



East Sussex Cycling Association

2021 President Peter Moon – Eastbourne Rovers CC

ESCA 25m Time Trial – Sunday 12th September 2021 – G25/89

Held for and on behalf of **Cycling Time Trials** under its rules and regulations



Start Sheet

Event Secretary **Paul Winkley** (East Grinstead CC)

Telephone: 01444 892757 Mobile: 07776 137307 Email: coach@merlincyclecoaching.com

Timekeepers **Su Balcombe** (Brighton Excelsior CC) and **Peter Moon** (Eastbourne Rovers CC)

General Information

Please take note of the following COVID 19 Guidance. Social Distance Rules apply to all Riders, Helpers, Marshalls and Time Keepers. Please be respectful and keep us all safe.

Please do not attend the event if you or any member of your support crew or family shows symptoms of COVID 19 or feel unwell.

Event HQ

Fairwarp Village Hall, Nursery Lane TN22 3BD – Open from 6:15am. Heading north on the A22, turn right at Lampool Roundabout into Straight Half Mile Road. Turn left onto B2026 Lampool Road then second right into Nursery Lane. The HQ is on the left.

The hall is **only open for access to the toilets with a one way system** in place entering from via the front door and exiting via the side door.

Car Parking

There is limited parking in the car park, when full please park sensibly on the hall side of the lane with consideration for other road users and local residents. **Please do not block horsebox access for the property at the top of Nursery Lane.**

You could park further afield and ride to pick up your number etc, remembering not to wind up any turbos within 50 metres of any residential property.

Additional Hazards

The new Owlsbury roundabout

From early 2021 there is the new Owlsbury roundabout between Copwood RBT and Little Horsted RBT, not yet shown on the enclosed map.

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Prize List

Fastest Overall

First	£30.00
Second	£25.00
Third	£20.00

Fastest Lady

First	£30.00
Second	£25.00
Third	£20.00

Fastest Age Category

not winning another individual prize

Under 35	£10.00
35 – 39	£10.00
40 – 44	£10.00
45 – 49	£10.00
50 – 54	£10.00
55 – 59	£10.00
60 – 64	£10.00
65 and over	£10.00

Fastest Team of 3

First	£15.00 each
Second	£10.00 each

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Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

Start

The start is less than a mile from the hall. Proceed out of the car park and turn right, at the give way turn left, proceed to the next give way, turn right and at Lampool Roundabout take first exit to the start.

Riders Be Aware

Generally the road is in good repair however there are some sections where care must be taken with heads up to look out for pot holes and some cracks that could cause impact punctures if hit hard.

Signing Out

Please note that all competitors are now required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

ESCA Prize Money pay out, and donations to charity

Several ESCA affiliated clubs donate funds to a charity, with riders that win prize money adding their winnings to the pot. ESCA will be selecting a charity e.g. Air Ambulance Kent Surrey Sussex, who have airlifted injured cyclists to hospital, and making an end of season donation. Any ESCA Prize winner that wishes to donate their winnings to the ESCA pot can let the Event Organiser know. Any unclaimed prizes will also go into the pot.

Course Details

G25/89 – Maresfield – Halland – Lower Dicker – Halland – Maresfield – A22

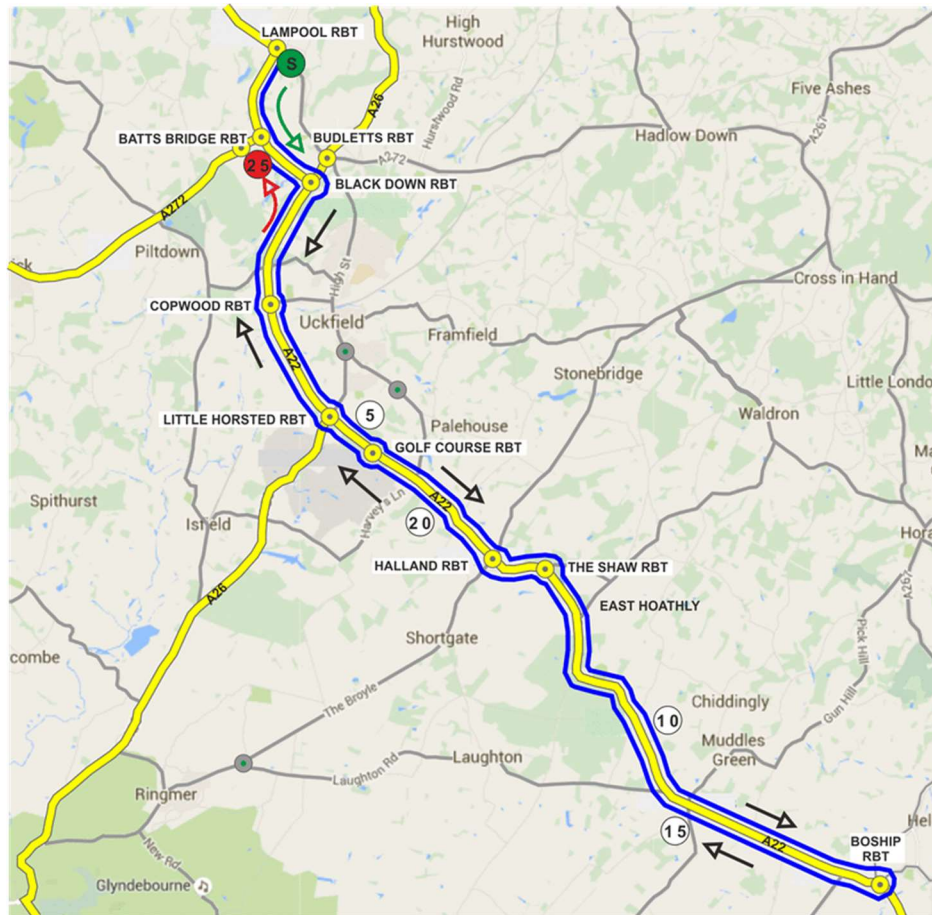
Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.

These course details can be viewed or downloaded from the Sussex CA website www.sussexca.org.uk/g2589.html

OS Ref	Course G25/89	Distance
TQ461252	START on Maresfield by-pass 100 yards south of Lampool RBT (roundabout) at red paint mark on curb 14 yards before LP12.	00.00m
TQ511165	Proceed to Batts Bridge RBT. Straight on 2nd exit to Black Down RBT. RIGHT 2nd exit following Uckfield by-pass via Copwood RBT and new Owlsbury RBT to Little Horsted RBT. Straight on 2nd exit via Golf Course and Halland RBTs to The Shaw RBT	07.52m
TQ572172	RIGHT 2nd exit and continue on A22 via Whitesmith and Golden Cross to Boship RBT where TURN (Check)	13.08m
TQ511165	4th exit to retrace though Golden Cross and Whitesmith to The Shaw RBT	18.63m
TQ468231	LEFT 1st exit and continue on A22 via Halland and Golf Course RBTs to Little Horsted RBT. Straight on 2nd exit and follow A22 via new Owlsbury RBT and Copwood RBT to Black Down RBT	24.40m
TQ461236	LEFT 1st exit and follow Maresfield by-pass to FINISH at red arrow on curb opposite drain in lay-by before Batts Bridge RBT	25.00m

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N.B. The new Owlsbury roundabout between Copwood RBT and Little Horsted RBT is not yet shown on the map.

Additional Safety Instructions

- Competitors must not cross the A22 at the start and finish points and should exercise extra care when negotiating roundabouts.

Please pay attention to the following CTT regulations/recommendations

- Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- Parental Consent Forms** Under 18 age entries must download, complete and have a signed parental consent in order to compete. The completed form must be brought along to the signing on along with your helmet. No helmet, no parental consent, no ride.
- Lights** CTT Regulation 14 now requires that "No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users
- Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- Official Observers** Official observers will be stationed around the course.

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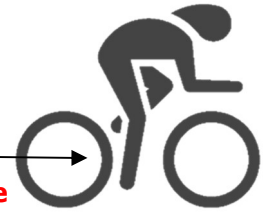
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- **Results** No times will be given out at the finish.

There will also be no results board at the HQ, we propose to run virtual live results via the 'resultsheet' phone app.

- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly

**Please pin
number here**



positioned.

- **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.

Keep up to date with what's going on with time trialling in Sussex ...

East Sussex CA Website www.eastsussexca.org.uk/
Facebook Group www.facebook.com/groups/EastSussexCA/

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RESULT SHEET ADVISES PRIZE WINNERS NEED TO CONTACT ORGANISER

ESCA Prize Money pay out, and donations to charity

Congratulations to all the prize winners. Please can those that wish to claim their prize money contact the Event Organiser to arrange means of payment. The preferred method of payment is by PayPal. Otherwise please give your account number and sort code and exact name of the holders for a BACS transfer.

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Order of Start

Race No.	Start Time	Name		Club	Gender	Category
1	7.01	George	Marshall	Hastings & St. Leonards CC	Male	Senior
2	7.02	Lee	Holdaway	Hastings & St. Leonards CC	Male	Veteran
3	7.03	Anita	Turner	Eastbourne Rovers CC	Female	Veteran
4	7.04	Robin	Johnson	Brighton Mitre CC	Male	Veteran
5	7.05	Chris	Parker	Hastings & St. Leonards CC	Male	Veteran
6	7.06	Brian	Jones	Morden CRC	Male	Veteran
7	7.07	Tracey	Williams	Brighton Excelsior CC	Female	Veteran
8	7.08	Peter	Owen	Norwood Paragon CC	Male	Veteran
9	7.09	Gareth	Purves	Hastings & St. Leonards CC	Male	Veteran
10	7.10	Mike	Hannay	Lewes Wanderers CC	Male	Veteran
11	7.11	Mark	Gidney	Southborough & Dist. Whs	Male	Veteran
12	7.12	Gavin	Richards	Lewes Wanderers CC	Male	Veteran
13	7.13	Stephen	Morgan	Tooting BC	Male	Veteran
14	7.14	Brandon	Stott	Epsom CC	Male	Veteran
15	7.15	Luke	De Quay	East Grinstead CC	Male	Senior
16	7.16	Adam	Rogers	Eastbourne Rovers CC	Male	Veteran
17	7.17	Roland	Kitson	Horsham Cycling	Male	Veteran
18	7.18	Olivia	Webb	Eastbourne Rovers CC	Female	Veteran
19	7.19	Paul	Newsome	Project 51	Male	Senior
20	7.20	Paul	Thatcher	Brighton Mitre CC	Male	Veteran
21	7.21	Keith	Walker	Wigmore CC	Male	Veteran
22	7.22	Peter	Baker	Lewes Wanderers CC	Male	Veteran
23	7.23	David	Pollard	Maison du Velo / In-Gear Cycles	Male	Veteran
24	7.24	John	Marinko	Brighton Mitre CC	Male	Veteran
25	7.25	Nick	Sturman	Team TMC	Male	Veteran
26	7.26	Nathan	Russell	trainSharp	Male	Senior
27	7.27	Matthew	Woods	Eastbourne Rovers CC	Male	Veteran
28	7.28	Joe	Benians	Lewes Wanderers CC	Male	Senior
29	7.29	Tony	Reeves	GS Stella	Male	Veteran
30	7.30	Sally	Turner	trainSharp	Female	Veteran
31	7.31	David	Clark	Eastbourne Rovers CC	Male	Veteran
32	7.32	Adrian	Blacker	VTTA (Surrey/ Sussex)	Male	Veteran
33	7.33	Sam	Fuller	7Oaks Tri Club	Male	Senior
34	7.34	Matthew	Smith	Team TMC	Male	Senior
35	7.35	Neil	Harris	Southborough & Dist. Whs	Male	Veteran