

North DC

Present:

RTTC 25 MILE TIME TRIAL NATIONAL CHAMPIONSHIP

(WOMEN & JUNIORS & MEN)

SUNDAY 8TH AUGUST 2021

START SHEET



25

25 MILE TIME TRIAL

 **KALAS**



Promoted for and behalf of Cycling Time Trials
under its Rules, Regulations and Conditions



RTTC 25 MILE TIME TRIAL NATIONAL CHAMPIONSHIP (MEN, WOMEN & JUNIORS)



A CTT representative will be in attendance



CHAMPIONSHIP AWARDS

MEN OVERALL

- 1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap
- 2nd Silver RTTC Medallion
- 3rd Bronze RTTC Medallion

WOMEN

- 1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap
- 2nd Silver RTTC Medallion
- 3rd Bronze RTTC Medallion

JUNIOR MEN & JUNIOR WOMEN

- 1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap
- 2nd Silver RTTC Medallion
- 3rd Bronze RTTC Medallion

TEAM CHAMPIONS (men, women & juniors)

Gilt RTTC Medallions and Championship Shield

AGE AWARDS

Age awards to the fastest in each of the following:

Men / Women 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74 etc.

Junior Men / Junior Women 12, 13, 14, 15, 16, 17 & 18 year old

Sunday 8th August 2021 at 09.00 hours on Course L2529

First rider off. Juv/Jun/Women event – 09:01

First rider off. Men's event – 14:01

Timekeepers: Juvenile/Junior/Womens Event – Start: Tim Houghton, Finish: Tracey Moore

Men's Event – Start: Peter Jack, Finish: Mike Westmorland and Richard Abram.

Organiser: Michael Smith, 12 Lees Road, Anderton, Chorley PR6 9PP

e-mail: michael_smith1471@yahoo.co.uk

Pusher off: Steve Wilkinson will be available, It's the rider's choice whether to make use of the "pusher off". Following CTT Covid regulations Steve will have had a flow test prior to the event and will wear a mask for the whole of the event.

Please note the following Covid 19 Regulations issued by the CTT.

Competitors should not attend if they feel ill in ANY way or if family members have any symptoms.

An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warm up.

Warming up is permitted on static rollers can be permitted if strict social distancing can be maintained.

Course Details: START 0.36 miles east of Braithwaite Institute at the eastern side of the westerly junction of the old road where it joins the A66.

Proceed east to the A591 Keswick/Bothel roundabout. Encircle roundabout and retrace along A66, past the start. Continue to roundabout junction with the A5086 Cockermouth/Egremont road.

Encircle roundabout and retrace to finish at mark in road opposite BT inspection cover in verge on south side of road and 0.37 miles west of Braithwaite Institute

The following local regulations will apply:

Local Reg No 5

For the duration of the event, competitors must not ride past the timekeepers, except when actually competing.

Local Reg No 6

Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.

Local Reg No 9

No parking on the A66 except in a designated lay-by. No competitor parking in the Start/Finish lay-by on any A66 course.

Local Reg No 15

Riders must keep to the left-hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

IN ADDITION TO THE ABOVE:

Riders must give their number at the finish and elsewhere on the course if requested.

Riders must NOT STAND in the road at the start or finish. (This constitutes obstruction and is a breach of Regulations).

Riders must NOT ride with their heads down.

Helmets:

All competitors under the age of 18 and/or JUNIORS must wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised Standard (See Regulation 15).

The CTT state that helmets are Mandatory for all riders under the age of 18.

Cycling Time Trials strongly **recommends ALL** competitors to wear such a helmet.

HEADQUARTERS. In light of the recent increases in the Covid Infections the North DC committee would ask that the HQ, Braithwaite Institute, only be used for the toilet facilities.

There will be a one-way system where Signing on/off and race numbers will be available.

There will be light refreshments available if restrictions allow.

Riders MUST sign the signing on sheet in the HQ in order to obtain their race number and sign out when returning their number.

A copy of the risk assessment will be available for viewing.

If, however, the infection rate does not continue to rise then the HQ will be open to all, WITH CARE.

There will also be a presentation if Covid restrictions allow, this will take place, outside the HQ weather permitting, following each event.

Prize List Note: One rider on prize except for Team Prize.

Fastest Man: £150

2nd fastest man: £100, 3rd £70, 4th £40, 5th £20

Fastest Lady: £150

2nd Fastest Lady: £100, 3rd Fastest Lady: £70

Fastest Juv/Junior: £60, 2nd Fastest Juv/Jun: £30

Fastest Team of 3: £50 per rider

Fastest Male Vets:

40-44 1st £80 2nd £40

45-49 1st £80 2nd £40

50-54 1st £80 2nd £40

55-59 1st £80

60-70+ 1st £80

Fastest Lady Vets:

40-49 1st £80

50+ 1st £80

Special Prizes:

Juv/Jun Finishers: 12th, 32nd, 48th, 57th & 60th - £30

Men Finishers: 12th, 32nd, 48th, 57th & 60th - £30

Any Rider finishing nearest to 1hr 00min 00secs - £30

Any rider finishing nearest to Organisers first 25, ridden in 1983, 1hr 08min 00secs - £30

Have a fast and safe ride.

Mike

NUMBER	START TIME	NAME	CLUB/TEAM	AGE/CAT
	JUNIOR WOMEN			
1	9:01:00	Sophie Quay-Clark	Palmer Park Velo	16
2	9:02:00	Sophie Heighton	Ferryhill Whs	14
3	9:03:00	Abbey Thompson	Suffolk Youth Race Team	12
4	9:04:00	Bethany Spencer	Kettering CC	18
5	9:05:00	Ella Jamieson	Team Bottrill	16
6	9:06:00	Eva Callinan	Liv AWOL	17
	JUNIOR MEN			
7	9:07:00	Zak Cornthwaite	Velo Club Cumbria	17
8	9:08:00	Oliver Peace	Team Bottrill	16
9	9:09:00	Toby Bush	Bourne Wheelers	14
10	9:10:00	Thomas Heighton	Ferryhill Whs	17
11	9:11:00	Arthur Hitchen	Orwell Velo	18
12	9:12:00	Matthew Peace	Otley CC	14
13	9:13:00	Jeremy MacLean	Solihull CC	16
14	9:14:00	Sam Kelly	East Lancashire RC	17
15	9:15:00	Matthew Cole	Team Bottrill	16
16	9:16:00	Daniel Holmes	Derwentside CC	17
18	9:18:00	Harry Jukes	Mid Devon CC	17
20	9:20:00	Mattie Dodd	Team Backstedt Bike Performance	16
22	9:22:00	Jacob Bush	Bourne Wheelers	16
24	9:24:00	Patrick Casey	Team Lifting Gear Products/Cycles In Motion	15
	WOMEN			
25	9:25:00	Melissa Greaves	Crimson Orientation Marketing RT	
26	9:26:00	Kate Kirkland	RAMcc	A
27	9:27:00	Alison Stephenson	Congleton CC	C
28	9:28:00	Liz Batt	Buxton CC/Sett Valley Cycles	D
29	9:29:00	Lucie Hrnickova	Vanelli-Project GO	
30	9:30:00	Lindsay Turnbull	Vector Racing	C
31	9:31:00	Sandra Burrows	Vive Le Velo	D
32	9:32:00	Theresa Taylor	Ribble Valley Crossroads Care Cycling Team	E
33	9:33:00	Charlotte Stevens	Ayr Roads CC	
34	9:34:00	Joanna Cebrat	Bury Clarion CC	A
35	9:35:00	Alexandra Hayden	Vanelli-Project GO	
36	9:36:00	Beth MacRae	Ayr Roads CC	
37	9:37:00	Laura Pittard	Brother Uk - Team OnForm	
38	9:38:00	Tamsin Miller	Avid Sport	
39	9:39:00	Joanne Rea	Team Kirkley Cycles	
40	9:40:00	Ingrid Salisbury	Mercedes AMG Petronas CC	
41	9:41:00	Sue Cheetham	North Lancashire Road Club	D
42	9:42:00	Charlotte Marshall	Royal Navy & Royal Marines CA	
43	9:43:00	Rebecca Rimmington	Team Merlin	
44	9:44:00	Becky Storrie	Brother Uk - Team OnForm	

45	9:45:00	Anna Weaver	East Lancashire RC	
46	9:46:00	Miriam Jessett	Team Kirkley Cycles	
47	9:47:00	Elsbeth Grace	Cambridge University CC	
48	9:48:00	Anneleen Bosma	Bianchi Dama	
49	9:49:00	Lisa Davis	DRAG2ZERO	B
50	9:50:00	Karen Taylor	Team Sportslab	D
51	9:51:00	Faye Faber	CycleCoach.com	
52	9:52:00	Rachel Brown	Carlisle Tri Club	
53	9:53:00	Kirsty McSeveney	...a3crg	A
54	9:54:00	Deborah Moss	Team Merlin	C
55	9:55:00	Louise Scupham	Liv AWOL	
56	9:56:00	Erica Booth	Lancashire RC	A
57	9:57:00	Rebecca Richardson	Team Brother UK	
58	9:58:00	Emily Martin	Weaver Valley CC	
59	9:59:00	Jessica Rhodes-Jones	AeroCoach	
60	10:00:00	Christina Murray	Army Cycling	A
61	10:01:00	Frances Owen	Fibrax Wrexham RC	
62	10:02:00	Jennifer George	The Independent Pedaler - Nopinz	
63	10:03:00	Anastasia Bowler	AS Test Team	
64	10:04:00	Kimberley Morrison	DRAG2ZERO	
66	10:06:00	Sally Turner	trainSharp	A
68	10:08:00	Joanna Patterson	The Independent Pedaler - Nopinz	
70	10:10:00	Anna Morris	AeroLab Ward WheelZ	
72	10:12:00	Alex Clay	The Independent Pedaler - Nopinz	
74	10:14:00	Hayley Simmonds	CAMS Racing	
	MEN			
1	14:01:00	Kenneth Hardcastle	Hart Evolution Race Team	G
2	14:02:00	Daniel Cain	GTR - Return To Life	
3	14:03:00	Ian Wright	Royal Navy & Royal Marines CA	
4	14:04:00	Wayne Marks	Tri-Anglia Triathlon Club	B
5	14:05:00	Wayne Hill	Bourne Wheelers	C
6	14:06:00	Lewis Hutchison	Edinburgh Road Club	
7	14:07:00	Craig MacWilliam	Road Club Cumbernauld & Kilsyth	D
8	14:08:00	Bud Johnston	SVTTA	E
9	14:09:00	David Hilditch	Ribble Valley C&RC	F
10	14:10:00	Alan Cornthwaite	Velo Club Cumbria	A
11	14:11:00	Michael Kirkland	RAMcc	A
12	14:12:00	Mick Braithwaite	Cybele Cycling Club	C
13	14:13:00	Derek McMillan	SVTTA	E
14	14:14:00	Andrew Barlow	Kent Valley RC	E
15	14:15:00	Ian Swinscoe	Royal Air Force Cycling Association	C
16	14:16:00	Simon Horsley	Legato Racing Team (LRT)	D
17	14:17:00	Ross Holland	Saint Piran	
18	14:18:00	Graham Jones	Edinburgh Road Club	D

19	14:19:00	Phil Hull	East Lancashire RC	A
20	14:20:00	Tim Irwin	Team Kirkley Cycles	C
21	14:21:00	Stephen Makin	Falkirk B C	B
22	14:22:00	Richard Williams	Total Tri Training	
23	14:23:00	Dan Pons	Velo Club Cumbria	
24	14:24:00	Roger Clarke	Tyneside Vagabonds CC	C
25	14:25:00	Sheehan Quirke	LincsQuad	D
26	14:26:00	Daniel Kirk	Edinburgh Road Club	
27	14:27:00	Lloyd Dobson	Army Cycling	
28	14:28:00	Andy Gray	Congleton CC	B
29	14:29:00	Bryan Pool	Border City Whs CC	D
30	14:30:00	Dave Clark	Orwell Velo	A
31	14:31:00	Nick Badcock	Team Kirkley Cycles	
32	14:32:00	David Hill	Giant-Kendal RT	
33	14:33:00	Phil Brooke	SKCC	B
34	14:34:00	Mat Stephenson	Congleton CC	C
35	14:35:00	Euan Tebbutt	Cambridge University CC	
36	14:36:00	Nicholas Trbovic	Cheshire Maverick Cycle Club	
37	14:37:00	Steve Burrows	Vive Le Velo	E
38	14:38:00	Philip Kennell	GS Metro	C
39	14:39:00	Gav McDonald	Ayr Roads CC	C
40	14:40:00	Matthew Bagshawe	South Normanton C C	
41	14:41:00	William Bonar	GTR - Return To Life	
42	14:42:00	Bradley Murphy	SKCC	B
43	14:43:00	David Gleave	Velo Club Cumbria	
44	14:44:00	Gregory Woodford	Reading CC	E
45	14:45:00	Kenneth Brown	Velo Club Cumbria	A
46	14:46:00	Daniel Ward	South Normanton C C	
47	14:47:00	Richard Smith	Army Cycling	
48	14:48:00	Alistair Rutherford	Manchester Bicycle Club	
49	14:49:00	Joseph Costello	Walsall Roads Cycling Club	E
50	14:50:00	Henry Moss	Barrow Central Wheelers	
51	14:51:00	Craig Horseman	Beacon Wheelers	B
52	14:52:00	Jay Pitt	Velo Culture	
53	14:53:00	Ronnie Stone	Regents Park Rouleurs	B
54	14:54:00	Marc Cox	Guernsey Velo Club	
55	14:55:00	Lee Kennedy	Army Cycling	
56	14:56:00	Lewis Wake	Team Kirkley Cycles	
57	14:57:00	David Thompson	Rock to Roll CC	A
58	14:58:00	Jamie Parkinson	GS Mossa	
59	14:59:00	Sandy Waller	Edinburgh Road Club	
60	15:00:00	Patrick Hickey	Rosendale RC	
61	15:01:00	Nev Martin	Velo Culture	E
62	15:02:00	Tristan Pilling	University of Derby Cycling Club	

63	15:03:00	Sean O'Sullivan	Eagle Road Club	
64	15:04:00	Andrew Bradbury	Congleton CC	
65	15:05:00	Brett Davis	trainSharp	B
66	15:06:00	Tom Broadbent	HD Revolutions	A
67	15:07:00	Neil Mackley	...a3crg	D
68	15:08:00	Kamil Waligora	East Lancashire RC	
69	15:09:00	Lewis Timmins	Vector Racing	
70	15:10:00	Kieran Morris	Oswestry Paragon CC	
71	15:11:00	Andy Critchlow	Norwood Paragon CC	B
72	15:12:00	James Fawcett	...a3crg	D
73	15:13:00	Richard Nesfield	Beacon Wheelers	
74	15:14:00	Peter Merritt	TBW23 Stuart Hall Cycling P/b Trainsharp	
75	15:15:00	Scott Burns	Manchester Bicycle Club	
76	15:16:00	Ian Hope	Team Solo Vinci	B
77	15:17:00	Joshua Wallis	Spalding CC	
78	15:18:00	Ben Barlow	Loughborough Students Cycling Club	
79	15:19:00	Richard Oakes	Team Ohten Aveas	C
80	15:20:00	Ben Lloyd	Fibrax Wrexham RC	
81	15:21:00	Julian MacBride	Team Kirkley Cycles	
82	15:22:00	Dean Robson	Velo Sport Jersey	
83	15:23:00	Dave Bell	Cambridge CC	
84	15:24:00	Cameron Richardson	RT 23	
85	15:25:00	Timothy Torrie	TBW23 Stuart Hall Cycling P/b Trainsharp	
86	15:26:00	George Fox	George Fox Cycling Solutions	
87	15:27:00	Richard Harrison	DRAG2ZERO	A
88	15:28:00	Steven Hilton	Warrington Road Club/Horton Light Engineering	C
89	15:29:00	Jack Rebours	Caesarean CC (Jersey)	
90	15:30:00	Alistair Golby	AeroLab Ward WheelZ	
91	15:31:00	Adam Robertson	University of Bath Cycling Club	
92	15:32:00	Marcel Schubert	Darlington Cycling Club	A
93	15:33:00	Jamie Davidson	Kelpie Racing	
94	15:34:00	John Brearley	Squadra RT	
95	15:35:00	Christopher McNamara	Nuun-Sigma Sport-London RT	B
96	15:36:00	Douglas Watson	GTR - Return To Life	B
97	15:37:00	Travis Bramley	NopinZ Motip Race Team	
98	15:38:00	Steve Lampier	Saint Piran	
99	15:39:00	Zachary Herrod	AeroLab Ward WheelZ	
100	15:40:00	Chris Smart	GTR - Return To Life	A
101	15:41:00	Alex Doherty	DRAG2ZERO	
102	15:42:00	Jack Levick	Rose Race Team	
103	15:43:00	Alan Murchison	DRAG2ZERO	C
104	15:44:00	Ollie Hucks	NopinZ Motip Race Team	
105	15:45:00	Thomas Day	SEG Racing Academy	
106	15:46:00	Felix Wilkinson	Tetbury Velos	

107	15:47:00	Mark Jones	DRAG2ZERO	B
108	15:48:00	Michael Gill	Saint Piran	
110	15:50:00	Alexander Royle	Manchester Bicycle Club	
112	15:52:00	William Perrett	AeroLab Ward WheelZ	
114	15:54:00	George Evans	Team Bottrill	
116	15:56:00	Seb Tremlett	Guernsey Velo Club	
118	15:58:00	Tom Ward	AeroLab Ward WheelZ	
120	16:00:00	Ashley Cox	Team Bottrill	
122	16:02:00	Kyle Gordon	RT 23	
124	16:04:00	Phil Williams	Team Bottrill	
126	16:06:00	Simon Wilson	Ribble Weldtite Pro Cycling	A
128	16:08:00	Christopher Fennell	The Independent Pedaler - NopinZ	
130	16:10:00	John Archibald	Eolo Kometa	



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 **KALAS**



Best-selling author William Fotheringham has teamed up with Cycling Time Trials to offer selected women's time trial championship finishers in 2021 the chance to win copies of William's biography of Britain's greatest ever woman time triallist, Beryl Burton. Published in late 2019, *The Greatest: the Times and Life of Beryl Burton* was written with the help of Beryl's daughter Denise, and other members of the time trialling fraternity including the late Mike McNamara.

Five signed copies of *The Greatest* will be given away after each of the following CTT women's championships: the '100' on July 4, the '25' on August 8, the '50' on August 29, and the '10' on September 11. The books will be given to the five riders who finish closest – either slower or faster - to the time Burton set in winning the respective championship for the final time. In addition, five more will be given at the end of the season to the five riders finishing closest – again slower or faster – to the speed Burton set in winning her last BAR in 1983.

"I've been wanting to offer some copies of the book to Beryl Burton's successors today for some time," said Fotheringham, "but last year it seemed a bit complicated to do anything because we were in the middle of the Covid-19 pandemic. The idea is that rather than give copies to the fastest finishers in each event, we can spread the prizes around, and also offer up a direct comparison with the times that Burton was setting, without aerodynamic aids of course. For example, Burton's 1983 BAR speed would have earned her 10th place in 2019. It just seems like a fun way of commemorating Britain's greatest time triallist."

Burton last won the '25' and '50' in 1986, with times of 1-1-43 and 2-03-47 respectively. Her last victories in the '10' and '100' came in 1981, with times of 23-17 and 4-13-17. Her average for her 25th and last BAR in 1983 was 25.219mph.

In addition, CTT members will be able to claim a 15% discount on copies of *The Greatest* bought through Fotheringham's website www.williamfotheringham.com between July 4 and October 31, when the national hill-climb championship will close the 2021 season.



2020 25 MILE TIME TRIAL CHAMPIONS



Men - John Archibald



Women - Joss Lowden



Junior Men - Thomas Day



Junior Women - Maddie Leech



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NOTES TO COMPETITORS

NUMBERS: CHAMPIONSHIP CONDITION 2(j)

Competitors must only use the numbers supplied by the event organiser. Body numbers should be fitted in accordance with Regulation 16. Arm numbers should be fitted to the upper arms facing forwards.

USE OF MOTOR VEHICLES

This event is under 100km. Riders should not be preceded, accompanied, followed by or in anyway receive assistance from a motorised vehicle.

REGULATION 14(i)

(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

REGULATION 17: SIGNING-ON SHEET AND SIGNING-OUT SHEET

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF. N.B. Extenuating circumstances may be considered.

IN THE INTERESTS OF YOUR OWN SAFETY,

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. In accordance with Regulation 15, all competitors under the age of 18 and/or juniors must wear protective hard shell helmets.

THIS EVENT MAY BE SUBJECT TO A DOPING CONTROL

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.



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Cycling Time Trials

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