

COURSE V235:

START approx. 3.5 miles south of Boroughbridge, in entrance to A168 from old A1 (now a long layby) at a point approx. 1 yard before "Clearway" sign.

TURN LEFT on to A168, and proceed south to Walshford Traffic Island (4.72 mls).

ENCIRCLE ISLAND and retrace north along A168, past start, to Boroughbridge South Traffic Island (12.27 mls)

ENCIRCLE ISLAND and retrace south on A168 to Walshford TI (2nd time) (19.86 mls).

ENCIRCLE ISLAND and proceed north on A168,

FINISH at northern end of crash barrier protecting road direction sign, on west side of road,

approx. 150yds south of Arkendale Road(Marton Lane) (25 miles).

The A168 is a Clearway – NO PARKING – NO U-TURNS.

Please note that marshals are only to indicate your direction, and not to control traffic in your favour. At each junction it is your responsibility to ensure that it is safe to proceed. Keep your heads up, and keep to the left of the carriageway.

Non-Aero event

For this category here's what is **not allowed**: TT bikes, Tri Bars, Disc Wheels, Tri Spoke Wheels and similar, Time Trial Helmets. Note however that deep section wheels are allowed provided they are below 65mm. Aero style road bike helmets are also allowed.

It is compulsory that working front & rear lights, either flashing or constant, are fitted to the machine in a position clearly visible to other road users, and are active whilst the machine is in use.

A hard-shell helmet that meets an internationally accepted safety standard must be worn by all competitors for the duration of the event.

NO HELMET – NO LIGHTS – NO RIDE!!

RIDERS SHOULD NOTE THAT THERE ARE 10 TRIKES AT THE HEAD OF THE FIELD. PLEASE TAKE CARE SHOULD YOU NEED TO OVERTAKE ONE – ESPECIALLY ON A ROUNDABOUT! GIVE THEM PLENTY OF ROOM.

EVENT HQ

HEADQUARTERS and PARKING –

is at [The Courtyard Café](#),

[Rabbit Hill Business Park, Great North Road, Arkendale, Knaresborough HG5 0FF](#)

Rabbit Hill is on east side of A168, about 1 mile north of Allerton Park Waste Disposal Plant.

On entering site, parking is on your right, Café is to your left. Numbers and signing-on/signing-out will be located here (outdoors). There are toilets available, but no changing facilities.

Please do not gather in groups at the start or obstruct the carriageway – cars/customers entering or leaving the site.

Don't forget to return number and SIGN OUT after your ride – REG. 17(b). Failure to do so will result in rider being recorded as a DNF.

On returning your bib number, you will receive a voucher for a free tea/coffee in the Café.

Anything else must be purchased at your cost.

Please support the Café as they are accommodating us:

<https://www.facebook.com/thecourtyard.rabbithill/>

Please note that the Café closes at 16:00, so later starters please return your number/sign-out and collect your drink as soon as possible.

There is no parking available near the start, or at the finish, except for Officials.

Do not park in the long-lay on the east side of the A168, adjacent to the start, it is now private property. There are other lay-bys/parking spaces on the A168, but the lay-by on west side of road, south of the A59 flyover is currently closed in connection with the works on the motorway.

Promoted for, and on behalf of, Cycling Time Trials, under its Rules & Regulations.

YORKSHIRE ROAD CLUB

"Tudor Rose"

Open 25 miles Time Trial

Includes Road Bike/Non-Aero Event

To be held Saturday June 3rd 2023

Course V235

Allerton Park-A168-Walshford-Boroughbridge

First Rider to start 12.12.

Event Secretary: Phil Hurt, 11, Greenside Terrace,
LEEDS LS12 4SZ Tel. 07887 622370.

Timekeepers: Phil Hurt.

AWARDS

Non-Aero Event

1st Fastest Male & Female £25-00 ea

2nd Fastest Male £15-00

Open Event

1st Fastest Male & Female £25-00 ea.

2nd Fastest Male & Female £20-00 ea.

3rd Fastest Male & Female £15-00 ea.

Vets Awards (Open Event):

1st ON STANDARD £20-00

2nd ON STANDARD £15-00

Fastest 3 riders not eligible for STD Awards.

1st Rider will hold the ***Tudor Rose Trophy*** for one year

1st Female will hold the ***Hodgson Trophy*** for one year

This is the 6th counting event for the
YCF Points Competition 2023

Course V235 details on back of sheet

ORDER OF START
1st rider at 12.12 – after TA Event

No	Rider	Club	Cat	Off
1	RIDERS 1 to 11	TA (NW)		12.01
	TRIKE EVENT			
	PRECEDES	YRC EVENT		
	RIDERS 12-21			
	ROAD -BIKES			
12	Peter Glover	Leicester Forest	RB	12.12
13	David Marshall	Hemel Hempstead	RB	
14	Sean Sanders	Drighlington BC	RB	
15	Susan Sanders	Drighlington BC	RB	12.15
16	Joe House	Drighlington BC	RB	
17	Steven Guymmer	Squadra RT	RB	
18	Rob Carter	Cleveland Whs	RB	
19	Tom Hartwell	University of Leeds	RB	
20	Darren Yarwood	Addform Vive le Velo	RB	12.20
21	Suzanne Noon	Queensbury Q of M	RB	
22	David Glew	Knottingley Velo	V48	
23	Sarah Foulds	Velo Culture	W42	
24	Allen Bell	Yorkshire RC	V77	
25	Josie Smith	Trek Sheffield	W	12.25
26	David Nichol	Ferryhill Whs	V71	
27	Graeme Carter	Stockton Whs	V48	
28	Lewis Johnson	Clifton CC York	Jun	
29	Gary Simpson	Yorkshire RC	V55	
30	Mike Dalton	Stockton Whs	V42	12.30
31	Steve Burrows	Vive le Velo	V63	
32	David Taylor	Huddersfield RC	V67	
33	Beth Grogan	Selby CC	W	
34	Adrian Brain	Calder Clarion	V64	
35	Matthew Asquith	Otley CC	V49	12.35
36	Malcolm Steer	Darlington CC	V58	
37	Lee Morley	Hartlepool CC	V52	
38	Sarah Harrison	Trek Sheffield	W49	
39	Mike Cole	Huddersfield RC	V78	
40	Euan Adam	Durham City Velo	S	12.40
41	Paul Mapletoft	Kiveton Park CC	V59	
42	Richard Buckle	Harrogate Nova	V52	
43	Cat Ferguson	Shibden Hopetech	Jun	
44	Sandra Burrows	Vive le Velo	W57	
45	Hayden Allen	Albarosa CC	S	12.45
46	Tony Bowler	Rosendale RC	V53	
47	Michael Lamb	Kiveton Park CC	V54	
48	Robert Bagot	Warrington RC	V47	
49	Chris Yates	Otley CC	V66	
50	Andrew Miller	Addform Vive le Velo	S	12.50

No	Rider	Club	Cat	Off
51	James Meadows	Cleveland Whs	S	12.51
52	Martin Nelson	Out of the Saddle	V51	
53	Will Trevor	City RC (Hull)	Esp	
54	Nick Bowden	Buxton CC	V55	
55	Sebastian Grindley	North Cheshire Cln	Jun	12.55
56	Steven Forrest	Fogartys Insurance	V52	
57	Alasdair Bruce	Yorkshire RC	V66	
58	Sam Witter	Congleton CC	S	
59	Brian Parker	Seacroft Whs	V50	
60	Mark Wolstenholme	VTTA (Yorkshire)	V45	13.00
61	Sam Straw	Addform Vive le Velo	S	

AT START - WHEN WAITING YOUR START TIME TAKE CARE NOT TO OBSTRUCT ANY VEHICLES TO/FROM LOCAL PREMISES.

Inhabitants tend to make frequent trips past the start point when there is an event on!

YCF Non Aero Competition 2023
after 4 counting events

Pos	MEN	Club		Best
	Rider			Up to 5
1	Steven Guymmer	Squadra RT	4	467
2	Joe House	Drighlington BC	3	356
3	Sean Sanders	Drighlington BC	3	353
4	Darren Yarwood	Addform VieV	2	239
5	Neil Dean	Cliff Pratt Racing	2	226
6	Jake Hobson	Drighlington BC	2	219
7	Steve Gibson	Peak Road Club	1	120
7	Angus Owens	Ravensthorpe CC	1	120
9	Nikolas Hanson	Valley Striders CC	1	119
9	Francis Schofield	Brighton Mitre CC	1	119
	WOMEN			
	Pos	Rider	Club	
1	Susan Sanders	Drighlington BC	2	239
2	Rachel Meredith	Valley Striders CC	1	120
2	Kathryn Argyle	Ravensthorpe CC	1	120
4	Eleanor Stafford	Valley Striders CC	1	119
4	Rebecca Bland	York Cycleworks	1	119
6	Philippa Cox	Valley Striders CC	1	118
6	Suzanne Noon	Queensbury QofM	1	118

Next Counting Event

Sat 3 rd June	Yorkshire RC 25	V235
Sun 18 th June	Sowerby Sunday Club 10	V210
Sat 12 th August	YCF 25	V235

YCF Points Competition 2023

This is the 6th counting event for the 2023 series.
Competition open to members of YCF Affiliated Clubs
Leading positions after 3 counting events

MEN

Pos	Rider	Club		Total
1	Andy	Whitehead	Rockingham CC	3 335
2	David	Taylor	Huddersfield RC	3 334
3	Mike	Cole	Huddersfield RC	3 306
4	Peter	Macklam	Yorkshire RC	3 301
5	Matthew	Asquith	Otley CC	2 235
5	Sam	Straw	Addform VieV	2 235
7	Andrew	Coulbeck	Addform VieV	2 234
8	Neil	Cleminshaw	Addform VieV	2 233
9	Rich	Benson	Harrogate Nova	2 230
10	Adrian	Stott	Yorkshire RC	2 224
11	Michael	Youngson	Yorkshire RC	2 223
12	Will	Trevor	City RC (Hull)	2 220

WOMEN

Pos	Rider	Club		Total
1	Sandra	Burrows	Vive le Velo	3 358
2	Gretchen	Zoeller	VTTA Yorks	2 240
3=	Marjorie	Davison	Ravensthorpe CC	1 118
3=	Carol	Miller	City RC (Hull)	1 118

Up-coming Events:

Date	Event	Course
Sun 14 th May	Selby CC 10 -Cancelled	V511
Sun 28 th May	East Bradford CC 15	V221
Sat 3 rd June	Yorkshire RC 25	V235
Wed 7 th June	YCF Hill Climb	V9916

Full details in CTT Handbook.

Points only awarded to members of YCF affiliated clubs

Riders best 6 performances to count
Series Co-ordinator: Phil Hurt. Emailto
yfc comps@live.co.uk