



East Sussex Cycling Association

2023 President: Peter Moon Eastbourne Rovers

ESCA 100 Mile TT – Sunday 30th July 2023 6.01am
Course G100/861

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



Start Sheet

Event Secretary **Mark Gidney (Southborough & District Wheelers)**
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Timekeeper **Mr. Doug Finch (Southborough & District Wheelers)**

General Information

Event HQ: Upper Dicker Village Hall, Coldharbour Road, Upper Dicker, East Sussex BN27 3QE.

From A27: follow Berwick Station signs at Alfriston roundabout. Straight on for 4 miles. Hall is on Right at end of village.

From A22: half mile West of Boship Roundabout, Lower Dicker. Turn into Coldharbour Road (at the Yellow 'Metamorphosis' Bathroom Centre). Hall is on Left after 1 mile; after '40' and 'Upper Dicker' sign.

The hall will be open from 5:00am for changing. Limited free refreshments will be on offer after the event.

Car Parking: There is ample parking in the field at the rear of the village hall where you will find entry doors to the hall and facilities. The car park entrance is the gate next to the HQ - please drive around the football pitch and park directly behind the hall. **Please do not park on the football pitch or block the entry/exit route. Parking in front of the hall is for race officials ONLY PLEASE !!!**

Race Numbers: Numbers will be available at the event HQ. Please collect your number when you sign on. **After the event all riders must sign out** and return race numbers at the HQ.

Start: LEFT out of HQ; LEFT at staggered X-roads; LEFT at grass triangle; continue almost to A22. The start is 2 miles from the HQ. **Please allow at least 10 minutes getting to the start.**

This is a qualifying event for

ESCA Points Competition: 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies: The fastest rider from an ESCA affiliated club will be awarded the 100m Cup, and the fastest team of three riders from an ESCA affiliated club will be awarded the 100m Team Shield at the annual prize presentation in January 2024.

ESCA BAR: Qualifying event for the Senior and Veteran BAR competitions.

SCA and KCA BAR: Qualifying event for the long-distance BAR

BBAR: Qualifying event for the British Best All Rounder competition.

Sussex SPOCO: Long distance qualifying event – 120 points for 1st place down to 1 point for 120th place for first claim riders from Sussex CA affiliated clubs.

VTTA Surrey/Sussex Group: The member with the highest plus against standard will be awarded a medal at the group's Prize Presentation lunch.

www.eastsussexca.org.uk

www.vtta.org.uk

ESCA 100 Mile TT Awards

Fastest

First	£40.00
Second	£35.00
Third	£30.00

Highest Vet on Std

First	£30.00
Second	£20.00
Third	£15.00

Fastest Woman

First	£40.00
Second	£35.00
Third	£30.00

Fastest Team of 2

First	£20.00 each
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Fastest Team of 2

Second	£15.00 each
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Fastest Road Bike

First	£10.00
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Course Details – G100/861

Map attached, courtesy of SCA; available at: <http://www.sussexca.org.uk/g100861.html> .

START at eastern end of Arlington Road West opposite Give Way Sign just before junction with A22 northbound carriageway

LEFT and follow A22 via Diplocks Way RBT to Boship RBT

Start of LAP 1

LEFT 1st Exit to on A22 to junction with B2124 at Golden Cross.

LEFT on B2124 to TURN at Ringmer, Kennel Corner RBT (9.1 MILES).

RETRACE to A22 at Golden Cross.

LEFT on A22 via The Shaw RBT, Halland RBT, Golf Course RBT, Little Horsted RBT (19.9 MILES) Copwood RBT, Owlsbury RBT to

TURN at Black Down RBT (A22/A26 split here). (22.8 MILES).

RETRACE on A22 via Copwood, Owlsbury, Little Horsted, Golf Course, Little Horsted, Halland and The Shaw Roundabouts to Boship RBT.

TURN 4th Exit to A22.

This completes LAP 1. (34.1 MILES)

REPEAT Boship - Golden Cross – Ringmer – Golden Cross – Black Down – Boship.

This completes LAP 2. (66.5 MILES).

REPEAT Boship - Golden Cross – Ringmer – Golden Cross – Black Down – Boship.

This completes LAP 3. (98.8 MILES).

RETRACE on A22 to Coldharbour Road (*at Yellow 'Metamorphosis bathroom showroom'*)

LEFT along Coldharbour Road to **FINISH** at White paint mark just past April Cottage, 93 yards before 40 mph 346 yards before front door of Dicker Village Hall (100.0 MILES)

Additional Hazards The new Owlsbury roundabout TAKE CARE in negotiating the new roundabout between Copwood RBT and Little Horsted RBT

Order of Start

number	Start time	Name	machine	club	category	LTS
1	06:01	Chris Parker	RB	Hastings & St. Leonards CC	Veteran	05:45:00
2	06:02	Anita Turner	TT	Eastbourne Rovers CC	Veteran	05:38:27
3	06:03	Kate Mankelow	TT	Lewes Wanderers CC	Veteran	05:30:00
4	06:04	Ewan Burns	TT	Crystal Palace Triathletes	Senior	05:30:00
5	06:05	Westall	TT	Royal Air Force Cycling Association	Senior	04:45:00
6	06:06	Peter Baker	TT	Lewes Wanderers CC	Veteran	04:42:39
7	06:07	Zak Newman	TT	Sussex Revolution Velo Club	Veteran	04:40:00
8	06:08	Gareth Purves	TT	Hastings & St. Leonards CC	Veteran	04:39:53
9	06:09	Stephen Skinner	RB	Velo Club St Raphael	Veteran	04:30:00
10	06:10	Ian Cheesman	TT	Worthing Excelsior CC	Veteran	04:30:00
11	06:11	Vince Freeman	TT	Sussex Revolution Velo Club	Veteran	04:30:00
12	06:12	Roland Kitson	TT	Horsham Cycling	Veteran	04:29:44
13	06:13	Allan Thurston	TT	GS Avanti	Veteran	04:28:00
14	06:14	David Greenwood	TT	Rye & District Wheelers CC	Veteran	04:23:52
15	06:15	Reuban Davey	TT	Abellio - SFA Racing Team	Espoir	04:20:00
16	06:16	Nicky Wilson	TT	Crawley Wheelers	Veteran	04:19:00
17	06:17	Gavin Richards	TT	Lewes Wanderers CC	Veteran	04:18:20
18	06:18	Daniel Drake	TT	South London Harriers	Senior	04:18:02
19	06:19	Lawrence Wintergold	TT	Hounslow & District Whs	Veteran	04:15:00
20	06:20	Adam Rogers	TT	Eastbourne Rovers CC	Veteran	04:10:53
21	06:21	Peter Madarasz	TT	Team TMC	Veteran	04:10:45
22	06:22	Claire Emons	TT	...a3crg	Veteran	04:07:45
23	06:23	Naomi Shinkins	TT	Bournemouth Jubilee Whs	Veteran	04:02:50
24	06:24	Roger Sheridan	TT	North Devon Velo	Veteran	04:02:39
25	06:25	Nathan Russell	TT	trainSharp	Senior	04:01:13
26	06:26	Andy Tucker	TT	Newbury Velo	Veteran	03:56:26
27	06:27	Christian Geldard	TT	North Hampshire RC	Veteran	03:51:48
28	06:28	Chris Jones	TT	Bynea Cycling Club	Veteran	03:43:43



Please note the following CTT regulations and recommendations

Helmets: CTT regulations require the compulsory use of helmets for ALL that meets internationally accepted safety standards.

Lights: CTT regulations require the compulsory use of BOTH FRONT & REAR LIGHT affixed to rider's machines

Competitors' Vehicles: No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.

Safety Instructions: Details of any additional hazards not listed on the start sheet will be displayed at the signing on point. Competitors must exercise extra care when negotiating all roundabouts.

Warming Up: Competitors are requested not to warm up on the course after the event has started.

Race Numbers: The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Please pin your number here



Results: No times will be given out at the finish.

Riders Be Aware Generally the Road is in Reasonable Condition. However, there are some sections where care must be taken with heads up to look out for pot holes and some cracks that could cause impact punctures if hit hard.

Signing Out: Please note that all competitors are now required personally to sign the signing-out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

London South DC: Strongly recommend that riders do not wear black or dark clothing during any event held on the public road.

Please Remember that the riders you catch during the race may be unaware of your presence until you are actually passing them, so please give them sufficient space as you go by.

Please help yourself to pre-race gels, bananas & flapjacks, back at the HQ we will have a small selection of food & drink again please feel free to help yourself (its free!!).

Prize Winners should you be fast enough to win a prize please contact me within 14 days to claim your winnings, if I do not hear from you within 14 days, I will assume you wish to donate your prize money to the Air Ambulance, of course if you wish to donate your winnings to the good cause please let me know and I will acknowledge this on the results sheet.

Don't forget to sign out & return your number at the HQ

Lastly: Try to enjoy it !!! 😊