

EASTERN COUNTIES



CYCLING ASSOCIATION

# 10 miles Time Trial

for Solos and Tandems

to be held on

**Saturday 11th September 2021**

**Course E2/10 ~ Start at 2.00 pm**

*Timekeepers*

Michael Keen & Frida Wezel

## Awards

SCRATCH: 1st: Boxed Medal. 2nd: Gilt Medal. 3rd to 5th: ECCA Medal.

LADIES: 1st: ECCA Medal.

TEAM: 1st Team of Three: ECCA Medals.

HANDICAP: 1st: Boxed Medal. 2nd: Gilt Medal. 3rd to 5th: ECCA Medal.

*Event Headquarters*

Westley Waterless Village Hall, CB8 0RG

Please park outside the HQ grounds and only to the east of Village Hall. Park sensibly and avoid blocking the pathways by not parking on the verges. Obey the 30 mph speed limit in the village. Please give consideration to all other road users in the area so ensuring that we will be able to continue using these Headquarters. **This is especially important with regards to horses and riders, give way, slow down and leave plenty of room.**

**Event Secretary:** Dean Lubin, 223 Huntsman Road, Ilford, Essex, IG6 3SP

Mobile: 07508 427658 Email: [cycledean@outlook.com](mailto:cycledean@outlook.com)

## COURSE DETAILS E2/10

Grid References Start: TL57345635 Finish: TL57085600

Interactive map: [https://www.easterncounties.org.uk/maps.html?E2\\_10](https://www.easterncounties.org.uk/maps.html?E2_10)

**START** at paint mark at end of feeder road from West Wrattling, just before junction with A1340 (1 kerb joint before drain near "Give Way" Sign). Bear left onto A1034 and proceed onto A11 southbound. Continue to take slip road to Four Went Ways intersection (A1307) (M), and circle Elevated Roundabout (5.14 miles) Take fourth exit on to A11 northbound (M). Retrace to Six Mile Bottom where take A1304 slip road (M), to **FINISH** at paint mark 5 yards past end of island between old road and slip road (at sixth kerb joint past plastic phone indicator post marked "85/0")

**In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a HARD SHELL SAFETY HELMET that meets an internationally accepted safety standard. ALL juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.**

Riders are reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

**NO LIGHT – NOR RIDE**

For full details of future ECCA events and results of past events and the season long competitions, go to [www.easterncounties.org.uk](http://www.easterncounties.org.uk) where you will find this information plus lists of officials and member clubs. You will also see details of The Bolton Fund which can provide financial assistance for riders in member clubs to achieve certain cycling ambitions.

## LONDON EAST LOCAL REGULATIONS

4.7 No Warming Up by competitors on the course once the event has started.

4.8.1 Marshals placed to direct competitors off the main carriageways must not stand at the apex between the carriageway and the slip road, but should be located at the beginning of the slip road.

4.8.2 No U-Turns are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.

4.8.5 Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.

## RIDERS' NOTES

The event has been handicapped using the Standardised Handicapping System modified for ECCA events. Please notify Organiser of any improvement in PB.

No parking at either the start or finish, other than timekeepers. Parking is available at and near the Event H.Q. and in the road to West Wrattling. **There must be NO parking on the grass verges either side of the entrance to the Veterinary Clinic and this area will be roped off.** However, the Clinic has kindly agreed to allow a field near the entrance to be used as an extra parking area. This will be well signed.

Body numbers will be available at the Event HQ and must be personally signed for after reading any special course instructions.

All competitors are reminded to personally sign the signing-out sheet when returning their number, otherwise they may be recorded as DNF.

Tandem						
No	Start	Name	Club	Cat	PB	
1	14:01	Christopher York Joanne York	Maldon & District CC	V WV	22:25	
Solos						
No	Start	Name	Club	Cat	Hcap	PB
2	14:02	Marek Sasura	GS Avanti	V	7:04	21:34
3	14:03	Paul Looke	Shaftesbury CC	V	8:26	23:02
4	14:04	Shaun Woodley	Newmarket Cycling & Triathlon Club	V	8:35	23:11
<b>5</b>	<b>14:05</b>	<b>Alex Purcell</b>	<b>CC Sudbury</b>	<b>S</b>	<b>5:29</b>	<b>19:52</b>
6	14:06	Thomas Carroll	CC Breckland	V	5:54	20:19
7	14:07	Steve Peck	Ely & District CC/B&T Motor Repairs	V	7:28	21:59
8	14:08	Shay Giles	VC Elan - Harry Perry Cycles	V	9:20	24:00
9	14:09	Roger Chappell	Team Vision Racing - Silverhook	V	10:32	25:17
<b>10</b>	<b>14:10</b>	<b>Sam Barker</b>	<b>Kettering CC</b>	<b>V</b>	<b>5:27</b>	<b>19:50</b>
11	14:11	Andy Kennedy	Ipswich BC	V	6:25	20:52
12	14:12	Gerrard Rafferty	Bedfordshire Road CC	V	7:28	21:59
13	14:13	Bob Quarton	Wolsey RC	V	8:24	23:00
14	14:14	Simon McCartney	CC London	V	9:46	24:27
<b>15</b>	<b>14:15</b>	<b>Nick Howick</b>	<b>Shaftesbury CC</b>	<b>S</b>	<b>5:53</b>	<b>20:18</b>
16	14:16	Derek Ricketts	Ely & District CC/B&T Motor Repairs	V	7:03	21:33
17	14:17	Patrick Charlton	Wolsey RC	V	7:42	22:15
18	14:18	Glen Clark	Ely & District CC/B&T Motor Repairs	V	8:56	23:34
19	14:19	Mark Fogg	Maldon & District CC	V	16:17	31:26
<b>20</b>	<b>14:20</b>	<b>Peter Harding</b>	<b>Chelmer CC</b>	<b>V</b>	<b>5:03</b>	<b>19:24</b>
21	14:21	Gary Record	West Kent RC	S	6:24	20:51
22	14:22	James Walsgrove	Ride Harder	V	7:26	21:57
23	14:23	Mark Fairhead	CC Breckland	V	8:24	23:00
24	14:24	Andrew Nunn	CC Ashwell	V	10:06	24:49
<b>25</b>	<b>14:25</b>	<b>Glenn Taylor</b>	<b>Shorter Rochford RT</b>	<b>V</b>	<b>5:51</b>	<b>20:16</b>
26	14:26	Wolfgang Emmerich	London Phoenix CC	V	6:59	21:28
27	14:27	Peter Tibbitts	Ford CC	V	7:42	22:14
28	14:28	Anthony Bye	Wisbech Whs	V	8:48	23:25
29	14:29	Timothy Basham	Essex Roads CC	V	14:47	
<b>30</b>	<b>14:30</b>	<b>Adam Fisher</b>	<b>Cambridge CC</b>	<b>S</b>	<b>5:21</b>	<b>19:43</b>
31	14:31	Hugo Hocknell	Team Salesengine.co.uk	V	6:17	20:43
32	14:32	Sue Rust	Kettering CC	WV	7:18	21:49
33	14:33	Mark Ready	Diss & District CC	V	8:19	22:54
34	14:34	James Bromley	Becontree Wheelers CC	V	10:00	24:42
<b>35</b>	<b>14:35</b>	<b>David Warlow</b>	<b>Essex Roads CC</b>	<b>V</b>	<b>5:48</b>	<b>20:12</b>
36	14:36	Jolyon Glynn	Cambridge CC	S	6:57	21:26
37	14:37	Jason Turner	Norwich A B C	V	7:41	22:13
38	14:38	Linda Hones	Newmarket Cycling & Triathlon Club	WV	9:41	24:22
39	14:39	Brian Davies	Anglia Velo	V	13:55	28:54
<b>40</b>	<b>14:40</b>	<b>Paul Schofield</b>	<b>St Ives CC</b>	<b>V</b>	<b>5:18</b>	<b>19:40</b>
41	14:41	Kevin Wilson	Crest CC	S	6:04	20:30
42	14:42	Roger Porter	Verulam CC	V	7:14	21:45
43	14:43	Gavin Mortlock	Colchester Rovers CC	V	8:17	22:52
44	14:44	Richard Knight	CC London	V	9:56	24:38
<b>45</b>	<b>14:45</b>	<b>Mike Padfield</b>	<b>North Norfolk Whs</b>	<b>V</b>	<b>5:41</b>	<b>20:05</b>
46	14:46	Michael Cope	Kettering CC	V	6:51	21:20
47	14:47	Julia Freeman	Easterley Road Club	WV	7:43	22:16
48	14:48	Katie-Ann Elliston	Southend Wheelers	W	8:32	23:08

49	14:49	Antonio Paolino	Essex Roads CC	V	12:10	27:02
<b>50</b>	<b>14:50</b>	<b>Sean O'Sullivan</b>	<b>Eagle Road Club</b>	<b>S</b>	<b>5:06</b>	<b>19:27</b>
51	14:51	Tim Cox	Hemel Hempstead CC	V	5:57	20:22
52	14:52	Graham Denny	North Norfolk Whs	V	7:12	21:42
53	14:53	Kerry Tate	Newmarket Cycling & Triathlon Club	WV	7:58	22:32
54	14:54	Lisa Hall	Ride Harder	WV	10:24	25:08
<b>55</b>	<b>14:55</b>	<b>Terry Garlinge</b>	<b>Easterley Road Club</b>	<b>V</b>	<b>5:40</b>	<b>20:04</b>
56	14:56	Philip Watkins	North Norfolk Whs	V	6:44	21:12
57	14:57	Adam Lowe	Metropolitan Police Cycle Club	V	7:38	22:10
58	14:58	Andrew Grant	Chelmer CC	V	8:32	23:08
59	14:59	Andrew Porter	Welwyn Whs	V	11:25	26:13
<b>60</b>	<b>15:00</b>	<b>Graeme Garner</b>	<b>Essex Roads CC</b>	<b>V</b>	<b>5:13</b>	<b>19:35</b>
61	15:01	Simon Plant	Newmarket Cycling & Triathlon Club	V	5:57	20:22
62	15:02	Stephen Murphy	Shaftesbury CC	V	7:07	21:37
63	15:03	Karen Ayles	Maldon & District CC	WV	7:53	22:26
64	15:04	Stephen Watson	Hertfordshire Whs	V	9:34	24:14
<b>65</b>	<b>15:05</b>	<b>Murat Ozdenya</b>	<b>Team Vision Racing - Silverhook</b>	<b>V</b>	<b>5:37</b>	<b>20:01</b>
66	15:06	Adrian Gower	Hitchin Nomads CC	V	6:33	21:01
67	15:07	Joshua Granger	Athlon CC	S	7:31	22:03
68	15:08	Ann Shuttleworth	Cambridge CC	WV	8:31	23:07
69	15:09	Peter Horsnell	Chelmer CC	V	11:49	26:39
<b>70</b>	<b>15:10</b>	<b>Samuel Thienel</b>	<b>Shaftesbury CC</b>	<b>S</b>	<b>5:03</b>	<b>19:24</b>
71	15:11	James Wizard	Bedfordshire Road CC	S	5:55	20:20
72	15:12	Will Shepherd	Ely & District CC/B&T Motor Repairs	V	7:05	21:35
73	15:13	John Iszatt	Team Vision Racing - Silverhook	V	7:47	22:20
74	15:14	Brian Martin	Ciclos Uno	V	10:33	25:18
<b>75</b>	<b>15:15</b>	<b>Nick Morgan</b>	<b>Hitchin Nomads CC</b>	<b>V</b>	<b>5:36</b>	<b>19:59</b>
76	15:16	Ian Short	Team Salesengine.co.uk	V	6:11	20:37
77	15:17	Thomas Platts	Aspire Velo Racing Team	S	7:38	22:10
78	15:18	Graham Lawrenson	Hainault RC	V	8:28	23:04
79	15:19	Laura Davies	**Orwell Velo	W		22:04
<b>80</b>	<b>15:20</b>	<b>David Harding</b>	<b>Chelmer CC</b>	<b>V</b>	<b>4:55</b>	<b>19:16</b>

**\*\* = Club not affiliated to ECCA. Rider(s) not eligible for awards**