

EASTERN COUNTIES



CYCLING ASSOCIATION

Championship 50 mile time trial

Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations

START SHEET Saturday, May 22nd 2021, 2pm Course F2/50

Event Organiser: Vince Freeley, (Finsbury Park CC), 13 The Orchard, London, N21 2DN.
vfreeley@gmail.com, 07970 462554

Timekeepers: Mike Bannister, Chronos RT

AWARDS

- SCRATCH: 1st: Beauchamp Trophy + Boxed Medal. 2nd to 5th: Championship Medal.
LADIES: 1st: Boxed Medal. 2nd: Championship Medal.
TEAM: 1st Team of Three: Championship Medals.
HANDICAP: 1st to 5th: ECCA Medal.

The event has been handicapped using the Standardised Handicapping System modified for ECCA events. Please notify Organiser of any improvement in PB.

Headquarters: Caldecote Village Hall, Furlong Way, Highfields Caldecote, CB23 7ZH

Course

Start at paint mark about 25 yards short of expansion joint in road surface of bridge where St Neots Road crosses over A428 dual carriageway just east of Highfields Caldecote.
Proceed eastwards straight over (1st exit) Caldecote RAB to Hardwick RAB where sharp left, 1st exit onto A428 westbound, Pass Cambourne junction to
TURN at Caxton Gibbett RAB (5.4 miles) and retrace A428 eastbound passing Cambourne and Hardwick junctions to exit at slip road to Madingley RAB, where take 4th exit to re-enter A428 westbound and retrace to Caxton Gibbett RAB, (18.0 miles) where
TURN and retrace to Madingley RAB, where take 4th exit to,
TURN and retrace to Caxton Gibbett RAB, (30.6 miles) where,
TURN and retrace to Madingley RAB, where take 4th exit to
TURN and retrace to Caxton Gibbett RAB, (43.2 miles), where
TURN and retrace to Madingley RAB, (49.5 miles) **where TAKE 3rd EXIT, to**
FINISH on St Neots road,

HQ to start: 1 mile of flat road. From the HQ go left on Furlong Way to the T-junction with Highfields Road. Turn left and follow over mini RABs to large RAB where take the 2nd exit onto St Neots Road. Start is on the A428 overbridge. **NO U TURNS**

Finish to HQ: After finish, stay on St Neots Road, until it bears right to a RAB where take the first exit. Follow this road to the next RAB (BP garage) where 1st left, then follow over mini RABs and turn right into Furlong Way.

At the HQ: The HQ is in a residential area so please be considerate of local residents. Due to Covid-19 restrictions the HQ will only be available for the WCs. Signing on/off will take place outside unless it is raining – please bring your own pen for signing. After you have signed on you will be given your 'disposable' number – please stay distanced.

Numbers: We plan to use one time use body numbers; please bring your own pins and dispose of the number responsibly after use.

Parking: No parking at the finish or close to the start.

There is limited parking at the HQ and careful parking on the grass is okay. There is another small parking area just on past the HQ entrance. Please **DO NOT** park on the residential streets by the HQ (another Covid-19 consideration), or on St. Neots Road between the Start and Hardwick roundabout.

Rear lights: Riders are reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Cycling helmets: CTT and the event promoter strongly advise you wear a hard-shell helmet that meets internationally accepted safety standards. Helmets are compulsory for Juvenile and Junior riders.

Warming up: No warming up along the course by competitors once the event has started. No U-turns on the road close to the start.

Refreshments: Unfortunately, due to Covid-19 restrictions there will be no refreshments available. When you have signed-off, please leave the HQ area.

Litter: Riders are reminded that dropping litter (such as gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.

Signing out: No sign, no time.

Rider safety: The intention is to cross the finish line as quickly as possible and there's no prize for crashing at the highest speed. Vehicles can stop on dual carriageways so stay alert.

Covid-19 Reminders

- There is no pushing off at start, riders start unaided.
- Do not ride if you have any Covid like symptoms; persistent cough, lack of taste or smell etc.
- Maintain social distancing at HQ and at the start/finish. No mingling in groups.
- WC's at HQ can be used; one person in, one out.
- Bring your own pen for sign in/out and also your own pins for body number.
- Refreshments are not available.

| No | Start | Name | Club | Cat | Hcap | PB |
|-----------|--------------|---------------------|-------------------------------------|----------|--------------|------------------|
| 4 | 14:04 | Thomas Platts | Aspire Velo Racing Team | S | 43:26 | 2:11:32 |
| 5 | 14:05 | Rob Young | Team Vision Racing - Silverhook | V | 21:02 | 1:47:32 |
| 6 | 14:06 | Robert Pisolkar | Shaftesbury CC | V | 27:31 | 1:54:28 |
| 7 | 14:07 | Stephen Hitchcock | CC Sudbury | V | 31:19 | 1:58:33 |
| 8 | 14:08 | Rob Moore | Shaftesbury CC | V | 36:22 | 2:03:57 * |
| 9 | 14:09 | Matt Prince | Icknield RC | V | 61:51 | 2:31:16 |
| 10 | 14:10 | Glenn Taylor | Shorter Rochford RT | V | 17:42 | 1:43:57 |
| 11 | 14:11 | Peter Richards | Icknield RC | V | 24:05 | 1:50:48 |
| 12 | 14:12 | Steve Smith | Redbridge CC | V | 26:30 | 1:53:23 * |
| 13 | 14:13 | Andrew Turnock | Finsbury Park CC | V | 33:46 | 2:01:10 * |
| 14 | 14:14 | Andrew Glessing | Shaftesbury CC | V | 42:16 | 2:10:17 * |
| 15 | 14:15 | Paul Turton | Team Vision Racing - Silverhook | V | 20:52 | 1:47:21 * |
| 16 | 14:16 | James Sale | Eagle Road Club | S | 26:12 | 1:53:04 |
| 17 | 14:17 | James Hedley-Smith | Verulam CC | S | 26:22 | 1:53:15 * |
| 18 | 14:18 | Michael Cope | Kettering CC | V | 36:17 | 2:03:52 |
| 19 | 14:19 | Peter Horsnell | Chelmer CC | V | 51:35 | 2:20:16 |
| 20 | 14:20 | Andrew Grant | Cambridge CC | V | 17:21 | 1:43:35 |
| 21 | 14:21 | Robert Golding | Ely & District CC/B&T Motor Repairs | V | 23:57 | 1:50:39 * |
| 22 | 14:22 | Duncan Emery | Twickenham CC | V | 27:18 | 1:54:15 |
| 23 | 14:23 | Adrian Gorham | Kettering CC | V | 32:53 | 2:00:13 |
| 24 | 14:24 | Sarah Kelman | St Ives CC | WV | 41:44 | 2:09:42 |
| 25 | 14:25 | Robert Bullyment | Chelmer CC | V | 20:32 | 1:46:59 |
| 26 | 14:26 | Jason Turner | Norwich A B C | V | 26:08 | 1:53:00 |
| 27 | 14:27 | Louise Robinson | Essex Roads CC | WV | 29:27 | 1:56:33 |
| 28 | 14:28 | Susan Triplow | CC Sudbury | WV | 36:13 | 2:03:48 * |
| 29 | 14:29 | Su-Anne Bullock | Icknield RC | WV | 56:46 | 2:25:49 |
| 30 | 14:30 | Paul Pardoe | Peterborough CC | V | 15:57 | 1:42:05 * |
| 31 | 14:31 | Nicholas Knight | Hart Performance Coaching | V | 23:39 | 1:50:20 |
| 32 | 14:32 | Paul Lunn | Fenland Clarion CC | V | 27:09 | 1:54:05 |
| 33 | 14:33 | Ritchie Parkins | Peterborough CC | V | 32:25 | 1:59:43 |
| 34 | 14:34 | Lisa Hurrell | Maldon & District CC | WV | 41:29 | 2:09:26 |
| 35 | 14:35 | John Bradbury | CC Sudbury | V | 19:52 | 1:46:17 |
| 36 | 14:36 | John Manlow | Ely & District CC/B&T Motor Repairs | V | 25:54 | 1:52:45 |
| 37 | 14:37 | Chris Dyason | Cambridge CC | V | 28:58 | 1:56:02 |
| 38 | 14:38 | Bob Quarton | Wolsey RC | V | 35:56 | 2:03:30 |
| 39 | 14:39 | Bethany Spencer | Kettering CC | WJ | 49:04 | 2:17:34 |
| 40 | 14:40 | Pete Dyson | East London Velo | S | 15:17 | 1:41:22 * |
| 41 | 14:41 | Jamie Murray | Peterborough CC | V | 23:54 | 1:50:36 |
| 42 | 14:42 | Alister Campbell | Eagle Road Club | V | 27:00 | 1:53:55 |
| 43 | 14:43 | Mark Coombe | Twickenham CC | V | 32:13 | 1:59:31 * |
| 44 | 14:44 | Wolfgang Emmerich | London Phoenix CC | V | 40:24 | 2:08:17 |
| 45 | 14:45 | Kevin Baumber | Shaftesbury CC | V | 19:27 | 1:45:50 |
| 46 | 14:46 | Jennifer Millmore | Team Watto | W | 25:52 | 1:52:42 |
| 47 | 14:47 | Peter Harding | Chelmer CC | V | 28:49 | 1:55:52 |

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|-----------|--------------|-----------------------|-------------------------------------|----------|--------------|----------------|
| 48 | 14:48 | Sean McDougall | Icknield RC | V | 35:23 | 2:02:54 * |
| 49 | 14:49 | Maria Gent | Kettering CC | W | 46:40 | 2:15:00 |
| 50 | 14:50 | Dave Green | CC Breckland | V | 13:18 | 1:39:14 |
| 51 | 14:51 | Philip Watkins | North Norfolk Whs | V | 23:32 | 1:50:12 |
| 52 | 14:52 | Chris Shaw | Fenland Clarion CC | V | 27:22 | 1:54:19 * |
| 53 | 14:53 | Paul Looke | Shaftesbury CC | V | 31:54 | 1:59:10 * |
| 54 | 14:54 | Philip Jones | Peterborough CC | V | 38:19 | 2:06:03 |
| 55 | 14:55 | Matthew Reader | Verulam CC | V | 18:34 | 1:44:53 |
| 56 | 14:56 | Jackie Field | CC Ashwell | WV | 24:42 | 1:51:27 |
| 57 | 14:57 | Ian Cardy | Chelmer CC | V | 28:33 | 1:55:35 |
| 58 | 14:58 | Richard Stevens | Shaftesbury CC | V | 35:12 | 2:02:42 * |
| 59 | 14:59 | Graham Hurrell | Basildon CC | V | 46:27 | 2:14:46 |
| 60 | 15:00 | Julian Elliott | Finsbury Park CC | V | 13:15 | 1:39:11 |
| 61 | 15:01 | Grant Orsborn | Bedfordshire Road RT | V | 23:26 | 1:50:06 |
| 62 | 15:02 | Mark Endersby | Anglia Velo | V | 26:28 | 1:53:21 * |
| 63 | 15:03 | Philip Waring | Cambridge CC | V | 31:20 | 1:58:34 |
| 64 | 15:04 | Shay Giles | VC Elan - Harry Perry Cycles | V | 37:37 | 2:05:18 * |
| 65 | 15:05 | Chris Potter | CC Ashwell | S | 18:03 | 1:44:20 |
| 66 | 15:06 | Jonathan Hynes | Fenland Clarion CC | V | 25:01 | 1:51:48 |
| 67 | 15:07 | Deborah Beare | Icknield RC | W | 34:41 | 2:02:09 |
| 68 | 15:08 | Dominic Whitehead | Cambridge CC | V | 43:32 | 2:11:38 |
| 69 | 15:09 | Judy Reid | Icknield RC | WV | 44:52 | 2:13:04 |
| 70 | 15:10 | David Harding | Chelmer CC | V | 10:24 | 1:36:08 |
| 71 | 15:11 | Nic Pillinger | Team Secret Squirrel | V | 22:56 | 1:49:34 |
| 72 | 15:12 | Colin Lizieri | Cambridge CC | V | 26:22 | 1:53:15 |
| 73 | 15:13 | Daryl Maffey | CC London | V | 31:32 | 1:58:47 |
| 74 | 15:14 | Matt Wilmington | Icknield RC | V | 37:00 | 2:04:38 |
| 75 | 15:15 | Darran Bennett | Ely & District CC/B&T Motor Repairs | V | 17:30 | 1:43:44 |
| 76 | 15:16 | David Warlow | Essex Roads CC | V | 24:20 | 1:51:04 * |
| 77 | 15:17 | Ian Braybrook | Basildon CC | V | 27:25 | 1:54:22 |
| 78 | 15:18 | Richard Parrotte | Shaftesbury CC | V | 30:22 | 1:57:32 |
| 79 | 15:19 | William Burton | Cambridge CC | E | 33:46 | 2:01:10 * |
| 80 | 15:20 | Paul Hart | Hart Performance Coaching | V | 8:59 | 1:34:37 |

PB times with * indicates predicted time in absence of a current PB at this distance