

University of Manchester CC (UMCC) 25 M Season Leg Opener

A 25 mile Time Trial on the J4/8 Course, Cheshire

01/03/2020 11:00

j4/8

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.

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Headquarters

Allstock Village Hall (Chapel Lane Allstock WA16 9LS)

Open from 09:00. Riders are welcome from this time. Tea, Coffee and Cake will be available at our "Cafe", with all proceeds from sales being donated to the Maggies Charity, which our club (UMCC) have worked with for several years. This year we have raised over £1000 for Maggies from a 24h static cycle fundraiser. All donations gratefully recieved. The Maggies charity was set up to support patients and their families in dealing with cancer.

For further information, please see the following website:

<https://www.maggies.org/>

Please read ALL of the IMPORTANT SAFETY INFORMATION contained in this document. The J4/8 course contains some sections which will have fast moving traffic and for this reason additional regulations are imposed. Riders failing to observe regulations may be penalized. This is primarily in the interest of rider safety but also for fairness of competition.

Finally, PLEASE REMEMBER TO BRING (and charge/change the battery in) YOUR NOW MANDATORY REAR LIGHT, REQUIRED FOR ALL CTT EVENTS AS OF 2020.

Route from HQ to start

The following instructions were made using information from CTT website. Follow signage.

Due to anticipated roadworks on A50 London Road, it may not be possible to navigate to the start using sections of A50. This is not expected to disrupt the event.

Leave adequate time to get to start. (At least 20 minutes.)

Exit Race HQ and proceed along Chappel Lane. Upon joining the tarmac road surface, turn right on to Princess Rd. Turn right onto Wash Ln. Follow Wash Ln until reach intersection with major road B5081. Turn left onto B5081. Proceed over Motorway Bridge. Reach intersection with Northwich Rd. Pub "The Three Grayhounds" is on right. Proceed over intersection, continuing on B5081. Start is just passed the end of Kings Ln.

Warning! When reaching Start/Finish area, NO U-TURNS ARE PERMITTED AS THIS MAY OBSTRUCT OTHER RIDERS WHO ARE CONTINUING ON THE COURSE WHICH TRAVELS IN BOTH DIRECTIONS ON B5081 (Start/Finish area). Remain observant of other road users and riders at all times.

Strava route available. (Warning! Use with caution! Follow signage on the day.)

<https://www.strava.com/routes/24084129>

Strava route also available for J4/8 course. (Warning! Use with caution. Made using information

from CTT website. Follow signage and marshall directions.)

<https://www.strava.com/routes/24070083>

Course details

Note:

Riders are strongly advised to learn the course before hand, paying particular attention to the first left hand turn after the start.

Text Instructions:

J4/8 25 Miles Revised April 2019 Start On Kings Lane at a Telecoms manhole cover with the word "Broads" embossed on it and proceed approximately 0.1miles to B5081 (Byley Road) where turn left. Proceed West along the B5081 to:- Byley Cross Roads 0.946 m 0.946 m Where left along Moss Lane/ Byley Lane to:- Cranage 2.098 m 3.045 m Left along the A50 to:- Woodside (Northwich Rd /Pennys Lane) 0.926 m 3.970 m Left along the B5082 to join the A556 at:- Rudheath 4.191 m 8.161 m Left along the A556 to join the A530 at:- King Street Island 0.139 m 8.299 m Left along the A530/B5309 to the Traffic Lights at the junction with:- Centurion Way(Middlewich) Traffic Lights 3.615 m 11.914 m Filter left along Centurion Way via a Traffic Island to:- Byley Road Corner (Kinderton) 0.561 m 12.475 m Left along the B5081 to:- Allostock (Three Greyhounds Public House) 2.928 m 15.403 m Left along the B5082 (Pennys Lane) to:- Rudheath 2.970 m 18.373 m Left along the A556 to:- King Street Island 0.139 m 18.512 m Left along the A530/B5309 to the Traffic Lights at the junction with:- Centurion Way (Middlewich) 3.615 m 22.127 m Filter Left along Centurion Way via a Traffic Island to:- Byley Road Corner (Kinderton) 0.561 m 22.688 m Left along the B5081 to:- Finish 2.331 m 25.019 m On the B5081 at the 2nd Oak tree on the left after the entrance to Earnshaw House Farm.

Strava Route: (Warning! Use with caution, made using information from CTT website.)

<https://www.strava.com/routes/24070083>

Additional Details and Important Warnings:

There is a short section of dual carriageway along the A556, the intersection to join with is blind. Marshalls will be positioned at this intersection. Riders must join dual carriageway safely and at appropriate speed for the interests of SAFETY and COMPETITION FAIRNESS. Riders are STRONGLY ADVISED to SLOW to a walking pace before joining. Rides must also familiarize themselves with the relevant local regulations.

All other junctions are likely to have good visibility, and riders may proceed through them at speed if it is safe to do so.

Local regulations

Riders must exercise extreme caution when joining the A556 and be in single file. Proceed with caution keeping close to the verge. Any rider who joins the A556 in a manner which causes him/her to cross the dividing line of the two-lane carriageway will be disqualified from the event and may be reported to the District Committee for disciplinary action.

Care at road junctions:

Riders must exercise caution at all junctions. Any competitor whose riding line causes her/him to cross the white line when approaching or leaving a junction will be liable to disqualification from the event and may be reported to the District Committee for further disciplinary action.

A competitor who swings out to the right before executing a left turn should ensure that the road behind is clear of traffic before doing so. The practise is not encouraged by the District Committee and competitors who ride in this manner are warned that in many circumstances this manoeuvre will be regarded as a contravention of regulation 47(i), (iii), (v).

No U-Turns

Riders must not perform U-turns in the vicinity of the start or finish of the event. Riders observed performing U-turns will be reported to the District Committee who will consider disciplinary proceedings.

Also the new CTT Regulation 14(i):

All competitors – please be aware of CTT Regulation 14(i):

No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

NO REAR LIGHT – NO RIDE.

IN THE INTERESTS OF YOUR OWN SAFETY,

Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard.

In accordance with Regulation 15 **ALL JUNIOR** competitors must wear Protective Hard Shell Helmets.

Organiser contact details

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The University of Manchester Cycling Club (UMCC) is sponsored by Homes4U Manchester and Trek Bicycle Manchester.

We are currently looking to replace our expired 3rd sponsor for 2020 - 2021. Please contact us if interested.

Social Media:

<https://www.facebook.com/UoMCycling/>

<https://www.instagram.com/uomcycling/>

<https://uomcc.weebly.com/>

<https://twitter.com/uomcycling>

Time keepers/officials

Ian Ross (Start)

Graham Lawrence (Finish)

David Clayton (Numbers)

Course records

Manchester & District Ladies CA (Women) (Cheshire Points Series 13 of 20) 08 Jul 17 14:00

Anna Weaver 59:55 25.035 Mph

Nova CC (Men) (Cheshire Points Series 13 of 20) (inc vtt m/cr & nw) 08 Jul 2017

Tony Cullen Male Vet TricentralUk 53:15 28.169 Mph

Weaver Valley CC (Cheshire Points Series 18 of 20) 06 Aug 2016

Charles Taylor Male Senior Team Bottrill 52:02 28.828 Mph

Strava Records:

Men: Ethan Hayter Jul 27, 2019 50.0km/h - 368W (Power Metered) - 49:12

Women: Charlotte Boothman Sep 30, 2017 42.4km/h - 341W (Estimated) - 58:01

Awards/prizes

There will be a prize awarded to the top finishing female rider, and to the overall top 3 riders.

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

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Start Number	Start Time	Rider	Club	Gender	Category
1	11:01:00	Esther Burt	Macclesfield Wheelers	Female	Senior
2	11:02:00	Paul Timms	Rochdale Tri Club	Male	Vet
3	11:03:00	Adele Reynolds	Macclesfield Wheelers	Female	Senior
4	11:04:00	Brian Evans	Manchester Wheelers	Male	Vet
5	11:05:00	Mark Taylor	Chester Triathlon Club	Male	Senior
6	11:06:00	John O'Hare	Manchester Triathlon Club	Male	Vet
7	11:07:00	Milly Deer	North Shropshire Wheelers	Female	Senior
8	11:08:00	Michelle Fairclough	Salford Cycling Club	Female	Vet
9	11:09:00	David Parkin	Salford Cycling Club	Male	Senior
11	11:11:00	Mark Benson	Chester Triathlon Club	Male	Senior
12	11:12:00	Tom Goldthorpe	Manchester Wheelers	Male	Vet
13	11:13:00	Chris Wilcox	Lyme Racing Club	Male	Vet
14	11:14:00	Kevin Woodward	Salford Cycling Club	Male	Vet
15	11:15:00	John Lowe	Withington Wheelers	Male	Vet
16	11:16:00	Stephen Dooley	Seamons CC	Male	Senior
17	11:17:00	Tobias Edwards	Huddersfield Star Whs	Male	Espoir
18	11:18:00	Matthew Last	Trinity Cycling Team	Male	Senior
19	11:19:00	Paul Basson	ABC Centreville	Male	Vet
21	11:21:00	David Wright	Warrington Road Club/Horton Light Engineering	Male	Vet
22	11:22:00	Thomas Garbett	Total Tri Training	Male	Senior
23	11:23:00	Louis Thomas-Messenger	Macclesfield Wheelers	Male	Senior
24	11:24:00	Robert Pollen	Ashley Touring CC	Male	Vet
25	11:25:00	Alex Taylor	Sportstest RT	Male	Vet
26	11:26:00	Malcolm Horner	Warrington Road Club/Horton Light Engineering	Male	Vet
27	11:27:00	Stephen Turner	Westmead Team 88	Male	Vet
28	11:28:00	Steven Hankey	Warrington Road Club/Horton Light Engineering	Male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
29	11:29:00	Dave Walker	Weaver Valley CC	Male	Vet
31	11:31:00	James Brayford	Lyme Racing Club	Male	Senior
32	11:32:00	Paul Grindley	Liverpool Century RC	Male	Vet
33	11:33:00	Alastair Ribbands	Manchester Wheelers	Male	Senior
34	11:34:00	Simon Deeley	Team HUUB	Male	Vet
35	11:35:00	Richard Bott		Male	Vet
36	11:36:00	Scott Burns	Manchester Bicycle Club	Male	Senior
37	11:37:00	Adam Darby	Velotik Racing Team	Male	Senior
38	11:38:00	Adrian Hughes	Seamons CC	Male	Vet
39	11:39:00	Alan Chorley	Seamons CC	Male	Vet
41	11:41:00	David Griffiths	Vanelli-Project GO	Male	Senior
42	11:42:00	Alexander Royle	Manchester Bicycle Club	Male	Senior
45	11:45:00	Edward Birdsall	University Of Manchester CC	Male	Senior