

# **JRC Janus Road Club Fred Gratton Memorial 25 mile TT JRC**



## **Fred Gratton Memorial & Manchester & North West VTTA Group 25 mile time trial Saturday 8<sup>th</sup> June 2019**

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

### **Secretary**

Phil Robinson, 13 Salutation Street, Hulme, Manchester, M15 6SS. 0161 226 5936. philip900@gmail.com

### **Timekeepers**

Graham Lawrence and Ian Ross

### **Event Headquarters - Goostrey Village Hall, CW4 8PE**

The headquarters will be open from 13:00. All riders must sign on and collect their number from the headquarters. The Committee Room upstairs has been booked to be used as a changing room.

Please, **NO** parking in the road in Goostrey Village.

Please allow sufficient time to ride to the start, it is approximately 2 miles away. From the HQ, turn right out of the HQ, left at the Church, bear right at a Y and continue on this lane keeping Jodrell Bank telescope on your right until you reach the start.

### **FIRST RIDER OFF 14:01**

### **Prize List**

(one rider one prize except team)

### **Overall**

Fastest £30 and the Fred Gratton Memorial Trophy for 1 year & 2 tickets for our annual prize presentation event.  
2nd £20; 3rd £15

### **Vets on standard**

1st £30 and the Mike Collins Trophy for 1 year & 2 tickets for our annual prize presentation event.  
2nd £20, 3rd 15

### **Women**

1st £30; 2nd £20

### **Handicap**

1st £30; 2nd £20; £15

Handicaps based on CTT standardised tables using your fastest time from the current and past 3 seasons.  
Please notify the event secretary if you have improved your time.

### **Fastest Team 3 x £10**

**Additionally, Manchester & North West Group VTTA award the following to group members on VTTA standard 1st £30, 2nd £25, 3rd £20.**

**Event qualifies for the Cheshire Points Series**

## Course J2/9

0.00 miles	Start on Bomish Lane (Badger Bank to Goostrey) at telegraph pole no2 approx 300 yards west of the A535. Proceed east to the A535, turn left onto the A535 to...
2.169 miles	Chelford Island, take the second exit left on the A537 and proceed to...
5.219 miles	Ollerton Cross Roads, where turn left into Seven Sisters Lane and proceed to the T junction with the A50 where turn left onto the A50 and proceed to...
11.408 miles	Twemlow Lane at Cranage where turn left into Twemlow Lane and proceed to the junction with the A535 at Twemlow Green where turn left onto the A535 and proceed to...
18.064 miles	Chelford Island, take the second exit left on the A537 and proceed to Ollerton Cross Roads, where turn left into Seven Sisters Lane and proceed to the T junction with the A50 where turn left onto the A50 and proceed to...
25.000 miles	Finish at a J2/9 mark opposite the northern gate post of a field gate almost opposite the entrance to Mount Pleasant Nursing Home, approx 500 yards past the cross-roads after the Drovers Arms public house.

### Notes for riders

**Care at Road Junctions.** Riders must exercise care at all junctions. Any competitor whose riding causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification and may be reported to the District Committee for further disciplinary action.

**Seven Sisters Lane and Twemlow Lane.** Riders must take extra care when exiting Seven Sisters Lane onto the A50.

Be aware that there is a double bend shortly after turning into Twemlow Lane at Cranage. Riders need to anticipate this and be prepared to negotiate it in a safe manner. In wet weather the metal covers and edges become a skid risk. Please take care.

**Chelford Island.** Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Reg20 and the rules of the road. Riders must be able to brake at the island if traffic conditions require this. Riders must not approach and encircle the island using tri-bars. Remember that traffic on the island has priority over traffic (including riders) entering it. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.

**No parking at start or finish,** vehicles must not be parked, however briefly, in the access to Mount Pleasant Nursing Home at the finish.

**No U Turns.** Riders must not make U turns within sight of the start or finish.

In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety. In accordance with Regulation 15 ALL JUNIOR competitors must wear protective Hard Shell Helmets. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.