



<https://cheshiremaverick.com>

J2/1 10mile TT Monks Heath - Chelford - Booths Hall - Chelford

This 10mile TT is one of several events hosted in 2022 to celebrate 10 years of cycling with the CMCC.

While this event is a "TT" we advocate the use of both TT Bikes & Standard Road Bike

Road Bike = A Road/Race bike with Drop Handlebars and no TT Bars.

TT Bike = Any Bike with Aero / TT Bars / Disc - 80mm wheels

This event is open to all cycling abilities so even if you've never ridden in a Time Trial Event and would like to try without having to purchase TT specific equipment this is the event for you please sign up.

Please also join us at the Famous Brickworks Climb on Saturday 17 September 2022 for the Brickworks Hill Climb – The Power Show Off.

<https://www.cyclingtimetrials.org.uk/race-details/24529>





Promoted for and on behalf of Cycling Time Trials under their rules and regulations.

<https://www.cyclingtimetrials.org.uk>



Start time: First rider off at 14:00

HQ: Lower Withington Village Hall, B5392, Lower Withington, Macclesfield SK11 9DX.

Parking: **HQ.** First come basis –
Do not Park on the Roadside close to the Village Hall because of the dangerous junction

Organiser: Paul Kearney & Wai Lee – Stockport
racingevents.cmcc@gmail.com – 07710 849307

Timekeepers: To Be confirmed.

Course: J2/1: - 1 laps (10 miles)

Start: 0.4mile West from the Monks Heath Chelford/Congleton Rd Junction

Finish: 1.0mile West from the Monks Heath Chelford/Congleton Rd Junction

Route: <https://ridewithgps.com/routes/39079337>

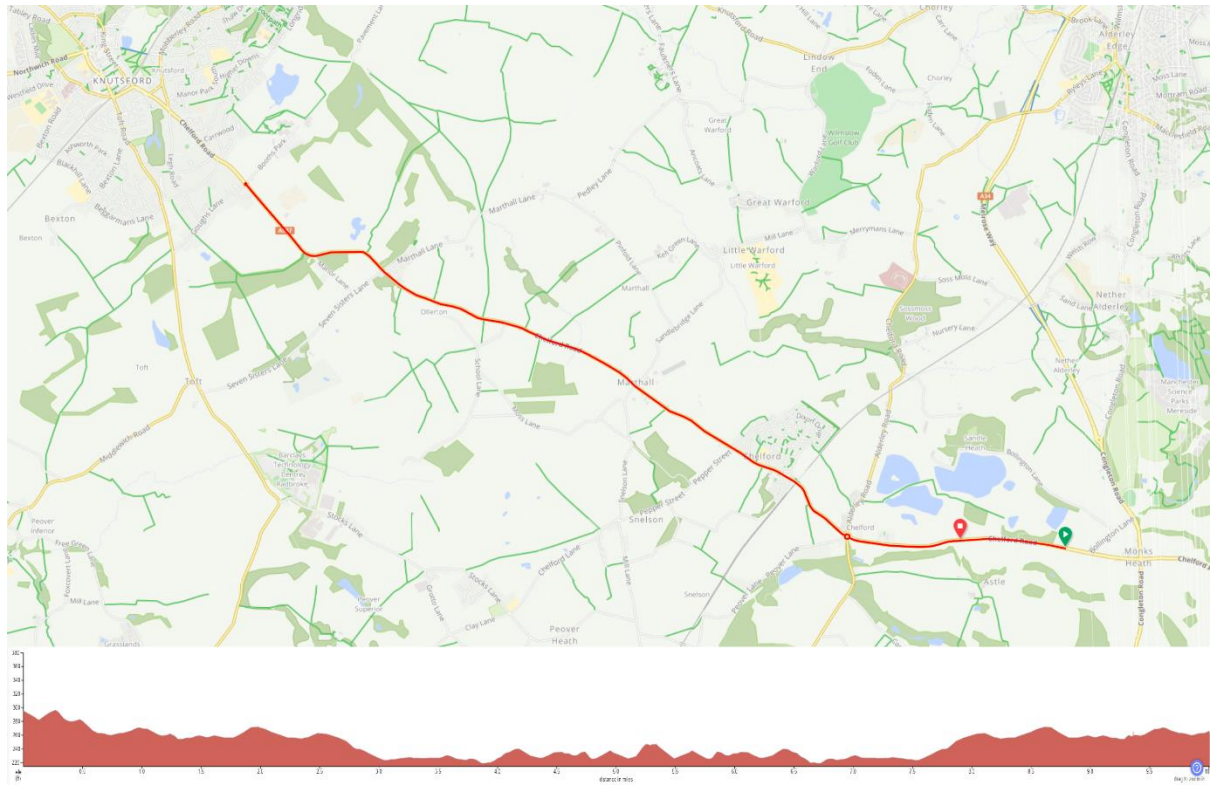
Numbers and Signing-on/off: Signing on/off will be at the HQ. - HQ Opens at 13:00 for Sign on. Remember to sign out, as failure to do so will result in a DNF (Did Not Finish) classification.

Results: Available at the HQ and later on-line.

Refreshments: A selection of Refreshments will be available at the HQ.

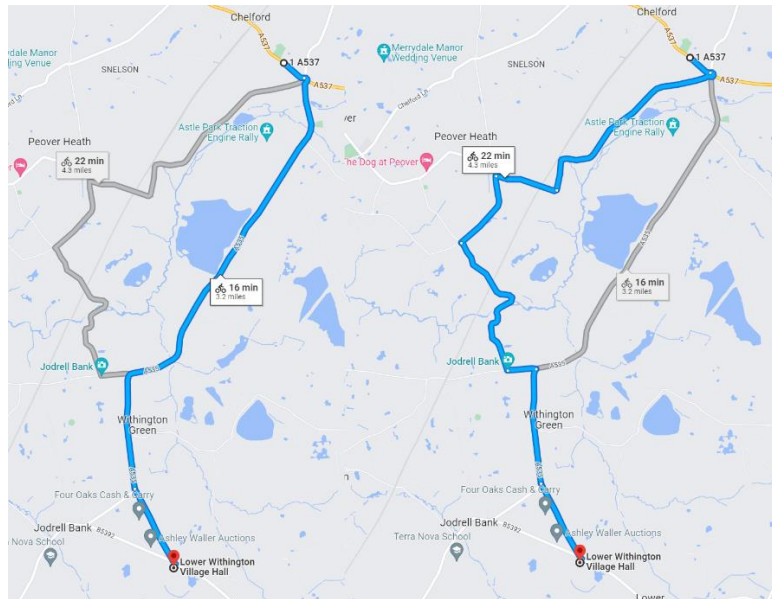
Course description:

- 1.
- 2.
- 3.



Course Warnings:

Warm Up: Do not Warm Up on the Course.
Please warm up between the HQ and the Monks Heath Road Junction, if it is safe to do so on the day of the event.



Regulations:

- PLEASE REMEMBER: CTT regulations 14(i), 14 (j) and 15

14(i). No competitor shall be permitted to start either a Type A or Type B event unless such competitor has **affixed to the rear of their machine a working rear red light**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

14 (j). No competitor shall be permitted to start either a Type A or Type B event unless such competitor has **affixed to the front of their machine a working front white light**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

15. All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

- Riders must exercise caution at all junctions. Any competitor who crosses to the wrong side of the road when approaching or leaving a junction will be liable to disqualification from the event and may be reported to the District Committee for further disciplinary action.
- No “U” turns in the vicinity of the start and finish. Observers will be watching.
- Pace must not be given or received. The onus is on caught riders to adhere to this rule
- Head up at all times.

Road bike criteria:

- No tri bars, clip on bars or Spinaci bars.
- No disc wheels. Both front and rear wheels must have a minimum of 12 spokes each. The maximum rim depth on all wheels is 65mm.
- No aero helmet or a helmet that covers the ears or a helmet with a visor is to be used.
- Riders must not ride with their forearms resting on the handlebars at any time. (Commonly referred to as “puppy paws”).

COVID 19 guidance:

- If you feel at all unwell or are showing signs of COVID 19 **DO NOT** come to this event, especially if family members have any symptoms of COVID.
- An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and you should DNS and leave immediately and not go to the start line.
- Any person where the above is relevant should obtain a lateral flow test.
- Any Positive Tests – **DO NOT** attend the event.
- Thank you for your co-operation. Have a safe ride.

