

17.5 mile 2up Team Time Trials

Saturday 14th March 2020 starting at 2pm

This event is being held for and on behalf of Cycling Time Trials under their Rules & Regulations.

Headquarters: Fanshaws Room, Brickendon Liberty Parish Hall, Brickendon Green, Herts SG13 8PG

Facilities: Headquarters will be open from 12:30. Signing on and number collection will be at the race HQ. Riders are reminded that they must return personally to the HQ after their ride to return their number and sign out

Parking: There is a small car park opposite the race HQ. There is free parking in the village and side roads. Please think of others, especially the village residents, and park considerately taking care not to block roads or entrances.

Timekeeper:
Ian Watson

Marshalling and refreshments: Friends and members of CC London

Course description:

Due to road works on the F7/10 the course has been changed. The new course is 17.5 miles and will be 2 laps of the following route found by clicking through on the Strava link below:

<https://www.strava.com/routes/24289125>



The course will be signposted and marshalled at the major junction points.

Event secretary:

Julius Reeves, 101 Muswell Avenue, London, N10 2EJ Mobile: 07850 346 903

Prizes:**Men's Teams:**

1st place £40

2nd place £30

3rd place £20

Women's Teams:

1st place £40

2nd place £30

3rd place £20

Mixed Team:

1st place £40

Prize presentations will take place at the HQ immediately after the race.

Notes:

- IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard
- In accordance with regulation 15, ALL JUNIOR competitors must wear Protective Hard Shell Helmets
- It is compulsory to have a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use
- Numbers are available at the Headquarters. You must sign the signing-on sheet when collecting your number and you must sign out when returning your number after the event.
- No warming-up on the course after the event has started.
- Local regulation no. 1 - No U turns should be made in sight of the start or finish areas while riding on the public highway.
- Local Regulation No. 2 - Competitors, their helpers and event officials must use the toilet facilities provided at event headquarters as required. Fields and hedgerows must NOT be used for toilet purposes. Failure to observe this regulation may result in disciplinary action against those concerned.
- Local regulation no. 3 - No cars, other than that of the timekeeper(s) and other event officials, are to be parked in the vicinity of the start or finish points
- We are pleased to welcome some riders who appear to be new to time-trialing. This link to the CTT website contains some useful guidance.
- <https://www.cyclingtimetrials.org.uk/articles/view/9>

