**VALLEY STRIDERS CYCLING CLUB OPEN 25 MILE TIME TRIAL**

**CHARITY EVENT:**

**PROCEEDS TO THE YORKSHIRE AIR AMBULANCE**

 **Saturday 9th July 2016**

The event is promoted for and on behalf of Cycling Time Trials under their rules and regulations

The course is the V235

The route is 1.5 laps. <https://www.strava.com/segments/3789465>.
From the start point, head south 4.5 miles towards Walshford roundabout. Then circle the roundabout and head north back on the A168 towards Boroughbridge roundabout at 12.5 miles. You will pass the finish line at 10 miles - do not stop. Continue and then circle the roundabout and head back south on the A168 past the start point again until the Walshford roundabout at 20 miles. Circle the roundabout for the final time and head north on the A168 to the finish line at 25 miles. Finally head back to Arkendale. Simply continue north a few hundred yards and take the junction to Arkendale and to HQ.
There will be some overlapping of riders as some will be on their second lap while others are still on their first lap.

 **THE START TIME IS 14.01**

**SAFETY** In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all riders to wear a hard shell helmet that meets an internationally accepted safety standard

**UNDER 18S** please note regulation 15 in the 2011 Handbook which states that riders under the age of 18 must wear a properly affixed helmet of a recognised standard. It is the responsibility of the rider or parent/guardian to ensure that the appropriate helmet is worn and correctly fitted.

The CTT recommends that a working rear light either flashing or constant, is fitted to the machine in a position clearly visible to following road users, and is active whilst the machine is in use

 Please return your number after the event in exchange for a drink and a cake.

**PLEASE INFORM ME IF YOU ARE UNABLE TO RIDE SO I CAN PLACE A RESERVE IN YOUR PLACE**

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Organiser Timekeepers

Mike Furby (VSCC) Phil Hurt

7 Cricketers View Yorkshire Road Club

Shadwell Steve Smith

Leeds Yorkshire Road Club

LS178WD

07833 083567

 **PRIZE LIST**

Men 1st £70 2nd £40 3rd £ 20

Women 1st  £70 2nd £40 3rd £20

Veterans Age Categories (A) 40-49 (B) 50-59 (C) 60-69 (D) 70+

 1st Fastest £20, 2nd Fastest £10

**ONE RIDER ONE PRIZE IF A RIDER QUALIFIES FOR 2 PRIZES they will get the one with the highest Value.**

**If the event does not take place for any reason I will send any money after paying expenses to the VSCC designated charity Yorkshire Air Ambulance. If you would like the balance of your entry fee returning, please send me a stamped addressed envelope.**

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| **No.** | **Rider** | **Club** |  | **Cat** | **Off** |
| 1 | Katherine Hogg | Valley Striders Cycling Club | W | A | 14:01 |
| 2 | Kirsty Smith | Team Swift | W | A | 14:02 |
| 3 | Victoria Whitehead | Valley Striders Cycling Club | W | A | 14:03 |
| 4 | Maria Mulleady | Drighlington BC | W | S | 14:04 |
| **5** | **Matthew Hallam** | **Valley Striders Cycling Club** |  | **S** | **14:05** |
| 6 | Susan Sanders | Drighlington BC | W | A | 14:06 |
| 7 | Michaela Laxton | Valley Striders Cycling Club | W | S | 14:07 |
| 8 | Sean Sanders | Drighlington BC |   | A | 14:08 |
| 9 | Anna Hobbs | Valley Striders Cycling Club | W | S | 14:09 |
| **10** | **Peter Barusevicus** | **Wheelbase Altura MGD** |  | **S** | **14:10** |
| 11 | william sims | Valley Striders Cycling Club |   | B | 14:11 |
| 12 | Paul Brierley | Huddersfield RC |   | A | 14:12 |
| 13 | John Bucktrout | Valley Striders Cycling Club |   | C | 14:13 |
| 14 | Laurence Corbett | Richmond CC |   | A | 14:14 |
| **15** | **Gary Bates** | **Team Swift** |  | **B** | **14:15** |
| 16 | Paul Dixon | Valley Striders Cycling Club |   | B | 14:16 |
| 17 | JOHN CHURCHMAN | Otley CC |   | D | 14:17 |
| 18 | David O'Halloran  | Valley Striders Cycling Club |   | S | 14:18 |
| 19 | Nicholas Cosgreave  | Farnborough & Camberley CC |   | B | 14:19 |
| **20** | **Lee Speight** | **Pedalsport CC** |  | **S** | **14:20** |
| 21 | john cockram | Valley Striders Cycling Club |   | B | 14:21 |
| 22 | Andy Marshall | VS Cycles Brighouse |   | A | 14:22 |
| 23 | Ben Webster | Valley Striders Cycling Club |   | S | 14:23 |
| 24 | Cliff Beldon | Team Swift |   | C | 14:24 |
| **25** | **adrian Stott** | **Jackpot Racing** |  | **A** | **14:25** |
| 26 | MARK BURTONSHAW | Team Swift |   | B | 14:26 |
| 27 | stuart coupe | Valley Striders Cycling Club |   | A | 14:27 |
| 28 | Stu Sklinar | Albarosa CC |   | S | 14:28 |
| 29 | Martin Clark | Valley Striders Cycling Club |   | B | 14:29 |
| **30** | **Duncan Sleigh** | **Clifton CC York** |  | **S** | **14:30** |
| 31 | Mike McLeavy | City RC (Hull) |   | C | 14:31 |
| 32 | Andrew Fry | HD Revolutions |   | A | 14:32 |
| 33 | Paul Felton | Valley Striders Cycling Club |   | A | 14:33 |
| 34 | Richard Haigh | Holme Valley Whs |   | D | 14:34 |
| **35** | **Roger Bromiley** | **Harrogate Nova CC** |  | **A** | **14:35** |
| 36 | Ged Coll | Valley Striders Cycling Club |   | B | 14:36 |
| 37 | Stephen Belbin | Cleveland Wheelers CC |   | S | 14:37 |
| 38 | Andrew Lambe | Ilkley CC |   | A | 14:38 |
| 39 | John Eric Potter | Bridlington CC |   | C | 14:39 |
| **40** | **Dan Taylor** | **Birdwell Wheelers** |  | **S** | **14:40** |
| 41 | James George | HD Revolutions |   | A | 14:41 |
| 42 | Jacob Goddard | Valley Striders Cycling Club |   | S | 14:42 |
| 43 | Peter Hook | VC York |   | S | 14:43 |
| 44 | Paul Holdsworth | Valley Striders Cycling Club |   | S | 14:44 |
| **45** | **Richard Lunt** | **Rossington Wheelers Cycling Club** |  | **S** | **14:45** |
| 46 | Chris Johnson | Seacroft Whs |   | A | 14:46 |
| 47 | Tim Bennett | Kent Valley RC |   | B | 14:47 |
| **No.**  | **Rider** | **Club** |  | **Cat** | **Off** |
| 48 | Marc Speight | Army Cycling Union |   | S | 14:48 |
| 49 | Nicolas Berger | Manilla Racing Team |   | S | 14:49 |
| **50** | **Michael Harris** | **HD Revolutions** |  | **S** | **14:50** |
| 51 | Lee Winslow | Wills Wheels CC |   | B | 14:51 |
| 52 | Rob Weir | Ilkley CC |   | S | 14:52 |
| 53 | Karl Osborne | Valley Striders Cycling Club |   | S | 14:53 |
| 54 | mark hollingdale | Holmfirth C C |   | B | 14:54 |
| **55** | **Martin Willan** | **Clifton CC York** |  | **A** | **14:55** |
| 56 | Adam Thorne | Seacroft Whs |   | S | 14:56 |
| 57 | Andrew Waite | Seacroft Whs |   | B | 14:57 |
| 58 | Rich Banks | Calder Clarion |   | A | 14:58 |
| 59 | Jason Drake | Cyclesense CC |   | A | 14:59 |
| **60** | **Dave Bramley** | **Team Swift** |  | **A** | **15:00** |
| 61 | Jost Mullenheim | Cleveland Wheelers CC |   | A | 15:01 |
| 62 | robert grainger | Scarborough Paragon CC |   | A | 15:02 |
| 63 | David Ireland | East Lancashire RC |   | A | 15:03 |
| 64 | Simon Davison | Garforth Wheeers |   | A | 15:04 |
| **65** | **Mark Rowland** | **Selby CC** |  | **B** | **15:05** |
| 66 | Martin Giles | Valley Striders Cycling Club |   | S | 15:06 |
| 67 | JOHN BADDELEY | Stone Wheelers CC |   | D | 15:07 |
| 68 | Richard Adcock | Valley Striders Cycling Club |   | A | 15:08 |
| 69 | Stephen Porritt | Selby CC |   | S | 15:09 |
| **70** | **Duncan Mullier** | **Harrogate Nova CC** |  | **A** | **15:10** |
| 71 | Steve Colloby | All Terrain Cycles |   | A | 15:11 |
| 72 | Richard walker | Hull Thursday RC |   | A | 15:12 |
| 73 | Alistair Ryder | Albarosa CC |   | S | 15:13 |
| 74 | Roy Flanagan | Rossendale RC |   | B | 15:14 |
| **75** | **Alastair Semple** | **Stafford RC** |  | **A** | **15:15** |
| 76 | gary simpson | Team Burn Machine |   | A | 15:16 |
| 77 | John Hallas | Valley Striders Cycling Club |   | B | 15:17 |
| 78 | John Baines | Yorkshire Road Club |   | D | 15:18 |
| 79 | Danny Sampson | Selby CC |   | A | 15:19 |
| **80** | **David McNeill** | **Albarosa CC** |  | **S** | **15:20** |
| 81 | Mark Philipson | City RC (Hull) |   | B | 15:21 |
| 82 | nigel goscinski | Team Swift |   | B | 15:22 |
| 83 | Paul Cre | Halifax Imperial Whs |   | A | 15:23 |
| 84 | Simon Ward | Scarborough Paragon CC |   | A | 15:24 |
| **85** | **mark wolstenholme** | **Team Swift** |  | **S** | **15:25** |
| 86 | Kevin Dearden | HD Revolutions |   | B | 15:26 |
| 87 | David Kirton  | Cleveland Wheelers CC |   | A | 15:27 |
| 88 | Benjamin Hall | Valley Striders Cycling Club |   | S | 15:28 |
| 89 | James Meadows | TS Racing Team - OTR |   | S | 15:29 |
| **90** | **Mark Thaxter** | **HD Revolutions** |  | **A** | **15:30** |
| 91 | Jon Longworth | Bury Clarion CC |   | A | 15:31 |
| 92 | Jason Procter | Valley Striders Cycling Club |   | A | 15:32 |

**Headquarters and Parking**

Event Headquarters **Arkendale Village Hall (HG5 0RF)**

Numbers and signing on at HQ. HQ **is 1.5 miles from the start**

The event HQ is the village hall in Arkendale village on the Reins Moor Lane HG50RF

Parking is limited and it may be best to park a little further away and cycle to the HQ.

**Please note that the village hall car park is in the field on the opposite side of the road to the hall.**

The car park surrounding the village hall is a ***private car park*** for the use of the Blue Bell oub only. This car park can be used for anyone with mobility problems.

SHOE-PLATES ARE NOT TO BE WORN IN MAIN HALL
It is approx. 1.5 miles from the HQ to the start, so allow plenty of time to get there.
From HQ turn left onto Moor Lane, then continue to Marton Lane. Continue over the A1 onto the A168.
Turn right towards the start line