



East Sussex Cycling Association

2020 President Peter Moon – Eastbourne Rovers CC



ESCA 1433 yd Hill Climb – Saturday 16th October 2021 – GH/84 Held for and on behalf of **Cycling Time Trials** under its rules and regulations

Start Sheet

Event Secretary Nick Martin (East Grinstead CC)
13 Palehouse Common, Framfield East Sussex TN22 5QY
Mob: 07904 003629 **Email:** nickmartin98@hotmail.co.uk

Timekeepers **Richard Meed** (Lewes Wanderers CC) & **Peter Moon** (Eastbourne Rovers CC)

General Information

Event Meeting Point The signing on point is at the top of the climb just past the finish. Please be advised there is not an HQ for the event and there are no public toilets nearby. There will be a catering van providing coffees and cakes.

Car Parking Please do not park at the bottom of the hill. There is a car park at the top of the climb which should be used to avoid obstructing the signing on point and the South Downs Way. If you have bikes on the roof of your car, please be careful of the metal barrier at the entrance to the car park. For safety reasons parking near the finish must be avoided and drivers should wait until the event has finished before driving back down the course.

Race Numbers Race Numbers will be available at the signing on point. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

Additional Hazards Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Start The start is about a mile from the signing on point on a very narrow road near two residential properties so please keep disruption to a minimum.

Signing Out Please note that all competitors are now required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

Prizes Cash prizes will be awarded at the signing on point immediately following the event.

This is a qualifying event for

ESCA Points Competition Overall, 30 points for 1st place down to 1 point for 30th place and Ladies 10 points for 1st place down to 1 point for 10th place for first claim riders from ESCA affiliated clubs. The individual points earned by each rider are totalled and awarded to their respective club.

Prize List

Fastest Overall

First	£25.00
Second	£20.00
Third	£15.00

Fastest Lady

First	£25.00
Second	£20.00
Third	£15.00

Fastest Jun/Juv

First	£15.00
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Fastest Age Category

not winning another individual prize

Under 30	£5.00
30 – 34	£5.00
35 – 39	£5.00
40 – 44	£5.00
45 – 49	£5.00
50 – 54	£5.00
55 and over	£5.00

Fastest Team of 3

First	£10.00 each
Second	£5.00 each

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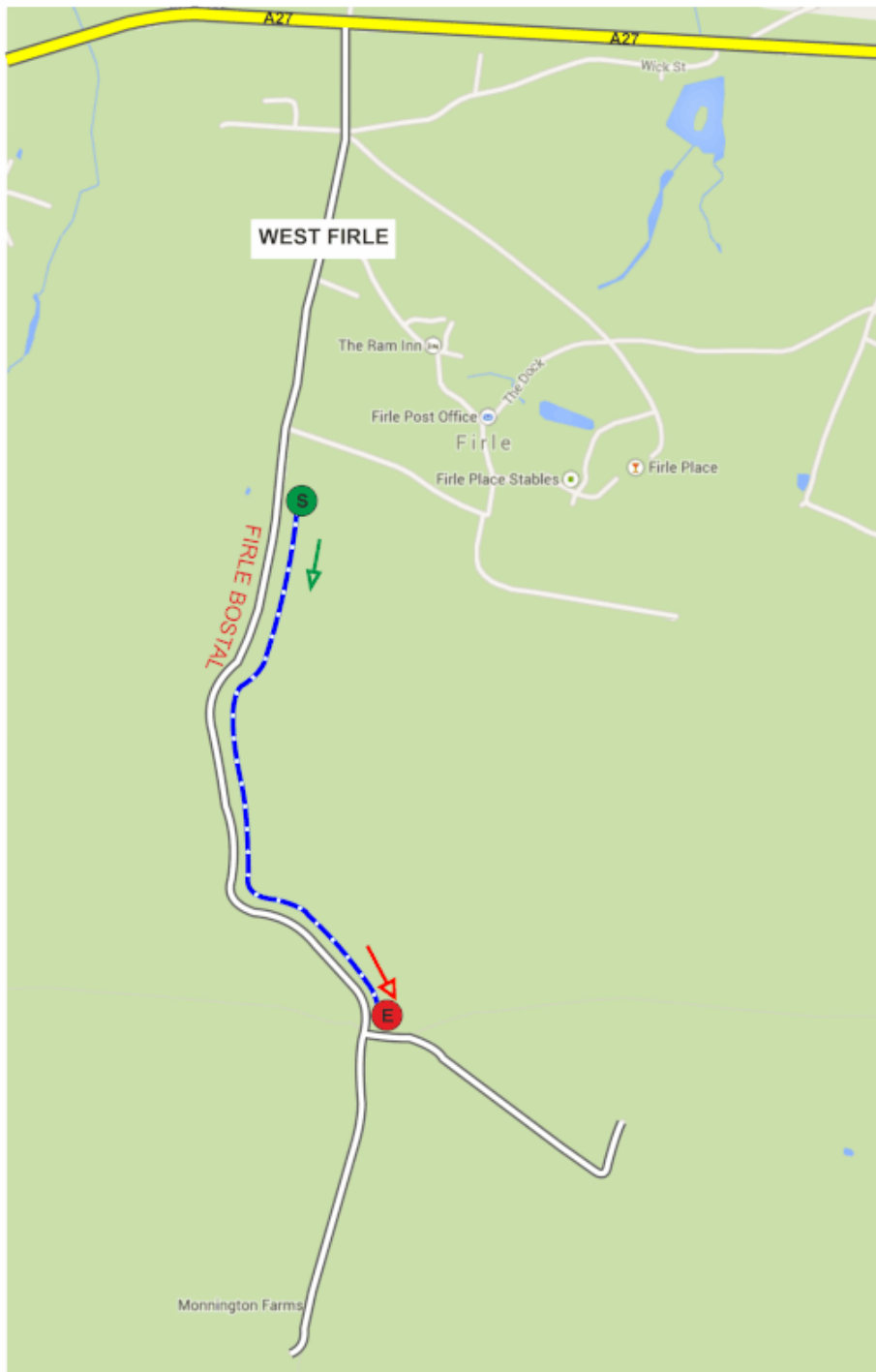
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Course Details GH/84 – Firle Bostal, Firle

Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.

These course details can be viewed or downloaded from the Sussex CA website www.sussexca.org.uk/gh84.html

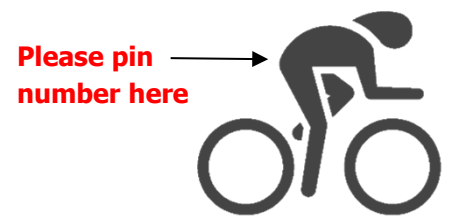
OS Ref	Course GH/84	Distance
TQ465070	START just south of last house on left in Firle Bostal (an unclassified road leading from the A27)	00.00 yd
TQ468059	Proceed along Firle Bostal in a southerly direction and climb to FINISH just before junction with the South Downs Way	1433 yd



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Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- **Parental Consent Forms** All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- **Lights** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.
- **Signing Out** Please note competitors must return to the signing on point either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.



Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

East Sussex CA	Website	www.eastsussexca.org.uk/
	Facebook Group	www.facebook.com/groups/EastSussexCA/
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