempstead CC (150 riders)(pref to W&J)(Entries close 02/06/18)

### Solo Female

19:34

Hayley Simmonds

15-Jun-19 | Hemel Hempstead CC (150 riders)(pref to W&J)(Entries close 01/06/19)

### Solo Male (Junior)

18:30

Oscar Nilsson-Julien

05-Sep-20 | Icknield RC (Charity Event)(Preference to slower than 22:00 LTS)(150 riders)(Cheques payable to Icknield RC)(entries close 04/08/20)

### Solo Female (Junior)

21:26

Flora Perkins

16-May-21 | Newbury Velo (Pref to slower than 20:00 LTS)(20 places reserved for NV riders)

### Tandem

18:30

Ian Greenstreet, Rachael Elliott

16-May-21 | Newbury Velo (Tandems)(fee per rider)

## **Awards/prizes**

See separate brochure

### **NOTES TO COMPETITORS:**

#### 17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## VTТА London & Home Counties (150 riders) (Pref to VTТА members)(entries close 29/06/21)

Start Number	Start Time	Rider	Club	Gender	Category
1	08:01:00	Richard Moule	Bossard Whs	Male	Vet
2	08:02:00	Neil Dowie	Shorter Rochford RT	Male	Vet
3	08:03:00	Matt Wilmington	Icknield RC	Male	Vet
4	08:04:00	Thomas Jones	VTТА (London & Home Counties)	Male	Vet
5	08:05:00	Paul Hartigan	Hillingdon Triathletes	Male	Vet
6	08:06:00	Michael Bennett	Bicester Millennium CC	Male	Vet
7	08:07:00	Stan Nwaka	Verulam CC	Male	Vet
8	08:08:00	Robin Short	Cotswold Veldrijden	Male	Vet
9	08:09:00	Bob Symons	PDQ Cycle Coaching	Male	Vet
10	08:10:00	Martin Reynolds	Cambridge CC	Male	Vet
11	08:11:00	Matt Fisher	Newbury Velo	Male	Vet
12	08:12:00	Ragnar Laan	Twickenham CC	Male	Vet
13	08:13:00	Hans Nilsson	London Phoenix CC	Male	Vet
14	08:14:00	John McGlashan	Redmon CC	Male	Vet
15	08:15:00	Mark Wise	Team Jewson - MI Racing ~Poly Pipe~McCann	Male	Vet
16	08:16:00	James Moss	North Road CC	Male	Vet
17	08:17:00	Duncan Emery	Twickenham CC	Male	Vet
18	08:18:00	Mark Thomas	Bigfoot CC	Male	Vet
19	08:19:00	John Isard	Hampshire Road Club	Male	Vet
20	08:20:00	Tim Cox	Hemel Hempstead CC	Male	Vet
21	08:21:00	Matt Hill	Velo Club Godalming & Haslemere	Male	Vet
22	08:22:00	Wayne Smith	Team Ohten Aveas	Male	Vet
23	08:23:00	James McPherson	Hitchin Nomads CC	Male	Vet
24	08:24:00	Mike Kirby	Banbury Star Cyclists' Club	Male	Vet
25	08:25:00	Martin O'Sullivan	Teddington and Turing Velo	Male	Vet
26	08:26:00	Michael Greaney	Stockport Clarion CC	Male	Vet
27	08:27:00	Neil Gerrard	Folkestone Velo Club	Male	Vet
28	08:28:00	Carl King	VTТА (Manchester & NW Group)	Male	Vet
29	08:29:00	Graeme Church	Team Milton Keynes	Male	Vet
30	08:30:00	Simon Adcook	Worcester St. Johns CC	Male	Vet
31	08:31:00	David Clark	Eastbourne Rovers CC	Male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
32	08:32:00	Michael Garvey	High Wycombe CC	Male	Vet
33	08:33:00	Dave May	Bicester Millennium CC	Male	Vet
34	08:34:00	Peter Smith	Team Jewson - MI Racing ~Poly Pipe~McCann	Male	Vet
35	08:35:00	Jeff Roberts	High Wycombe CC	Male	Vet
36	08:36:00	Mark Woolford	Team Swindon Cycles	Male	Vet
37	08:37:00	Adrian Cox	Team Milton Keynes	Male	Vet
38	08:38:00	George Turner	VTTA (London & Home Counties)	Male	Vet
39	08:39:00	Mark Perryman	London Clarion	Male	Vet
40	08:40:00	Colin McDermott	Festival Road Club	Male	Vet
41	08:41:00	Matthew Reader	Verulam CC	Male	Vet
42	08:42:00	Mark Tyrrell	Oxonian CC	Male	Vet
43	08:43:00	David Cook	Bedfordshire Road RT	Male	Vet
44	08:44:00	Dave Mason [Trike]	Lincoln Wheelers CC	Male	Vet
45	08:45:00	Ady Dench	Team Sheffield	Male	Vet
46	08:46:00	David Leighton	Severn Road Club	Male	Vet
47	08:47:00	Tim Davies	CC Luton	Male	Vet
48	08:48:00	Jonathan Williams	Amersham Road Cycling Club	Male	Vet
49	08:49:00	Steve Tooke	The Bike Loft	Male	Vet
50	08:50:00	Graham Winstone	ZeroBC Race Team	Male	Vet
51	08:51:00	Jim Moffatt	CC Luton	Male	Vet
52	08:52:00	Andy Sharman	Team Bottrill	Male	Vet
53	08:53:00	Chris Sprott	Ratae RC	Male	Vet
54	08:54:00	Mike Logue	ZeroBC Race Team	Male	Vet
55	08:55:00	Tim May	PDQ Cycle Coaching	Male	Vet
56	08:56:00	Robert Barker	Kettering CC	Male	Vet
57	08:57:00	Robert Jones	Army Cycling	Male	Vet
58	08:58:00	Hugh Williams	Spartan	Male	Vet
59	08:59:00	Ed Hoskin	Mickey Cranks Cycling Club	Male	Vet
60	09:00:00	Roger Porter	Verulam CC	Male	Vet
61	09:01:00	Andy Newham (Trike)	Lincoln Wheelers CC	Male	Vet
62	09:02:00	Bernard Lamb	Hemel Hempstead CC	Male	Vet
63	09:03:00	Gary Wright (Trike)	Lincoln Wheelers CC	Male	Vet
64	09:04:00	Christopher Edginton	ZeroBC Race Team	Male	Vet
65	09:05:00	Ian Pike (Trike)	Lincoln Wheelers CC	Male	Vet
66	09:06:00	Vida Sutova	Redbridge CC	Female	Vet

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Start Number	Start Time	Rider	Club	Gender	Category
67	09:07:00	Emma McDermott	Oxonian CC	Female	Vet
68	09:08:00	Stephanie Cousins	QN Racing	Female	Vet
69	09:09:00	Samantha Messenger	Bicester Millennium CC	Female	Vet
70	09:10:00	Michelle Lee	PDQ Cycle Coaching	Female	Vet
71	09:11:00	Gillian Reynolds	Willesden CC	Female	Vet
72	09:12:00	Kate Kelland	High Wycombe CC	Female	Vet
73	09:13:00	Claire Davies	Mark White Coaching RT	Female	Vet
74	09:14:00	Allison Kaye	Verulam CC	Female	Vet
75	09:15:00	Dena Ford	High Wycombe CC	Female	Vet
76	09:16:00	Rosslyn Young	Serpentine Running Club	Female	Vet
77	09:17:00	Susan Oldham	Bicester Millennium CC	Female	Vet
78	09:18:00	Rachel Green	Cheltenham & County Cycling Club	Female	Vet
79	09:19:00	Jan Farmer	Serpentine Running Club	Female	Vet
80	09:20:00	Sue Rust	Kettering CC	Female	Vet
81	09:21:00	Amanda Borg-Cardona	London Clarion	Female	Vet
82	09:22:00	Hilary Walker	Serpentine Running Club	Female	Vet
83	09:23:00	Helen Reynolds	Hemel Hempstead CC	Female	Vet
84	09:24:00	Stephen Knight	Wakefield Triathlon Club	Male	Vet
85	09:25:00	Matthew Saunders	Team Vision Racing - Silverhook	Male	Vet
86	09:26:00	Rich Steels	WattShop	Male	Vet
87	09:27:00	Michael Costello	Race Hub	Male	Vet
88	09:28:00	Nick Taylor	Metropolitan Police Cycle Club	Male	Vet
89	09:29:00	Paul Valks	Lewes Wanderers CC	Male	Vet
90	09:30:00	Andy Proffitt	Arctic Aircon RT	Male	Vet
91	09:31:00	Stu Carver	North Hampshire RC	Male	Vet
92	09:32:00	Geoff Reynolds	Hemel Hempstead CC	Male	Vet
93	09:33:00	Andy King	Kettering CC	Male	Vet
94	09:34:00	Graham Read	45 RC	Male	Vet
95	09:35:00	Tim Hood	Team Bottrill	Male	Vet
96	09:36:00	Tim Kingston	GS Invicta - Eye Level Optical- Herbert Cycles	Male	Vet
97	09:37:00	Antonio Maschio	Sotonia CC	Male	Vet
98	09:38:00	Alan Crane	Chronos RT	Male	Vet
99	09:39:00	Brian Lewis	Bicester Millennium CC	Male	Vet
100	09:40:00	Chris Loake	AeroCoach	Male	Vet
101	09:41:00	Stu Wright	QN Racing	Male	Vet
102	09:42:00	Robert Nicholas	Deal Tri	Male	Vet

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Start Number	Start Time	Rider	Club	Gender	Category
103	09:43:00	Ian Swinscoe	Royal Air Force Cycling Association	Male	Vet
104	09:44:00	John Dowling	Hemel Hempstead CC	Male	Vet
105	09:45:00	Simon Garrett	Team Echelon	Male	Vet
106	09:46:00	Ashley Roue	Mapperley CC	Male	Vet
107	09:47:00	Tom Cosgrove	VTTA (London & Home Counties)	Male	Vet
108	09:48:00	Paul Schofield	St Ives CC	Male	Vet
109	09:49:00	Martin Wright	Eat Plants Not Pigs CC	Male	Vet
110	09:50:00	Joel Stewart	Team Ohten Aveas	Male	Vet
111	09:51:00	Grant Orsborn	Bedfordshire Road RT	Male	Vet
112	09:52:00	Ed Watson	Ratae RC	Male	Vet
113	09:53:00	Chris Ford	High Wycombe CC	Male	Vet
114	09:54:00	Simon Bowler	Berkhamsted Cycling Club	Male	Vet
115	09:55:00	Ben Houston	East Grinstead CC	Male	Vet
116	09:56:00	Paul Newman	Shorter Rochford RT	Male	Vet
117	09:57:00	Mike Watson	Lowestoft Wheelers Cycling Club	Male	Vet
118	09:58:00	Mark Halliday	North Bucks RC	Male	Vet
119	09:59:00	Ian Radburn	Oxonian CC	Male	Vet
120	10:00:00	Simon Norman	Bedfordshire Road RT	Male	Vet
121	10:01:00	Stuart Day	VC Sevale (Malvern)	Male	Vet
122	10:02:00	Gary Pamment	CC Sudbury	Male	Vet
123	10:03:00	Charles Salt	Newbury Velo	Male	Vet
124	10:04:00	David Creese	Chronos RT	Male	Vet
125	10:05:00	James Churchard	Reading CC	Male	Vet
126	10:06:00	Tom Houghton	Team TMC	Male	Vet
127	10:07:00	Sheehan Quirke	LincsQuad	Male	Vet
128	10:08:00	James Wooldridge	Team Milton Keynes	Male	Vet
129	10:09:00	Cliff Price	Metropolitan Police Cycle Club	Male	Vet
130	10:10:00	Mark Jones	DRAG2ZERO	Male	Vet
131	10:11:00	Andrew Grant	Cambridge CC	Male	Vet
132	10:12:00	Craig Chappell	Team Vision Racing - Silverhook	Male	Vet
133	10:13:00	Richard Llewellyn	Imperial Racing Team	Male	Vet
134	10:14:00	Matt Steel	Shaftesbury CC	Male	Vet
135	10:15:00	Michael Parker	TMG Horizon Cycling Team	Male	Vet
136	10:16:00	James Scarth	Bishop's Stortford CC	Male	Vet
137	10:17:00	Ed Moss	Beacon Roads CC	Male	Vet
138	10:18:00	Matthew Woods	Eastbourne Rovers CC	Male	Vet
139	10:19:00	Kevin Creese	Chronos RT	Male	Vet
140	10:20:00	Alan Murchison	DRAG2ZERO	Male	Vet



Start Number	Start Time	Rider	Club	Gender	Category
141	10:21:00	Steven Cottington	Bath Cycling Club	Male	Vet
142	10:22:00	Antony Bee	Wigmore CC	Male	Vet
143	10:23:00	Gary Johnson	CC Sudbury	Male	Vet
144	10:24:00	Richard Partington	OV Cycling Club	Male	Vet
145	10:25:00	Gaz Poulson	Royal Air Force Cycling Association	Male	Vet
146	10:26:00	David Clements	Eastbourne Rovers CC	Male	Vet
147	10:27:00	Mat Wilson	VTTA (London & Home Counties)	Male	Vet
148	10:28:00	Robert Saunders	North Bucks RC	Male	Vet
149	10:29:00	Christopher Huxley	Stratford Cycling Club	Male	Vet
150	10:30:00	Richard Oakes	Team Ohten Aveas	Male	Vet
Reserve	--	Stephen George Lazenby	Beacon Roads CC	Male	Vet
Reserve	--	Kevin Humphreys	Sherwood CC	Male	Vet
Reserve	--	Cliff Voller	Newbury RC	Male	Vet
Reserve	--	Graham Pepperdine	Verulam CC	Male	Vet
Reserve	--	Andrew Bright	Chronos RT	Male	Vet
Reserve	--	Philip Wilkinson	Milton Keynes RC	Male	Vet
Reserve	--	Mike Boyce	...a3crg	Male	Vet
Reserve	--	John Bourton	Bicester Millennium CC	Male	Vet
Reserve	--	David Prom	San Fairy Ann CC	Male	Vet
Reserve	--	Graham Green	Team Bottrill	Male	Vet
Reserve	--	Simon Craig-McFeely	...a3crg	Male	Vet
Reserve	--	Alastair Merrill	VC 10	Male	Vet
Reserve	--	Sean Mallon	Team Swindon Cycles	Male	Vet
Reserve	--	Simon Hunt	VéloElite RC	Male	Vet
Reserve	--	Peter White	VC 10	Male	Vet