

TEESDALE CRC, STAINDROP 21m T244/1

Sporting Course

Sunday 3rd April 2022

First rider off 09:06

This event is promoted for and on behalf of Cycling Time Trials under their Rules and Regulations.

Event Secretary:

Robert Murdoch
15 Montalbo Road
Barnard Castle
Co. Durham
DL12 8BP
01833 638882
Mobile 07812582975

Timekeeper:

Andy Cosgrove

Headquarters:

Staindrop Academy, Staindrop, Co. Durham, DL2 3JU. The headquarters will be open from 8.15.

If the weather is good, sign on and number collection will be at my camper van in the car park.
If the weather is poor, sign on and number collection will be in the Community Gym which is located to the right hand side of the car park.

When signing on, please tick the required column to indicate if you are to compete in the **road bike category**.

Toilets

A toilet is available in the Community Gym . There are also public toilets in the centre of Staindrop.

Parking

Ample parking is available at the Academy. Please only park in this car park.

Course Details – T244/1 21m

Start on the B6279, 70 yards after the junction with A688 and proceed towards Darlington, taking care at Spinford Bridge through the blind corners, to turn left onto the unclassified road signposted 'Hilton 1 ml, Wakerfield 2ml' before Ingleton village (2.4 miles). Continue uphill, past Hilton and Wakerfield turn left onto A688 opposite The Sun Inn (4.25 miles). Go down Keeverstone Bank and past Raby Castle to Staindrop Church corner (6.60 miles). Turn left onto the B6274 signposted "Winston". Continue towards Winston to the junction with the A67 where turn left with extreme care towards Darlington (9.21 miles). Follow the A67 through Gainford, and at Piercebridge bear left onto the sliproad B6275 for 'Royal Oak' (13.81 miles). Give way and turn left onto the B6275 to proceed north to Denton/Summerhouses crossroads, where turn left onto the B6279 towards Staindrop (15.58 miles). Head back towards Staindrop in a westerley direction, past Summerhouses, through Ingleton, and past the first turn (18.5 miles), to finish 250 yards before the 'Staindrop' village sign (20.7 miles).

Please note the start has been moved closer to town for safety reasons and the finish further out of town to keep the course distance unchanged.

Prizes (One prize per rider)

TT Event

1 st - £30	1 st V40 - £20	1 st V50 - £20	1 st V60 - £15	1 st Jun - £15
2 nd - £25	2 nd V40 - £15	2 nd V50 - £15	1 st Juv - £15	
3 rd - £20				

1 st Lady	£25
2 nd Lady	£15

Road Bike Event

1 st	£20
2 nd	£15

1 st Lady	£20
----------------------	-----

COVID guidance – You must follow any current government guidelines in place at the time of the event.

Please note

- Please take care when joining the main road from the HQ.
- Please be careful at Spinford Bridge near the start and finish, the turns are very tight. Keep your head up through villages on the course and take care at all road junctions.
- The police are always very worried about us racing on the section of the **A688 in front of Raby Castle** as it has a blind summit and double white lines along its length. You should be travelling fairly quickly along this section whilst racing, but please ride in a responsible manner, **and do not warm-up on this road.**
- Watch out for potholes, there are several parts of the course where the road surface is rough.
- **After riding through the finish don't stop in the road, please continue into Staindrop.**
- All competitors **must** wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to an internationally recognised Standard.
- All the usual Teesside regulations apply, ie no U-turns in sight of the timekeeper, no warming up on the course once the event has started, cars only at HQ, but no problems with the turbo-trainers in the school yard.
- It is **compulsary** that a working rear red light either flashing or constant is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.
- It is **compulsary** that a working front white light either flashing or constant is fitted to the machine in a position visible to road users and is active whilst the machine is in use.
- All junior riders must present completed parental consent forms prior to sign on.
- Unfortunately we will not be offering refreshments after the event.
- There will not be a prize presentation after the event.
- Full results will be posted on the CTT website.
- Prizes will be paid directly to winners in cash on the day or you will be contacted for bank transfer information.

Road Bike Definition

The current definition used by the CTT Teesside will be utilised. If this differs from the below their definition will be used.

The Rider:

1. No time trial style pointy helmets (including Kask Bambino), or helmets with built in visors are to be worn.
2. Use of skinsuits is permitted
3. No riding with elbows or forearms on the handlebars. If witnessed, the competitor will be disqualified.

The Machine:

1. The frame should be constructed in the traditional pattern, i.e. built around a main triangle. Multi geared bikes as well as fixed wheel machines are permitted.
2. No time trial style or triathlon forward extension bars with or without elbow pads will be present.
3. Wheels should be of a spoked construction, with a minimum of 12 spokes and a maximum depth of 65mm.