## **Startsheet**

## lea valley cc (spoco se)(crescent 30)

Start Number	Start Time	Rider	Club	Gender	Category
1	08:01:00	Neil Davies	Lea Valley CC	male	Senior
2	08:02:00	Graham Pepperdine	Verulam CC	male	Vet
3	08:03:00	Chris Parker	Velo Park Tuesday Tens Club	male	Senior
4	08:04:00	Mark Freeman	Lea Valley CC	male	Vet
5	08:05:00	Dominic Bray	Finsbury Park CC	male	Vet
6	08:06:00	Peter Tibbitts	Ford CC	male	Vet
7	08:07:00	Ian Heather	Shaftesbury CC	male	Vet
8	08:08:00	James Hodges	Lea Valley CC	male	Senior
9	08:09:00	Richard Pimlott	Finsbury Park CC	male	Vet
10	08:10:00	Ralph Mullan	Shaftesbury CC	male	Vet
11	08:11:00	Duncan Gilbert	Chelmer CC	male	Vet
12	08:12:00	rehman haroon	Chelmer CC	male	Senior
13	08:13:00	Tony Capon	Becontree Wheelers CC	male	Vet
14	08:14:00	Tom Bishop	Cambridge University CC	male	Senior
15	08:15:00	Grant Orsborn	Icknield RC	male	Vet
16	08:16:00	Julia Freeman	Easterley Road Club	female	Vet
17	08:17:00	Patrick Osborne	Becontree Wheelers CC	male	Vet
18	08:18:00	julius reeeves	CC London	male	Vet
19	08:19:00	Honor Wood	Chelmer CC	female	Vet
20	08:20:00	Dominic Ross	Finsbury Park CC	male	Vet
21	08:21:00	Sam Wightman	Chelmer CC	male	Senior
22	08:22:00	Nick White	East London Velo	male	Vet
23	08:23:00	Simon Constable	Basildon CC	male	Senior
24	08:24:00	Colin Doe	Ford CC	male	Vet
25	08:25:00	Neil Hornett	PMR	male	Senior
26	08:26:00	Nick Candy	North Road CC	male	Youth
27	08:27:00	lan Damant	Becontree Wheelers CC	male	Vet
28	08:28:00	Nick Sexton	Islington Cycling Club	male	Senior
29	08:29:00	Antonio Paolino	Essex Roads CC	male	Vet
30	08:30:00	Richard May	Islington Cycling Club	male	Vet

Startsheet for: lea valley cc (spoco se)(crescent 30) Promoted for and on behalf of Cycling Time Trials under its rules and regulations

StartNumber	Start Time	Rider	Club	Gender	Category
31	08:31:00	Andrew Page	Team Vision Racing - Silverhook	male	Vet
32	08:32:00	Alexander Ratter	Maldon & District CC	male	Vet
33	08:33:00	Daniel Duggan	Icknield RC	male	Senior
34	08:34:00	sarah croucher	Eagle Road Club	female	Senior
35	08:35:00	Richard Price	London Phoenix CC	male	Senior
36	08:36:00	Richard Hutt	Harp RC	male	Vet
37	08:37:00	Paul Donegan	Chelmer CC	male	Vet
38	08:38:00	Peter Anstey	Welwyn Whs	male	Vet
39	08:39:00	james bromley	Becontree Wheelers CC	male	Vet
40	08:40:00	James Rush	CC Sudbury	male	Vet
41	08:41:00	matthew saunders	Team Vision Racing - Silverhook	male	Senior
42	08:42:00	Jeremy Greenwood	Finsbury Park CC	male	Vet
43	08:43:00	Owen Wilkins	London Phoenix CC	male	Vet
44	08:44:00	Dan Carter	Essex Roads CC	male	Vet
45	08:45:00	Andy Stuart	Velo Club St Raphael	male	Vet
46	08:46:00	Mary Bower	Chelmer CC	female	Senior
47	08:47:00	Andrew Beaman	Victoria Cycling Club	male	Vet
48	08:48:00	Stephen Owens	St Neots CC	male	Senior
49	08:49:00	Will Hedden	Crest CC	male	Senior
50	08:50:00	Darren Bigmore	Glendene CC	male	Vet
51	08:51:00	Colin Lewin	Schils - Doltcini RT	male	Vet
52	08:52:00	Graham Painter	Chelmer CC	male	Vet
53	08:53:00	Jack Steven	East London Velo	male	Senior
54	08:54:00	david mccarthy	Lea Valley CC	male	Vet
55	08:55:00	Terry Garlinge	East London Velo	male	Vet
56	08:56:00	Niall Digby		male	Vet
57	08:57:00	Alex Smith	Maldon & District CC	male	Senior
58	08:58:00	bradley osborne	Becontree Wheelers CC	male	Senior
59	08:59:00	Robin Johnson	Brighton Mitre CC	male	Vet
60	09:00:00	lan Turner	St Neots CC	male	Senior
61	09:01:00	Alister Campbell	Eagle Road Club	male	Senior
62	09:02:00	Chris Thomas	East London Velo	male	Vet
63	09:03:00	Max Curle	Becontree Wheelers CC	male	Senior
64	09:04:00	emily wood	Chelmer CC	female	Senior
65	09:05:00	Colin Ward	Essex Roads CC	male	Senior
66	09:06:00	Noah Knock	Victoria Cycling Club	male	Vet