



East Sussex Cycling Association

2020 President Peter Moon – Eastbourne Rovers CC



ESCA 1433 yd Hill Climb – Saturday 17th October 2020 – GH/84

Held for and on behalf of **Cycling Time Trials** under its rules and regulations

Start Sheet

Event Secretary

Nick Martin (Team TMC)

Fig Tree Cottage, 13 Palehouse Common, Framfield East Sussex TN22 5QY

Email: nickmartin98@hotmail.co.uk Mobile: 07904 003629

Timekeepers

Peter Moon (Eastbourne Rovers CC) and **Richard Meed** (Lewes Wanderers CC)

General Information

Covid Safety Measures

- Please bring your own pen for sign on and safety pins if you have them
- Maintain social distancing when queuing and keep a minimum of 1 meter between riders
- There will be no pusher off, all riders must start with one foot on the ground
- Avoid congregating at the start, finish or anywhere else on the course
- After finishing please put your number in the bin liner that will be at sign on
- There will be no results given out at the finish and no prize presentation this year
- All prizes will be sent via bank transfer post race

Event Meeting Point

The signing on point is at the top of the climb just past the finish. Please be advised there is not an HQ for the event and there are no public toilets nearby.

No toilet facilities available at the Event HQ

N.B. appropriate facilities before arriving.

Car Parking

Please do not park at the bottom of the hill. There is a car park at the top of the climb which should be used to avoid obstructing the signing on point and the South Downs Way. If you have bikes on the roof of your car, please be careful of the metal barrier at the entrance to the car park. For safety reasons parking near the finish must be avoided and drivers should wait until the event has finished before driving back down the course.

Race Numbers

Race Numbers will be available in the car park at the top. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

Additional Hazards

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Prize List

Fastest Overall

First	£25.00
Second	£20.00
Third	£15.00
Fourth	£10.00

Fastest Lady

First	£25.00
Second	£20.00

Fastest Jun / Juv

First	£15.00
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Fastest Age Category

not winning another individual prize

Under 35	£5.00
35 – 39	£5.00
40 – 44	£5.00
45 – 49	£5.00
50 – 54	£5.00
55 – 59	£5.00
60 – 64	£5.00
65 and over	£5.00

Fastest Team of 3

First	£10.00 each
Second	£5.00 each

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Start

The start is about a mile from the signing on point on a very narrow road near two residential properties so please keep disruption to a minimum.

Signing Out

Please note that all competitors are now required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

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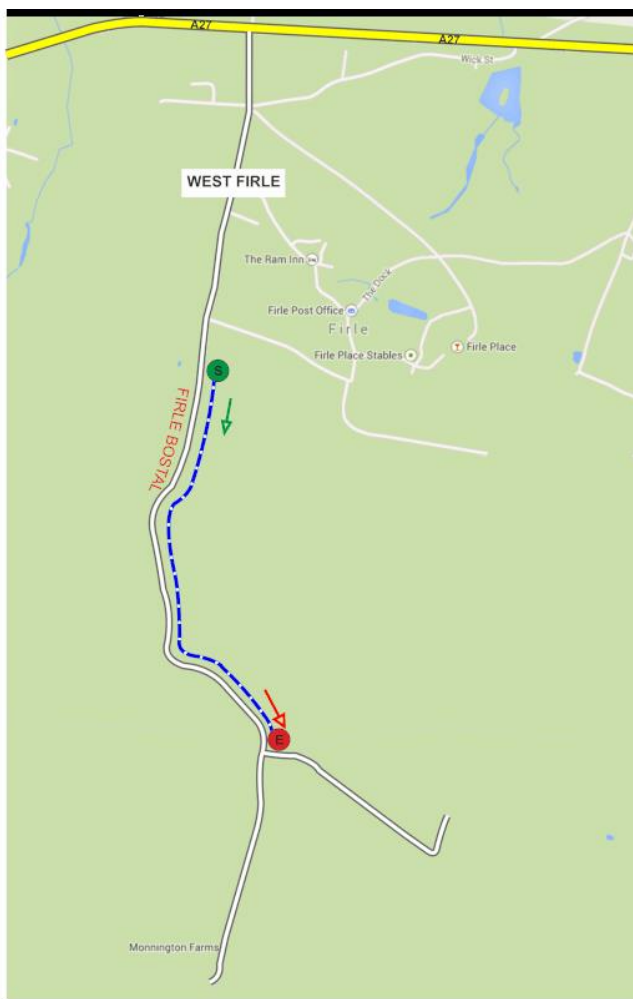
Course Details

GH/84 – Firle Bostal, Firle

Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.

These course details can be viewed or downloaded from the Sussex CA website www.sussexca.org.uk/gh84.html

OS Ref	Course G10/84	Distance
TQ465070	START ust south of last house on left in Firle Bostal (an unclassified road leading from the A27)	00.00 yd
TQ468059	Proceed along Firle Bostal in a southerly direction and climb to FINISH just before junction with the South Downs Way	1433 yd



Additional Safety Instructions

- Competitors must exercise extra care

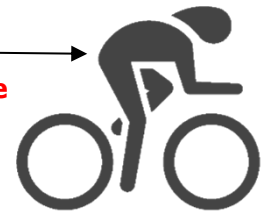
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Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- **Parental Consent Forms** All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- **Lights** No competitor shall be permitted to start the event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. **NOTE THIS IS A NEW REGULATION FOR 2020.**
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.
- **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.

Please pin
number here



CTT COVID-19 INSTRUCTIONS:

- 1) Do not attend if you/your family members feel ill.
- 2) Park with social distancing in mind.
- 3)
- 4) Bring your own pen to sign on outside HQ and, if needed, safety pins.
- 5) Take with you a compulsory working rear light, a spare/tyre/tub and a mobile phone.
- 6)
- 7) No more than 5 riders, 2m apart, to wait at the start.
- 8)
- 9) ?????? No items to be left at the start or with the timekeeper.
- 10) No push-off.
- 11) After racing, leave your number in the bin bag when reporting to sign out.
- 12) No social, no drinks, no food and no prize presentation – sorry!
- 13) No result board – times will be emailed and on ESCA Facebook page asap, and then on CTT web site.
- 14) Please leave the car park in a timely fashion.

Keep up to date with what's going on with time trialling in Sussex ...

East Sussex CA	Website	www.eastsussexca.org.uk/
	Facebook Group	www.facebook.com/groups/EastSussexCA/
Sussex CA	Website	www.sussexca.org.uk/
	Facebook Group	www.facebook.com/groups/SussexCA/

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Order of Start

Race No.	Start Time	First Name	Last Name	Club	Gender	Category
1	10:01:00	David	Earl	trainSharp	Male	Veteran
2	10:02:00	Tobias	Bunyan	Eastbourne Rovers CC	Male	Veteran
3	10:03:00	Andrew	Brooks	Brighton Phoenix Athletic Club	Male	Veteran
4	10:04:00	Chris	Parker	Hastings & St. Leonards CC	Male	Veteran
5	10:05:00	Maria	David	Serpentine Running Club	Female	Veteran
6	10:06:00	Erica	Martin	Eastbourne Rovers CC	Female	Senior
7	10:07:00	Liz	Halliday	Sussex Nomads CC	Female	Veteran
8	10:08:00	Olivia	Webb	Eastbourne Rovers CC	Female	Veteran
9	10:09:00	Natalie	Creswick	Magspeed Racing	Female	Senior
10	10:10:00	Pip	Jenkins	Southborough & Dist. Whs	Female	Senior
11	10:11:00	Debbie	Percival	Kent Velo Girls/Boys	Female	Veteran
12	10:12:00	Andrew	Bailey	Wealden Cycle Club	Male	Veteran
13	10:13:00	Dylan	Green	Bigfoot CC	Male	Senior
14	10:14:00	Connor	Backhouse	Kingston Wheelers CC	Male	Espoir
15	10:15:00	Chris	Jones	Eastbourne Rovers CC	Male	Senior
16	10:16:00	Peter	Levenspiel	Sussex Nomads CC	Male	Veteran
17	10:17:00	Simon	McLeod	BTNRT	Male	Senior
18	10:18:00	Robb	Cunningham	Brighton Mitre CC	Male	Senior
19	10:19:00	Daniel	Ellis	Eastbourne Rovers CC	Male	Veteran
20	10:20:00	Martin	East	Wealden Cycle Club	Male	Veteran
21	10:21:00	Leo	Downing	Kingston Wheelers CC	Male	Senior
22	10:22:00	Alan	Thynne	San Fairy Ann CC	Male	Veteran
23	10:23:00	Paul	Faulkner	Common Lane Occasionals	Male	Veteran
24	10:24:00	Alfred	Bunyan	Preston Park Youth Cycling Club	Male	Juvenile
25	10:25:00	Jack	Hartrey	Kingston Wheelers CC	Male	Junior
26	10:26:00	Joe	Benians	Lewes Wanderers CC	Male	Senior
27	10:27:00	Keith	Henderson	Southborough & Dist. Whs	Male	Veteran
28	10:28:00	Glen	Whittington	Southborough & Dist. Whs	Male	Senior
29	10:29:00	Mark	Emsley	Team TMC	Male	Senior
30	10:30:00	Howard	Shaw	trainSharp	Male	Senior
31	10:31:00	Tomos	Shaw	Chichester City Riders	Male	Senior
32	10:32:00	Michael	Sleeman	Horsham Cycling	Male	Senior
33	10:33:00	James	Flint	Beachy Head CC	Male	Veteran
34	10:34:00	Todd	Oates	Kendal Cycle Club	Male	Senior
35	10:35:00	Nathan	Russell	trainSharp	Male	Senior
36	10:36:00	John	Blight	Rapha Cycling Club	Male	Senior
37	10:37:00	Edward	Tuckley	Lewes Wanderers CC	Male	Senior
38	10:38:00	Roger	Hutchings	Lewes Wanderers CC	Male	Veteran
39	10:39:00	Steven	Kane	Team TMC	Male	Senior
40	10:40:00	Matthew	Smith	Team TMC	Male	Senior
41	10:41:00	Matthew	Woods	Eastbourne Rovers CC	Male	Veteran
42	10:42:00	Clíodhna	Kennedy	Reading CC	Female	Senior
43	10:43:00	Katie	Simmonds	URDT	Female	Senior
44	10:44:00	Gemma	Hobson	URDT	Female	Veteran

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45	10:45:00	Olivia	Bentley	Team LDN	Female	Senior
46	10:46:00	Lukas	Nerurkar	VC de Londres	Male	Junior
47	10:47:00	Dan	Street	Lewes Wanderers CC	Male	Veteran
48	10:48:00	Paul	Newsome	Project 51	Male	Senior
49	10:49:00	Daniel	Hills	Sunday Echappée	Male	Senior
50	10:50:00	Matthew	Houlberg	Meudon Pedal Heaven Le Col RT	Male	Junior
51	10:51:00	Jack	Freeman	Meudon Pedal Heaven Le Col RT	Male	Espoir
52	10:52:00	Richard	Cartland	HuntBikeWheels.com	Male	Veteran
53	10:53:00	David	Ross	LFGSS CC	Male	Senior