



VTTA Midlands – Open 10 Mile Time Trial (Under CTT Regulations)

Saturday 14th September 2019

Course: K33/10D

Start: 2.01pm

Event Secretary: Andrew Simpkins, 13 Lupin Drive, Walton Cardiff, Tewkesbury, GL20 7FT
(Tel: 07767 835004)

Officials: Timekeeper Start: Bob Franks Finish: Charlie Barnett

Headquarters: Broom Village Hall, High Street, Broom, Alcester, B50 4HJ

NOTES TO COMPETITORS: Please read these carefully.

The Course - See course map on the CTT website - www.cyclingtimetrials.org.uk/course-details/k33-10d
Start: on B4088 (Redditch - Evesham road) south of Dunnington crossroads at gully grating to south side of lane on left and opposite signpost to Dunnington village. Ride southwards (B4088) and at Norton island junction take first exit (3.6 miles). Descend hill and ride through Salford Priors village and at Salford Priors island junction with A46 take first exit onto A46 (6.9 miles). At South Alcester island (note service station on the left) take first exit onto A435 (9.9 miles) and finish before River Arrow at first gully grating to surfaced driveway on left by 5-barred gate.

The first 7 miles of this course are on single carriageway B roads, followed by the last 3 miles on the A46 dual carriageway.

Take special care on turning left onto A46 – do not swing out as traffic will be coming straight across the roundabout. Do not overtake and cut across in front of vehicles turning left. Dangerous riding at this junction may result in disqualification.

Also take care on the roundabout immediately before the finish as traffic is also exiting from the service station on your left.

The HQ

- **There is limited parking at the HQ.** You can park in the village street, but please be careful not block residents. You can also park in lay-bys on the road near to the start.
- Numbers will be available at the HQ, remember you must **sign-on and sign out.**
- Please do not walk into the hall in cleated shoes.

The Start:

- To the Start – turn left out of the HQ. Follow the road up the hill to Dunnington village. Turn left at the crossroads. The start is 400 yards further on.
- Allow at least 10 minutes to ride from HQ to the Start, it is approx. 2.0 miles away uphill.

- **Do not** warm up on the course – use the B4088 north of the start and the road that goes ahead of you at the Dunnington crossroads.

The Finish:

- From the finish – turn left at the roundabout approx. 100 yards after the finish. Follow the road all the way up the hill to the Dunnington crossroads. Turn left and descend to the HQ (the way you came to the start).
- Results will be at HQ. Please do not bother timekeepers or obstruct their view.

Guidelines

1. **Helmets** - CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, CTT and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
2. **Parental Consent Forms** - All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
3. **Lights** - It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users.
4. **Warming up** - Competitors are requested not to warm up on the course.
5. **Competitors' Vehicles** - No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
6. **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.

Prize List:

Vets on Standard	Fastest Woman	Fastest Men
1 st £30	£25	1 st £30
2 nd £25		2 nd £25
3 rd £20		3 rd £20
4 th £15		
5 th £10		

Only VTTA members qualify for Standard prizes.

Fastest team - £15 each rider.

One rider, one prize, except for team

Have you joined the VTTA?

If you are over 40 and interested in time trialling the VTTA is the organisation for you. We have 3000 members in our 16 regional groups. We promote 100 time trial events a year, 8 national championships, 3 season-long competitions, plus various competitions and trophies at group level. We also organise individual challenges (called Standard medals) and we produce four glossy magazines each year. It costs £20 a year to join the Midlands Group. From the 1st October you can join for the 2020 season by going to our website – www.vtta.org.uk

No	Start	Firstname	Lastname	Club	M/F	Age	VTTA Standard	VTTA Group
1	14.01	Chris	Benton	Stafford Triathlon Club	M	61	00:27:45	Midlands
2	14.02	Phillip	Blackwell	Stourbridge CC	M	40		
3	14.03	Robert	Lane	Leamington C & AC	M	75	00:29:59	Midlands
4	14.04	Bob	Brabbins	Somerset Road Club	M	76	00:30:13	West
5	14.05	Keith	Fitzgerald	Stratford Cycling Club	M	66		
6	14.06	Stephen	Foster	CC Giro	M	59		
7	14.07	John	Frydman	Leamington C & AC	M	74	00:29:45	Midlands
8	14.08	Simon	Davis	VTTA (Midlands)	M	42	00:26:12	Midlands
9	14.09	James	Lees	VTTA (Midlands)	M	50	00:26:49	Midlands
10	14.10	Greg	Elliott	Harworth and District Cycling Club	M	68	00:28:39	North Mids
11	14.11	Susan	Semple	Born to Bike - Bridgtown Cycles	F	53	00:29:21	Midlands
12	14.12	Lisa	Brothwood	Bishop's Stortford CC	F	42		
13	14.13	Sarah	Soden	Leicester Forest CC	F	55	00:29:32	Notts & E.Mids
14	14.14	Vicki	Standen	Born to Bike - Bridgtown Cycles	F	36		
15	14.15	Aimee	Lane	Wyre Forest Cycle Racing Club	F	15		
16	14.16	Arja	Scarsbrook	Bush Healthcare CRT	F	71	00:31:41	West
17	14.17	Rebecca	Mason	Coventry Road Club	F	33		
18	14.18	Jo	Wilkie	Ride 24/7	F	41		
19	14.19	Gary	Smith	Stourbridge Velo	M	62		
20	14.20	Alastair	Semple	Stafford RC	M	52	00:26:58	Midlands
21	14.21	David	Stockill	Stratford Cycling Club	M	57		
22	14.22	Philip	Wooldridge	Audax UK	M	40		
23	14.23	Adrian	Murray	Worcester St. Johns CC	M	46		
24	14.24	Christopher	Huxley	Stratford Cycling Club	M	57		
25	14.25	Mark	Shore	Walsall Roads Cycling Club	M	60	00:27:39	Midlands
26	14.26	Stewart	Ball	Successcycling.co.uk	M	46		
27	14.27	Damian	Barratt	Team Velo West Mercia	M	47		
28	14.28	Garry	Shuker	Walsall Roads Cycling Club	M	64	00:28:06	Midlands
29	14.29	Lee	Heron	Banbury Star Cyclists' Club	M	42		
30	14.30	Steve	Mountford	Solihull CC	M	58	00:27:28	Midlands
31	14.31	Andrew	Milner	Worcester St. Johns CC	M	47		
32	14.32	Edward	Priddy	Solihull CC	M	60	00:27:39	Midlands
33	14.33	Martin	Stanley	Worcester St. Johns CC	M	52		
34	14.34	Robert	Smith	Warwickshire Road Club	M	48	00:26:40	Midlands
35	14.35	Peter	Blackwell	Solihull CC	M	47		
36	14.36	Martin	Osman	CC Giro	M	45		
37	14.37	David	Angliss	Coventry Cycling Club	M	47		
38	14.38	Richard	Howes	Coventry Road Club	M	59		
39	14.39	James	Hargreaves	Kenilworth Whs	M	57	00:27:22	Midlands
40	14.40	Martin	Orrill	Rugby Racing Cycling Club	M	60		

No	Start	Firstname	Lastname	Club	M/F	Age	VTTA	VTTA
							Standard	Group
41	14.41	Ian	Taylor	Beacon Roads CC	M	48	00:26:40	Midlands
42	14.42	Gary	Jones	Successcycling.co.uk	M	53	00:27:03	Midlands
43	14.43	Martin	Lines	Worcester St. Johns CC	M	51		
44	14.44	Stuart	Harris	Royal Sutton CC	M	46		
45	14.45	Peter	Ward	Stratford Cycling Club	M	48		
46	14.46	Michael	Wills	Team Lutterworth Cycle Centre	M	60	00:27:39	Notts & E.Mids
47	14.47	Joseph	Costello	Walsall Roads Cycling Club	M	60	00:27:39	Midlands
48	14.48	David	Schofield-Newton	Rugby Velo	M	57	00:27:22	Midlands
49	14.49	Matthew	Miller	Team Bottrill	M	47	00:26:36	Notts & E.Mids
50	14.50	Peter	Smith	Team Jewson - MI Racing ~Poly Pipe~McCann	M	61	00:27:45	LH&C
51	14.51	David	Kiernan	Race Rapid	M	46	00:26:31	Midlands
52	14.52	Paul	Guest	Worcester St. Johns CC	M	49	00:26:45	Midlands
53	14.53	David	Evans	Team Echelon	M	63	00:27:59	Midlands
54	14.54	Alex	Doherty	Goode2tri Team	M	35		
55	14.55	Richard	Harrison	DRAG2ZERO	M	42	00:26:12	LH&C
56	14.56	Robert	Gibbons	Race Rapid	M	46	00:26:31	Notts & E.Mids
57	14.57	Dave	Elliott	Rugby Racing Cycling Club	M	42	00:26:12	Midlands
58	14.58	Simon	Garrett	Team Echelon	M	45	00:26:27	Midlands
59	14.59	John	Lucock	Born to Bike - Bridgtown Cycles	M	40	00:26:02	Midlands