New Forest Cycling Club

Boxing Day 10

26th December 2020 – 10:00 am

This event is being promoted for and on behalf of Cycling Time Trials under their Rules and Regulations.

Event Secretary:	Catherine Pascoe, 13 Avenue Road, Walkford, Dorset. BH23 5QH.
	Telephone: 0796 482 9454

The Boxing Day 10 has traditionally been a fun event to end the year, although we have still seen fast times in previous years. Fancy dress is encouraged and there are prizes for the best costumes.

In the event of floods on the course, we may reduce the event distance to 5 miles. You will be advised when you sign on if this is the case.

PLEASE NOTE: Due to Covid 19 restrictions the following rules must be adhered to:

- Competitors should not attend if they are from a Tier 3 area. Please let the organiser know if you are unable to ride.
- Competitors should not attend if they feel ill in ANY way or if family members have any symptoms. An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warm-up.
- Competitors should wear a face covering when collecting and returning their number at the HQ.
- Road warm-ups can be done on local lanes. Static warm-ups must be carried out with consideration for social distancing.
- Riders MUST NOT gather in any way, in the car park, HQ area or elsewhere.
- There will be no pusher-off at the start. Competitors will start with one foot on the ground and push off themselves.
- Competitors on finishing MUST NOT stop at the finish and MUST NOT loiter at the HQ/car park and MUST pack away and leave immediately upon completion of the race.

Time Keepers:	Maggie Bracher – New Forest CC
	John Burridge – New Forest CC
	Antony Green – New Forest CC

HQ and Parking

The event HQ and signing on is at Bisterne Village Hall on the B3347 and will be open for sign on from 8:30am.

Signing on will take place outside the village hall. You will just need to state your name and number and we will tick you off the list. Collect your number from the table. **YOU MUST** come back after your race to sign back out and return your number. Please observe social distancing at all times around the HQ area and wear a mask/face covering.

Toilets are available inside the HQ, where there will be a one-in-one-out policy for both men's and ladies toilets. This has been stipulated by the Bisterne Hall committee and is a condition of hiring the hall, so we must keep to this rule. Hand sanitiser will be provided in the toilets.

Public toilets are also available in the main car park in Ringwood.

Parking for around 20 cars is available at the church almost next door to the village hall. <u>There will be no parking for riders at the village hall itself.</u> There is a long layby a short distance north of the HQ and one to the south just past the start of the 30mph limit. Otherwise you may prefer to park in Ringwood or at the start in the Lidl car park (Lidl is closed on Boxing Day). Please DO NOT park on the grass verge outside the HQ. To stop and sign in before going to find parking, you may park temporarily in the church layby.

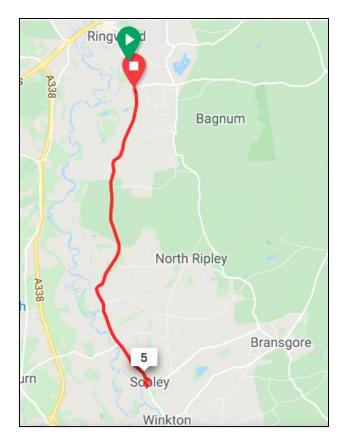
Riding to and from the start and finish

The distance from the HQ to the start is 2 miles. Please allow time to get to the start from wherever you park. There is plenty of space at the start area to make sure you can continue with social distancing and there are some roads within the industrial estate at the start, where you can continue to warm up. Please do not line up at the start more than 5 minutes before your starting time. Socially distanced slots will be available for no more than 5 riders at the start.

You will be on the course when you ride to the start and back from the finish. Please be mindful of riders racing.

P311 - Full Course Description:

START at first lamp post in Wellworthy Road, proceed west for 30m to new roundabout on B3347 (SU153044) (**Marshal**). Turn left (**CARE – give way**) onto Christchurch Road. Proceed south via Bisterne and Avon to Sopley one-way system. (5.2m) (**Marshal**). Turn right over bridge at The Woolpack (**Marshal**) and retrace to Ringwood via Avon and Bisterne to **FINISH** at drain 10 yds south of junction with Hampshire Hatches Lane at Moortown Green (SU153038).



Safety Notes:

Riders must:

- not make U turns in the vicinity of the Start or Finish
- not warm up on the Course.
- not stop at the Finish but continue to the event Headquarters.
- not cut the corner at Sopley one-way system on first right turn as road is two-way at this point

Take Extra Care:-

- From start to Moortown Lane busy with houses and side roads, busy garage on left, finish on right.
- Avon Tyrrell Farm sharp bend with possible gravel.

- Avon Causeway beware of traffic stopping to turn right or emerging onto course.
- Pot-hole after right turn by Woolpack Pub at Sopley.

Rider Start List

No.	Start Time	Name	Club	Gender	Cat.
	TANDEMS				
1	10:02:00	Norman Harvey	Sotonia CC	Male	Veteran
2	10:02:00	Mary Corbett	Sotonia CC	Female	Veteran
3	10:04:00	Julian Gee	Sotonia CC	Male	Veteran
4	10:04:00	Bethany Gee	Sotonia CC	Female	Senior
5	10:06:00	Lucy Gadd	Storey Racing	Female	Espoir
6	10:06:00	Jordan Giles	University of Southampton RC	Male	Espoir
	SOLOS				
8	10:08:00	Meghan Claridge	Hardley Runners	Female	Espoir
9	10:09:00	Jacqueline York	Christchurch Bicycle Club	Female	Veteran
10	10:10:00	Beth Allum	University Of Manchester CC	Female	Espoir
11	10:11:00	Rebecca Pearce	Ridgeway Riders	Female	Veteran
12	10:12:00	Ray Claridge	New Forest CC	Male	Veteran
13	10:13:00	Graham Sharman	Bournemouth Jubilee Whs	Male	Senior
14	10:14:00	Robert York	Christchurch Bicycle Club	Male	Veteran
15	10:15:00	Mike Anderson	Velo Club Venta	Male	Veteran
16	10:16:00	Alan Vidow	3C Cycle Club	Male	Veteran
17	10:17:00	Andrew Crocker	Team Tor 2000 KALAS	Male	Veteran
18	10:18:00	Tim Mason-Desave	VC Avventura	Male	Senior
19	10:19:00	David Knight	Portsmouth North End CC	Male	Senior
20	10:20:00	Maria Núñez	Poole Wheelers Cycling Club	Female	Veteran
21	10:21:00	Ethan Flack	Optima Racing Team	Male	Juvenile
22	10:22:00	Gary Hull	Fareham Wheelers CC	Male	Veteran
23	10:23:00	Tamsin Miller	Somerset RC Tri Club	Female	Espoir
24	10:24:00	Charlie Hill	New Forest CC	Male	Senior
25	10:25:00	Joshua Nation	University of Southampton RC	Male	Espoir
26	10:26:00	Aidan Dure-Smith	New Forest CC	Male	Junior
27	10:27:00	Matt Doe	i-Team Cyclists Club	Male	Veteran
28	10:28:00	Bobby Buenfeld	New Forest CC	Male	Juvenile
29	10:29:00	Oliver Coomber	Zoom Triathlon Club	Male	Senior
30	10:30:00	Sean Williams	New Forest CC	Male	Veteran
31	10:31:00	Michael Round	Bournemouth Jubilee Whs	Male	Veteran
32	10:32:00	Craig Smith	New Forest CC	Male	Senior
33	10:33:00	Rory Plewes	Petersfield Triathlon Club	Male	Junior
34	10:34:00	Lizzy Stocker	Bournemouth Jubilee Whs	Female	Senior
35	10:35:00	Tom Quinlan	University Of Reading Cycling	Male	Espoir
36	10:36:00	Joey Blythe	Bournemouth Arrow CC	Male	Junior
37	10:37:00	Craig Bickerton	Army Cycling	Male	Senior

38	10:38:00	Pete Wilson	Bournemouth Arrow CC	Male	Veteran
39	10:39:00	Tom Stocker	Bournemouth Jubilee Whs	Male	Senior
40	10:40:00	Barry Hards	New Forest CC	Male	Veteran
41	10:41:00	Matt Blythe	Bournemouth Arrow CC	Male	Veteran
42	10:42:00	Ryan Sheppard	G.S. Henley	Male	Senior
43	10:43:00	Stuart Peckham	Velo Club St Raphael	Male	Veteran
44	10:44:00	Gary Lock	New Forest CC	Male	Veteran
45	10:45:00	Martin Beale	Velo Club St Raphael	Male	Veteran
46	10:46:00	Jack Martin	Velo Club Venta	Male	Espoir
47	10:47:00	George Skinner	Primera-Teamjobs	Male	Senior
48	10:48:00	Brendan Reese	Army Cycling	Male	Veteran
49	10:49:00	James Horton	Velo Club St Raphael	Male	Senior
50	10:50:00	Aron Kelly	New Forest CC	Male	Senior
51	10:51:00	Jamie Whitcher	Bournemouth Cycleworks - Vitec Fire - Ford Civil - Trek	Male	Junior
52	10:52:00	Samuel Wadsley	Primera-Teamjobs	Male	Espoir
53	10:53:00	Thomas Day	SEG Racing Academy	Male	Junior

It is advisable to wear a hard shell helmet

It is compulsory to have a front and a rear light on flashing or steady mode.

Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the Sport will be disqualified and reported to the South District Council of Cycling Time Trials.

Results:

<u>There will be no results at the HQ</u>. Results will be published on the CTT website and will be sent to all riders by email.

Prizes:

Prizes in the form of cash will be awarded as shown:

Sadly, there can be no prize presentation this year. You will be contacted if you have won something and it will be sent as a cheque or as a bank transfer, whichever you prefer.

Fancy dress costumes will be judged from the HQ as you pass on the course during your race.

Category	1st	2nd	3rd
juvenile	£10		
junior	£15	£10	£8
espoir female	£15	£12	
espoir male	£15	£12	
senior female	£15		
senior male	£15	£12	£10
vet 40 female	£15		
vet 40 male	£15	£12	£10
vet 50 female	£15		
vet 50 male	£15	£12	£10
vet 60 female	£15		
vet 60 male	£15	£12	£10
tandem	£15	£12	
fancy dress	£15	£12	£10