

Darlington CC Open 25 MILE TIME TRIAL
(with additional Road Bike Vouchers from AeroCoach)

Sunday 2 May 2021 (First rider off : 09:31)



EVENT OFFICIALS	Geoff Watson (DCC) - Timekeeper Steve Fullerton (DCC) - Assistant Timekeeper
EVENT SECRETARY	Malcolm Steer 43 High Lands Co Durham DL13 5AS Mobile: 07908 524659 Landline: 01388 718843 (not on day of event) email: malcolm.steer@redcentaur.com
EVENT HEADQUARTERS	Leeming Village Hall Mill Lane, Leeming North Yorkshire DL7 9SS

From the Organiser

Welcome and thanks for entering this Event. I am sure you all appreciate that there are still special arrangements in place to combat Covid-19, so please take the time to read and understand what you should and should not do on the day. This event is also part of the **AeroCoach National Road Bike Series 2021** and there are vouchers from AeroCoach for first Male and First Female on a road bike. Details of the series can be found here <https://aero-coach.co.uk/events> (note that you must adhere to Teesside DC Road bike rules which has a max. **65mm wheel depth** – see separate section).

Have a great ride.

Awards

- 1st Male & 1st Female - £30 + additional £10 if you break the course record
- 2nd Male & 2nd Female - £20
- 3rd Male and 3rd Female - £10
- 1st Male and 1st Female (Roadbike) - £15 + £15 AeroCoach voucher
- 1st Junior Male and 1st Female Junior - £15
- 1st Juvenile Male and 1st Juvenile Female - £15
- 1st Male and 1st Female Vet – 40-45 - £10
- 1st Male and 1st Female Vet – 46-50 - £10
- 1st Male and 1st Female Vet – 51-55 - £10
- 1st Male and 1st Female Vet – 56 – 60 - £10
- 1st Male and First Female Vet – 61+ - £10

note – award winners will be contacted by email for their bank details. No awards will be made on race day. The Aerocoach vouchers need to be claimed direct from Aerocoach by the winning road bike winners. one rider – one prize . No separate espoir cat – these are inc with seniors

Course record

(male)– Harry Tanfield 47:08 (2020); (female) – Sophie Lankford 59:22 (2020)

The Course

T254/1: Start on A6055 at expansion joint at south end of bridge spanning railway, approx 0.13 miles north of Leeming Services roundabout. Ride south and go over first roundabout (Leeming Services) continuing through 2nd Roundabout (RAF Leeming/Gatenby) to encircle 3rd Roundabout (Sinderby – 6.6 miles). Retrace northwards back to 2nd roundabout (RAF Leeming/Gatenby) where straight over and continue to encircle 1st roundabout (Leeming Services – 12.8 miles) to ride south. Straight on at second roundabout (RAF Leeming/Gatenby) to encircle 3rd roundabout (Sinderby 19.0 miles). Retrace northwards to 2nd roundabout (RAF Leeming/Gatenby) where straight over to finish approx 0.3 miles south of Leeming Services roundabout at horse road sign (vs 2020).

Headquarters

On race day, the HQ will be open from 08:30 and you should wear a face covering. You must sign in and out from the event - failure to do both will result in disqualification. If you forget, you cannot call me after the event – it must be done at the time of attending the HQ. Please bring your own pens, pins (if needed) and wear a face mask whilst inside the hall. We will use disposable numbers which will be given to you as you sign on. There will be no refreshments or result board.

The toilets are inside the HQ **so if you need to use the toilet facilities you will need a face covering**. A one-way system will be in operation at the HQ and social distancing needs to be observed at all times.

Finding the HQ

The HQ is at Leeming Village, not Leeming Bar. The nearest junction of the A1M is Junction 51. The Village is immediately adjacent (North West) of RAF Leeming on Roman Road. Mill Lane is directly opposite The Willow Tree Inn.

Parking

Nobody should park in the Village itself or directly outside the hall (except officials). This is an agreement we have with the trustees of the hall. Please respect this at this sensitive time. Parking in the area is not difficult, particularly along the perimeter to the adjacent RAF Leeming Airfield – towards Londonderry. This is less than 0.5 miles from the HQ. Ideally ride or walk to the HQ please.

The following link is a presentation on Darlington Events, the second part covering this Open 25 (including profile/map):

<https://www.youtube.com/watch?v=BmqFztDtvE8>

Directions to Start

Exit village hall and proceed northwards along Roman Road and on to Leeming Bar village, until you reach the mini-roundabout (Co-op on right). Turn left into Bedale Rd and proceed approx 0.5 miles until you go under the A1M. Immediately after, turn left, passing Leeming Svcs on right side. At small rbt (A6055) turn left again and the start is approx 0.13 miles on the right side of the road at the railway bridge. Take care crossing road as main feeder lane to Leeming Services.

Warming up

A new section of the A6055 is North from the start point (caution at Bedale Roundabout which can be very busy as feeds off Jct 51 of the A1M). There is a long section of relatively quiet road towards Catterick Village/Marne Barracks that is ideal for warming up. **This is not part of the course so use is at your own risk.**

Start line protocol

No more than 3 riders will be allowed at the start line at any one point. Participants must maintain social distancing. There will be 3 waiting spaces marked out inclusive of the rider waiting to race next; **please only arrive at the start line a maximum of 3 minutes before your time.** You will not be permitted to wait if you arrive earlier. Personal items should not be left at the start. **All bikes must have a working rear light – you will not be permitted to start without this.**

Course Safety

The A6055 is generally low traffic volume as it runs alongside the newer A1M. However you do occasionally get HGVs and, more often, farm vehicles. In the latter case these can be slow moving. **DO NOT USE THEM FOR SLIPSTREAMING.** Exercise caution at all times, especially when negotiating the two roundabouts. The run down off the A6055 to the Sinderby Rbt is a gentle downhill and you can build up excess speed. Remember – you will get a faster time if you remain on the bike!

At the finish

This is a two circuit course which can make ID of the finishing riders difficult. **PLEASE SHOUT OUT YOUR RACE NUMBER ON COMPLETION OF THE SECOND AND FINAL LAP (25 mls).**

Important – COVID – 19 Requirements and Notes

- Competitors should not attend if they feel ill in ANY way especially if they or family members have any Covid-19 symptoms or have tested positive.
- AT NO TIME MUST RIDERS AND HELPERS GATHER IN GROUPS OF MORE THAN SIX. SOCIAL DISTANCING MUST BE OBEYED IN THE HQ, AT PARKING AREAS AND THE START.
- No support can be provided if a competitor suffers mechanical difficulties. It is strongly advised that all competitors carry with them a spare inner-tube/tubular, pump and tyre levers if appropriate.
- Riders are advised to carry a mobile phone with the mobile number of the event secretary stored on it and are asked to inform officials if they do not finish the event.
- There will no Pusher-off.
- Absolutely NO PARKING at the start.

Additional notes and local Regulations

- **No ‘Warming up’ by competitors is allowed on the course once the event has started.**
- **No “U” TURNS are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.**
- **Marshals placed to direct competitors ONLY. They have no powers to stop/direct other road users.**
- **In the interests of your own safety Cycling Time Trials strongly advise you to wear a HARD SHELL HELMET that meets an Internationally accepted safety standard. All competitors under the age of 18 and/or Juniors MUST wear a properly affixed helmet, which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.**

2021 Teesside District Road Bike Spec

Signing On

When signing on YOU MUST tick the required column to indicate that you are to compete on a road bike.

The Rider

No time trial style pointy helmets (including Kask Bambino), or helmets with built in visors are to be worn.

Use of skinsuits is permitted.

No riding with elbows or forearms on the handlebars. If witnessed, the competitor will be disqualified.

The Machine

The frame should be constructed in the traditional pattern, i.e. built around a main triangle. Multi geared bikes as well as fixed wheel machines are permitted.

No time trial style or triathlon forward extension bars with or without elbow pads will be present.

Wheels should be of a spoked construction, with a minimum of 12 spokes and a maximum depth of 65mm.

Please apply the spirit of the road bike competition in your equipment choice. Non-compliance with any of the above (albeit for point 3 in rider section) will result in the competitor being excluded from the road bike category/result, but included in the open event result.

Parental Consent forms for riders under the age of 18

All riders in this category must provide a completed and signed (original) Parental consent form on race day before they will be allowed to sign on.

<https://www.cyclingtimetrials.org.uk/documents/index/guardians>