

Promoted for and on behalf of Cycling Time Trials under its rules & regulations

Wednesday 5th June 2019 7.00pm

Friction Hydraulics Series Round 8

HQ: Berriew Village Hall SY21 8BA (B4385)

Timekeepers: Mr Dave York Mid Shropshire Wheelers

Mr Rob Bassom Oswestry Paragon CC

Event Secretary: Mike Holwill, New Cwm Farm, Felindre, Knighton, Powys, LD7 1YT.

COURSE D25/24r

Start in lay-by on A483 south west of Welshpool(near Lazy Leek café),proceed north-east 3.15miles to Chirbury RAB ,take 2nd exit to Station RAB,take 3rd exit to Buttington RAB ,take 2nd exit to Four Crosses RAB, encircle and retrace, to Buttington RAB take 2nd exit, Station RAB take 1st exit, Chirbury RAB 2nd exit.Finish at grid opposite Northwood Motor Company

In the interests of safety Cycling Time Trials and the event promoters strongly advise you to wear a Hard Shell Helmet that meets internationally accepted safety standards. In accordance with Regulation 15 all Junior riders MUST wear such helmets.

It is also recommended that a working rear light, either flashing or constant is fitted to the machine in a position visible to other road users and is active whilst the machine is in use.

Riders please be aware:

No U-Turns in the vicinity of the start area please

	1 st Male	£18.00	1st Veteran on Standard	£14.00
	2 nd Male	£14.00	2 nd Veteran on Standard	£12.00
l	3 rd Male	£10.00	3 rd Veteran on Standard	£10.00
	1 st Female	£18.00		
l	2 nd Female	£14.00		
١	3 rd Female	£10.00	Fastest Junior	£14.00

Only one prize per rider