

# Startsheet

## hainault rc (hilly)(spoco se)

Start Number	Start Time	Rider	Club	Gender	Category
1	10:01:00	frank mcgowan	Hainault RC	Male	Vet
2	10:02:00	Antonio Paolino	Essex Roads CC	Male	Vet
3	10:03:00	Richard Milnes		Male	Vet
4	10:04:00	Gareth Davies	London Phoenix CC	Male	Vet
5	10:05:00	Jamie Fake	Lea Valley CC	Male	Vet
6	10:06:00	Scott Beard	Shaftesbury CC	Male	Vet
7	10:07:00	Christopher Pollard	Lea Valley CC	Male	Senior
8	10:08:00	Zena Shean	Southend Wheelers	Male	Vet
9	10:09:00	Colin Edmond	Maldon & District CC	Male	Vet
10	10:10:00	John Sellars	London Phoenix CC	Male	Vet
11	10:11:00	chris hartley	Ford CC	Male	Vet
12	10:12:00	John Witchell	Hainault RC	Male	Vet
13	10:13:00	Richard Stevens	Shaftesbury CC	Male	Vet
14	10:14:00	Lawrence Shafier	East London Triathletes	Male	Vet
15	10:15:00	Reece Barclay	Hoddesdon Tri Club	Male	Senior
16	10:16:00	Peter Stiff	Southend Wheelers	Male	Vet
17	10:17:00	Andrew Glessing	Crest CC	Male	Vet
18	10:18:00	James Green	Shaftesbury CC	Male	Vet
19	10:19:00	Richard Pimlott	Finsbury Park CC	Male	Vet
20	10:20:00	matthew saunders	Team Vision Racing - Silverhook	Male	Senior
21	10:21:00	Stephen Swindley	PMR	Male	Senior
22	10:22:00	Ahmed Mangera	Islington Cycling Club	Male	Senior
23	10:23:00	Colum Sharkey		Male	Vet
24	10:24:00	Charlie Knowler	West Suffolk Wheelers	Male	Espoir
25	10:25:00	Iain Boardman	Dulwich Paragon CC	Male	Vet
26	10:26:00	mark lloyd	Colchester Rovers CC	Male	Vet
27	10:27:00	Carlisle King	Imperial College Cycling Club	Male	Senior
28	10:28:00	Junaid Ibrahim	Victoria Cycling Club	Male	Senior
29	10:29:00	Ray Bloom		Male	Vet
30	10:30:00	Theo Modell	Team Corley Cycles	Male	Senior
31	10:31:00	Adam Bishop	Lea Valley CC	Male	Vet
32	10:32:00	Geoff Bores	Ford CC	Male	Vet
33	10:33:00	Claire Bloom		Male	Vet
34	10:34:00	Lisa O'Geran	Essex Roads CC	Male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
35	10:35:00	Noah Knock	Victoria Cycling Club	Male	Vet
36	10:36:00	Thomas Dean	Eagle Road Club	Male	Senior
37	10:37:00	Laurence Bellamy	Shaftesbury CC	Male	Vet
38	10:38:00	Ayoob Ghani	Imperial College Cycling Club	Male	Senior
39	10:39:00	Toni Saunders	Maillot Noir CC	Male	Vet
40	10:40:00	Callum Stewart	East London Velo	Male	Senior
41	10:41:00	carl stephens	Basildon CC	Male	Vet
42	10:42:00	Robert Jones	Cardiff 100 Miles RCC	Male	Vet
43	10:43:00	Karen Cole		Male	Vet
44	10:44:00	Matt Haigh	Essex Roads CC	Male	Vet
45	10:45:00	Richard Price	London Phoenix CC	Male	Senior
46	10:46:00	Colin Lewin	Velo Schils Interbike RT	Male	Vet
47	10:47:00	Ian Fleck	Rapha Cycling Club	Male	Senior
48	10:48:00	Danny Roach	Becontree Wheelers CC	Male	Vet
49	10:49:00	Michelle Sinclair		Male	Vet
50	10:50:00	tom haines	East London Velo	Male	Senior
51	10:51:00	Christopher Smith	Southend Wheelers	Male	Senior
52	10:52:00	Simon Neatham	Finsbury Park CC	Male	Vet
53	10:53:00	Graham Lee	Essex Roads CC	Male	Vet
54	10:54:00	Nicola Morgan		Male	Vet
55	10:55:00	Gray Turnock	Finsbury Park CC	Male	Vet
56	10:56:00	Martin Dossett	Welwyn Whs	Male	Vet
57	10:57:00	Jamie Maidment	Southend Wheelers	Male	Senior
58	10:58:00	Robert Pisolkar	Shaftesbury CC	Male	Vet
59	10:59:00	Will Cross	Islington Cycling Club	Male	Vet
60	11:00:00	Philip Murrell	Finsbury Park CC	Male	Vet
61	11:01:00	Scott Cousins	Maldon & District CC	Male	Senior
62	11:03:00	Chris Herring	East London Velo	Male	Senior
62	11:02:00	James Conway	Metropolitan Police Cycle Club	Male	Vet
64	11:04:00	Alison Wood	Redbridge CC	Male	Vet
65	11:05:00	Luke Walton	East London Velo	Male	Senior
66	11:06:00	matt steel	Shaftesbury CC	Male	Vet
67	11:07:00	sarah croucher		Male	Senior
68	11:08:00	paul chase28-05-1957	East London Triathletes	Male	Vet
69	11:09:00	Laura Delnevo	East London Velo	Male	Senior
70	11:10:00	John Mulvey	Cambridge University CC	Male	Senior
71	11:11:00	Michael Naulls	Velo Club Venta	Male	Vet
72	11:12:00	Colin Doe	Ford CC	Male	Vet
73	11:13:00	Panos Kakoullis	East London Triathletes	Male	Vet

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74	11:14:00	james bromley	Becontree Wheelers CC	Male	Vet
75	11:15:00	Gunther Zechmann	Phoenix Cycling Club	Male	Senior
76	11:16:00	Mark Steers	Team Vision Racing - Silverhook	Male	Vet
77	11:17:00	Dominic Bray	Finsbury Park CC	Male	Vet
78	11:18:00	peter Ruffhead	Arctic Aircon RT	Male	Vet
79	11:19:00	Simon Gent	Royal Air Force Cycling Association	Male	Vet
80	11:20:00	Paul Hart	Southend Wheelers	Male	Senior
81	11:21:00	Tristan Davenne	Newbury RC	Male	Vet
82	11:22:00	Andrew Turnock	Finsbury Park CC	Male	Vet
83	11:23:00	Daniel McKenny	Basildon CC	Male	Senior
84	11:24:00	vincent christan	East London Velo	Male	Senior
85	11:25:00	Pete Dyson	East London Velo	Male	Senior
86	11:26:00	Chris Thomas	East London Velo	Male	Vet
87	11:27:00	Jeremy Greenwood	Finsbury Park CC	Male	Vet
88	11:28:00	Nick Sexton	Islington Cycling Club	Male	Senior
89	11:29:00	Andrew Beaman	Victoria Cycling Club	Male	Vet
90	11:30:00	Anthony Collier	Hoddesdon Tri Club	Male	Senior
91	11:31:00	David Churchill	Bigfoot CC	Male	Vet
92	11:32:00	Daniel Ryan	North Road CC	Male	Senior
93	11:33:00	Thomas Willan	East London Velo	Male	Senior
94	11:34:00	David Pennington	Southend Wheelers	Male	Senior
95	11:35:00	lloyd chapman		Male	Senior