

Open 25 Miles Time Trial

Sunday 27th June 2021 at 07:30am

Course S100/25

Promoted for and on behalf of Cycling Time Trials under their rules and regulations.

Event secretary: James Hadfield, 19 Hillcrest Avenue, Truro, TR1 3NE. Mobile: 07775 627554
Email: james@jhcarpentryandjoinery.co.uk

Timekeepers: - Sean Parker and Chris Fearnley

Marshalls and helpers: members & friends of www.giant-helston.co.uk

Event HQ: Roche Victory Hall. Victoria Road, Roche, PL26 8JF. Open from 06:30. Allow 10 minutes to get from HQ to start. To reach the start avoiding the A30 dual carriageway, leave the HQ and turn left. Continue out of village down hill, through traffic lights across railway bridge to T-junction where turn right. Follow this road past service station to Victoria Interchange. At roundabout take 2nd exit over A30 dual carriageway and 1st exit at next roundabout east along the old A30 past the finish. On reaching the Innis Downs Interchange at the roundabout take 3rd exit back over dual carriageway. At the roundabout Take 2nd exit to the start.

Prizes:

There will be no prizes for this event, Money raised from event will be used to pay Marshalls and timekeepers, without them we would not be able to hold events. Any profits will be reinvested on equipment to improve races. There will be no prize giving or results at the end of the race. I will post results on facebook and to cttc asap on the day. Please do not hang around for results.

Course.

Start adjacent to middle post of farm gate 10 yds west of "Magnet Co" entrance on the old A30 at Victoria. Proceed easterly to Victoria Interchange (M). Take 1st exit marked A30 West, Redruth. Join the A30 dual carriageway (with care), continue until slip road marked signpost Newquay, Indian Queens. At bottom of slip road enter onto underpass road (with care) (M). Pass under A30 and take the fourth exit marked Bodmin to rejoin A30 East bound (with care). Continue until Victoria interchange. Take slip road signed Victoria, Roche (M). Traverse interchange to again take slip road signed A30 West. Join A30 and repeat 1st lap. On completion of 2nd lap at Victoria interchange continue on A30 until Innis Downs Interchange sign posted "Innis Downs Interchange, St Austell, Lanivet", to fork left onto exit slip road, at top of slip road (M) enter roundabout to take 1st Left onto old A30 to finish approximately 500 yards along that road.

Riders must:

wear an approved hard shell helmet as defined in the CTT handbook

- obey laws relating to road use
- avoid warming up past start and finish areas
- wait in single file at the start keeping as close to the verge as possible
- **RIDER TO SHOUT OUT YOUR NUMBER AS YOU COMPLETE THE RACE**
- avoid stopping at the finish
- after finishing take care and proceed back to race HQ
- The hq is for signing on only, we have access to the toilet but it is a one in one out policy, face masks must be worn inside.
- Be aware of the course, it is your responsibility to know the course. The marshals are there for your safety.

NOTE 1: YOU MUST HAVE A WORKING REAR LIGHT DURING THE RACE, NO LIGHT NO RACE.

NOTE 2: GIVE WAY TO OVERTAKING RIDER

NOTE3: BRING YOUR OWN PINS AND PEN TO SIGN IN AND OUT.

