# Leicestershire Road Club (WOMEN, JUNIORS & VETS)(road Bikes only, no Tri Bars)

Annual Hilly 27.2 Mile Time Trial For Road bikes Only This is also a counting event in the Aero Coach road Bike TT series

02/05/2021 09:00

**AH/1** 

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



#### **Headquarters**

Holland Nurseries.

Skylark Farm,

Tilton Road,

Twyford LE142HZ

#### Route from HQ to start

From the HQ turn left on the B6047 towards Twyford, the start is 1/2 mile down the Hill on the right by the field gate, opposite the last house in Twyford.

#### Course details

The route is on a mix of rolling unclassified lanes with many blind corners. Please ride on the Left hand side of the road and be prepared to stop at to give way. Extreme care must be taken on the 3 right turns.

Start by the gate @ the bottom of Thimble Hill south west of Twyford B6047. Up Hill 3/4 mile turn Right with Care at top junction towards Queniborough, continue 1 miles and left into Baggrave park. Care undulating road with cattlegrids. Exit via lodge, right turn, Care at junction. Continue 1 mile and past Hungerton Black Boy pub then take left turn to Keyham. Left at junction onto Keyham Lane, continue to T junction at Billesdon Coplow. Left turn and continue on top road towards Tilton-on-the Hill. At t junction turn left and continue through Tilton village, turn right in filter lane at east end signed Halstead. Continue 100 yards then turn left onto Oakham Road. Continue 4 miles towards Braunston in Rutland. Sharp left at junction signpost Knossington. Continue 1.5 miles to Knossington village left turn at T junction. Continue on main street by Fox and Hound pub, Care narrow road with parked cars. Continue 1.5 miles towards Somerby, then left at T junction. Continue 2 miles through Somerby and Pickwell, 500 yards after Pickwell village turn left signed Little Dalby. Care on bends through woodlands. In 1 mile left turn at wooden bus shelter in Little Dalby. Continue 2 miles to Great Dalby. Left at junction up hill follow road right at top of hill into village. At junction with B6047 turn left towards Twyford. Continue 2.5 miles south through Thorpe Satchville on B6047 to finish at bottom of the hill at the end of lay-by. 27.2 miles total.

Startsheet for: Leicestershire Road Club (WOMEN, JUNIORS & VETS  Promoted for and on behalf of Cycling Time Trials under its rules and regulations	02/05/2021

#### Local regulations

- Promoted for & behalf of Cycling Time Trials under its Rules & Regulations
- We strongly reccomend the use of a rear light during the event on your bike.
- There will be no Results board at the HQ- these will be posted on the Leicestershire Road Club Hilly TT Facebook page & Leicestershire Road Club Twitter feed durring the event. These will be provisional until all results are checked & clarified.
- All riders must bring a pen to sign in & out of the event-non will be provided.
- Competitors should not attend if they feel ill in ANY way or if family members have any Covid symptoms.
- An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warmup.
- All warm-ups should be done on the road. Static warm-ups are prohibited. Please be considerate while warming up as other riders may be racing.
- Riders MUST NOT gather in anyway regardless of current guidelines in the car park, HQ area or elsewhere.
- Competitors on finishing MUST NOT stop at the finish and MUST NOT loiter at the HQ/car park and MUST pack away and leave immediately upon completion of the race.

### Organiser contact details

Chris Thompson 17 Wysall Lane Rempstone Near Loughborough 07546 834545 01509 880748 chris-thompson-22trees@hotmail.co.uk

#### Time keepers/officials

Timekeepers--Start line-Tom Bailey Finish line--Dave Binks & Norman Portess- Assistants-Steve Perkins & Alan Staniforth

Event Secretary; Chris Thompson

Chief marshal; Glen Coltman

HQ-Sign on & Results -Gary & Theresa Coltman

Please Note there will be No Results board, they will be produced on Twitter & Facebook (Updated throughout the event-links available at the signing on)

#### Course records

#### **Solo Male**

1:06:14

Harry Thompson

28-Apr-19 Leicestershire RC (No Tri-Bars or TT Machines)

#### **Solo Female**

1:20:18

Yasmin Marks

28-Apr-19 | Leicestershire RC (No Tri-Bars or TT Machines)

#### Awards/prizes

Senior Women 1st £50 & Aero Coach Voucher, 2nd £40, 3rd £30

Vet Women 1st £50 & Aero Coach Voucher, 2nd £40, 3rd £30

Vet Men 1st £50 & Aero Coach Voucher, 2nd £40, 3rd £30

Junior 1st £10 & Aero Coach Voucher

Senior Men 1st £50, 2nd £40, 3rd £30, 4th £20, 5th £10

Team of 3 1st £30, 2nd £15

#### **NOTES TO COMPETITORS:**

#### 17. Signing-on Sheet and Signing-out Sheet

- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

## **Startsheet**

# Leicestershire Road Club (WOMEN, JUNIORS & VETS)(road Bikes only, no Tri Bars)

Start Number	Start Time	Rider	Club	Gender	Category
1	09:01:00	Jill Postlethwaite	Welland Valley CC	Male	Vet
2	09:02:00	Smudge Smith	Ilkeston Cycle Club	Male	Vet
3	09:03:00	Sally Maitland	Beeston Cycling Club	Male	Vet
4	09:04:00	Joss Winter	Matlock CC	Male	Senior
5	09:05:00	Chloe Vickers	Loughborough Lightning / TRG	Male	Espoir
6	09:06:00	Elizabeth Bridgen	Ilkeston Cycle Club	Male	Vet
7	09:07:00	Morgan Newberry	Škoda DSI Cycling Academy	Male	Para-cyclist
8	09:08:00	Catherine Hughes	Ilkeston Cycle Club	Male	Vet
9	09:09:00	Verity Wolstencroft	Knutsford Tri Club	Male	Vet
10	09:10:00	Rebecca Rimmington		Male	Senior
11	09:11:00	Jessica Denman	Ilkeston Cycle Club	Male	Senior
12	09:12:00	Hannah Lancaster	Loughborough Lightning / TRG	Male	Senior
13	09:13:00	Annabel Prow	Nottingham Clarion CC	Male	Vet
14	09:14:00	Vreni Verhoeven	Ilkeston Cycle Club	Male	Vet
15	09:15:00	April Tacey	Drops - Le Col s/b Tempur	Male	Senior
16	09:16:00	Lou Bates	Nottingham Clarion CC	Male	Vet
17	09:17:00	Melissa Denman	Ilkeston Cycle Club	Male	Senior
18	09:18:00	Hannah Wibberley	Ilkeston Cycle Club	Male	Senior
19	09:19:00	Charlotte Dadd	Velo Club Rutland	Male	Vet
20	09:20:00	Francesca Hall	Loughborough Lightning / TRG	Male	Senior
21	09:21:00	Sian Botteley	Brother Uk - Team OnForm	Male	Senior
22	09:22:00	Joss Lowden	Drops - Le Col s/b Tempur	Male	Senior
23	09:23:00	Tony Grassby	Peak Road Club	Male	Vet
24	09:24:00	Alex Smith	Welland Valley CC	Male	Espoir
25	09:25:00	Harrison Tacey	Leicestershire RC	Male	Espoir
26	09:26:00	Ryan Williams	Beeston Cycling Club	Male	Espoir

Start Number	Start Time	Rider	Club	Gender	Category
27	09:27:00	Mark Botteley	Brother Uk - Team OnForm	Male	Vet
28	09:28:00	Stephen Palmer	Team Enable - M.I. Racing	Male	Vet
29	09:29:00	Laurence Noble	Velo Club Rutland	Male	Vet
30	09:30:00	Colin Parkinson	South Western Road Club	Male	Vet
31	09:31:00	Rob Muzio	Team Ohten Aveas	Male	Vet
32	09:32:00	Andrew Jackson	Moda Racing Team	Male	Vet
33	09:33:00	Stuart Reeves	Coalville Whs	Male	Vet
34	09:34:00	Will Blythe	Melton Olympic CC	Male	Vet
35	09:35:00	Martin Perrett	Team Ohten Aveas	Male	Vet
36	09:36:00	Tim Don	Team Bottrill	Male	Vet
37	09:37:00	David Broadbent	Moda Racing Team	Male	Vet
38	09:38:00	Jason Brotherhood	Ambion Racing Team	Male	Vet
39	09:39:00	Robin Barber	Speedhub	Male	Vet
40	09:40:00	Andrew Hicklin	Peak Road Club	Male	Vet
41	09:41:00	Andy Eagers	Derby Mercury R C	Male	Vet
42	09:42:00	Paul Stewart	Moda Racing Team	Male	Vet
43	09:43:00	Chris Schofield	Melton Olympic CC	Male	Vet
44	09:44:00	Michael Clarke	Coalville Whs	Male	Vet
45	09:45:00	Stewart Bates	Nottingham Clarion CC	Male	Vet
46	09:46:00	Roy Chamberlain	Corley Cycles RC	Male	Vet
47	09:47:00	Mervyn Sperry	Coalville Whs	Male	Vet
48	09:48:00	Simon Dixey	Welland Valley CC	Male	Vet
49	09:49:00	Sid Charlton	Lincoln Wheelers CC	Male	Vet
50	09:50:00	Malcolm Smith	Peterborough CC	Male	Vet
51	09:51:00	Kevin White	Matlock CC	Male	Vet
52	09:52:00	Edmond Dixon	Bicester Millennium CC	Male	Vet
53	09:53:00	Austin Smith	Welland Valley CC	Male	Vet
54	09:54:00	Roland Elsdon	Rugby Racing Cycling Club	Male	Vet
55	09:55:00	Christopher Garner	Coalville Whs	Male	Vet
56	09:56:00	Mick Stevens	Melton Olympic CC	Male	Vet
57	09:57:00	William Cull	Welland Valley CC	Male	Vet
58	09:58:00	Steve Chipping	Shutt Velo Test Team	Male	Vet
59	09:59:00	Colin Donaldson	Greenwich Tritons Tri Club	Male	Vet
60	10:00:00	Alan Nicolson	Race Hub	Male	Vet
61	10:01:00	Richard Ferguson	Beeston Cycling Club	Male	Vet
62	10:02:00	Gary Kondor	Sherwood CC	Male	Vet
63	10:03:00	Lawrence Cox	Welland Valley CC	Male	Vet
64	10:04:00	Steve Price	Retro Racing	Male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
65	10:05:00	Michael Wills	Team Lutterworth Cycle Centre	Male	Vet
66	10:06:00	John Odell	Nottingham Clarion CC	Male	Vet
67	10:07:00	Mike Allen	Team Enable - M.I. Racing	Male	Vet
68	10:08:00	Jason Williams	Welland Valley CC	Male	Vet
69	10:09:00	Patrick Giblin	Rotherham Wheelers Cycling Club	Male	Vet
70	10:10:00	Nick Cave	Team Lutterworth Cycle Centre	Male	Vet
71	10:11:00	Michael Costello	Race Hub	Male	Vet
72	10:12:00	Phil Rayner	Welland Valley CC	Male	Vet
73	10:13:00	Simon Hale	Ilkeston Cycle Club	Male	Vet
74	10:14:00	Gary Ashwell	Welland Valley CC	Male	Vet
75	10:15:00	Simon Inman	OVB	Male	Vet
76	10:16:00	Neil White	Ambion Racing Team	Male	Vet
77	10:17:00	Roger Canham	Velo Club Rutland	Male	Vet
78	10:18:00	Steven Perks	Witham Wheelers / Grantham	Male	Vet
79	10:19:00	Tony Donaldson	Ilkeston Cycle Club	Male	Vet
80	10:20:00	Anthony Jackson	Nottingham Clarion CC	Male	Vet
81	10:21:00	Steven Prince	Ludlow Brewery Race Team	Male	Vet
82	10:22:00	Karl Moseley	Bridgnorth Cycling Club	Male	Vet
83	10:23:00	Malcolm Moore	Team Enable - M.I. Racing	Male	Vet
84	10:24:00	lan Parker	Leicestershire RC	Male	Vet
85	10:25:00	Steve Gibson	Peak Road Club	Male	Vet
86	10:26:00	lan Russell	Moda Racing Team	Male	Vet
87	10:27:00	Martin Tolley	Stafford RC	Male	Vet
88	10:28:00	Adam Clarke	Team Bottrill	Male	Vet
89	10:29:00	Giles Cooper	Velo Club Rutland	Male	Vet
90	10:30:00	Matthew Bottrill	Team Bottrill	Male	Vet
91	10:31:00	Nick Giles	Pocomotion Road Club	Male	Vet
92	10:32:00	Mark Greenwood	Lungs 2 Legs	Male	Vet