



STRET FORD WHEELERS CYCLING CLUB

AN OPEN 10 MILE TIME TRIAL

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



**On course J4/20
Saturday 26th March 2022**

START SHEET – EVENT INFORMATION

Thank you for entering our event. We are delighted to be able to resume the running of our early season 10 mile time trial to follow on from the District's series of 10's on the Byley course, under relatively normal operating conditions and also for it to be part of the Cheshire Points Series.

However, there are still a few changes to the way an open time trial would otherwise be run pre-Covid, as noted below.

1 Event HQ: Allostock Village Hall, WA16 9LP

Located off the A50 Knutsford Road, at Chapel Lane, Allostock, approx 1/2 mile south of the Mangoletsi Garage and just north of Boundary Water Park.

We have use of its sports ground, hall area and its toilet facilities. There is ample vehicle parking, though predominantly on the grassed sports field.

This is the location for Sign-On, collection of race numbers, Sign-Off, return of race numbers and general Event Administration.

The site will open for use at 13:00 hrs. (First Rider, #6, starts at 14:06 hrs.)

2 Event Officials

Event Secretary Graeme McCulloch, 51 Newgate Road, Sale, Cheshire, M33 4JJ

Tel: 0161 969 4539 Mob: 07513 364 737.

Timekeepers: Bob Norton & Martin Jackson

3 Course Details (J 4/20)

START on Moss Lane (Byley) adjacent to far gate post at first field gate on left after Lowes farm shop.

Proceed east, straight on at cross-roads, over the M6, to sharp turn left onto the A50 at Cranage (1.616m).

Proceed north up A50 to Toft Corner (6.817m)

Turn sharp left onto the B5081 and proceed via Smithy Green and Lower Peover to **FINISH** (10.006m) about 100 yds before Wash Lane.

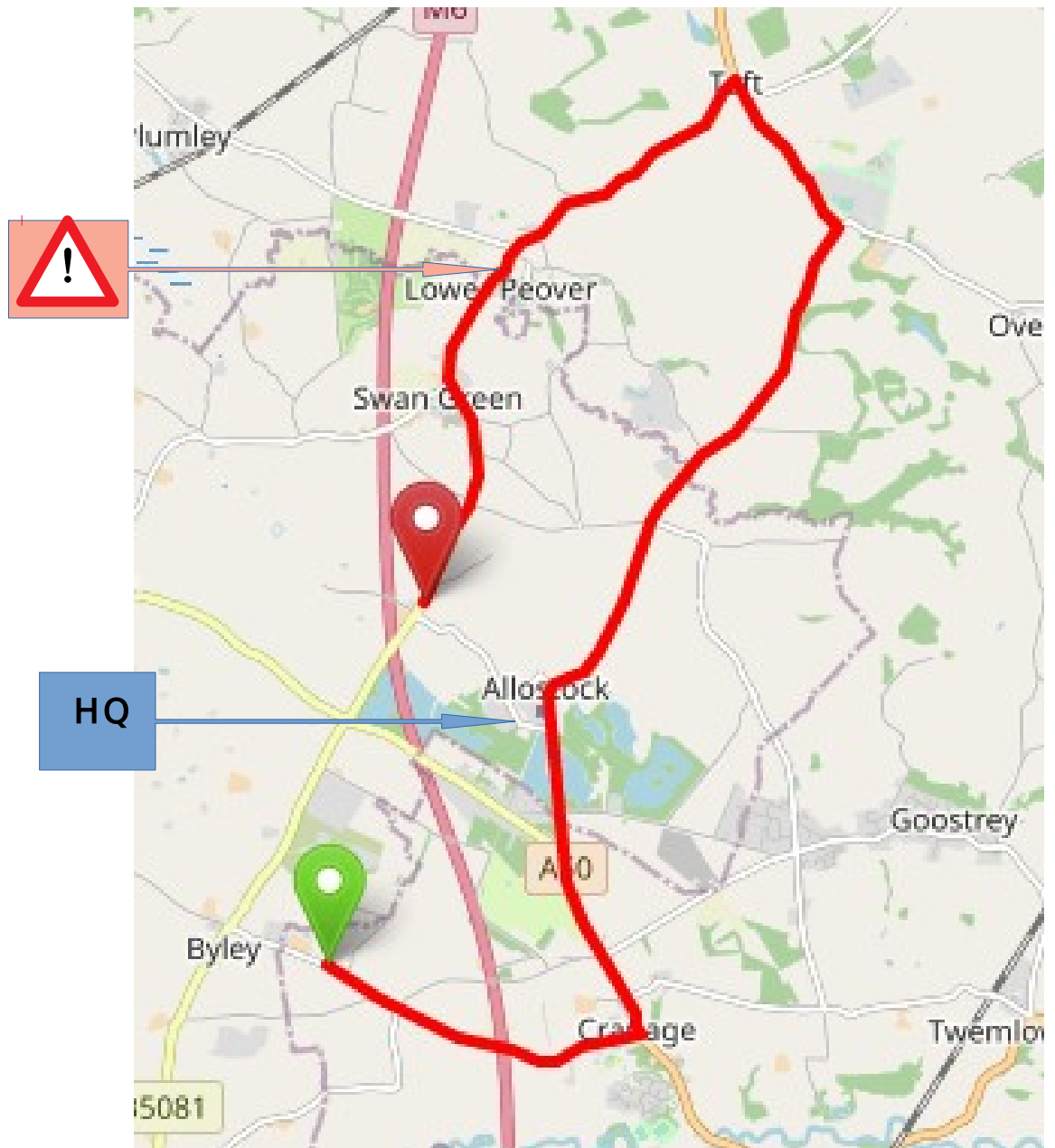
At the Finish, please call out your number. The Time-Keeper is located on the near-side of the road.

Notes:

NO PARKING AT START OR FINISH OTHER THAN TIMEKEEPER VEHICLES NO MATTER HOW BRIEF.

Toft Corner: You must not swing wide to negotiate this corner and you must come off your Tri Bars. Failure to do so will result in disqualification from the event and you may be reported to the District Committee for Further Disciplinary Action. (Also see Local Regulation 3, below)

The road surface in the dip through the trees, after Smithy Green (to The Bells Of Peover junction), is very bumpy, particularly by the left side verge.



Before collecting race numbers, all competitors **MUST SIGN-ON** and after finishing, all competitors **MUST SIGN-OFF** when returning the number. Failure to do so will result in the rider being classified as DNF.

It is approximately 3 miles to the START from HQ: from the HQ gate, turn right along the narrow lane, turn right onto Princess Road, then right onto Wash Lane to proceed to Middlewich Road (near the finish line). Turn left and over the M6 motorway bridge to the staggered crossroads the the Three Greyhounds PH. Head straight across onto Byley Road and proceed (approx 1 mile) to Byley Crossroads, turn left into Moss Lane and proceed through the village, passing Lowes Farm, to the START.

After finishing to return to HQ, turn immediately left into Wash Lane, left onto Princess Lane then left into the narrow Chapel Lane to HQ.

4 Regulations

Care At Road Junctions: Local Regulation 3

Riders must exercise care at all junctions. Any competitor whose riding line causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification and may be reported to the District Committee for further disciplinary action.

Observance of the Law: CTT Regulation 20

A competitor who swings out to the right before executing a left turn should ensure that the road behind is clear of traffic before doing so. The practice is not encouraged by the District Committee and competitors who ride in this manner are warned that in many circumstances this manoeuvre will be regarded as a contravention of Regulation 20

Notwithstanding Regulations 20a and 20b, faster riders approaching a slower rider at the aforementioned poor road surface section near Lower Peover should expect the slower rider to be riding a line further out from the left verge than normal, thus should give appropriate consideration and to warn the slower rider of their presence. **However the slower rider should be expected to maintain their chosen line past the poor surface areas and the overtaking rider must exercise due courtesy and care.**

Observers may be present around the course and will report competitors whose riding is considered to be in breach of the Regulations.

No U-Turns

Riders must not perform U-turns in the vicinity of the start or finish of the event. Riders observed performing U-turns will be reported to the District Committee who will consider disciplinary proceedings.

Safe riding

Riding with your head down such that you do not have a good view of the road ahead is dangerous - please watch out for potholes, obstacles, and other road users. Marshalls do not have the authority to control other road users, so please take care.

Helmets: CTT Regulation 15: Note change to rule re: All competitors

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard as detailed in CTT Reg 15.

Lights: CTT Regulation 14

Rear light. Reg 14(i) No competitor shall be permitted to start unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Front Light. Reg 14(j) No competitor shall be permitted to start unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Paced and company riding: CTT Regulation 21

A competitor overtaking another must pass without receiving or giving shelter. The onus of avoiding company riding shall be upon the rider overtaken.

5 Covid Precautions

CTT has issued a document “Covid-19 Risk Assessment 09 08 21”. If you haven’t already read this, please download from the CTT website and read carefully

<https://www.cyclingtimetrials.org.uk/documents/index/covid-19>

These are the key messages: -

- **Competitors should not attend if they feel ill in ANY way, especially if they or family members have any symptoms.**
- The Village Hall building will be ventilated as well as possible and we advise all those entering the HQ to be sensible regarding keeping a safe distance from one another.
- Please follow government guidelines on handwashing/sanitising.
- We recommend no changing inside the HQ. Please come dressed ready to ride or change in your vehicle on the playing field area.
- **No assisted push-off.** The M&DTTA have decided to continue to ask riders to set off unassisted from the Start timekeeper and, for consistency, we are electing to maintain this procedure. Do not cross the start point until you get the signal from the timekeeper.
- We will be offering HQ catering and a Results board.
- Do not approach the timekeepers or any other officials.

Please ensure that you review the Risk Assessment at time of signing on!

6 Prizes

Overall Fastest, M & F	£20 each
Second Fastest, M & F	£15 each
Third Fastest, M & F	£10 each
Fastest Juvenile	£10
Fastest Junior	£10
Veteran on standard	£10
Fastest Club Team of 3 riders	£15 total (£5 each)

This event is part 3 (of 20) of the Cheshire Points Series.

Sadly, entries are down on expectations so we have had to reduce the level of prizes from our usual.

There are just 3 club teams on the Start Sheet: Westmead Team 88, Congleton CC and Salford CC.

The Veterans Standard prize encompasses all V categories: M, F & Tr.

Prizes shall be allocated on a one rider / one prize basis, other than the Club Team prize. The Event Secretary’s decision on prize allocation shall be final.