THE TRICYCLE ASSOCIATION - NW REGION



10 MILES TIME TRIAL for TRICYCLES

TRICYCLE TIME TRIAL LEAGUE EVENT

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

SATURDAY 18TH SEPTEMBER 2021

Timekeeper: Tracy Moore Handicapping: CTT Tables

START: 09.00 AM, COURSE L101

AWARDS

Fastest: TA Medal.

<u>Fastest on Handicap</u>: The Cumbria '10' Trophy and TA Medal. <u>Fastest Vet with biggest plus on Standard</u>: NW Region Certificate.

EVENT HQ: Cabus Village Hall, A6 North of traffic lights on Garstang by-pass. No U turns at start or finish, to cross the road dismount and walk

Event Secretary: George Jackson, 33 West Hills Drive, Ulverston.

Phone: 01229 585609, Mobile 07855 593650

<u>COURSE L1015</u> - START approximately 700 yards north of the traffic lights on Garstang by-pass at a point in cycle lane on the A6 which is directly opposite Lamp-post No. 423.

Proceed north on the A6 to turn by encircling the traffic island at Hampson Green (4.87 miles) (CARE REQUIRED)

Retrace along the A6 through starting point to

FINISH at Lamp-post No. 411 on east side of road 215 yards north of the traffic lights (10 Miles)

NUMBERS, RESULT BOARD SIGN ON/OFF WILL BE AT THE HEADQUARTERS. A copy of the Risk Assessment for the course will also be available.

NO REFRESHMENTS WILL BE AVAILABLE and NO FACILITIES TO MAKE YOUR OWN

No times will be given to competitors or supporters at the finish.

NOTE: Please be aware of a possible build up of traffic at the finish also be aware of the condition of the road which may have deteriorated due to bad weather.

<u>REGULATION 15</u>: All competitors under the age of 18 and/or JUNIORS must wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised standard. Cycling Time Trials strongly recommends that ALL competitors wear such a helmet. CTT state that that helmets are mandatory for all riders under the age of 18.

<u>REGULATION 14</u>: COMPETITORS MACHINE – REAR LIGHTS: No competitor shall be permitted to start a Type A or Type B event unless such competitor has affixed to the rear of the machine a working rear red light, either flashing or constant that is illuminated and in a position that is clearly visible to other road users.

No	Rider	Club	Нср	Std	Start
1					
2	Terry Rush-Morgan	Lancashire Road Club	NQT	30.48	9.02
3	Brian Moore	TA North Western Region	14.50	30.58	9.03
4	Alan Shuttleworth	Weaver Valley CC	12.28	32.24	9.04
5	Victor Trigger	Crewe Clarion Wheelers	12.39	32.55	9.05

No 1 is left vacant in memory of Charles Edmund "Ed" Green

Approved LOCAL REGULATIONS in accordance with Regulation 38.

Local Reg 2: Motor Vehicles must NOT be parked on grass verges on B5272 (Cockerham Road) west of the A6, or within 100 yards of the traffic lights. Thereafter, parking is only allowed on the SOUTH side of the road.

Local Reg 5: For the duration of the event, competitors must not ride past the timekeepers except when actually competing.

Local Reg 6: Any competitor making a "U" turn in the vicinity of the start or finish will be disqualified from the event.

Local Reg 10: Course L101 – warming up on the course is not permitted for the duration of the event.

Local Reg 15: Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

CTT Reg No 17 Signing-On Sheet and Signing-Out Sheet

- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-On Sheet when collecting their number,
- (b) In Type A events a competitor must return to the event H/Q either during the event or within a reasonable time after the last rider has finished the event and must (i) return their number and (ii) sign the official Signing-Out Sheet

IN ADDITION TO THE ABOVE

Riders must give their number at the finish and elsewhere on the course if requested.

Riders MUST NOT stop on the A6 after passing the timekeeper as this is a clearway. (The clearway is from the south end of Garstang by-pass to Hampson Green R.A.B.).

Riders must NOT STAND in the road at the start or finish (This constitutes obstruction and is a breach of Regulations).

Riders must NOT ride with their heads down.

Riders must obey the rules of the road.

PARKING: Please park carefully and considerately at the headquarters.

CTT Covid Regulations state that competitors/marshals etc. should not attend if they feel ill in ANY way or if family members have any symptoms.

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NOTE: The North Western Region AGM will take place following the event at 11am.