



Congleton Cycling Club

www.congletoncyclingclub.org.uk



Open 50 Mile Time Trial. Saturday, 31st July 2021 - Start 15.01 hrs.

BBAR Qualifier and Counting Event Cheshire Points Series 2021

(Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations)

Event HQ: Goostrey Village Hall, CW4 8PE (open from 13:30 hrs)
on the A50 approx. 1 mile north of Holmes Chapel. PARKING AVAILABLE.
PLEASE – NO SHOEPLATES IN THE HALL and make sure no oil drops on the floor.

Course: J 4/9

Timekeepers: Tony Millington (Start). Phil Heaton (Finish).

Awards: One rider one prize except for "Team Prize".

	First	Second	Third
Fastest Male	£30	£20	£15
Fastest Female	£30	£20	£15
Fastest Team Men (aggregate 3 riders) – each	£20		
Fastest Team Women (aggregate 3 riders) – each	£20		

Riders Notes.

- DO NOT PARK** near the Start/Finish area – there is plenty of parking at the HQ
- RIDERS MUST SIGN ON** - Numbers available at HQ.
- RIDERS MUST SIGN OFF after the event.**
- No U-Turns on the course or at the start or finish areas.
- Head up riding at all times, Observers are being used during this event. Dangerous riding is endangering the future of our sport.
- Results will be displayed at the HQ, do not bother the timekeeper.
- Riders must exercise care at all road junctions. Any competitor who's riding line causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification from the event and may be reported to the District Committee for further disciplinary action.
- A competitor who swings out to the right before executing a left turn should ensure that the road behind is clear of traffic before doing so. This practice is not encouraged by the District Committee and competitors who ride in this manner are warned that in many circumstances this manoeuvre will be regarded as contravention of Regulation 47(i), (iii) & (v).
- Cycling Time Trials** strongly advise you to wear a **HARD-SHELL HELMET** that meets an internationally accepted safety standard. In accordance with Regulation 15 but **ALL JUNIOR** competitors must wear Protective Hard Shell Helmets.
- You must have a working rear light**, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use. **You will not be allowed to start without one.** Congleton Cycling Club also recommend a flashing front light.
- Please do not discard gel wrappers and the like on the course. If necessary, throw them to a marshal, who will take them back to HQ for disposal
- This event may be subject to a Doping Control It is your responsibility to check** As soon as you have finished you should return to the event HQ as **it is your responsibility to check** if you are required for Doping Control.
Race numbers required for Doping Control will be displayed at the HQ if appropriate.
If your number is displayed you should report immediately to Doping Control which will be nearby.
Remember, it is up to you to check and ensure that you comply.
If required you must report to Doping Control after finishing without delay.
- You should not attend if you feel ill in ANY way especially if you or family members have any symptoms.
- An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, You should DNS and leave immediately and not go to the start line if you feel this is the case.
Where the above is relevant you should obtain a Lateral Flow Test.
- You are encouraged to undertake a lateral flow test prior to attending the event.
- If you have Any Positive Tests, you should not attend the event.
- When entering event HQ, it would be appreciated if you wore a mask/face covering.

Thank you to all riders for supporting our event; we hope you will have a safe and successful ride.

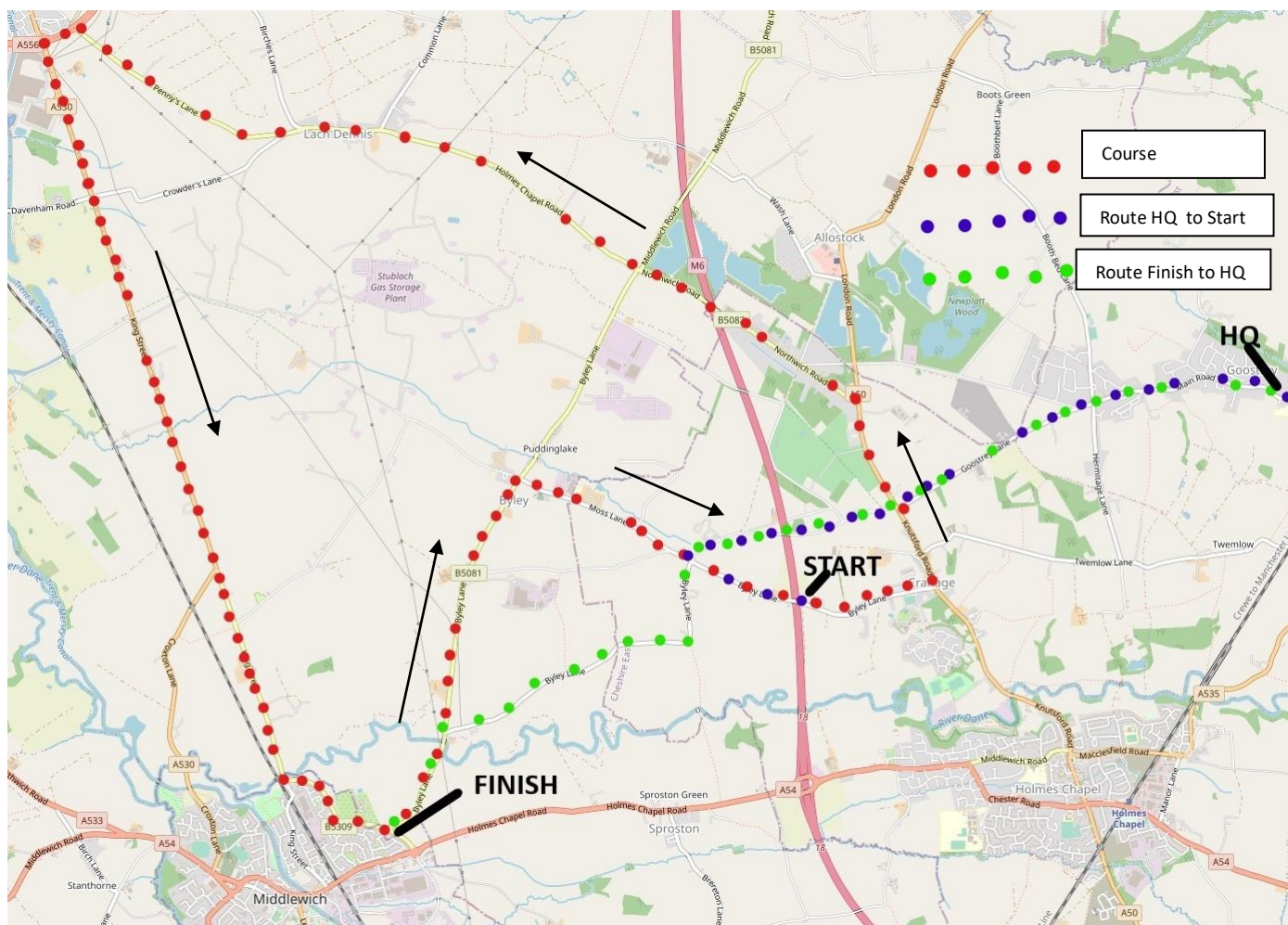
Refreshments: courtesy of Congleton CC Team, will be available in the Headquarters. Exchange your number for a cup of tea. Please give a minimum £1 donation for cakes / sandwiches.

Numbers - will be at the HQ. **Body numbers** must be placed low down on the back and **arm numbers** on the left shoulder.

Numbers Stewards – Georgina Norton, George Brockbank.

Event Secretary Bob Norton 52 Vicarage Lane, Elworth, Sandbach, Cheshire CW11 3BU.

Course map



Directions to the Start:

From HQ, turn Left and proceed for approximately 1 mile, crossing the A50 and the M6 then turn left along Byley Lane. Caution this is on the course. Riders will be coming from your right.

Directions from Finish to HQ:

Continue on course or turn right 0.3 mile after Finish, into Byley Lane which goes straight on at cross roads, retracing the route from HQ to start.

Warm-Up Zone

For minimum disruption and pleasant conditions, please use Middlewich Road (Byley Lane to A50).

Course J4/9 - (Was J50E) - 50 miles (August 2013)

	Inter Miles	Total Miles
Start in Byley Lane, Cranage, at 10th fence post east of yellow "Underground Cable" marker, on east side of M6 bridge, outside Cranrose Equestrian Centre & Rose Bank Farm. Proceed east to		
Cranage (CARE at junction): Left along A50 to	0.478	0.478
Woodside Northwich Road (Pennys Lane): Left along the B5082 Northwich Road to join A556 at	0.926	1.404
Rudheath (CARE at junction): Left along the A556 to	4.186	5.590
King Street Island : Left along the the A530/B5309 to traffic lights at junction with	0.145	5.735
Centurion Way : Filter left at the traffic lights via an un-named traffic island to	3.615	9.350
Byley Road Corner (Kinderton) : Left along the B5801 to	0.562	9.912
Byley Cross Roads : RIGHT WITH CARE into Moss Lane/Byley Lane to	1.813	11.725
Cranage (CARE at junction): Left along A50 to commence a 2nd lap to	2.097	13.822
Woodside Northwich Road (Pennys Lane): Left along the B5082 Northwich Road to join A556 at	0.926	14.748
Rudheath (CARE at junction): Left along the A556 to	4.186	18.934
King Street Island : Left along the the A530/B5309 to traffic lights at junction with	0.145	19.079
Centurion Way : Filter left at the traffic lights via an un-named traffic island to	3.615	22.694
Byley Road Corner (Kinderton) : Left along the B5801 to	0.562	23.256
Byley Cross Roads : RIGHT WITH CARE into Moss Lane/Byley Lane to	1.813	25.069
Cranage (CARE at junction): Left along A50 to commence a 3rd lap to	2.097	27.166
Woodside Northwich Road (Pennys Lane): Left along the B5082 Northwich Road to join A556 at	0.926	28.092
Rudheath (CARE at junction): Left along the A556 to	4.186	32.278
King Street Island : Left along the the A530/B5309 to traffic lights at junction with	0.145	32.423
Centurion Way : Filter left at the traffic lights via an un-named traffic island to	3.615	36.038
Byley Road Corner (Kinderton) : Left along the B5801 to	0.562	36.600
Byley Cross Roads : RIGHT WITH CARE into Moss Lane/Byley Lane to	1.813	38.413
Cranage (CARE at junction): Left along A50 to commence a 4th lap to	2.097	40.510
Woodside Northwich Road (Pennys Lane): Left along the B5082 Northwich Road to join A556 at	0.926	41.436
Rudheath (CARE at junction): Left along the A556 to	4.186	45.622
King Street Island : Left along the the A530/B5309 to traffic lights at junction with	0.145	45.767
Centurion Way : Filter left at the traffic lights via an un-named traffic island to	3.615	49.382
Byley Road Corner (Kinderton) : Left along the B5801 to	0.562	49.944
Finish on B5081, at first grid on left, after entrance to Kinderton Hall	0.056	50.000

Safety notes

1. At Rudheath where Pennys Lane joins the A556 dual Carriageway exercise extreme caution. Do not swing out into the road. Unsafe riding will be reported and action may be taken.
2. At Byley there is a right turn into Moss Lane. Again, exercise extreme caution. Give a right turn signal on approach, give way to oncoming traffic and do not cut the corner.
3. Take care when crossing the M6 bridge on the B5082 Northwich Road. The surface is very poor and potholed.

Number	Start time	firstname	lastname	club	gender	category
8	15:08	Lesley	Norbury	Congleton CC	Female	Veteran
9		Matt	Lawrance	Total Tri Training	Male	Senior
10	15:10	Rod	Mason	Stockport Clarion CC	Male	Veteran
11		Stephen	l'Anson	Buxton CC/Sett Valley Cycles	Male	Veteran
12		Ian	Peacock	Leek CC - Den Engel Belgian Bar	Male	Veteran
13		Simon	Phillips	Stockport Tri Club	Male	Veteran
14		Jeanette	Barber	Seamons CC	Female	Veteran
15	15:15	Alan	Chorley	Seamons CC	Male	Veteran
16		Richard	Collins	Wigan Whs CC	Male	Veteran
17		Liam	Ferris	Audlem Cycling Club	Male	Veteran
18		Molly	Savill	Albarosa CC	Female	Senior
19		Chris	MacKay	TricentralUk	Male	Senior
20	15:20	Adrian	Hughes	Seamons CC	Male	Veteran
21		Andy	Wright	Total Tri Training	Male	Senior
22		Keri	Parton	Pro Vision RC	Female	Senior
23		Phil	Gayes	Leek CC - Den Engel Belgian Bar	Male	Veteran
24		Anna	Brunt	Seamons CC	Female	Veteran
25	15:25	David	Parkin	Chorley Cycling Club	Male	Senior
26		Paul	Lawton	Birkenhead North End CC	Male	Senior
27		Claire	Harrison	Congleton CC	Female	Veteran
28		Jamie	Platt	Manchester Triathlon Club	Male	Senior
29		Kerry	Gleave	Congleton CC	Female	Veteran
30	15:30	Richard	Smith	Army Cycling	Male	Senior
31		Bradley	Murphy	SKCC	Male	Veteran
32		Rufus	Brunt	Seamons CC	Male	Veteran
33		Michael	Summers	Glossop Kinder Velo Cycling Club	Male	Veteran
34		Jasmine	Holmes	University Of Manchester CC	Female	Espoir
35	15:35	Ian	Peers	Army Cycling	Male	Veteran
36		Philip	Gleave	Congleton CC	Male	Senior
37		Colin	Hayes	Liverpool Century RC	Male	Veteran
38		Adrian	Derbyshire	Leek CC - Den Engel Belgian Bar	Male	Veteran
39		Simon	Lewin	Total Tri Training	Male	Veteran
40	15:40	Daniel	Shackleton	ABC Centreville	Male	Veteran
41		Ian	Casson	Birkenhead Victoria CC	Male	Veteran
42		Andy	Milligan	Weaver Valley CC	Male	Veteran
43		Lucy	Rogers	Congleton CC	Female	Veteran
44		Rob	Rix	Southport CC	Male	Veteran
45	15:45	Jonathan	Lloyd	Westmead Team 88	Male	Veteran
46		Joseph	Cadwallader	Bury Clarion CC	Male	Veteran
47		Matt	Yardley	Macclesfield Wheelers	Male	Veteran
48		Richard	Coates	Leek CC - Den Engel Belgian Bar	Male	Veteran
49		Alan	Shuttleworth	Weaver Valley CC	Male	Veteran
50	15:50	Ben	Stead	3 RT	Male	Senior
51		Andrew	Bradbury	Congleton CC	Male	Senior
52		Graham	Rands	Manchester Triathlon Club	Male	Veteran
53		David	Berry	Wigan Whs CC	Male	Senior
54		Michelle	Fairclough	Salford Cycling Club	Female	Veteran
55	15:55	Ben	Norbury	Congleton CC	Male	Senior
56		Dan	Prescott	Wigan Whs CC	Male	Veteran

57		Paul	Targett	Holcombe Harriers	Male	Veteran
58		Tim	Whitefoot	Crewe Clarion Wheelers	Male	Veteran
59		Emily	Martin	Weaver Valley CC	Female	Senior
60	16:00	Jack	Levick	Rose Race Team	Male	Senior