

Open & Novices 25 mile time trial Saturday 6th April 2019

First man off; Novices Event 1.37pm ~ First man off Main Event; 2.01pm

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Secretary

Russ Forbes, 11 Martland Avenue, Lowton, Warrington WA3 2QT. tel; 01942 717395

Timekeepers Celia Elliott and Ian Ross

Event HQ

Goostrey Village Hall, The Old Paddock, Goostrey CW4 8PE

Numbers will be at the HQ which will be open from 12.00 noon

Course J2/9 – 25 Miles

Map of the course can be found at https://cyclingtimetrials.org.uk/courses/view/j2-9

- 0.00 miles Start on Bomish Lane (Badger Bank to Goostrey) at telegraph pole no2 approx 300 yards west of the A535. Proceed east to the A535, turn left onto the A535 to...
- 2.169 miles Chelford Island, take the second exit left on the A537 and proceed to...
- 5.219 miles Ollerton Cross Roads, where turn left into Seven Sisters Lane and proceed to the T junction with the A50 where turn left onto the A50 and proceed to...
- 11.408 miles Twemlow Lane at Cranage where turn left into Twemlow Lane and proceed to the junction with the A535 at Twemlow Green where turn left onto the A535 and proceed to...
- 18.064 miles Chelford Island, take the second exit left on the A537 and proceed to Ollerton Cross Roads, where turn left into Seven Sisters Lane and proceed to the T junction with the A50 where turn left onto the A50 and proceed to...
- 25.000 miles Finish at a J2/9 mark opposite the northern gate post of a field gate almost opposite the entrance to Mount Pleasant Nursing Home, approx 500 yards past the cross-roads after the Drovers Arms public house.

Risk Assessment ~ a copy of the J2/9 course risk assessment will be available to read at the HQ.



Directions to Start

Directions to start. Start is approx. 1 mile from HQ. Turn right out of HQ car park and first left at the church (Church Bank). Bear right at fork after 600 yards then follow Bomish lane (ignoring all side roads) for ½ mile to start. There will be signs directing riders from the HQ to the start. **Allow 15 minutes to ride to the start.**

Notes regarding particular junctions

Seven Sisters Lane. Riders must take extra care when exiting Seven Sisters Lane onto the A50.

Twemlow Lane. Be aware that there is a double bend shortly after turning into Twemlow Lane at Cranage. Riders need to anticipate this and be prepared to negotiate it in a safe manner. In wet weather the metal covers and edges become a skid risk. Please take care.

Chelford Island. Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Reg20 and the rules of the road. Riders must be able to brake at the island if traffic conditions require this. Riders must not use their tri-bars between the first bollard they pass on entering the island and the last bollard they pass on leaving it. Remember that traffic already on the island has priority over traffic (including riders) entering it. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported to the District Committee for further disciplinary action.

Numbers, Signing On & Signing Off

All Competitors MUST SIGN ON when collecting their number and SIGN OFF when returning numbers. The Sign On sheet and Sign Off sheets are in the HQ. **Remember- you must SIGN OFF after the event.** Body numbers should be positioned at your <u>lower back</u> so that the timekeepers and marshals can see them. Arm numbers should be positioned on RIGHT arm.

Car Parking

Car Parking. <u>Car parking at the village hall is for competitors only</u>. All spectators and supporters should use the overflow carpark at the Crown Inn (nearly opposite Goostrey Village Hall).

The landlord does not charge for the use of his car park so please be courteous and pop in for a drink if you get chance! Please note parking on the road outside the HQ (on Main Road) is not permitted.

No parking at Start or finish. In particular, vehicles must not be parked, however briefly, in the access to Mount Pleasant Nursing Home at the finish.

Please note we have been asked to vacate the HQ by 6pm.

CTT Regulations

Care at Road Junctions. Riders must exercise care at all junctions. Any competitor whose riding causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification and may be reported to the District Committee for further disciplinary action.

No U Turns. Riders must not make U turns within sight of the start or finish. Observers are watching.

Keep your head up and observe local regulations pertaining to the course at all times

Pace must not be given or received. The onus is on the overtaken rider to avoid this. Marshals do not have the authority to control road users, so take care. Observers will be posted to ensure compliance with CTT Regulations.

Helmets. In the interests of safety Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets with an internationally accepted safety standard.

In accordance with Regulation 15 ALL Juvenile & Junior competitors must wear Protective Hard Shell Helmets.

Rear Light. It is recommended that a working rear light, either flashing or constant, is fitted to the Machine in a position visible to following road users and is active whilst the machine is in use.

HQ contact on the day - Russ Forbes 07763 790539

Event qualifies for Cheshire Points Series (Event 4 of 20)

Prize Lists

prizes will be sent out by post in the week following the event (one rider one prize except team)

Open Event

	Overall	Women	Vets Standard	Best Improver 2018>2019	Espoir Male	Espoir Female	Junior	Team (x3)
1 st	£40	£40	£30	£10	£15	£10	£15	£10 each
2 nd	£20	£20	£20		£10		£10	
3 rd	£15	£15	£15					•
4 th	£12						Juvenile	
5 th	£10						£10	

Novices Event (riders competing in their first 25)

	Novice Men	Novice Women	Novices will precede the main field,
1 st	£25	£25	For the purposes of this event a Novice
2 nd	£15	£15	Is a rider who has never completed a
3 rd	£10	£10	SOLO event at 25 miles under RTTC / CTT Regs.

If you are shown as a Novice and have already completed a Solo 25 please contact the event secretary.

This event may be subject to doping control

Please note that all competitors are now required personally to sign the signing off sheet when returning their number. Failure to do will result in the competitor being recorded as DNF. Race numbers required for doping control will be displayed adjacent to the result board

Sponsored Clubs

Warrington RC; RS Cyclesport / Horton Light Engineering Buxton CC; Sett Valley Cycles Springfield Financial Racing Team Pro Vision Cycle Clothing Coveryourcar.co.uk RT - Fitted and Tailored Car Covers Leek CC - Den Engel Belgian Bar

Headquarters: Goostrey Village Hall, The Old Paddock, Goostrey CW4 8PE

Event Secretary

Russ Forbes, 11 Martland Avenue, Lowton, Warrington WA3 2QT. tel; 01942 717395 HQ contact on the day - Russ Forbes 07763 790539

<u>Please note</u>; Numbers 7 - 30 are Novices riding in their first 25 mile time trial.

Start time	name		club	category
		Black		not eligible for prizes
			•	Novice / Female
				Novice
13:40	Matt	Nowell	Saint Piran	Novice
13:41	Lynne	Ewington	Velo Karbona	Novice / Female
13:42	, David	Steele	Lyme Racing Club	not eligible for prizes
13:43	Ben	Strutt	Manchester Tri Club	Novice
13:44	Martin	Francis	Nova CC	not eligible for prizes
13:45	Andrew	Dow	Chorlton Velo	Novice
13:46	Carolyn	Hume	Stockport Tri Club	Novice / Female
13:47	Richard	Mace	Velo Karbona	Novice
13:48	Eurwyn	Parry	Rhos-on-Sea CC	Novice
13:49	Tony	Dooley	Chester Triathlon Club	not eligible for prizes
13:50	Colin	Carefoot	Preston CC	Novice
13:51	Katie	Thornley	Burntwood Triathlon Club	Novice / Female
13:52	Dane	Stanley	Total Tri Training	Novice
13:53	Edgar	Reynolds	BornToBikeBridgtownCycles	not eligible for prizes
13:54	Mike	Daniels	Velo Karbona	Novice
13:55	Nick	Rose	Total Tri Training	Novice
13:56	Beverley	Noble	Velo Karbona	Novice / Female
13:57	Sam	Hughes	Liverpool Century RC	Senior
13:58	Dave	Langdell	Lichfield City CC	Novice
13:59	Lydia	Yates	Velo Karbona	Novice / Female
14:00	Alastair	Ribbands	Manchester Wheelers	Novice
	13:41 13:42 13:43 13:44 13:45 13:46 13:47 13:48 13:49 13:50 13:51 13:52 13:53 13:54 13:55 13:56 13:57 13:58 13:59	13:37 Derek 13:38 Lynsey 13:39 Daniel 13:40 Matt 13:41 Lynne 13:42 David 13:43 Ben 13:44 Martin 13:45 Andrew 13:46 Carolyn 13:47 Richard 13:48 Eurwyn 13:49 Tony 13:50 Colin 13:51 Katie 13:52 Dane 13:53 Edgar 13:54 Mike 13:55 Nick 13:56 Beverley 13:57 Sam 13:58 Dave 13:59 Lydia	13:37DerekBlack13:38LynseyAstles13:39DanielTitheradge13:40MattNowell13:41LynneEwington13:42DavidSteele13:43BenStrutt13:44MartinFrancis13:45AndrewDow13:46CarolynHume13:47RichardMace13:48EurwynParry13:49TonyDooley13:50ColinCarefoot13:51KatieThornley13:52DaneStanley13:53EdgarReynolds13:54MikeDaniels13:55NickRose13:56BeverleyNoble13:57SamHughes13:58DaveLangdell13:59LydiaYates	13:37DerekBlackWigan Whs CC13:38LynseyAstlesWeaver Valley CC13:39DanielTitheradgeBristol & District Tri13:40MattNowellSaint Piran13:41LynneEwingtonVelo Karbona13:42DavidSteeleLyme Racing Club13:43BenStruttManchester Tri Club13:44MartinFrancisNova CC13:45AndrewDowChorlton Velo13:46CarolynHumeStockport Tri Club13:47RichardMaceVelo Karbona13:48EurwynParryRhos-on-Sea CC13:49TonyDooleyChester Triathlon Club13:50ColinCarefootPreston CC13:51KatieThornleyBurntwood Triathlon Club13:52DaneStanleyTotal Tri Training13:53EdgarReynoldsBornToBikeBridgtownCycles13:54MikeDanielsVelo Karbona13:55NickRoseTotal Tri Training13:56BeverleyNobleVelo Karbona13:57SamHughesLiverpool Century RC13:58DaveLangdellLichfield City CC13:59LydiaYatesVelo Karbona

Please note;

The first rider in the Open event is **<u>number 31 who starts at 2.01pm</u>**

Open Event Numbers 31 - 150

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31	14:01	John	Lowe	Withington Wheelers	Veteran
32	14:02	Dave	Walker	Weaver Valley CC	
33	14:03	Sean	Caldwell	Glossop Kinder Velo CC	Veteran
34	14:04	Paul	Jennings	Lyme Racing Club	Veteran
35	14:05	Robin	Green	Runcorn CC	Veteran
36	14:06	Christopher	Dursley	Coveryourcar.co.uk RT	Veteran
37	14:07	Brendan	Kennedy	Manchester Triathlon Club	
38	14:08	Colin	Latter	Weaver Valley CC	Veteran
39	14:09	Michelle	Fairclough	Salford Cycling Club	Vet/Female
40	14:10	Nigel	Wood	Seamons CC	Veteran
41	14:11	Stuart	Ward	Weaver Valley CC	Veteran
42	14:12	James	Brayford	Lyme Racing Club	Espoir
43	14:13	lan	Casson	Birkenhead Victoria CC	Veteran
44	14:14	Richard	Tennant	Manchester Triathlon Club	
45	14:15	Robbie	Harcourt	Salford Cycling Club	Veteran
46	14:16	David	Wright	Warrington Road Club	Veteran
47	14:17	Dave	Topping	North Lancashire RC	Veteran
48	14:18	Timothy	Criddle	Manchester Triathlon Club	Veteran

49	14:19	Milly	Deer	North Shrons Whoolors	Ecnoir/Eomalo
49 50	14:19	Paul	Shallicker	North ShropsWheelers Coveryourcar.co.uk RT	Espoir/Female Veteran
50 51	14:20	Paul	Whittaker	Stockport Clarion CC	Veteran
52	14:21	Jonathan	Read	Velo Karbona	veteran
53	14:22	Alan Peter	Meinhardt	Pro Vision Cycle Clothing	Veteran
53 54	14:23	Martin	Ince	Salford Cycling Club	veteran
55	14:24	Simon	Higgins	Liverpool Century RC	Veteran
56	14:25	Graham	Noble	Pirate juice cc	Veteran
50 57	14.20	David		East Lancashire RC	Veteran
			Trippier Davies		
58 50	14:28	Martin	Broadbent	Astley & Tyldesley RR Manchester Triathlon Club	Veteran Female
59 60	14:29	Kate			
60 C1	14:30	Lee	Faulkner	Preston CC	Veteran
61 62	14:31	Michael	Greaney	Stockport Clarion CC	Veteran
62 62	14:32	Stephen	Taylor	Manchester Triathlon Club	Veteran
63	14:33	Paul	Barber	Seamons CC	Veteran
64	14:34	Paul	Heron	Stockport Tri Club	
65	14:35	Alistair	Stanway	Weaver Valley CC	Veteran
66	14:36	Robin	Hennessy	North Wirral Velo	
67	14:37	Kirk	Yearsley	Salford Cycling Club	
68	14:38	Steve	Guard	Congleton CC	Veteran
69	14:39	Joanna	Cebrat	Bury Clarion CC	Female
70	14:40	Jon	White	Pro Vision Cycle Clothing	
71	14:41	Neil	Jones	Port Sunlight Wheelers	Veteran
72	14:42	Martin	Harney	Manchester Bicycle Club	Veteran
73	14:43	Oliver	Smyth	Macclesfield Wheelers	Juvenile
74	14:44	Michael	Coulter	East Lancashire RC	Veteran
75	14:45	Paul	Johnstone	Preston CC	Veteran
76	14:46	Steven	Hazeldine	Stone Wheelers CC	Veteran
77	14:47	Benjamin	Gannon	St Helens CRC	Veteran
78	14:48	Peter	Jackson	Macclesfield Wheelers	Veteran
79	14:49	Naomi	Wright	Manchester Triathlon Club	Female
80	14:50	Daniel	Shackleton	ABC Centreville	Veteran
81	14:51	Andrew	Greenhalgh	Team ASL-Bolton	Veteran
82	14:52	Murray	Taylor	Manchester Triathlon Club	
83	14:53	Robert	Taylor	Crewe Clarion Whs	
84	14:54	Kenny	Mitchell	Manchester Triathlon Club	Veteran
85	14:55	Steven	Hankey	Warrington Road Club	Veteran
86	14:56	Arthur	Winstanley	Liverpool Phoenix (Aintree)	Veteran
87	14:57	Jamie	Heeds	Macclesfield Wheelers	Veteran
88	14:58	Trevor	Thirsk	Stretford Wheelers CC	Veteran
89	14:59	Alan	Chell	Crewe Clarion Whs	Veteran
90	15:00	Rod	Mason	Stockport Clarion CC	Veteran
91	15:01	Craig	Moody	Giant Halifax Race Team	Veteran
92	15:02	Tim	Marshall	Seamons CC	Veteran
93	15:03	Andrew	Moss	Crewe Clarion Whs	Veteran
94	15:04	Terry	Bolland	Harry Middleton CC	Veteran
95	15:05	Andrew	Jones	Manchester Triathlon Club	
96	15:06	Bradley	Murphy	SKCC	Veteran
97	15:07	Adam	Rycroft	Seamons CC	Veteran
98	15:08	Mark	Jones	Bury Clarion CC	Veteran
99	15:09	Ashly	Rosewarne	LiverpoolPhoenix (Aintree)	Veteran

100	15:10	Toby	Williams	Velotik Racing Team	
101	15:11	Edward	Chilton	Liverpool Phoenix(Aintree)	
102	15:12	Paul	Birkin	Buxton CC	Veteran
103	15:13	Joseph	Molyneaux	Leek CC	
104	15:14	Steve	, Mcquade	Crewe Clarion Whs	Veteran
105	15:15	Matt	Stell	Springfield Financial RT	Veteran
106	15:16	Thomas	Garbett	Total Tri Training	
107	15:17	Alexander	Royle	Manchester Bicycle Club	
108	15:18	Steve	Lee	, Team Wheelguru	Veteran
109	15:19	Darryl	Nolan	East Lancashire RC	Veteran
110	15:20	, Adrian	Hughes	Seamons CC	Veteran
111	15:21	Simon	Bridge	Manchester Bicycle Club	Veteran
112	15:22	Ronan	O'cualain	, Seamons CC	Veteran
113	15:23	Daniel	Mcparland	Tri Preston	
114	15:24	Ken	Woodward	Bury Clarion CC	Veteran
115	15:25	Jack	Smith	Innovation Racing	Espoir
116	15:26	Peter	Howarth	Stretford Wheelers CC	Veteran
117	15:27	Mark	Webb	Preston CC	Veteran
118	15:28	John	Omara	Weaver Valley CC	Veteran
119	15:29	David	Butters	a3crg	Veteran
120	15:30	Alan	Chorley	Seamons CC	Veteran
121	15:31	Stephen	Sladin	Congleton CC	Veteran
122	15:32	Joel	Ackers	Innovation Racing	Junior
123	15:33	Barry	Armstrong	Seamons CC	Veteran
124	15:34	Graeme	Mc Culloch	Stretford Wheelers CC	Veteran
125	15:35	Stephen	Turner	Westmead Team 88	Veteran
126	15:36	John	Cripps	Leigh Premier Road Club	
127	15:37	David	Jones	Thatto Cycles RT	Veteran
128	15:38	Paul	Dean	Macclesfield Wheelers	Veteran
129	15:39	Christopher	Thomas	Rossendale RC	Veteran
130	15:40	Darren	Maironis	Transition Race Team	Veteran
131	15:41	Andy	Gray	SKCC	Veteran
132	15:42	, Arran	, Mccloskey	Knutsford Tri Club	
133	15:43	David	, Fox	Warrington Road Club	Veteran
134	15:44	Ciaran	Pickering	Team Sportslab	Veteran
135	15:45	Tristan	Pilling	Team SB Hub	Junior
136	15:46	John	Spearman	Seamons CC	Veteran
137	15:47	Gavin	Lynch	Glossop Kinder Velo CC	Veteran
138	15:48	Tim	Rex	North Shrops Wheelers	Veteran
139	15:49	Stephen	Dooley	Seamons CC	
140	15:50	David James	Williams	Velotik Racing Team	Veteran
141	15:51	Steve	Davis	Warrington Tri Club	Veteran
142	15:52	Tony	Perrin	Stone Wheelers CC	Veteran
143	15:53	Philip	Kelly	Velo Karbona	Veteran
144	15:54	Sam	Shepherd	Knutsford Tri Club	
145	15:55	Matt	Yardley	Macclesfield Wheelers	Veteran
146	15:56	Robert	, Pollen	Ashley Touring CC	Veteran
147	15:57	Simon	Phillips	Stockport Tri Club	Veteran
148	15:58	lan	Lawton	Hoppers Rollers	Veteran
149	15:59	James	Willetts	Team JMC	
150	16:00	Joseph	Dobson	Manchester Bicycle Club	
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