

South Wales DC

Present:

# 2021 RTTC 100 MILE TIME TRIAL NATIONAL CHAMPIONSHIP

SUNDAY 4th JULY 2021

RESULTS



100

100 MILE TIME TRIAL

 **KALAS**



Promoted for and behalf of Cycling Time Trials  
under its Rules, Regulations and Conditions

# 2021 RTTC 100 MILES TIME TRIAL NATIONAL CHAMPIONSHIP

A CTT representative will be in attendance



## CHAMPIONSHIP AWARDS

### MEN

1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion

### WOMEN

1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion

### TEAM CHAMPIONS

Gilt RTTC Medallions and Championship Shield

### AGE AWARDS

(Men and Women)

age awards to the fastest in each of the following:

40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74 etc.



|           |                                   |                                   |         |  |  |
|-----------|-----------------------------------|-----------------------------------|---------|--|--|
| (Fulfill) | AWARDS                            |                                   |         |  |  |
|           | MEN                               |                                   |         |  |  |
| 1         | Christopher Fennell               | The Independent Pedaler - Nopinz  | 3:18:18 |  |  |
| 2         | Adam Duggleby                     | Chapeau! Vive Le Velo             | 3:26:41 |  |  |
| 3         | Ross Holland                      | Saint Piran                       | 3:26:43 |  |  |
|           | WOMEN                             |                                   |         |  |  |
| 1         | Joanna Patterson                  | The Independent Pedaler - Nopinz  | 3:42:35 |  |  |
| 2         | Alex Clay                         | The Independent Pedaler - Nopinz  | 3:50:39 |  |  |
| 3         | Lizi Duncombe                     | Socks4Watts Race Team             | 3:54:41 |  |  |
|           | MEN TEAM                          |                                   |         |  |  |
| 1         | FTP (Fulfil The Potential) Racing | 10:29:33                          |         |  |  |
|           | Jake Sargent                      | 3:27:29                           |         |  |  |
|           | Tim McEvoy                        | 3:29:44                           |         |  |  |
|           | Arthur Franklin                   | 3:32:20                           |         |  |  |
|           | WOMEN TEAM                        |                                   |         |  |  |
| 1         | The Independent Pedaler - Nopinz  | 11:30:45                          |         |  |  |
|           | Joanna Patterson                  | 3:42:35                           |         |  |  |
|           | Alex Clay                         | 3:50:39                           |         |  |  |
|           | Jennifer George                   | 3:57:31                           |         |  |  |
|           | AGE AWARDS                        |                                   |         |  |  |
|           | MEN                               |                                   |         |  |  |
| 40-44 (A) | Tim McEvoy                        | FTP (Fulfil The Potential) Racing | 3:29:44 |  |  |
| 45-49 (B) | Anthony Jones                     | VMCC powered by Y Beic            | 3:39:03 |  |  |
| 50-54 (C) | Hans Forhaug                      | Glasgow United CC                 | 3:47:00 |  |  |
| 55-59 (D) | Tommy Barlow                      | Clevedon & District Road Club     | 4:05:37 |  |  |
| 60-64 (E) | Gregory Woodford                  | Reading CC                        | 3:52:00 |  |  |
| 65-69 (F) | Gerry McGarr                      | Gloucester City Cycling Club      | 4:32:41 |  |  |
| 70-74 (G) | Cliff Voller                      | Newbury RC                        | 4:55:59 |  |  |
| 80-84 (I) | John J Murphy                     | Gloucester City Cycling Club      | 5:49:23 |  |  |
|           | AGE AWARDS                        |                                   |         |  |  |
|           | WOMEN                             |                                   |         |  |  |
| 40-44 (A) | Lauren Davies                     | AS Test Team                      | 4:16:23 |  |  |
| 45-49 (B) | Emma Bexson                       | Stratford Cycling Club            | 4:21:38 |  |  |
| 50-54 (C) | Jo Buckland                       | FTP (Fulfil The Potential) Racing | 4:23:51 |  |  |
| 55-59 (D) | Tina Reid                         | VC de Londres                     | 4:44:09 |  |  |
|           | OVERALL RESULTS                   |                                   |         |  |  |
|           | MEN                               |                                   |         |  |  |
| 1         | Christopher Fennell               | The Independent Pedaler - Nopinz  | 3:18:18 |  |  |
| 2         | Adam Duggleby                     | Chapeau! Vive Le Velo             | 3:26:41 |  |  |
| 3         | Ross Holland                      | Saint Piran                       | 3:26:43 |  |  |
| 4         | Phil Williams                     | Team Bottrill                     | 3:26:45 |  |  |

|    |                     |  |         |   |              |
|----|---------------------|--|---------|---|--------------|
| 5  | Jake Sargent        | FTP (Fulfil The Potential) Racing      | 3:27:29 |   |              |
| 6  | Tom Hutchinson      | Team Bottrill                          | 3:28:06 |   |              |
| 7  | Tim McEvoy          | FTP (Fulfil The Potential) Racing      | 3:29:44 | A |              |
| 8  | Arthur Franklin     | FTP (Fulfil The Potential) Racing      | 3:32:20 |   |              |
| 9  | Christopher Gibbard | Bynea Cycling Club                     | 3:33:13 |   |              |
| 10 | Richard Sharp       | Chapeau! Vive Le Velo                  | 3:33:28 |   |              |
| 11 | Paul Burton         | Paceline RT                            | 3:36:19 | A |              |
| 12 | Ben Lloyd           | Fibrax Wrexham RC                      | 3:37:00 |   |              |
| 13 | George Fox          | George Fox Cycling Solutions           | 3:38:38 |   |              |
| 14 | Anthony Jones       | VMCC powered by Y Beic                 | 3:39:03 | B |              |
| 15 | Daniel Colman       | Arctic Aircon RT                       | 3:39:46 |   |              |
| 16 | Andy Critchlow      | Norwood Paragon CC                     | 3:39:49 | B |              |
| 17 | Darren Yarwood      | Chapeau! Vive Le Velo                  | 3:40:24 | B |              |
| 18 | George Elliott      | Liverpool Century RC                   | 3:40:37 |   |              |
| 19 | Rob Walker          | AeroLab Ward WheelZ                    | 3:40:55 |   |              |
| 20 | George Evans        | Team Bottrill                          | 3:45:26 |   |              |
| 21 | Niel Dunnage        | PDQ Cycle Coaching                     | 3:45:59 | B |              |
| 22 | Joshua Wallis       | Spalding CC                            | 3:46:39 |   | inc 2.10 L/S |
| 23 | Hans Forhaug        | Glasgow United CC                      | 3:47:00 | C |              |
| 24 | Toby Williams       | Velotik Racing Team                    | 3:47:08 |   |              |
| 25 | Lee Williams        | North Hampshire RC                     | 3:48:49 |   |              |
| 26 | Robert Grover       | Rogue Racing                           | 3:49:28 |   |              |
| 27 | Brendan Reese       | Army Cycling                           | 3:49:39 | A |              |
| 28 | Tim May             | PDQ Cycle Coaching                     | 3:50:32 | A |              |
| 29 | Harry Loader        | Mid Devon CC                           | 3:51:19 |   |              |
| 30 | Gregory Woodford    | Reading CC                             | 3:52:00 | E |              |
| 31 | Simon Adcock        | Worcester St. Johns CC                 | 3:53:32 | B |              |
| 32 | Angus Wilson        | Team Andrew Allan Architecture         | 3:53:40 | C |              |
| 33 | Robin Short         | Cotswold Veldrijden                    | 3:54:22 | B |              |
| 34 | Grant Whiteside     | Harrogate Nova CC                      | 3:55:07 | B |              |
| 35 | Andy Tucker         | Newbury Velo                           | 3:56:26 | B |              |
| 36 | David Medhurst      | Cardiff Ajax CC                        | 3:57:44 |   |              |
| 37 | Thomas Dye          | Cardiff Ajax CC                        | 3:58:14 |   |              |
| 38 | Mark Sanders        | Mid Devon CC                           | 3:58:31 | E |              |
| 39 | Tristian Manning    | ATAC - Ammanford Triathlon And Cycling | 3:59:09 |   |              |
| 40 | Dan Farmer          | RÁS                                    | 3:59:56 |   |              |
| 41 | Christopher Hall    | JAM Cycling Race Team coached by BPC   | 4:00:37 |   |              |
| 42 | Tommy Barlow        | Clevedon & District Road Club          | 4:05:37 | D |              |
| 43 | Neil Cleminshaw     | Chapeau! Vive Le Velo                  | 4:06:02 | C |              |
| 44 | Gareth Jones        | Clevedon & District Road Club          | 4:06:24 | C |              |
| 45 | Paul Colman         | Haverfordwest Hornets                  | 4:07:31 | E |              |
| 46 | Mike Hall           | Port Talbot Whs CC                     | 4:07:58 | C |              |
| 47 | Iain Evans          | Army Cycling                           | 4:09:19 |   |              |

|    |                         |  |         |   |  |
|----|-------------------------|--|---------|---|--|
| 48 | Arran Armstrong         | Velo Club Walcot                       | 4:11:39 | A |  |
| 49 | Hugh Pascoe             | Port Talbot Whs CC                     | 4:14:47 |   |  |
| 50 | Mark Emsley             | Team TMC                               | 4:16:27 |   |  |
| 51 | Lee Francis             | Velo Club Bristol                      | 4:16:29 |   |  |
| 52 | Chris Tye               | Plomesgate CC                          | 4:18:06 | C |  |
| 53 | Iain Bell               | Monmouthshire Wheelers                 | 4:20:39 | B |  |
| 54 | Daryl Stroud            | Gloucester City Cycling Club           | 4:23:39 | D |  |
| 55 | Roger Whittle           | Gloucester City Cycling Club           | 4:23:42 | C |  |
| 56 | Paul Winchcombe         | Chippenham & District Wheelers         | 4:30:35 | E |  |
| 57 | Hugh Madeley            | London Dynamo                          | 4:30:50 |   |  |
| 58 | Tony Lake               | Gloucester City Cycling Club           | 4:32:30 | B |  |
| 59 | Gerry McGarr            | Gloucester City Cycling Club           | 4:32:41 | F |  |
| 60 | Christopher Finn        | Abergavenny RC                         | 4:34:55 | D |  |
| 61 | Heath Williams          | Port Talbot Whs CC                     | 4:38:49 | C |  |
| 62 | Craig Gardner           | Newbury Velo                           | 4:39:16 |   |  |
| 63 | Tom Cox                 | Saint Piran                            | 4:39:50 | F |  |
| 64 | Martin Beale            | Velo Club St Raphael                   | 4:49:24 | B |  |
| 65 | Simon Howarth           | Pontypool Road Cycling Club            | 4:55:47 | D |  |
| 66 | Cliff Voller            | Newbury RC                             | 4:55:59 | G |  |
| 67 | Alexander Holden-Smith  | AS Test Team                           | 4:57:13 |   |  |
| 68 | Kenneth Hardcastle      | Hart Evolution Race Team               | 5:00:57 | G |  |
| 69 | Kevin Fiander           | Monmouth Tri Club                      | 5:16:14 | D |  |
| 70 | John J Murphy           | Gloucester City Cycling Club           | 5:49:23 | I |  |
|    | Gavin McCloskey-Lambert | Manchester Wheelers                    | DNF     |   |  |
|    | Alexander Royle         | Manchester Bicycle Club                | DNF     |   |  |
|    | Steve Burrows           | Vive Le Velo                           | DNF     | E |  |
|    | Ed Neilson              | Vive Le Velo                           | DNF     | A |  |
|    | Sam Hughes              | Liverpool Century RC                   | DNF     |   |  |
|    | Simon Barbour           | AS Test Team                           | DNF     |   |  |
|    | Robert Shaw             | Plymouth Corinthian CC                 | DNF     |   |  |
|    | Kevin Garland           | PDQ Cycle Coaching                     | DNS     | B |  |
|    | Ian Hardcastle          | Hart Evolution Race Team               | DNS     | A |  |
|    | Meurig Griffiths        | ATAC - Ammanford Triathlon And Cycling | DNS     | D |  |
|    | Nathan Miles            | Haverfordwest Hornets                  | DNS     | C |  |
|    | Gareth Jehu             | Merthyr CC                             | DNS     | C |  |
|    | Freddie Martin          | Performance Cycles CC                  | DNS     |   |  |
|    | Stuart Peckham          | Velo Club St Raphael                   | DNS     | C |  |
|    | Phil Hurst              | Velo Club Venta                        | DNS     |   |  |
|    | Michael Portlock        | Merthyr CC                             | DNS     | C |  |
|    | Andrew Horsfall-Turner  | Cycle Specific                         | DNS     |   |  |
|    | Henrik Persson          | Kingston Wheelers CC                   | DNS     |   |  |
|    | Conrad Moss             | Primera-Teamjobs                       | DNS     | B |  |
|    | Alex Touche             | Pontypool Road Cycling Club            | DNS     |   |  |
|    | Liam Maybank            | Twickenham CC                          | DNS     | B |  |

|    |                        |                                   |         |    |              |
|----|------------------------|-----------------------------------|---------|----|--------------|
|    | Gary Lock              | New Forest CC                     | DNS A   | A  |              |
|    | Nick Cutcliffe         | Royal Dean Forest Cycle Club      | DNS A   | B  |              |
|    | <b>OVERALL RESULTS</b> |                                   |         |    |              |
|    | <b>WOMEN</b>           |                                   |         |    |              |
| 1  | Joanna Patterson       | The Independent Pedaler - Nopinz  | 3:42:35 |    |              |
| 2  | Alex Clay              | The Independent Pedaler - Nopinz  | 3:50:39 |    |              |
| 3  | Lizi Duncombe          | Socks4Watts Race Team             | 3:54:41 |    |              |
| 4  | Jennifer George        | The Independent Pedaler - Nopinz  | 3:57:31 |    |              |
| 5  | Frances Owen           | Fibrax Wrexham RC                 | 4:00:03 |    |              |
| 6  | Stephanie Clutterbuck  | Hereford & Dist Whs CC            | 4:06:18 |    |              |
| 7  | Lauren Davies          | AS Test Team                      | 4:16:23 | WA |              |
| 8  | Marianne Holt          | Fareham Wheelers CC               | 4:17:16 | WA |              |
| 9  | Emma Bexson            | Stratford Cycling Club            | 4:21:38 | WB |              |
| 10 | Jo Buckland            | FTP (Fulfil The Potential) Racing | 4:23:51 | WC |              |
| 11 | Roxy Woodfield         | Hereford Triathlon Club           | 4:23:55 |    | inc 4.02 L/S |
| 12 | Jenny Hill             | Army Cycling                      | 4:25:08 |    |              |
| 13 | Naomi Shinkins         | Bournemouth Jubilee Whs           | 4:25:18 |    |              |
| 14 | Teresa Robbins         | Reading CC                        | 4:25:53 | WB |              |
| 15 | Andrea Parish          | VeloSistas TT Team                | 4:26:07 | WC |              |
| 16 | Amanda Lane            | Bynea Cycling Club                | 4:34:41 | WA |              |
| 17 | Celia Boothman         | Pembrokeshire Velo                | 4:36:58 | WB |              |
| 18 | Katie Simmonds         | Horsham Cycling                   | 4:43:19 |    |              |
| 19 | Tina Reid              | VC de Londres                     | 4:44:09 | WD |              |
| 20 | Jayme Fraioli          | PDQ Cycle Coaching                | 5:04:48 |    |              |
| 21 | Nichola Rorke          | Exeter Whs CC                     | 5:11:37 | WC |              |
|    | Louisa Cooper          | Bournemouth Jubilee Whs           | DNF     |    |              |
|    | Amy Hinton             | Banbury Star Cyclists' Club       | DNS     |    |              |
|    | Joanna Wright          | Farnham Triathlon Club            | DNS     |    |              |
|    | Juliet May             | Velo Club Venta                   | DNS     |    |              |
|    | Christina Murray       | Army Cycling                      | DNS     | WA |              |
|    | Tamsin Miller          | Avid Sport                        | DNS     |    |              |



Best-selling author William Fotheringham has teamed up with Cycling Time Trials to offer selected women's time trial championship finishers in 2021 the chance to win copies of William's biography of Britain's greatest ever woman time triallist, Beryl Burton. Published in late 2019, *The Greatest: the Times and Life of Beryl Burton* was written with the help of Beryl's daughter Denise, and other members of the time trialling fraternity including the late Mike McNamara.

Five signed copies of *The Greatest* will be given away after each of the following CTT women's championships: the '100' on July 4, the '25' on August 8, the '50' on August 29, and the '10' on September 11. The books will be given to the five riders who finish closest – either slower or faster - to the time Burton set in winning the respective championship for the final time. In addition, five more will be given at the end of the season to the five riders finishing closest – again slower or faster – to the speed Burton set in winning her last BAR in 1983.

"I've been wanting to offer some copies of the book to Beryl Burton's successors today for some time," said Fotheringham, "but last year it seemed a bit complicated to do anything because we were in the middle of the Covid-19 pandemic. The idea is that rather than give copies to the fastest finishers in each event, we can spread the prizes around, and also offer up a direct comparison with the times that Burton was setting, without aerodynamic aids of course. For example, Burton's 1983 BAR speed would have earned her 10<sup>th</sup> place in 2019. It just seems like a fun way of commemorating Britain's greatest time triallist."

Burton last won the '25' and '50' in 1986, with times of 1-1-43 and 2-03-47 respectively. Her last victories in the '10' and '100' came in 1981, with times of 23-17 and 4-13-17. Her average for her 25<sup>th</sup> and last BAR in 1983 was 25.219mph.

In addition, CTT members will be able to claim a 15% discount on copies of *The Greatest* bought through Fotheringham's website [www.williamfotheringham.com](http://www.williamfotheringham.com) between July 4 and October 31, when the national hill-climb championship will close the 2021 season.



## 2021 100 MILES TIME TRIAL CHAMPIONS



Women - Joanna Patterson  
(The Independant Pedaler)



Men - Christopher Fennell  
(The Independant Pedaler)



Men's Team Champions  
FTP (Fullfill The Potential) Racing



Women's Team Champions  
The Independant Pedaler



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