

Berkhamsted Cycle Club Hill Climb Time Trial 2021



BERKHAMSTED CYCLING CLUB

Start Sheet

Under C.T.T. Regulations

Men's & Women's Time 800M Hill Climb
Solo, Team, Men's, Women's, Vets & Junior Awards

Sunday October 17th, 2021. Start Time 10.00 am

Course FHC/2

Event Secretary: - Julian Ormerod
Berkhamsted Cycle Club

Timekeepers: Katja Reitdorf and Annette Lacey

Headquarters: Musette Café, Church Farm, Aldbury, Tring HP23 5RS

Awards Men & Women –

Senior £10

Vet £10

Espoir £10

Juvenile £10

Junior £10

Prize Giving

The prize giving ceremony will be held at HQ (Musette Café) at 11:30 am.

This is a "**Type A**" event and as such is open to registered riders and first claim members of CTT clubs, which you'll have named or have to name on entry to be accepted.

Competitors in Type A events must be either:

(a) members of clubs directly affiliated to the Company or of the Headquarters' Club; or

(b) schools' representatives when riding in Youth Championship events; or

(c) members of overseas clubs or trade teams affiliated through their National Governing Body or Federation to the Union Cycliste Internationale (U.C.I.).

Members of such clubs or trade teams may compete as a member of a national or regional representative team. All overseas riders must present their current racing licence or membership card to the designated official prior to starting. The minimum age for competitors when competing on a solo machine in events on the public highway is 12 years.

YOU NEED A WORKING REAR LIGHT AFFIXED TO YOUR BIKE

There will be no entries on the day. Start times as follows:

Start Position	StartTime	First Name	Last Name	Club
1	10:01	Serena	Wylie	Berkhamsted Cycling Club
2	10:02	Jason	Fernandez	Watford Velo Sport
3	10:03	Sarah	Brydon	Berkhamsted Cycling Club
4	10:04	Roisin	Browne	Veloccino Squadra Donne
5	10:05	Francis	Eades	Islington Cycling Club
6	10:06	Keith	Lawrence	Rapha Cycling Club
7	10:07	Finn	Obrien	Lee Valley Youth CC
8	10:08	David	Atkinson	Berkhamsted Cycling Club
9	10:09	Jared	Millar	Verulam Really Moving
10	10:10	Lucy	Allsop	Welwyn Whs
11	10:11	Bruno	Cabrelli	Hemel Hempstead CC
12	10:12	Alastair	Merrill	VC 10
13	10:13	Katie	Ferguson	Veloccino Squadra Donne
14	10:14	Jamie	Fox	Hitchin Nomads CC
15	10:15	Simon	Newton	Berkhamsted Cycling Club
16	10:16	Karine	Jones	Verulam Really Moving
17	10:17	Jonathan	Bateman	Watford Velo Sport
18	10:18	Donald	Barrell	Rapha Cycling Club
19	10:19	Ben	Smith	Verulam CC
20	10:20	Riccardo	Bartolini	Islington Cycling Club
21	10:21	Cameron	Walker	St Ives CC
22	10:22	Jack	Samways	Watford Velo Sport
23	10:23	Ben	Wooster	Didcot Phoenix CC
24	10:24	Stephen	Reeve	Berkhamsted Cycling Club
25	10:25	James	Perry	Berkhamsted Cycling Club
26	10:26	Darren	Kidson	Onyx RT
27	10:27	Thomas	Lehmann	Cycling Club Hackney
28	10:28	Matthew	Buckle	Ashmei Musette Race Team
29	10:29	Simon	May	Berkhamsted Cycling Club
30	10:30	Chris	Debonnaire	London Fields Triathlon Club
31	10:31	Roberta	Obrien	Lee Valley Youth CC
32	10:32	Andy	Pearson	Serpentine Running Club
33	10:33	Joe	Parsons	Watford Velo Sport
34	10:34	Damian	Kerr	Berkhamsted Cycling Club
35	10:35	Richard	Hamilton	Amersham Road Cycling Club
36	10:36	Harriet	Hernando	Will Houghton Racing Team (WHRT)
37	10:37	Thomas	Saminaden	Gregarios Superclub Ciclista
38	10:38	Neil	Turner	Amersham Road Cycling Club
39	10:39	Keith	Richardson	Icknield RC
40	10:40	Becky	Hair	Magspeed Racing
41	10:41	Charlie	Openshaw	Team Lifting Gear Products/Cycles In Motion
42	10:42	Michelle	Williams	West Drayton MBC
43	10:43	Geoffrey	Smith	Maldon & District CC
44	10:44	Patrick	Atkinson	Horsham Cycling
45	10:45	Benn	Hall	Dunstable Road Cycling Club
46	10:46	Thomas	Robb	Bedfordshire Road RT

Start Position	StartTime	First Name	Last Name	Club
47	10:47	Ben	Nixon	Ashmei Musette Race Team
48	10:48	Jonathan	Harker	Berkhamsted Cycling Club
49	10:49	Jordan	Trace	Amersham Road Cycling Club
50	10:50	Glen	Stillman	High Wycombe CC
51	10:51	Ben	Hurford	Ashmei Musette Race Team
52	10:52	Calvin	Cheung	Hub Velo
53	10:53	Cam	McLaren	NopinZ Motip Race Team
54	10:54	Alan	Wylie	Amersham Road Cycling Club

NO U TURNS WHATSOEVER ON HILL CLIMB COURSE IN SIGHT OF START | FINISH – PENALTY DQ

Regulation 16. Competitors Clothing

1. All riders are reminded of the requirement to pin your number below the waist in a position so as to be clearly visible from behind. This enables the number checkers to ensure your finish time is correctly recorded.
2. No competitor may carry advertising except as a member of a club that has paid the advertising fee.
3. All riders must be wearing short or long-sleeved cycling jerseys and skin suits; no triathlon or sleeveless tops allowed.

Local Regulations.

- No.1. No U turns should be made in sight of the start or finish areas while riding on the public highway.
- No.3. No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish points.
- No.4. Please do not park across driveways, or within 75m of road junctions, park with care.
- Absolutely no parking on any part of the course, at any time.
 - Any infringement of these instructions/regulations will result in disqualification and possibly further disciplinary action.
 - Please collect race numbers in person at the H.Q. and sign the required form.

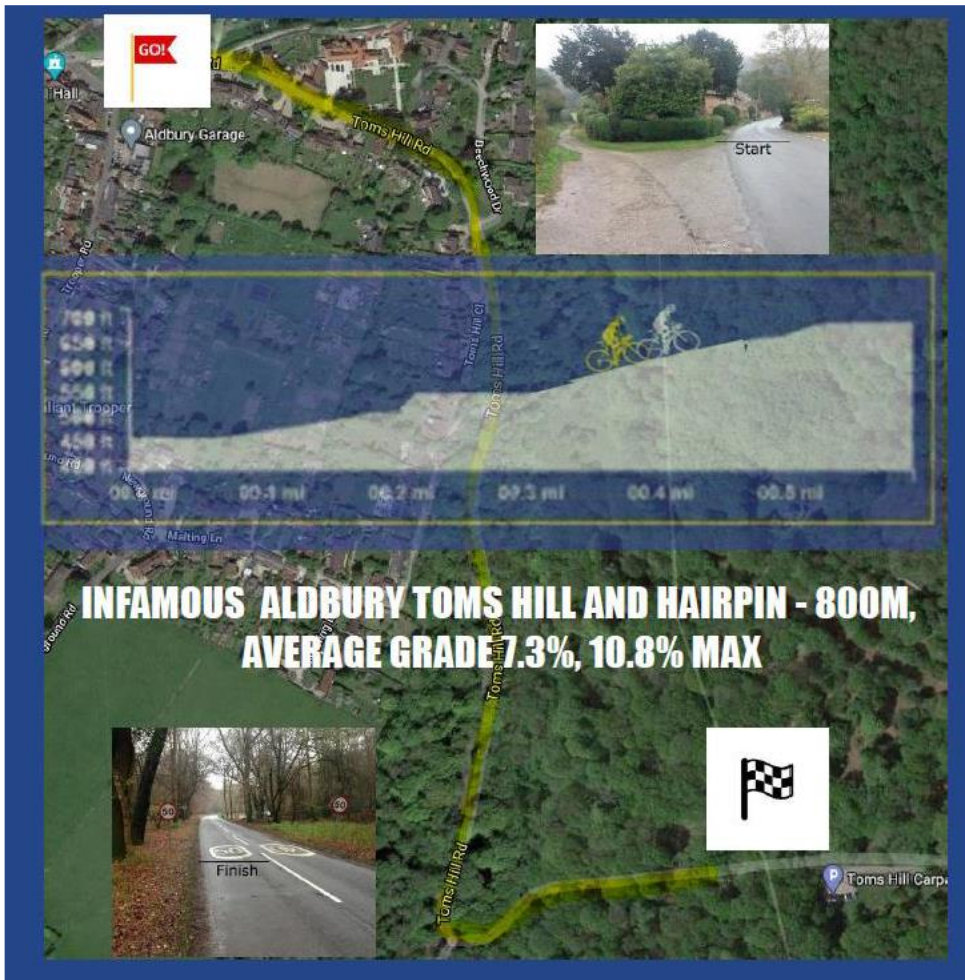
Return to HQ after your ride and 'SIGN OUT' as per regulation.

IN THE INTERESTS OF YOUR OWN SAFETY

Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL** helmet that meets an internationally accepted safety standard.
YOU MUST HAVE A WORKING REAR RED LIGHT ATTACHED AND SWITCHED ON

This event may be subject to a doping control.

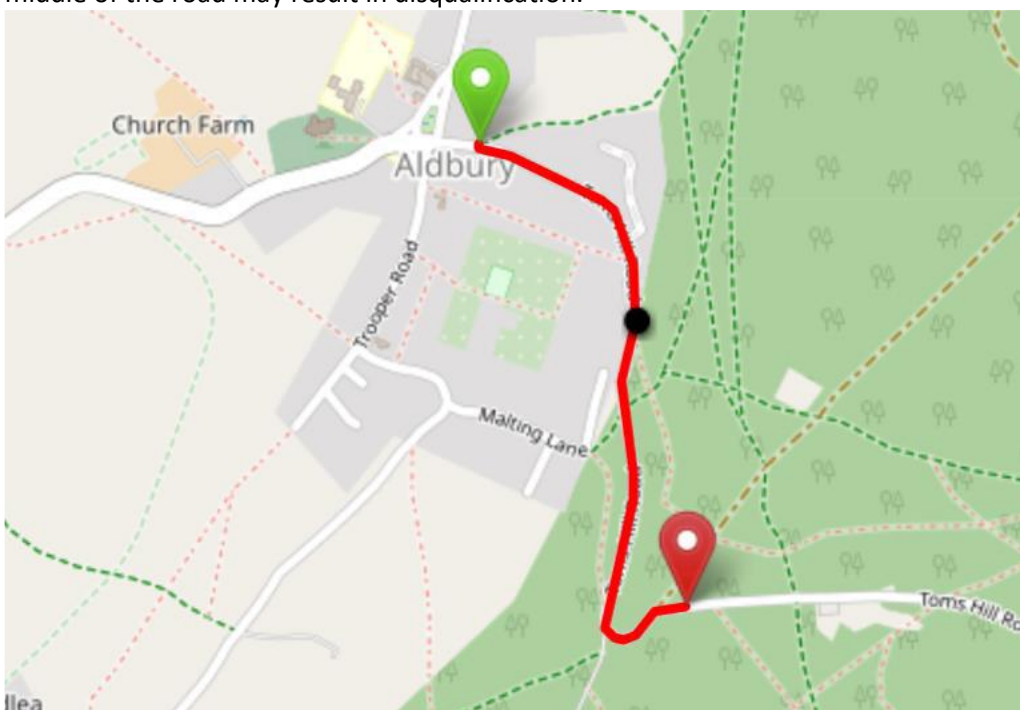
As soon as you have finished, you should return to event HQ as it is your responsibility to check if you are required for Doping Control.
 If your number is displayed, you should report, immediately, to Doping Control, which will be nearby.
REMEMBER, it is up to you to check and ensure you comply.



Police Area(s) Hertfordshire

START Just East of the Village Green at the Start of Toms Hill (see photo). Proceed uphill and around hairpin bend before slight corner right and finish next to road traffic speed and road speed markings 800m later.

Riders should stay on their side of the road for the race, crossing over the white line on the middle of the road may result in disqualification.



PARKING

Musette Café is 300m past the start of the event. The car park is IMMEDIATELY to your left as you enter through the automatic gates, please park considerately. ONLY park on the grass if the weather and underfoot is dry.

Please cycle to the event if you can. If you come to the race HQ by car, ensure social distancing by parking your cars nose to tail. So if the car next to you has it's boot/rear facing inward, front outward, then you park your car facing forward and so on.

It's going to be busy. The café is popular. Please walk down from when the farm buildings start, past the stables (DO NOT RIDE) with your bike to the café and registration.

Signing on IMPORTANT

HQ will be held at Musette Café at Aldbury. <https://www.musettecafe.co.uk/>

Musette will be providing hot and cold refreshments which can be purchased. These will be available from 9.00 am. Musette ask guests to wear their mask on entry until seated at their table or when walking around inside.

Signing in will be self-serve. Start lists will be taped to the sign on table. **Bring your own safety pins. Please return race numbers back to the desk, sign out and place numbers in bucket provided.**

COVID 19

You may ONLY compete if you are in good health and not exhibiting symptoms of Covid 19 in the week prior and on the day of the race. You should not race if you have had advice from a medical professional advising you not to do so.

Specifically, for the Berkhamsted HC:

- Competitors should not attend if they feel ill in ANY way or if family members have any symptoms
- ARRIVE DRESSED TO RACE
- An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warmup.
- Ideally all warm-ups should be done on the road.

RACE CHANGES

- Competitors MUST NOT leave any personal items with the timekeeper.
- Competitors must report FIVE (5) minutes before allocated start time.