



**10 Mile Open Time Trial to be held on Saturday 15<sup>th</sup> April 2017 on the V212 (YCF SpoCo Points Event)**

**Promoted for & on behalf of Cycling Time Trials under their Rules & Regulations**

**First Rider off at 14:01 hours (tandems)**

<b><u>Event Sec.</u></b> Christine Bell 17 Westbourne Drive, Guiseley, Leeds, LS20 8DB <b>Tel:</b> 07941 971904 please use to text apologies or email to christinebell3@btinternet.com	<b><u>Timekeepers</u></b> Joyce & Keith Webb
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**Event HQ and Parking**

The event headquarters is at Arkendale Community Hall, 51 Moor Lane, Arkendale HG5 0QT. Numbers, signing-on sheet, and the result board will be located here. The HQ will be open from 12:15. There will be refreshments for riders after their ride. **Please remember to return your number when you return to sign back in – this is a CTT requirement.**

There is a small car park opposite the HQ which opens out into a field. We have been given special access to this field by the owners, it is usually used for their horses so please be respectful of this area and remove all rubbish before departing. If you can share lifts with fellow club members that would be very helpful as it will reduce the amount of parking and congestion in this small village. There are train stations at Knaresborough and Cattal which are short cycle rides away from the course. **Please do not park in the Blue Bell car park, this is for patrons only. You can however book a meal there by ringing 01423 369242.**

For those who require parking **nearer** the start/finish, there are a number of places off the side of the A168 (but not at the start line or near the finish line, as this will interfere with rider safety).

**Getting to the Start**

It is approximately 2 miles from the HQ to the start, so allow plenty of time to get there. From HQ turn left and proceed along Marton Lane to A168. Turn right, and continue along the A168. The start is on the left in about ½ mile at the entrance to Rabbit Hill Park (HG5 0RB). Please note there is **NO PARKING** at the **start or finish**. The start is now the entrance to Rabbit Hill Business Park/Cafe and cars are likely to turn into and out of the park, please be mindful of this when coming to the start and do not congregate in this area.

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**Course details. V212**

Start on the access road to Rabbit Hill Park just off the A168. Turn left and proceed to the Walshford Traffic Island (approx. 4.5 miles); take 4th exit, (i.e encircle roundabout and retrace along A168) and continue along the A168 to the chequered flag/board at the junction with the A168 of the road to Arkendale (Marton Lane) (approx. 5.5 miles). Continue on the A168 to turn around, at the right hand turn to Braimber Lane, return to the A168 and then take a right to make your way back along Marton Lane to Arkendale and the HQ.(please take care not to obstruct the path of other riders who are completing their event)

*(on the CTT website description Marton Lane is described as Arkendale Road, but Google Maps uses Marton Lane so we have amended the description so it correlates with any on line maps you may use)*

**REMEMBER!!! The new CTT Regulations require you to sign out from this ride at the HQ. Failure to do so will result in a DNF.**

## Awards:

Males	Women	Veterans M/W	Juniors/M/F
1 <sup>st</sup> £50*	1 <sup>st</sup> £50*	V40-49 £10/£10	1 <sup>st</sup> £20/£20
2 <sup>nd</sup> £20	2 <sup>nd</sup> £20	V50-59 £10/£10	2 <sup>nd</sup> £15/£15
3 <sup>rd</sup> £10	3 <sup>rd</sup> £10	V60-69 £10/£10	3 <sup>rd</sup> £10/£10
		V70+- £10/£10	

Our prizes for the fastest rider are sponsored by **Shared Access Ltd** (Shared Access are an independent owner and operator of wireless communications infrastructure, leasing space on their sites to different Mobile Network Operators.)

Ladies Team Prize £10 per rider (2 riders)

Mens Team Prize £10 per rider (3 riders)

Tandem Prize - fastest - £5 per rider

**All times featuring a 9** will be entered into the **Otley Cycle Club 90<sup>th</sup> Birthday Draw** for the Spot Prizes – provided by Chevin Cycles.

**One Rider One Prize except Team and spot prizes**

## Safety

Please carefully read the risk assessment for the course which will be displayed at the HQ. Safety, not performance is the first priority

In the interests of your own safety Cycling Time Trials strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. In accordance with Regulation 15 junior competitors must wear protective HARD SHELL HELMETS. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use. When riding, give priority to traffic from your right; signal clearly to other road users the course you intend to take.

Marshals will be positioned at major road junctions and at roundabouts to aid the rider and are not there to stop traffic.

## Doping Control

This event may be subject to a Doping Control. When you return to HQ to sign back in, **it is your responsibility to check** if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. We hope that you will all continue to ride safely, healthily and without use of performance drugs.

## Reserve Riders/Withdrawal

There are 11 riders on reserve. Places will be allocated to you in advance if anyone withdraws and on the day. Please report to the Reserve Steward, Carol Armitstead, when you arrive at the HQ and she will allocate you any places as they become available. If you cannot ride please let me know as soon as you can, as our reserve riders who would love to take your place!

We have tried to accommodate as many special entry time requests as possible. Please have a safe and enjoyable ride.

Christine Bell and Trevor Hatib  
Otley Cycle Club

shared access

