

Ferryhill Wheelers Cycling Club

THC21 Hill Climb, Quarrington Hill, to be held on Sunday 19th October 2021 at 9.05am.

Promoted for and on behalf of **Cycling Time Trials** under their Rules and Regulations.

Event Secretary

Howard Heighton
109, Ashbourne Drive,
Coxhoe,
Durham,
DH6 4SR
(0191) 377 1987

Timekeepers

Mr D. Oliver
T.B.C.

Pusher Off

Mr S. Davies

Number Spotter

Mr. F. Simpson

Official Photographer

Mr. G. Carlton

Sign on Staff

Mrs C. Heighton

Event HQ

Event HQ, at the top of the climb, Gazebo positioned on the left hand side of the road situated approx 400 meters East of the Heather Lad public house. (Note the Pub has no sign on the front at the moment!). Sat Nav. DH6 4QD.

Location

Leave A1(M) at junction 61 (Durham services). Take exit signed A688 Peterlee. At roundabout take 1st exit left signed A688 Peterlee. After 1.4 Miles turn right at roundabout signed Quarrington Hill.

Course Details

The event is on the unclassified road 27.10, that runs off the Bowburn bypass, toward Quarrington Hill. The start is approximately 500 meters past the 'Y' junction to Old Cassop, opposite the gate post to the field to the south of the road. Continue up the hill towards Quarrington Hill to the finish which is in line with the traffic sign before the Heather Lad public house. The distance is approximately 900 meters long.

Parking

Please park outside the grave yard past the top of the climb towards Quarrington Hill. Further parking is available in the lay-by outside of Cassop Primary School, Sat Nav. DH6 4SR. Located past the finish to the cross roads in Quarrington Hill, Turn Left, school 500 meters on the left.

Please take note of the following Covid 19 guidance: Social distance rules apply to all riders, helpers, marshals and time keepers – please be respectful and keep us all safe. Please do not attend the event if you or any member of your support crew or family shows symptoms of Covid 19. An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go

to the start line, if you feel this is the case and notify the organizer of your intention not to start as a result of an adverse warm up.

Please sign off, use your own pen and place your race numbers in the bucket provided. There will be no result board or results issued on the day.

In the interests of your own safety Cycling Time Trials strongly advise you to wear a **HARD SHELL HELMET** that meets an Internationally accepted safety standard. All competitors under the age of 18 and/or Juniors **MUST** wear a properly affixed helmet, which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

CTT Regulations: Rear Lights No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Please remember all competitors are now required to **PERSONALLY** sign the sign out sheet when returning the number. Failure to do will result in the competitor being recorded as DNF.

Vehicles of competitors / officials / marshals / helpers to be parked without hindrance to other road users.

Please keep strictly to the left hand side of the road, and especially so on the right hand bends. No U turns to be made in the vicinity of the timekeepers. No dismounting in the finishing area.

Awards

Position	Fem S	Fem Juv	Male S	Male V	Male E	Male J	Male Juv
1st	15	15	15	15	15	15	15
2nd			10	10	10		10
3rd			7	7			

Finally enjoy your ride. It should take you less time than reading this start sheet!!