



East Sussex Cycling Association

2023 President Peter Moon – Eastbourne Rovers CC

ESCA 25m Time Trial – Sunday 10th September 2023 – G25/89

Held for and on behalf of **Cycling Time Trials** under its rules and regulations



Start Sheet

Event Secretary Paul Winkley (VC Merlin)

Telephone: 01444 892757 Mobile: 07776 137307 Email: coach@merlincyclecoaching.com

Timekeeper Peter Moon (Eastbourne Rovers CC)

General Information

Event HQ

Fairwarp Village Hall, Nursery Lane TN22 3BD – Open from 7.00am. Heading north on the A22, turn right at Lampool Roundabout into Straight Half Mile Road. Turn left onto B2026 Lampool Road then second right into Nursery Lane. The HQ is on the left.

Car Parking

There is limited parking in the car park, when full please park sensibly on the hall side of the lane with consideration for other road users and local residents. **Please do not block horsebox access for the property at the top of Nursery Lane.**

You could park further afield and ride to pick up your number etc, remembering not to wind up any turbos within 50 metres of any residential property.

Additional Hazards

The new Owlsbury roundabout

From early 2021 there is the new Owlsbury roundabout between Copwood RBT and Little Horsted RBT, not yet shown on the enclosed map.

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

Start

The start is less than a mile from the hall. Proceed out of the car park and turn right, at the give way turn left, proceed to the next give way, turn right and at Lampool Roundabout take first exit to the start.

Riders Be Aware

Generally the road is in good repair however there are some sections where care must be taken with heads up to look out for pot holes and some cracks that could cause impact punctures if hit hard.

Signing Out

Please note that all competitors are now required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

Prize List

Fastest Overall

First	£30.00
Second	£25.00
Third	£20.00

Fastest Lady

First	£30.00
Second	£25.00
Third	£20.00

Fastest Junior

First	£30.00
Second	£25.00
Third	£20.00

Road Bike

First	£20.00
-------	--------

Fastest Team of 3

First	£10.00 each
-------	-------------

ESCA 25m Time Trial – Sunday 10th September 2023 – G25/89

Held for and on behalf of **Cycling Time Trials** under its rules and regulations

ESCA Prize Money pay out, and donations to charity

Several ESCA affiliated clubs donate funds to a charity, with riders that win prize money adding their winnings to the pot. ESCA will be selecting a charity e.g. Air Ambulance Kent Surrey Sussex, who have airlifted injured cyclists to hospital, and making an end of season donation. Any ESCA Prize winner that wishes to donate their winnings to the ESCA pot can let the Event Organiser know. Any unclaimed prizes will also go into the pot.

Course Details

G25/89 – Maresfield – Halland – Lower Dicker – Halland – Maresfield – A22

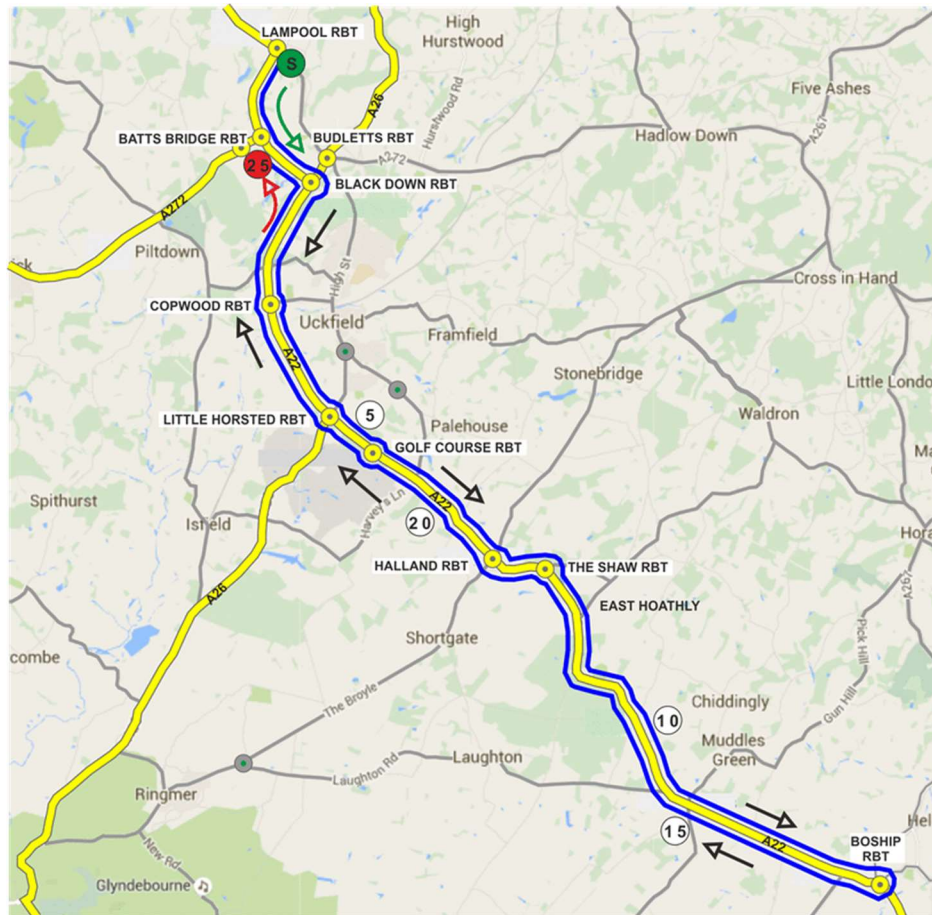
Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.

These course details can be viewed or downloaded from the Sussex CA website www.sussexca.org.uk/g2589.html

OS Ref	Course G25/89	Distance
TQ461252	START on Maresfield by-pass 100 yards south of Lampool RBT (roundabout) at red paint mark on curb 14 yards before LP12.	00.00m
TQ511165	Proceed to Batts Bridge RBT. Straight on 2nd exit to Black Down RBT. RIGHT 2nd exit following Uckfield by-pass via Copwood RBT and new Owlsbury RBT to Little Horsted RBT. Straight on 2nd exit via Golf Course and Halland RBTs to The Shaw RBT	07.52m
TQ572172	RIGHT 2nd exit and continue on A22 via Whitesmith and Golden Cross to Boship RBT where TURN (Check)	13.08m
TQ511165	4th exit to retrace though Golden Cross and Whitesmith to The Shaw RBT	18.63m
TQ468231	LEFT 1st exit and continue on A22 via Halland and Golf Course RBTs to Little Horsted RBT. Straight on 2nd exit and follow A22 via new Owlsbury RBT and Copwood RBT to Black Down RBT	24.40m
TQ461236	LEFT 1st exit and follow Maresfield by-pass to FINISH at red arrow on curb opposite drain in lay-by before Batts Bridge RBT	25.00m

ESCA 25m Time Trial – Sunday 10th September 2023 – G25/89

Held for and on behalf of **Cycling Time Trials** under its rules and regulations



N.B. The new Owlsbury roundabout between Copwood RBT and Little Horsted RBT is not yet shown on the map.

Additional Safety Instructions

- Competitors must not cross the A22 at the start and finish points and should exercise extra care when negotiating roundabouts.

Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulation 15 requires the compulsory use of helmets for all competitors either a hard/soft shell helmet that meets internationally accepted safety standards.
- **Lights** CTT Regulation 14 now requires that 'No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to their machine a working white front and red rear light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users'
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.

ESCA 25m Time Trial – Sunday 10th September 2023 – G25/89

Held for and on behalf of **Cycling Time Trials** under its rules and regulations

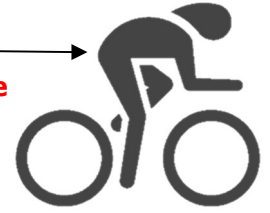
- **Results** No times will be given out at the finish. There will also be no results board at the HQ, we propose to run virtual live results if possible.

Race Numbers The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

No time may be recorded if number is not correctly positioned.

- **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.

Please pin
number here



Keep up to date with what's going on with time trialling in Sussex ...

East Sussex CA	Website	www.eastsussexca.org.uk/
	Facebook Group	www.facebook.com/groups/EastSussexCA/
Sussex CA	Website	www.sussexca.org.uk/
	Facebook Group	www.facebook.com/groups/SussexCA/

ESCA 25m Time Trial – Sunday 10th September 2023 – G25/89

Held for and on behalf of **Cycling Time Trials** under its rules and regulations

Order of Start

Race No.	Start Time	Name		Machine	Club	Gender	Category
61	08.01	Chris	Parker	Road Bike	Hastings & St. Leonards	Male	Veteran
62	08.02	Iain	Hawthorn	TT Bike	Old Portlians CC	Male	Veteran
63	08.03	Henry	Weaver	Road Bike	Southborough & Dist.	Male	Junior
64	08.04	David	Hickman	Road Bike	Old Portlians CC	Male	Veteran
65	08.05	Stuart	Payne	TT Bike	Central Sussex CC	Male	Veteran
66	08.06	Matt	Woodhart	TT Bike	Team TMC	Male	Veteran
67	08.07	Kate	Mankelow	TT Bike	Lewes Wanderers CC	Female	Veteran
68	08.08	Sebastian	Morrison	TT Bike	Rapha Cycling Club	Male	Veteran
69	08.09	Peter	Baker	TT Bike	Lewes Wanderers CC	Male	Veteran
70	08.10	Dan	Shipton	TT Bike	Eastbourne Rovers CC	Male	Veteran
71	08.11	Gavin	Richards	TT Bike	Lewes Wanderers CC	Male	Veteran
72	08.12	Kevin	Wolff	TT Bike	Old Portlians CC	Male	Veteran
73	08.13	Graham	Lane	TT Bike	South London Harriers	Male	Veteran
74	08.14	Neil	Edwards	Road Bike	Lewes Wanderers CC	Male	Veteran
75	08.15	James	Stone	TT Bike	Brighton Excelsior CC	Male	Veteran
76	08.16	Greg	Funnell	TT Bike	Eastbourne Rovers CC	Male	Veteran
77	08.17	Peter	Madarasz	TT Bike	Team TMC	Male	Veteran
78	08.18	Paul	Thompson	TT Bike	Epsom CC	Male	Veteran
79	08.19	Adam	Rogers	TT Bike	Eastbourne Rovers CC	Male	Veteran
80	08.20	Marek	Siwicki	TT Bike	Addiscombe CC	Male	Veteran
81	08.21	David	Clark	TT Bike	Eastbourne Rovers CC	Male	Veteran
82	08.22	Nathan	Russell	TT Bike	trainSharp	Male	Senior
84	08.24	Adrian	Ford	TT Bike	Team Bottrill	Male	Senior
86	08.26	Howard	Shaw	TT Bike	trainSharp	Male	Senior

***Please note that numbers start at 61 and due to the layout of the field top 3 seeded riders will start at 2 minute intervals**